

Cognitive Approach to Addiction Treatment

12 hours

Objectives: This course explores and better prepares you to apply cognitive theoretical concepts and treatment strategies when dealing with addicted clients.

Text: Cognitive Therapy of Substance Abuse by Aaron T. Beck, Fred D. Wright & Bruce S. Liese ISBN: 1572306599

Substance Abuse Treatment & the Stages of Change

14 hours

Objectives: When you complete this course you will have a better understanding of how the Stages of Change concept applies to your substance abusing clients.

Text: Substance Abuse Treatment and the Stages of Change, 2nd ed by Gerard Connors, et. al. ISBN: 9781462508044

Motivational Interviewing

12 hours

Objectives: This course identifies strategies that develop a counseling relationship that develops greater counselor/client rapport and motivates the client to change.

Text: Motivational Interviewing: Helping People Change, 3rd ed. by William K. Miller & Stephen Rollnick ISBN: 9781609182274

Cognitive Approaches Dealing w/ Resistance

14 hours

Objectives: Clients resist change. This course provides the counselor/therapist who uses cognitive approaches with the tools and techniques to address resistance issues with their clients.

Text: Overcoming Resistance in Cognitive Therapy by Robert L. Leahy ISBN: 1572309369

Addiction Counseling Techniques I

20 hours

In this course you will gain a broad background of the tools used in the treatment of addiction and to describe the elements, the techniques and interventions in the treatment of addiction. This test covers chapters 1 through 3.

Text: Addiction Recovery Tools: A Practical Handbook. Robert Coombs. ISBN: 0761920668.

Addiction Counseling Techniques II

20 hours

In this course you will gain a broad background of the tools used in the treatment of addiction and to describe the elements, the techniques and interventions in the treatment of addiction. This test covers chapters 4 through 6.

Text: Addiction Recovery Tools: A Practical Handbook. Robert Coombs. ISBN: 0761920668.

Psychology of Addiction I

20 hours

In this course you will gain a broad background in the various theoretical perspectives of addiction and to describe your own model of addiction.

Text: Psychology of Alcohol & Other Drugs: A Research Perspective by John Jung. ISBN: 0761921001.

Psychology of Addiction II

20 hours

In this course you will gain a broad background in the various theoretical perspectives of addiction and to describe your own model of addiction.

Text: Psychology of Alcohol & Other Drugs: A Research Perspective by John Jung. ISBN: 0761921001.