### **HPV Update**

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#### Disclosures

I have no financial disclosures.

#### Objectives

- Provide information on HPV virus including transmission and burden of disease
- Discuss current status of HPV vaccines in US
- Review ACIP recommendations for HPV vaccine

#### HPV: Virus and Target Tissue

- DNA virus
- Tumor virus
- Infects squamous epithelium

#### **HPV: Practical Understanding**

- Approximately 40 types of HPV
- Oncogenic types
- Nononcogenic types
- Multiple sites affected

#### HPV: Disease Association: Oncogenic Types

- HPV 16
- HPV 18
- HPV 31
- HPV 33
- HPV 45
- HPV 52
- HPV 58

#### **Oncogenic HPV: Disease Sites**

- Cervical
- Anogenital
- Oropharyngeal
- Low grade cervical disease

# HPV: Disease Association: Non Oncogenic Types HPV 6

▶ HPV 11

#### Non oncogenic HPV: Disease Sites

- Genital warts
- Laryngeal papillomas
- Low grade cervical disease

#### HPV: Pathogenesis

- Incubation range 1 month to two years
- Average 4 months
- Can clear spontaneously or progress to disease

#### HPV: Transmission

- Sexual behavior
- Early onset sexual activity
- Number of partners-male or female
- Age
- Ethnicity
- Smoking
- OC use, immunosuppression, pregnancy

#### **HPV: Infection**

- 79 million Americans currently infected with HPV
- 14 million new infections/year in the US
- HPV infection-most common in people in their teens and early 20s

#### HPV: The Burden of Disease

- Cervical cancer
- Vaginal cancer
- Vulvar cancer
- Penile cancer
- Anal cancer
- Oropharynx cancers
- High-grade intraepithelial neoplasias

#### HPV: Cervical Cancer

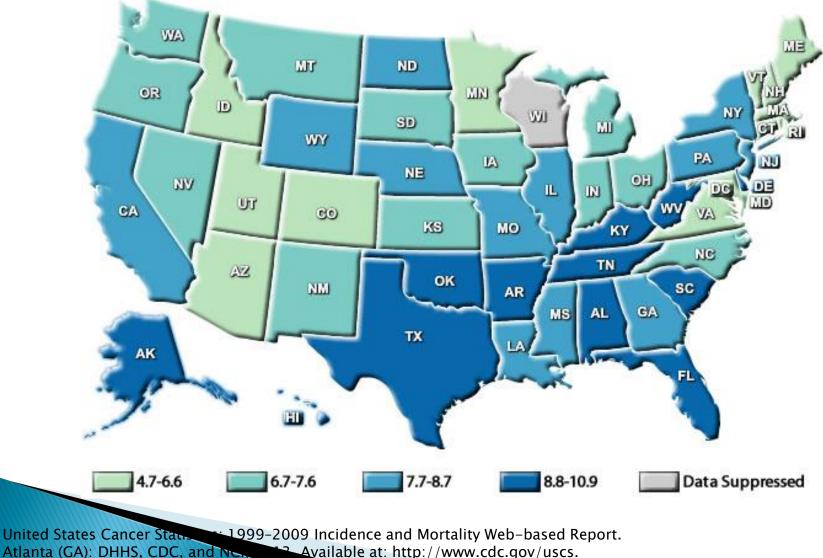
- Cervical cancer is the most common HPV-associated cancer among women
- 25.9% cervical cancers occur in women between the ages of 35 and 44
  - 14% between 20 and 34
  - 23.9% between 45 and 54

## HPV: Complications related to current methods of cervical cancer

#### prevention

- Infertility due to treatment of cervical cancer by hysterectomy
- Cervical conization and loop electrosurgical excision procedure (LEEP) procedures associated with adverse obstetric morbidity
- Subsequent pregnancies are at risk of
  - Perinatal mortality
  - Severe and extreme preterm delivery (<32/34 or <28/30 weeks)</li>
  - Severe and extreme low birth weight (< 2000g or 1500g)</li>

#### HPV-Associated Cervical Cancer Rates by State, United States, 2009



#### Economic Impact Related to HPV-Associated Disease, 2010

Event	Cost (\$ billions)
Cervical cancer screening*	6.6
Cervical cancer	0.4
Other anogenital cancers	0.2
Oropharyngeal cancer	0.3
Anogenital warts	0.3
RRP**	0.2
TOTAL	8.0

\*Cervical cancer screening costs: ~ 80% routine screening, ~20% follow-up \*\*RRP costs: ~ 70% juvenile-onset, ~ 30% adult-onset

Chesson H et al. Vaccine 2012:30: 6016-19 RRP: recurrent respiratory papillomatosis

### HPV: Adolescents and Transmission

- Nearly 50% of high school students have already engaged in sexual (vaginal-penile) intercourse
  - 1/3 of 9th graders and 2/3 of 12th graders have engaged in sexual intercourse
  - 24% of high school seniors have had sexual intercourse with 4 or more partners

#### HPV Vaccine: Current Status

- 9v HPV is currently the only HPV vaccine distributed in the United States
- Targets HPV 16 and 18 responsible for 66% cervical cancers in US
- Targets HPV 6 and 11 responsible for anogenital warts
- Targets HPV 31, 33, 45, 52, and 58 responsible for about 15 % of cervical cancers in US

#### HPV Vaccination: Current Recommendations

- Ages 9-14 years-2 doses of HPV vaccine with second dose given 6-12 months after the first
- Age 15 years and above-3 doses of HPV vaccine with second dose given 1-2 months after the first and the third given 6 months after the first.

#### HPV Vaccination: Current Recommendations

- Females ages 9-26 years of age
- Males ages 9-21 but may be give up to age 26 for high risk men
- FDA approval for HPV use in ages 27-45
  - Expect Advisory Committee on Immunization Practices (ACIP) guidance on this

#### HPV Vaccine: Current Information

- Interchangeability of products
- No recommendations for revaccination regardless of product received at time of first vaccination

#### HPV: After the Vaccine

- Pain, redness or site swelling-20% to 90% of recipients.
- Temperature of 100°F during the 15 days after vaccination-10% to 13% of recipients
- Syncope-reported among adolescents who received HPV and other vaccines recommended for this age group (Tdap, MCV4). Recipients should always be seated and observed for about 15 minutes after vaccine.

#### HPV: Vaccine Safety

- Most common adverse events reported were mild
- For serious adverse events reported, no unusual pattern or clustering that would suggest that the events were caused by the HPV vaccine
- Findings are similar to the safety reviews of MCV4 and Tdap vaccines
- 57 million doses of HPV vaccine distributed in US since 2006

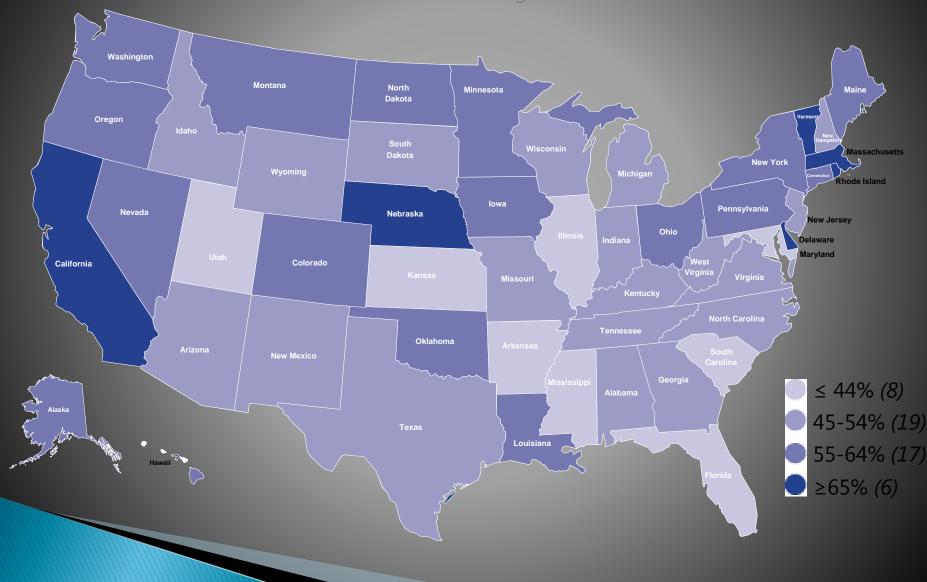
#### HPV Vaccine: Contraindications

- Immediate hypersensitivity to any vaccine component.
- History of immediate hypersensitivity to yeast.
- Pregnancy

#### HPV Vaccination: Alabama

- 2015 National Immunization Survey (NIS) for Teens–Alabama
  - Girls' completion rate of 3 HPV doses-41%
  - Boys' completion rate of 3 HPV doses-23%

#### **Coverage of 1 of More Doses of HPV among Adolescent Girls 13-17 Years by State, NIS-Teen 2012**



#### HPV: Avoid Missed Opportunities

- HPV vaccine can safely be given at the same time as the other recommended adolescent vaccines
- Provide HPV vaccine during routine sports, or camp physicals
- Review immunization record even at acute care visits
- Encourage parents to keep accurate vaccination records and to review the immunization schedule

#### HPV: Concerns from Parents/Caregivers

HPV vaccine issues sensationalized by popular media
Different reasons for why some girls and boys don't get the first shot and why some don't finish all 3 shots
Parents think sexuality instead of cancer prevention
Some clinicians aren't giving strong recommendations
Parents have questions that are seen as hesitation by some doctors

Phased girls-then-boys and other changing recommendations confusing

Systems interventions to improve coverage rates depend on clinician commitment

#### References

- https://www.cdc.gov/hpv/index.html
- https://www.aap.org/en-us/advocacy-andpolicy/aap-health-initiatives/adolescentsexual-health/Pages/HPV.aspx
- 2018 Report of the Committee on Infectious Diseases, Red Book, American Academy of Pediatrics