

## About Us...

Twin Cities Assisted Living Inc. is an Assisted Living facility, founded in 2015. We provide Home and Community-Based Services (HCBS) to clients on waiver programs. Twin Cities Assisted Living Inc. is dedicated to meeting the basic daily needs of those who are elderly, infirm, or chronically disabled. Our facility is located at 3123 James Avenue North in Minneapolis. This facility is not handicapped accessible but may be able to serve those who require a walker or other transportation device.

A **Philosophy of Caring** guides Twin Cities Assisted Living Inc. to provide outstanding service. It is a community responsibility to preserve the health, safety, comfort, and general welfare of the elderly and infirm.

A **Clean and Safe Environment** describes Twin Cities Assisted Living Inc., where residents live in a comfortable homelike setting. Each client has their own room with a locking door and all the common areas are shared by all residents.

**Room and Board Fees** are set up on a sliding scale, so housing opportunities are available regardless of personal income.

**Providing Excellent Care** has allowed Twin Cities Assisted Living Inc. to thrive over the past several years. Twin Cities Assisted Living Inc. is dedicated to making sure that its reputation for excellent care and accommodation continues.

**612-440-8001**

[www.TwinCitiesAssistedLivingInc.Com](http://www.TwinCitiesAssistedLivingInc.Com)

## Our Services Include...

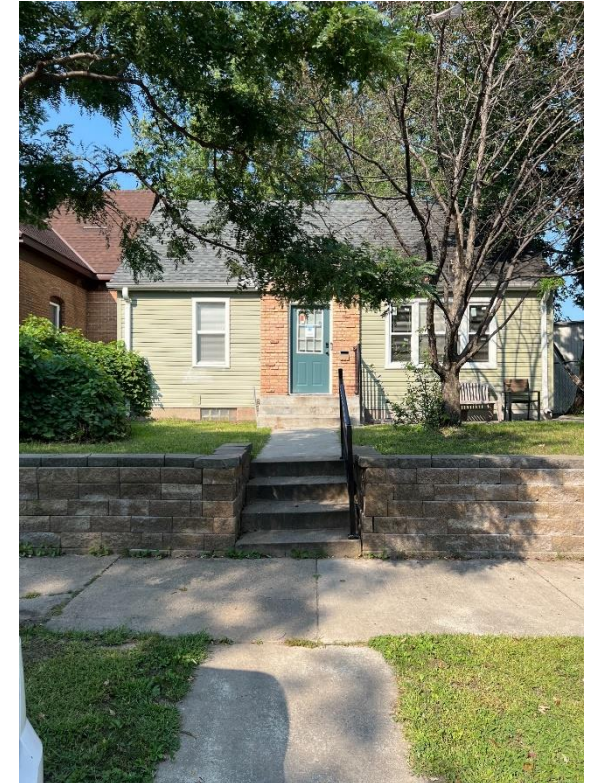
- 24-hour on site Awake Staff
- Medication Management & Administration
- Meal Planning
- Meal Preparation
- Eating Assistance
- Bathing
- Grooming
- Dressing
- Oral Hygiene
- Skin Care
- Arranging for or providing transportation
- Assistance with personal funds
- Assistance with setting up meetings or appointments.
- Home Care Aide Tasks
- Home Management Tasks
- Socialization.
- Sliding scale insulin

We Love.....

REFERRALS



**TWIN CITIES**  
**ASSISTED LIVING**  
A place you can call home



Phone: 612.440.8001

Fax: 541.960.3817

Web [www.TwinCitiesAssistedLivingInc.com](http://www.TwinCitiesAssistedLivingInc.com)

Email [TwinCitiesAssistedLiving@Gmail.Com](mailto:TwinCitiesAssistedLiving@Gmail.Com)

**3123 James Ave N.**  
**Minneapolis, MN 55411**

HFID: 32188

NPI: 985165100

## A Friendly alternative to Living Alone...

If a comforting, homelike setting is important to you, plus friendly, personal assistance with your daily activities and chores, Twin Cities Assisted Living Inc. offers it all with the freedom to come and go as you please.

You also enjoy freedom from housekeeping chores and worries. There is no need to shop, cook and clean day in and day out. You can be assured of a secure way of life, safe from harm and the dangers of living alone in today's unsettled society. You can look forward to the company of others with mutual interests and the positive joys of making new friends. You'll always have someone to talk to, someone who cares.

## Social & recreational activities that can fill your day...

All activities are carefully supervised 24 hours a day by our trained staff with your personal well-being in mind.

- Cards
- Brain Games
- Movie Night
- Arts & Crafts
- Reading Books and Magazines
- Yoga
- Pet Therapy
- Nature Walks
- Holidays and Birthdays observed.

## 3 nutritious meals served daily, in a warm, relaxing atmosphere...

Meal plans and special dietary needs are carried out under the supervision of a registered nurse. Our small, intimate dining area is perfect for sharing meals and warm conversations with friends.

Other amenities include:

- Telephone
- Wi-Fi
- Cable TV
- 

Twin Cities Assisted Living Inc. provides the assistance and safe environment you need to live life to the fullest. We are ready to help you make the most of each day.

