



## Delaware Valley Ski Patrol Lambertville, New Jersey



Course Title:	<b>Outdoor Emergency Care (OEC)</b>	Start Date: <b>8/29/2017</b>
Instructor of Record:	<b>David Mooney</b>	NSP Course #: <b>E337170004</b>
Course Location:	<b>LNHARS, 70 Alexander Ave., Lambertville, NJ 08530</b>	

Welcome Candidates!

This is the Delaware Valley Ski Patrol Outdoor Emergency Care class registration packet. Included is the class summary describing our class, how to register as an NSP member, register for the course, obtain the OEC Textbook, OEC class FAQ, the class calendar and the DVSP Registration Form for the OEC class (last page).

**The TOTAL ESTIMATED COST for the OEC class will be approximately \$300**

National Ski Patrol (NSP) - Annual Membership Registration	\$85
Outdoor Emergency Care (OEC) – NSP Course Test Registration	\$60
Outdoor Emergency Care (OEC) 5th Edition Text Book	\$86
DVSP Administration Fee	\$30
American Heart Association (AHA) CPR Course (thru DVSP) [if needed]	\$10
Brady Books Textbook code (optional)	\$8
First aid supplies ( <i>list will be handed out first day</i> )	approx. \$20-30

**IMPORTANT:** *If you are not a ski patrol candidate and wish to join a ski patrol, contact me **BEFORE** beginning the steps below. I can help you find a ski area.*

**Steps to taking the OEC class:**

**STEP #1:** You need to become a member of NSP and Register for the course online (*see page 3*). If you already have an NSP #, go to step 2.

**STEP #2:** Print & Fill out the attached DVSP Registration Form (see form at end of this packet) and send it with \$30 (check or money order; do not send cash) to "**Delaware Valley Ski Patrol**" and mail it to the DVSP Treasurer:

**Jim Paradee, 126 Review Ave, Lawrenceville, NJ 08648**

If you have any questions or payment issues please contact me ASAP:  
**(email) [dlmooney@earthlink.net](mailto:dlmooney@earthlink.net) (cell) 908-328-6125**

**STEP 2A.** As part of this step, I need a confirmation (email or phone call) from the OEC/candidate administrator or Patrol Director of the ski area you listed on the form.

**STEP #3:** You will need to order your own OEC book – *see page 5*.

**NOTICE:** Administration fee is non-refundable after the first day of class. All other costs, including the NSP testing fee, are non-refundable.





## Delaware Valley Ski Patrol Lambertville, New Jersey



### 2017 Outdoor Emergency Care Class

Classes: **Tuesdays & Thursdays at 7:00pm - 10:00pm**  
Starting Date: **Tuesday, August 29th**  
End Date: **Tuesday, December 12th**  
Location: **Lambertville – New Hope Rescue Squad, Lambertville, NJ**

“Outdoor Emergency Care® is the NSP’s award-winning training program for patrollers and others in the recreation community who deal with emergency situations. This nationally recognized program is designed to help you manage the toughest emergencies, in all seasons.” ~ National Ski Patrol website

The DVSP OEC class emphasizes the practical “hands-on” emergency care skills needed in the field. To cut down the length of the entire class and shorten our lectures there is homework. Candidates will need to spend 8-10 hours each week reading the OEC book, doing the required book exercises, and general studying to allow more class time for the exciting hands-on training.

There are three required all day events: DVSP OEC Refresher, OEC Pre-test, OEC Final test (see schedule). We will also have Thursday classes starting mid-way through the class for additional hands-on skill practice.

NSP requires all members to have Professional CPR. This is not part of the class, but an AHA Professional Rescuer CPR class will be offered through DVSP (see schedule).

**This class is open to everyone!**

Patrol Candidates interested in taking the OEC class for alpine/nordic patrolling must have the ski area's patroller director or OEC coordinator contact the DVSP OEC Director to confirm that you are enrolled as a candidate at that area (email or phone call).

DVSP is a nordic ski patrol that patrols Washington Crossing State Park & High Point State Park. DVSP also is a bike patrol and patrols Washington Crossing State Park during the summer months! Please contact the DVSP Patrol Director additional info.

Non-Ski Patrol candidates are welcome to enroll too. If you would like to enroll for OEC training as a non-NSP member, please contact us for additional information.

**To sign up, please visit the DVSP website at**

**[www.dvsp.org](http://www.dvsp.org)**

**and click on the OEC Information link.**



# **STEP #1 – NSP Membership & Online Registration**

## **I Become a Member or Affiliate:**

1. **Member:** You are an official candidate for a patrol and your Patrol's candidate administrator or Patrol Director (PD) has told you to sign up:
  - A. Go to [www.nsp.org](http://www.nsp.org) and "Create An Account"
  - B. Notify the PD after you "Create an Account" and the PD can add you to the Roster as a Candidate.
  - C. You will receive an email from the PD with a special link.
  - D. Click on link, log-in and Pay you dues (See III below).
  - E. Register for the OEC Online course (II below).
2. **Affiliate:** This option is primarily if you wish to take the class as a "non-member" (ie you won't be joining a ski patrol).

You can also become an Affiliate if intend to become a ski patroller but are not officially part of a patrol or patrol candidate class. You can become a "Member" later by joining a patrol and paying additional Division/Region dues.

*IMPORTANT: OEC certification does NOT make you a Ski Patroller. Without prior acceptance into a ski patrol candidate class, there is no guarantee to anyone that taking and passing the OEC course will you get on a Ski Patrol.*

- A. Go to [www.nsp.org](http://www.nsp.org) and "Create An Account"
- B. "Become an Affiliate"
- C. Pay Affiliate dues (\$60)
- D. Wait 24hrs for Affiliate registration to process.
- E. Register for the OEC Online course.

## **II Register for the OEC Online course through National Ski Patrol.**

1. Sign into the National Ski Patrol website ([www.nsp.org](http://www.nsp.org)).
2. Once signed in, mouse over "Member Resources." A dropdown menu will appear. (Don't click on it)
3. Click on "Course Schedule."
- IF "Course Schedule" does not appear under "Member Resources"
4. Enter course number **E337170004** on the 3rd line of the form (Course Number equals) and click "Find."
5. Click the course name under "Course Title", i.e "Outdoor Emergency Care".
6. Then click "Register Myself."
7. Click "Proceed to Checkout"
8. You will enter payment information here.
9. Be sure to click "Submit Order" to complete the transaction.
10. A receipt will appear on the screen and a receipt will also be emailed to you. Print it out and bring this with you on the first day.

## **III Paying your annual NSP membership dues online for the upcoming season –**

NSP Membership dues\* = \$55.00 National + \$17.00 Division+ \$(varies) Region

1. Sign into the National Ski Patrol website ([www.nsp.org](http://www.nsp.org)) using your NSP number and password.
2. Once signed in, look at the top of the page. You should see, "sign out", "hi (your name)", and "cart". Click on "Hi (your name)". This will direct you to your profile page.
3. Once on the profile page, scroll down and look along the left side of the page for a blue box labeled "Renew Now". Click it. This will direct you to the shopping cart page.

4. On the shopping cart page, you will see listed under Invoices a line item that contains, Renewal Fee, your name, \$\$\$, and Pay later. ***“Pay later” is not a payment option. If you click “pay later” it will clear your cart and you will have to start over.*** Below that you will see cart charges with the grand total.
5. There are three ways to pay, Check, PayPal, or Credit card.
  - A. If you want to pay by check print the shopping cart page (the page you are currently on) and mail it and a check payable to “National Ski Patrol” to: National Ski Patrol, 133 South Van Gordon Street, Suite 100, Lakewood, CO 80228.
  - B. If you choose to pay with your credit card or PayPal select the preferred payment method, fill in the required information and click the blue box labeled “submit order” at the bottom of the page. This will direct you to the Order Confirmation Page.
6. You are now on the Order Confirmation Page. An order confirmation will be e-mailed to the e-mail address NSP has on record for you. Scroll to the bottom of the page to see what that address is. If you want a copy sent to another e-mail address, enter that address in the “send another copy to” box and click send.

That’s it your dues are now paid! You should receive a notice in a couple of days with a link to print your membership card...not kidding, but we are working to get real cards

\*Some Patrols also have annual dues which are paid separately directly to the patrol.

**If you run into any problems with paying your dues you can contact NSP at 303-988-1111** and they will be more than happy to assist you. You can also utilize the “Customer Care” section of the NSP website for additional information. “Customer Care” is found in the grey drop down box when you place your mouse pointer over “Member Resources”.

## **STEP #3 - Outdoor Emergency Care (OEC) Book**

- 1) **The 5th Edition OEC manual, 2nd printing —→ or later is required for the OEC class.**

The 2nd printing contains numerous corrections & errata to the book. The publisher is shipping the most current printing.

- 2) **You must purchase the OEC book yourself before the start of class.** No books (none, nada) will be available at the class. Assume a 2 week delivery time (worst case scenario). There is pre-class reading (see bottom of page) and you must bring the book to every class!

- 3) **Do NOT buy or borrow a used book that has been written in. I will check.**

There are written exercises in the book you will be required to complete during the class and there is a access code number that comes with each book that is used for the accessing the online quizzes and study material. *(If you happen to get a clean used book, the MyNSPKit resource is no longer available)*

- 4) **Do NOT rent an OEC book.**

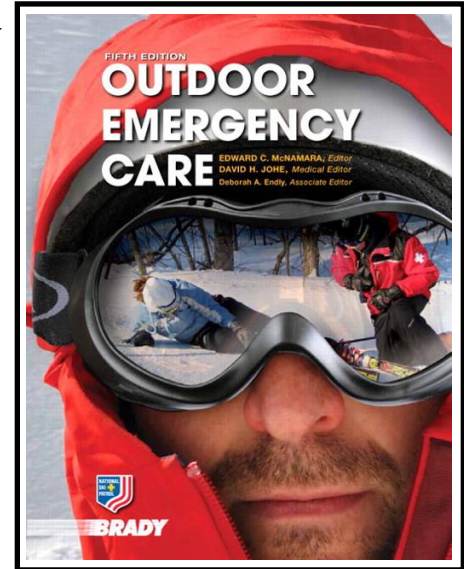
New rule for 2016 because someone asked. See Item 3.

- 5) **Do NOT buy an ebook version (eTextbook) of the OEC manual.**

The paperback version of the book is required for this class.

- 6) **Do NOT buy an OEC workbook.**

The work book you may see online is for much older versions of the OEC curriculum.



### **Ordering the OEC book from Bradybooks.com:**

1. Caution: **DO NOT** become a Brady member. You will not receive the 27% discount!
2. Use [www.bradycorp.com](http://www.bradycorp.com) and search for the title "Outdoor Emergency Care" or use this direct link to the book: <http://www.bradycorp.com/store/product.aspx?isbn=0135074800>
3. Click on the Order tab (note retail price, \$114, will be displayed. That is not the price you will pay)
4. Complete the registration **BUT** do not enter "optional member code" or optional "Pearson Account number" Leave this blank.
5. Click, Just Create My Account
6. Order the number of books
7. Enter your billing and shipping information
8. Select method of shipping
9. Enter **NSPM** (promotion code) in the box right above your credit card information.
10. Submit for payment. It will calculate 27% NSP member discount price plus sales tax. (If this is not your total, stop! Go to step 12)
11. Sales tax is calculated based on the 'Ship to' address.
12. Call Customer Service at 1-800-624-0023: The customer service personnel are prepared to work the order through on their end to ensure the web order goes through correctly.
13. **Cancel Orders:** Call Customer Service at 1-800-624-0023; provide the web order number and ask to have it cancelled.

### **PRE-CLASS READING:**

**Candidates are to read chapters 1 & 2 before the FIRST DAY of class.**

It is recommended that you begin reading the rest of book as soon as you receive it as there is a lot to read in a short amount of time. Do not wait for the start of class!

**If you have any questions regarding ordering the OEC book, please contact David Mooney:  
(email) [dlmooney@earthlink.net](mailto:dlmooney@earthlink.net) (cell) 908-328-6125**

## **OEC Class FAQ**

**Q: Do I have to attend all of the classes?**

A: YES!

**Q: ...but I [pick one]:**

**(A) am sick. (B) have a personal emergency. (C) have this very important thing to do.**

A: (A) If you are sick, stay home and get well. (B) Emergencies happen, take care of it.  
(C) Nothing is more important than this class (seriously).

If you can't make a class for any reason, please contact me (text/call/email) ASAP.

This class has been made as lean and short as possible and has a lot of practical hands-on training. All information given in the classes is critical to your passing the final exams and may not be in the book.

***If you know you will miss two or more of the Tuesday classes – DO NOT TAKE THIS CLASS.***

(Exception: if you have medical background and talk to me first, otherwise...)

**Q: What if I miss a class, can't I make up a lecture during a practical session?**

A: No. There will be no make-up lectures. If you miss a lecture, you will need to spend extra time studying that chapter. The practical sessions are for practicing the more difficult hands-on training and for preparing for the final practical exam.

**Q: The DVSP OEC Refresher is on the Schedule, but I'm not a patroller yet. Do I need to attend the refresher?**

A: Yes – you need to attend an OEC refresher. It is part of the class training and will give you a better idea of what you are in for after the class. Ideally you will attend the DVSP refresher, but you may also attend the OEC refresher at your ski area instead. Often areas will tie-in a patrol meeting and discuss "local protocol", so attending your area's refresher may be best.

**Q: I can't make the Written Exam.**

A: See/call me immediately.

**Q: I can't make the Practical Exam.**

A: If you know this before the class starts – **DO NOT TAKE THIS CLASS.**

If this is (A) sick or (B) emergency, call me ASAP.

If this is (C)... give me your boss's/spouse's cell number and I'll explain to him/her why this is more important.

**Q: I can't make the mandatory CPR (Candidates) class listed on the schedule.**

A: We hold one CPR for the candidates, but if you have a conflict, you may attend the one marked "Patrollers".

Still have a conflict? You may take any registered professional CPR class to fulfill this requirement and will need to do so if you cannot attend either of ours. Please review the CPR class you plan to take with me before you take it – *not all CPR classes qualify for NSP*. If you have a CPR card that is current – make a copy and give it to me.

**Q: I'm an EMT or other medically trained professional, can't I just challenge the OEC tests?**

A: I would highly recommend taking the full class, but feel free to contact me to discuss it.

**Q: I didn't find an answer to my question.**

A: Contact me: dlmooney@earthlink.net or 908-328-6125

**DVSP OEC Class Schedule 2017**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	8/27	8/28	<b>8/29 OEC Intro</b>	8/30	8/31	9/1	9/2
2	9/3	9/4 Labor Day	<b>9/5 Anatomy, Vitals &amp; BSI</b>	9/6	9/7	9/8	<b>9/9 Instructor Refresher</b>
3	9/10	9/11	<b>9/12 Bleed &amp; Shock, Pat. Assessment</b>	9/13	9/14	9/15	9/16
4	9/17	9/18	<b>9/19 Airway Emerg., O2 Equip., Bandaging</b>	9/20	9/21	9/22	9/23
5	9/24	9/25	<b>9/26 MOI, Bone/Joint Injuries Splinting Demo</b>	9/27	9/28	9/29	9/30
6	<b>10/1 DVSP OEC Refresher</b>	10/2	<b>10/3 Soft Tissue, Hands-on Practice</b>	10/4	10/5	10/6	10/7
7	10/8	10/9	<b>10/10 Eye/Face/ Throat, Neurological</b>	10/11	<b>10/12 CPR (Candidates)</b>	10/13	10/14
8	10/15	10/16	<b>10/17 Chest &amp; Abdom., Practical Stations</b>	10/18	<b>10/19 Ob/Gyn Emergencies</b>	10/20	10/21
9	10/22	10/23	<b>10/24 Head &amp; Spine, Backboarding</b>	10/25	<b>10/26 CPR (Patrollers)</b>	10/27	10/28
10	10/29	10/30	<b>10/31 Environmental, Traction (Halloween)</b>	11/1	11/2	11/3	11/4
11	11/5 (Daylight Savings Ends)	11/6	<b>11/7 Common Medical</b>	11/8	<b>11/9 Practical Sessions</b>	11/10	11/11
12	11/12	11/13	<b>11/14 Triage</b>	11/15	<b>11/16 Practical Sessions</b>	11/17	11/18
13	11/19	11/20	<b>11/21 WRITTEN EXAM</b>	11/22	11/23 Thanksgiving	11/24	11/25
14	11/26	11/27	<b>11/28 Practical Sessions</b>	<b>11/29 Practical Sessions</b>	11/30	12/1	<b>12/2 Practice Test</b>
15	12/3	12/4	<b>12/5 Practical Sessions</b>	12/6	<b>12/7 Practical Sessions</b>	12/8	<b>12/9 PRACTICAL EXAM</b>
16	12/10	12/11	<b>12/12 OEC Wrap-up</b>	12/13	12/14	12/15	12/16





**Delaware Valley Ski Patrol  
Lambertville, New Jersey**



Course Title:	<b>Outdoor Emergency Care (OEC)</b>	Start Date: <b>8/29/2017</b>
Instructor of Record:	<b>David Mooney</b>	NSP Course #: <b>E337170004</b>
Course Location:	<b>LNHARS, 70 Alexander Ave., Lambertville, NJ 08530</b>	

Please fill out the form below (print neatly if handwritten!) and send it with your payment:

**2017 DVSP OEC Registration Form:**

Name

Address

City

State

Zip

Email

Cell ☐ Home ☐ Work ☐

Phone number where you can be contacted (Check location, cell is preferred)

PENDING ☐

Name of Ski Area you are a Candidate at (Check "PENDING" if not officially accepted as a candidate yet )

**OEC COURSE\***

DVSP Administration Fee\*\* \$30.00

*(All other course fees, book cost, etc to be paid directly by candidate)\**

Make check or money order to: **Delaware Valley Ski Patrol**

Send payment with this registration form to:

**Jim Paradee, 126 Review Ave, Lawrenceville, NJ 08648**

\*The OEC book required for the class is not included in the above fee. You are required to have a new 5<sup>th</sup> Edition OEC book. The book is approximately \$86 *with the NSP members discount code from Bradybooks*. It is also available from Amazon.com.

**Before you order an OEC book:**

Review "Step 3 –OEC Book" for more information on ordering the manual, costs and which book you need (5<sup>th</sup> edition only).

**FINE PRINT:**

\*See the first page of the registration packet for the list of other required costs for taking the OEC course.

**Only the DVSP fee is to accompany this form.** All other cost are paid separately.

\*\*Admin. fee is non-refundable after the first day of class. NSP Membership dues and OEC Testing Fee are non-refundable.

***NOTICE: If you do not intend to be a National Ski Patroller, the non-member NSP testing fee is \$320 – CALL ME FIRST!***