

Her Choice to Heal

Post-Abortive Women's Support Group



Held at The Soulutions Center
of Life Saver Ministries

The 2nd Monday of the month 6-7:30 p.m.

*16 East Pine Street, Gloversville, New York, 12078
518-725-5777*

This opportunity is open to women of all ages who are experiencing difficulty dealing with issues that often arise after an abortion; for some women, they feel as though their abortion(s) is something that can never be talked about. We seek to create a safe environment for women to be open and honest about their abortion experience and any issues that arise afterwards that have impacted their lives negatively. This support group is led by a lay counselor who facilitates and leads the group discussion and exploration of the book and study guide of "Her Choice to Heal"; if you would like to learn more about the curriculum and the organization of Sydna Massa, please view [Ramah International.org](http://RamahInternational.org). If you would ever be interested in coming in to our Soulutions Center to speak to someone who may be able to help in more of a one-on-one setting, please don't hesitate to contact us.

Life Saver Ministries is a faith-based, non-profit organization seeking to uphold life and see lives changed through the Gospel. If you have any questions or concerns, please contact us at lifesaverheartbeat@gmail.com or (518) 725-5777; you may also call or text (518) 774-4786. Class may be canceled in the event of inclement weather and class time may change for Summer hours, so kindly confirm by contacting us if this is a concern.

Who can this help?

This support group is intended to help women who are struggling with issues that manifest after an abortion, whether it is days, months or years later. This group is a support group led by lay counselors that uses the curriculum "Her Choice to Heal", by Sydna Masse, a post abortive woman, to guide through the layers of grief, loss, guilt and pain that can often accompany abortion and the circumstances surrounding the choice. This is an opportunity to share and be heard and an opportunity to look to the Gospel for hope and healing as only Christ can bring. If you are interested in learning more or would like to sign up for this free opportunity, you may:

Email: lifesaverheartbeat@gmail.com

Call: (518) 725-5777

Call or Text: (518) 774-4786