

# Aug./September

## Menu – 2021

Hola -Spanish

23 lunch days, 18 Pre-K lunch days

Monday-lunes	Tuesday-martes	Wednesday-miércoles	Thursday-jueves	Friday-viernes
<b>30</b> <b>Corn Dogs</b> Cucumber Sticks/ dip Seasonal Fruit <b>Snack: Popcorn</b>	<b>31</b> <b>Shrimp Fried Rice</b> dumplings fruit <b>Snack: Smoothie</b>	<b>1</b> <b>Chicken Tenders</b> Curly Fries Carrots <b>Snack: Applesauce</b>	<b>2</b> <b>Quiche</b> salad Seasonal fruit <b>Snack: Cheese Yum-yums</b>	<b>3</b> <b>No School</b>
<b>6</b> <b>No School Labor Day</b>	<b>7</b> <b>Taco Tuesday!</b> Spanish rice Seasonal Fruit <b>Snack: Choc. Chip Muffins</b>	<b>8</b> <b>Pancakes</b> Bacon Seasonal Fruit <b>Snack: Apples &amp; PB</b>	<b>9</b> <b>Vichyssoise</b> PB and J Cucumber sticks <b>Snack: Smoothie</b>	<b>10</b> <b>Pizza</b> Cheese, Pepperoni, Bacon, Veggie Salad <b>Snack: Cucumbers/ Ranch</b>
<b>13</b> <b>Burgers</b> Homemade French fries Carrot sticks Seasonal Fruit <b>Snack: Smoothie</b>	<b>14</b> <b>Chicken Divan</b> Mashed Potato Carrots Seasonal Fruit <b>Snack: Bagels</b>	<b>15</b> <b>Grammie Toe's Famous Chop Suey</b> Fresh Veggies Seasonal Fruit <b>Snack: Banana Bread</b>	<b>16</b> <b>Broccoli Risotto</b> Fruit Salad <b>Snack: PB &amp; Apples</b>	<b>17</b> <b>Pizza</b> Cheese, Pepperoni, Bacon, Veggie Salad <b>Snack: Popcorn</b>
<b>20</b> <b>Grilled Cheese</b> Tomato Soup Apples <b>Snack:</b>	<b>21</b> <b>Spaghetti and Meatballs</b> Salad Seasonal Fruit <b>Snack: Choc. chip muffins</b>	<b>22</b> <b>BBQ Pork Sandwiches</b> Chips Fresh Fruit <b>Snack: Bagels</b>	<b>23</b> <b>Chilli</b> Cornbread Carrot Sticks <b>Snack: Cheese Yum-Yums</b>	<b>24</b> <b>Pizza</b> Cheese, Pepperoni, Bacon, Veggie Salad <b>Snack: Applesauce</b>
<b>25</b> <b>Hot Dogs</b> Chips, Pickles <b>Snack: Cheese &amp; Crackers and grapes</b>	<b>26</b> <b>Taco Tuesday!</b> Spanish rice Fresh Fruit <b>Snack: Cinn. Yum-Yums</b>	<b>27</b> <b>Pancakes</b> Bacon Fresh Fruit <b>Snack: Carrots and Hummus</b>	<b>28</b> <b>Chicken Corn Chowder</b> Biscuits Fruit <b>Snack: Smoothie</b>	<b>29</b> <b>Pizza</b> Cheese, Pepperoni, Bacon, Veggie Salad <b>Snack: Smoothie</b>

The substitutions that are always available are PB&J, Greek Yogurt and Granola, Chicken/ Tuna Salad Sandwich or Salad  
 There are always vitamin D milk and water available