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Fayetteville

Veteran massage therapist Langford joins White Lotus staff

BY OLIVIA CARR | NWA MEDIA

White Lotus Salon and Massage recently welcomed to its staff Barry Langford of Fayetteville, a massage therapist since 1985 who practices a variety of healing modalities.

"I specialize in deep tissue massage and treatment work for muscle pain using many techniques with trigger point therapy as a primary technique," he said.

Langford also practices reflexology, cranial sacral, emotional freedom technique, polarity and chakra balancing. He is also a master and teacher of Reiki, which is a Japanese technique meant to reduce stress and improve relaxation and healing.

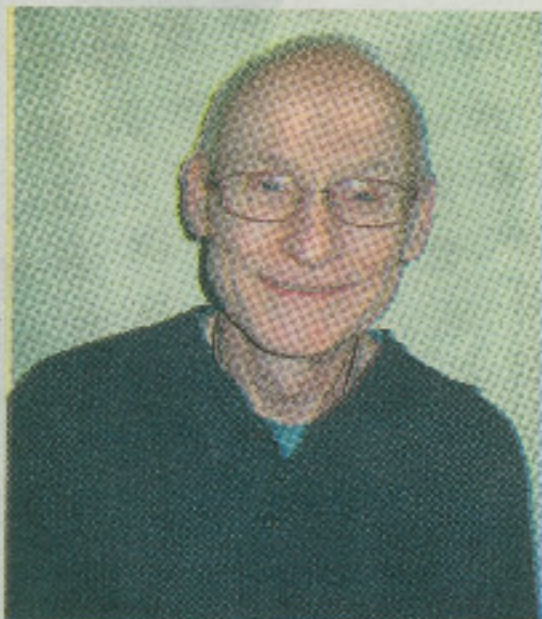
White Lotus owner Patricia Kulish said Langford has a wealth of education, experience and insight.

"He approaches healing from a place of absolute honesty — his intention is only the best for the client," she said. "Many people, including others in the bodywork, energy and healing vocations, seek him out."

Former co-worker Mike Oglesby said Langford possesses the qualities essential to any true healer — empathy, compassion and the ability to relieve the symptoms of energy blockages.

"Barry encourages you to continue working for optimal health," Oglesby said. "Barry uses his hands and his heart to help others reach their good-health goals."

Appointments with Langford are available Sundays only. White Lotus Salon and Massage is located at 4750 E. Mission Blvd. in Fayetteville. Appointments can be made by calling (479) 582-4806.



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Barry Langford is now practicing at White Lotus on Sundays.