

FALL WEEKLY CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	OPEN PLAY 10:00AM-NOON (for ages 1-5 years)				9:00-9:30 Growlers 9:45-10:30 Super G
					10:45-11:45 Ten G 10:45-12:00 Pre-Team - Inv
3:30-4:00 Lil Lizards	3:45-4:45 Ten G	3:45-4:30 Tumbling (7-10 yrs)	3:45-4:15 Growlers		
4:00-4:45 Super G 4:15-4:45 Growlers 4:15-5:00 Boys	4:00-4:45 Fit & Strong Kids (7+ yrs)	4:00-5:00 Super Ten – Inv. 4:30-5:00 Growlers 4:45-6:00 Pre-Team – Inv. 4:45-5:30 Boys	4:00-5:00 Ten G 4:30-5:15 Super G		
5:00-6:00 Ten G 5:15-6:00 Beg Tumbling (5-6 yrs)	5:00-5:30 Growlers 5:45-6:30 Super G	5:15-6:00 Super G	5:15-6:30 Pre-Team – Inv. 5:30-6:30 Ten G		
6:15-7:00 Super G 6:15-7:00 Back Handspring	6:00-6:30 Growlers 6:15-7:30 Pre-Team - Inv.	6:00-7:00 Ten G 7:00-8:00 Tumbling (9-15 yrs)			
JUDO 5:00-5:30 Tots (4-5 yrs) 5:30-6:30 Kids – (6-13 yrs) 6:30-8:00 Adults – (14 yrs+)		JUDO 5:00-5:30 Tots (4-5 yrs) 5:30-6:30 Kids – (6-13 yrs) 6:30-8:00 Adults – (14 yrs+)			JUDO 9:30-10:30 No Gi Kids & Adults 10:30-11:30 Kids & Adults



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