

RR Harriers One Hour Challenge - Mon 24th May to Sun 30th May 2021

Congratulations to all that completed this challenge. Interesting to see how a year in lockdown has affected our performances.

Something I forgot to mention for this challenge, was that the finishing positions would be ranked by the improvement on last years time; i.e. this years distance, minus last years distance. So you had to record a distance both years to register. So using this method, I managed to manufacture a way I could actually finish first for once! Well done to me!!

Position	Name	Distance (miles)		Difference
		May-20	May-21	
1	James Ward	4.17	7.59	3.42
2	Andy Ward	5.35	6.95	1.6
3	Jon Kinder	7.76	8.30	0.54
4	Bob Bond	6.63	7.05	0.42
5	Ian Page	7.52	7.74	0.22
6	Cliff Cooper	6.16	6.38	0.22
7	Steve Wakefield	5.92	6.11	0.19
8	Tristan Cooper	0.00	8.47	0
9	Debbie Phelps	0.00	7.61	0
10	Allan Eccleston	0.00	6.66	0
11	Nigel Granville	0.00	6.56	0
12	Russ Parkin	8.88	8.80	-0.08
13	Howard Williams	8.46	8.10	-0.36
14	Karolina Kucharek	8.23	7.54	-0.69
15	Gillian Whiteside	6.36	3.99	-2.37

However, in all seriousness the real table is as below. Well done to Russ for his 8.8miles which was just short of last years distance. Very good runs too from Tristan, JK and Howard in completing 8mile plus distances.

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Well done to Nigel for another pb. Well done to Gillian too for photographing every bit of flora in Little Eaton during her effort today too 😊.