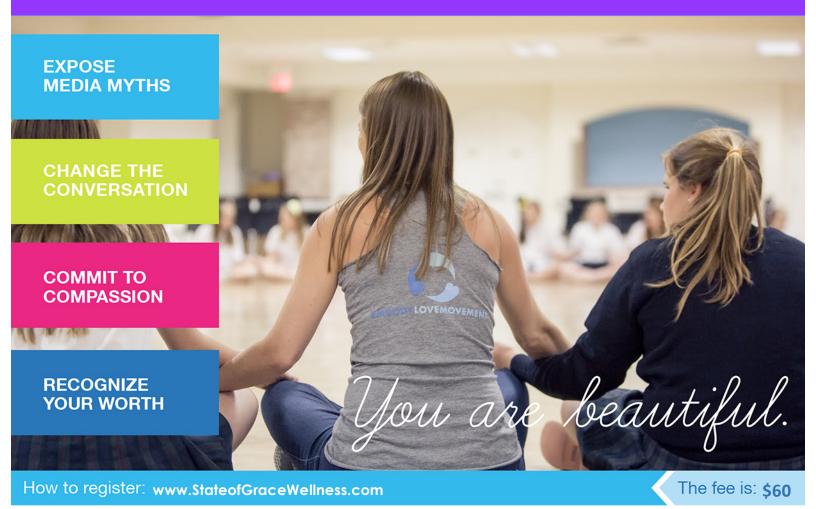
## A PROGRAM BY C EMBODYLOVEMOVEMENT®

## JANUARY 27, 2018

Inner Beauty Shop is a powerful experiential workshop FOR YOUNG WOMEN!



The Inner Beauty Shop<sup>™</sup> is a transformational journey that will lead you to finding radical self-acceptance. Through media literacy, experiential exercises, embodied expression, and processing with peers, you will leave behind the critic and instead embrace compassion. This workshop is designed to shift us away from isolation and into inter-dependency as we work together to create a world where we all feel lovable without condition.

## embodylovemovement.org

Facilitated by: Sherri Snyder-Roche, MA, LMHC LOCATION: State of Grace Yoga and Wellness 104 E. Hartford Ave, Uxbridge, MA 01569 www.StateofGraceWellness.com