

FIND YOUR SONG

THE ULTIMATE CREATIVE EXPERIENCE



FOR MORE INFORMATION:
WWW.CATCH23PERFORMANCE.COM



JUNE 3-5
LIMITED TO 10 PARTICIPANTS
NASHVILLE, TN

*We're all born with a song, deeply rooted in our core.
The tune is effortless. It is the very breath that awakens our soul. - Kaci Allen*

Detailed Description:

Throughout our lives, expectations are placed on us of how we 'should' act or professional paths we 'should' pursue, what our partner or family 'should' look like, or worse, toxic voices telling us we aren't good enough, even at our best.

These messages, intentional or not, have a way of slowly stifling the voice of our inner 'self.' We learn to put up a facade, vulnerability becomes too threatening and we muzzle what's left of our authentic self to avoid pain and rejection. We learn to fit into someone else's mold and though at times we convince ourselves it's safer to hide, at our deepest, most intimate place we are suffocating!

We are excited to launch 'Find Your Song™' part of our 'Ultimate Creative Experiences.' This 3-day workshop is packed with experiences designed to help you re-engage and discover the song you were meant to sing, while finding the freedom to take back your lyrics!

It's time to reignite your passion and #FindYourSong

Entire weekend experience: \$495 on or before April 30th | \$595 May 1st

kaci@catch23performance.com | 615.517.6900