

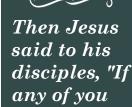
United Presbyterian Church

525 East Front Street • Plainfield, NJ 07060 • 908-756-2666 • http://www.upcplainfield.org/

Where God is exalted, Everyone matters, and You belong!

II:00 a.m. Worship

February 2021- Newsletter



disciples, "If wants to be my follower, you must give up your way, take up your cross, and fol-

Matthew 16:24

low me.



A MESSAGE FROM

~ Pastor Allegra Hoots ~

Greetings!

Matthew 16:24 and the novel, In His Steps: What Would Jesus Do? guide this year's Lenten season meditation. Asking and answering: What would Jesus do? forces Jesus' disciples to subjugate their aspirations and plans to God's will. The question and answer suggest the one asking believes God hears and answers, and the asker is willing to follow Jesus' advice.

By asking the question inquirers acknowledge Jesus is in their world, walking with them actively participating in their lives. Furthermore, it reminds Jesus' followers God is continually watching and steering them away from dangers seen and unseen. Mindful of God's presence, believers confidently respond to moral and ethical dilemmas with grace. Empowered by the Holy Spirit to make decisions rooted in Scripture, they walk by faith - "the substance of things hoped for, the evidence of things unseen" (Hebrews 11:1), trusting God to help them make godly decisions.

Imagine before making consequential choices prayerfully asking and answering, "What would Jesus do or say?" How would things differ if believers con-

sulted God and took his guidance before investing or spending money? What advice would Jesus give about life-altering decisions? What if believers regularly asked Jesus for marital and childrearing advice or sought God's counsel before taking up friendships or pledging time, talents, money, deciding where to live, or whether to ask or answer questions?

Believe it or not, Scripture answers those and all questions that are common to the human experience. It advises about who not to marry (2 Corinthians 6:14). It also gives advice about surviving marriage to a nonbeliever (Philippians 2:14).

The Bible gives clear replies to questions about making charitable donations and paying debts. In Mark 22:17, Jesus instructs believers to pay their taxes and give to charity. The writer of Romans 13:7 tells believers to pay all debts and owe no one anything but love. Proverbs 22:26 admonishes against cosigning.

The Golden Rule- treat others as you want to be treated, found in Luke 6:31, and Jesus' command to love each other guide human interaction. Want to know how to love or what to expect from those who claim to love? Read 1 Corinthians 13. The Christian work ethic is illustrated in Proverbs 6: 6-8 and articulated in Colossians 3:23, "Work willingly at whatever you do, as though you are working for the Lord rather than people." Scriptures like Psalm 1:1 and 1 Corinthians 15:33 advise against becoming friends with those who engage in immoral behavior.Contd on page 3

Stay safe ❖ Mask up ❖ Spread out

Sunday Worship Pastor Allegra Hoots 11:00am Livestream on YouTube*

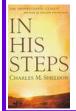
Sunday Fellowship 2:00 - 3:00pm via ZOOM JOIN US

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#### Book Reading & Discussion

January 21st for 13 weeks Weekly on Thursdays @ 7:00pm via ZOOM



The book
"In His Steps"
by Charles M. Sheldon

One of the noblest pursuits a child of God can embark upon is to get to know and understand God better. The best way we can accomplish this is to look carefully at the book He has written, the Bible, which communicates who He is and His plan for mankind.

#### **ALL EVENTS ARE VIRTUAL**

## TO CONNECT BY COMPUTER OR TELEPHONE, GO TO THE CHURCH'S WEBSITE FOR INFORMATION: <a href="http://www.upcplainfield.org/">http://www.upcplainfield.org/</a>



#### **SCOUT SUNDAY** (Feb. 7th)

The Boy Scouts of America (BSA) designates the Sunday that falls before February 8 (Scouting Anniversary Day) as Scout Sunday, which is the primary date to recognize the contributions of young people and adults to Scouting. This is also when packs, troops, crews and ships honor a Scout's "duty to

#### God."

An organization can adopt a specific Sunday to celebrate. Through a trio of faith-based celebrations known as Scout Sunday, Scout Sabbath and Scout Jumuah, young people give back to the chartered organizations that give them so much. This is an opportunity for Scouts to publicly demonstrate the 12th point of the Scout Law:

#### A Scout is Reverent.

This celebratory act may be as simple as wearing the full uniform to worship services; participate in services by doing a reading or singing a song; presenting religious emblems and awards to Scouts and Scouters; or it might be something as grand as a service project to benefit a religious organization in the community.

#### **Upcoming** Events

#### See calendars for more activities and events

| February |        |                                                 | March |        |                              |
|----------|--------|-------------------------------------------------|-------|--------|------------------------------|
| Date     | Time   | Event                                           | Date  | Time   | Event                        |
| 1        |        | World Interfaith—Harmony Week begins            | 5     |        | World Day of Prayer          |
| 7        |        | Souper Bowl of Caring                           | 8     |        | International Women's Day    |
|          |        | Scout Sunday                                    | 14    |        | Daylight Savings Time begins |
| 14       |        | Transfiguration of the Lord                     | 17    | 7:30pm | Board of Session Meeting     |
| 15       |        | Presidents Day                                  | 28    |        | PALM/PASSION SUNDAY          |
| 17       |        | ASH WEDNESDAY                                   |       |        |                              |
|          | 7:30pm | Board of Session Meeting<br>(Subject to change) |       |        |                              |

Coronavirus/COVID-19 Resources for Congregations and Members or https://www.pcusa.org/covid19/



#### Pastor Allegra's Message

(Contd from page 1)

When Jesus' disciples do not get the answers they need, they did not search Scripture or sought solutions for the wrong reasons (James 4: 2-3).

This Lenten season, if you are contemplating giving something up, try denying yourself by determining to follow Jesus' divine will completely. Like the characters in the novel, *In His Steps*, before making every major decision, ask and accept God's answer to the question, What would Jesus do? Then look for the answer and follow Jesus' lead by obeying, even when the response is not the one for which you hoped.

Peace and blessings,

Pastor Hoots

#### Transfiguration of the Lord



The Transfiguration of Christ is the culminating point of His public life, as His Baptism is its starting point, and His Ascension its end.

The transfiguration of Jesus Christ was a powerful demonstration of His divine nature and manifestation of His glory, which Jesus possessed prior to coming to earth in the human body.

This revelation is referenced in a passage in the Apostle Paul's message to Phillippi. "Let this mind be in you, which was also in Christ Jesus: Who, being in the form of God, thought it not robbery to be equal with God: But made Himself of no reputation, and took upon Him the form of a servant, and was made in the likeness of men: And being found in fashion as a man, He humbled Him-

self, and became obedient unto death, even the death of the cross. Wherefore God also hath highly exalted Him, and given Him a name which is above every name: That at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth; And that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father" (Philippians 2:5-11 KJV).

What was the Importance of the Transfiguration?

It's impossible to appreciate what's going on with the Transfiguration unless you consciously factor in the reality that that remarkable scene takes place just a few days after Jesus had, for the very first time, told his disciples He was going to die. And when he told his disciples, in <a href="Matthew 16:21">Matthew 16:21</a>, He was going to die, they were offended and scandalized. Peter, speaking for the group, grabbed Jesus and said, "far be it from you [to die], it can't happen." Jesus was, of course, upset with Peter and told him, "you savor the things of man and not of God."

This (Transfiguration) is about three years into a three and a half year ministry. This is after for months and years those disciples had followed Jesus, they had seen his miracles, they had done miracles in His name. They knew something palpably and objectively about the power and the reality of who Jesus was, and yet, when He began to talk about dying it was staggering to the disciples and they began to wonder if He was really the Messiah. Therefore, for that reason, Jesus took three, Peter, James and John, into a high mountain apart, away from the other apostles.

Jesus takes Peter, James, and John into a very secluded place and He begins to pray. He asked the disciples to pray and they fall asleep. Then, as they wake up, they see Jesus standing before them with an indescribable manifestation of light and glory which will be His when he reigns as King in days to come. He had laid aside that external glory and for just a few minutes as they watched they see him transfigured (metamorphized is the Greek word). The point is that the caterpillar had become a butterfly, the one who had so carefully veiled his physical glory took it to himself for a brief moment. The whole purpose of that experi-

ence was to reinforce the staggering faith of those apostles. That's exactly what Peter gets out of it when he remembers it and says we did not bring you cunningly devised fables, we made known to you the power of Jesus because we were with Him in the holy mountain. We know He is Messiah and will reign as Messiah because we saw His physical glory.





#### United Presbyterian Church: Where God is exalted, Everyone matters, and You belong!

|             | Important Dates<br>of Lent | Brief Overview of Significance                                                         | 2021 Date                       |
|-------------|----------------------------|----------------------------------------------------------------------------------------|---------------------------------|
| Season      | Ash Wednesday              | The beginning of Lent, a day of reflection and repentance from sin                     | Wednesday, February 17,<br>2021 |
| Scassiv     | Palm Sunday                | Celebrates Jesus's triumphant entry into Jerusalem                                     | Sunday, March 28, 2021          |
| $\alpha f$  | Holy Week                  | The week leading up to Easter                                                          | March 28 - April 3, 2021        |
| _           | Maundy Thursday            | Commemorates the foot washing and Last Supper of Jesus Christ with the Apostles        | Thursday, April 1, 2021         |
| <u>Lent</u> | •                          | Commemorates the crucifixion of Jesus and his death at Calvary                         | Friday, April 2, 2021           |
|             | ,                          | Celebrates the resurrection of Jesus from the dead and his victory over sin and death. | Sunday, April 4, 2021           |

Ash Wednesday marks the beginning of Lent and is always 46 days before Easter Sunday. Lent is a 40-day season (not counting Sundays) marked by repentance, fasting, reflection, and ultimately celebration. The 40-day period represents Christ's time of temptation in the wilderness, where he fasted and where Satan tempted him. Lent asks believers to set aside a time each year for similar fasting, marking an intentional season of focus on Christ's life, ministry, sacrifice, and resurrection.



Have you ever noticed how once a year, usually in February or March, there are a lot of people walking around with an ash cross on their foreheads?

During worship service, the pastor will usually share a sermon that is penitential and reflective in nature. The mood is solemn - many services will have long periods of silence and worshipers will often leave the service in silence. Usually, there is a responsive passage of Scripture, usually centered around confession, read aloud about the leader and congrega-

tion. Attendees will experience communal confession, as well as moments where they are prompted to silently confess sins and pray.

After all of this, the congregation will be invited to receive the ashes on their foreheads. Usually, the pastor will dip his/her finger into the ashes, spread them in a cross pattern on the forehead, and say,

"From dust you came and from dust you will return."

The ashes are prepared by burning palm branches. On Palm Sunday, churches bless and hand out palm branches to attendees, a reference to the Gospels' account of Jesus' triumphal entry into Jerusalem, when onlookers lay palm branches on his path.

The ashes of this holiday symbolize two main things: death and repentance. "Ashes are equivalent to dust, and human flesh is composed of dust or clay (Genesis 2:7), and when a human corpse decomposes, it returns to dust or ash."



"When we come forward to receive ashes on Ash Wednesday, we are saying that we are sorry for our sins, and that we want to use the season of Lent to correct our faults, purify our hearts, control our desires and grow in holiness so we will be prepared to celebrate Easter with great joy".

With this focus on our own mortality and sinfulness, Christians can enter into the Lent season solemnly, while also looking forward in greater anticipation and joy of the message of Easter and Christ's ultimate victory over sin and death.



Focus on our own mortality and sinfulness







## THIS IS STEWARDSHIP!

Worship the Lord in Giving

To bless the Church with your tithes and offering you may:

- 1. Drop it off at the church office
- 2. Mail your check (not cash) to the church
- 3. Log in to https://bit.ly/3oyj1J6 or
- 4. Go to the UPC website homepage and click on the "**Give Now**" button

~ Thank you ~



#### **World Interfaith Harmony Week**

1-7 February

#### **Building Bridges Across Boundaries**

World Interfaith Harmony Week is an annual event observed during the first week of February.

World Interfaith Harmony Week was proclaimed by the General Assembly and adopted on 20 October 2010. In the resolution, the General Assembly, points out that mutual understanding and interreligious dialogue constitute important dimensions of a culture of peace and establishes World Interfaith Harmony Week as a way to promote harmony between all people regardless of their faith.

Recognizing the imperative need for dialogue among different faiths and religions to enhance mutual understanding, harmony and cooperation among people, the General Assembly encourages all States to spread the message of interfaith harmony and goodwill in the world's churches, mosques, synagogues, temples and other places of worship during that week, on a voluntary basis and according to their own religious traditions or convictions.

https://www.un.org/en/observances/interfaith-harmony-week

Brad Smith, then a seminary intern serving at Spring Valley Presbyterian Church in Columbia, South Carolina, gave birth to the Souper Bowl of Caring with this prayer:



#### tacklehunger.org

"Lord, even as we enjoy the Super Bowl football game, help us be mindful of those who are without a bowl of soup to eat."

This youth-led movement to help hungry people shifts the attention given to the Super Bowl to collect dollars and canned food for those who struggle to put enough nutrition on their tables. Youth collect donations at their schools and churches in soup pots, and then send every dollar directly to a local anti-hunger group of their choice.

Souper Bowl of Caring is transforming the Big Game into a nation-wide movement inspiring people to give locally and make a collective impact on hunger. Mobilizing grassroots resources including churches, schools, civic groups and caring individuals, the Souper Bowl of Caring movement has created over \$160 million worth of support that stays completely local.

In 2020, over 5,000 groups collected over **\$10.6** million in dollars and food donations for hunger-relief charities across the country. Over **\$163** million has been collected since Souper Bowl of Caring began in 1990.

#### Let us join in prayer:

Loving God, we absorb your goodness in the food we eat, in the beauty our eyes receive, in the fellowship of family and community, and in the unconditional love you shower upon us. May we take these gifts and become mirrors of such fullness through words of praise and, as you've instructed, by loving our neighbors and working for justice in the land. Amen.

https://www.presbyterianmission.org/story/february-5-2017/https://tacklehunger.org/#

Leave your troubles with the LORD, and he will defend you; he never lets honest people be defeated.

Psalms 55:22 GNB



#### Black history and why it should be celebrated beyond February

Black History Month is an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history.

2021 Theme: The Black Family: Representation, Identity, and Diversity.

The black family has been a topic of study in many disciplines—history, literature, the visual arts and film studies, sociology, anthropology, and social policy. Its **representation, identity, and diversity** have been reverenced, stereotyped, and vilified from the days of slavery to our own time.

To read more, go to: https://asalh.org/black-history-themes/

Also known as African American History Month, the event grew out of "Negro History Week," the brainchild of noted historian Carter G. Woodson and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating Black history.

In 1925, Harvard-trained historian Carter G. Woodson, known as the "Father of Black History" announced "Negro History Week" -- a celebration of a people that many in this country at the time believed had no place in history.

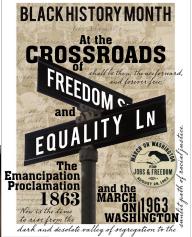
The response to the event, first celebrated in February 1926, a month that included the birthdays of Abraham Lincoln and Frederick Douglass, was overwhelming -- as educators, scholars and philanthropists endorsed the effort. Fifty years later, coinciding with nation's bicentennial and in the wake of the civil rights movement, the celebration was expanded to a month after President Gerald R. Ford decreed a national observance.

"One cannot discuss the African American freedom struggle or the civil rights movement without paying attention to white allies who were working alongside black people," Lionel Kimble, vice president for programs at Association for the Study of African American Life and History (ASALH) told ABC News. ASALH promotes and celebrates black history all throughout the year and has made major gains toward promoting African American history to a wider audience, but there are still too many who only recognize black history during the month of February and ignore it for the rest of the year.

"But we have to really build on the study of black history and get people to understand the important roles of black folks in the larger narrative of the

United States" Kimble said.

Noelle Trent, director of interpretation, collections and education at the National Civil Rights Museum, said it's wonderful to mobilize for Black History Month festivities, but "there's no one season for it. It's continuous."



BLACK HISTORY MONTH

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https://abcnews.go.com/US/importance-black-history-celebrated-february/story?id=68618746

https://www.history.com/topics/black-history/black-history-month





#### Do These Things Daily to Keep Your Heart and Body Healthy

Many heart diseases can be caught early and treated, and patients can continue to lead an active and rewarding life.

So it's important to stay on top of blood pressure and cholesterol levels, which can be warnings of potential heart disease development. For many, cardiovascular disease is still a leading cause of death.

Keeping in contact with your doctor is an important step. Together you and your doctor can set goals for your health. There are many small things we can do every day that add up to better heart health over the years.

- 1. Get a minimum of 150 minutes of moderate exercise every week. For example, a half-hour walk during your lunch break on weekdays would tune up your heart and refresh you for your afternoon work.
- 2. Watch your sodium/salt intake. The recommended amount of salt a person should eat daily is 1,500 mg, but it's very easy to eat more. Read the labels on foods, and opt for fresh versions of foods rather than canned ones, for example.
- 3. Cook at home as much as possible. Home cooking makes it easier to control sodium content and portion sizes.



4. When eating at restaurants, look for "heart healthy" options on the menu.

- 5. If you smoke, get help to quit. Smoking is bad for your heart and also encourages snacking on high-sodium foods.
- 6. Limit your alcohol intake



7. Focus on maintaining a healthy weight.



8. Work with your physician to ensure that other health conditions, like diabetes, stay under control.



Do you need a work out buddy? Send a note to upcnews525@gmail.com or call 732-742-8762

In addition to working with your doctor, it can be fun to have a buddy to work with on achieving your heart-healthy goals. Share recipes and cook "together" over video chat. Set up an online chat where you and friends report successes and support one another when temptation strikes.

The bottom line is that by keeping your heart healthy, you dramatically increase the likelihood that you will enjoy better health for as long as you live. https://www.hackensackmeridianhealth.org/category/health-topics/

#### Spinach and Bean Soup

#### Ingredients

1 15-ounce can low-sodium kidney or navy beans, drained and rinsed

- 1 24-ounce can low-sodium tomatoes, chopped, undrained
- 2 cups low-sodium vegetable or chicken broth

1 medium onion, chopped

1 teaspoon ground cinnamon

1 teaspoon ground cumin

2 cups spinach, chopped



Per servina

147 calories, 9g protein,

29g carbohydrate (10g fiber), 1g fat (0.1g sat,

0.2g mono/poly), 583mg sodium

#### **Nutritional Information**

Per serving

147 calories, 9g protein,

29g carbohydrate (10g fiber), 1g fat (0.1g sat, 0.2g mono/poly), 583mg sodium

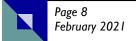
#### Steps

- 1. Turn on the burner to medium heat. In a large soup pot, stir in beans, tomatoes, vegetable or chicken broth, onion, cinnamon and cumin.
- 2. Heat the ingredients of the soup until boiling. Then reduce heat and let simmer for five to 10 minutes

Add spinach into the soup. Season to taste with pepper.

#### **Seasoned Cook**

https://www.hackensackmeridianhealth.org/category/health-topics/



#### Prayers for Healing

Remember our sisters and brothers listed below and call them if you are able to. Let us know if there are mem-

**Emory Dawson** Helen Foerster O'Harold Hoots BJ Klikus Frank Klikus Liz Mangan Jack Perry Marianna Perry Pat Perry Gail Stokes Izaiyah Stokes Jamie Sweeney



#### Memorial Service for Carl Foerster

Our beloved Carl Foerster was laid to rest during a private service on January 18th.

Please join us for a memorial service on: Saturday, February 6th at 7 PM via Zoom.

Connection information can be found at

http://www.upcplainfield.org/home.html



#### *February*

- 5 Tania Hemans
- 7 BJ Klikus
- 27 Kayode Falowo

#### March

- 1 Desirae Hemans
- 6 George Hansen
- 14 Helena Pfeifer
- 16 Wanda Breitenbach
- 17 Rev. Dottie Morris
- 21 Tom Robinson
- 24 Alaric Tate

#### NOTE

Because we are not able to meet in the Church building, donations received for flowers will be used when we are able to congregate again.

#### Give to the Flower Ministry

With your donation of \$25 or more to the Flower Fund, the Deacons will provide a beautiful floral arrangement for the Sanctuary on Sunday mornings. After worship, the arrangement will also brighten the day of a member or friend of UPC who is unable to join us for worship.

Flowers may be made in honor or memory of a loved one. Honoree names will be listed in the church bulletin.

You may complete the form below or add your information to the flower chart in the Narthex.

|                      | Zorina Bowers |
|----------------------|---------------|
|                      |               |
| Email:               |               |
| Telephone:           |               |
| Address:             |               |
| Amount:              |               |
| <i>In Memory of:</i> |               |
|                      |               |

Thank you for your generous support of **UPC's Flower Ministry** 

Board of Deacons



Blessings.

Let us be concerned for one another, to help one another to show love and to do good. Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another all the more, since you see that the Day of the Lord is coming nearer.

Hebrews 10:24-25 GNB



#### CHILDREN'S CORNER

Parents, please read this to your younger child(ren)

Who is in Control?

Theme: Is Jesus in control of your life?

Object: A remote control Scripture Mark 1:21-28

Do you know what this is? Sure you do. It is a remote control. Some of you may have a TV that has a remote control. When you are watching TV, you can turn the TV off or on, change channels, and adjust the volume.

- Power On
- Play
- Changing channels
- Volume up
- Mute
- Fast forward
- Rewind
- Slow motion
- Pause
- Power off

Let's see how well you respond when I click one of these buttons on the remote. I will click it and call out what it is and you can act out what you think that would look like. Ready? Wow, you all did a great job following the commands of the remote control.

Do you know what? There are some remote controls that can do much more than that. I have seen some remote controls that can control up to fifteen different things -- they are called universal remote controls. If you have a DVD player, it can control that too. You can go fast forward, slow motion, reverse, or pause a movie while you go and get a snack. When you have a universal remote control, you are in complete control. That's amazing, isn't it?

In our Bible lesson today, Jesus showed people His amazing control of everything around Him. It was on the Sabbath day and Jesus went to the synagogue and began to teach. There was a man there who was possessed by an evil spirit. When Jesus went near him, the man cried out, "What do you want with us, Jesus? Have you come to destroy us? I know who you are; you are the holy one of God."

"Be quiet!" Jesus said. Then He spoke to the evil spirit, "Come out!" Do you know what happened? The evil spirit did exactly what Jesus commanded. It came out of the man.

The Bible tells us that the people were amazed. They looked at one another and asked, "What's going on here? Even evil spirits obey his orders." There was power in the words that Jesus spoke that day. On that day, Jesus came in and took control of the life of that man. His life would never be the same! Jesus wants to be in control of your life, too. He wants to be in control of the plans you make, the words you say, the things you do, and the places you go. Why? Is He a control freak? No! He wants to be in control because He wants what is best for you. The Bible tells us that God has a plan for us. It is a good plan that will give us hope and a bright future, but we will never see that plan work unless we allow Jesus to be in control.

Dear God, we want Jesus to be in control of our life. We know that He wants what is best for us and that is what we want too. In Jesus' name we pray, amen.



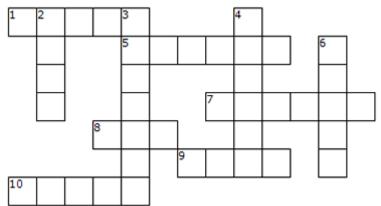
#### CHILDREN'S CORNER

### Who's In Control?

The people were all so amazed that they asked each other, "What is this? A new teaching—and with authority! He even gives orders to evil spirits and they obey him." Mark 1:27

Based on Mark 1:21-28





#### ACROSS

- The Son of God
- 5. To be extremely surprised
- A supernatural being such as a demon
- 8. An adult male human being
- To do what you are told or expected to do
- To instruct or train someone

#### DOWN

- 2. Immoral, bad, or wicked
- The day of the week set aside by some religions as a day of rest and worship
- Human beings; men, women and children
- Making very little or no noise

| SPIRIT | OBEY | SABBATH | MAN   | TEACH  |
|--------|------|---------|-------|--------|
| PEOPLE | EVIL | JESUS   | QUIET | AMAZED |

Hebrews 10:16

This is the covenant I will make with them after that time, says the Lord. I will put my laws in their hearts, and I will write them on their minds."



#### 2021 PER CAPITA APPORTIONMENT Never too Late!

Your annual Per Capita is \$45.00 and is shared as follows: General Assembly \$8.98, The Synod of the Northeast \$4.10, The Presbytery of Elizabeth \$31.92. Per Capita is a member assessment used to fund the operating expenses of governing bodies. (Book of Order; G-9.0404 d).

Consider paying more than your share to help cover the cost of others who are unable to pay

#### Important:

Deadline is the 20th of each month for the Newsletter. Leave your news in the Church Office or email it to <a href="mailto:upcnews525@gmail.com">upcnews525@gmail.com</a>

Church Office Hours: Mon-Fri 9am-3pm

#### Schedule of Pastor's Office Hours

Monday 12:00 – 4:00 pm Wednesday 8: 30 – 3:30 Sunday: 10:00 am—3:00 pm

Please call the Church Office for an Appointment or to contact the Pastor

#### Session Members (Elders)

Al Tate (Clerk) Emory Dawson Patricia Dawson Avril Lecky Marcia Marsh-Hinds

Isiah 43:1-7 (NIV)

"The Lord says, "...When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you."

#### CONTACT INFORMATION

Church Email: upcplainfield525@gmail.com
Newsletter: upcnews525@gmail.com
Church website: http://upcplainfield.org
Telephone No.: (908) 756-2666

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#### **Pastor Allegra Hoots**

Director of Music: Ronn Daniels Executive Assistant: Pat Perry Sexton: Sue Terry

#### **Board of Deacons**

Helen Foerster - Moderator
Daniel Bofah
Thelma Fleming
Virginia Hansen
Desirae Hemans (in training)
Tania Hemans (in training)
Maggie Anglin (Volunteer)
Zorina Bowers (Volunteer)

To contact the deacons for assistance Call the church office at 908-756-2666



If you have information that you would like to share, send them to upcnews525@gmail.com

#### **United Presbyterian Church**

525 East Front Street • Plainfield, NJ 07060 • 908-756-2666 • http://upcplainfield.org

|                                                                              | Lent Begins<br>Ash Wednesday     |                      |                                                      |                                                        |                      |                                |
|------------------------------------------------------------------------------|----------------------------------|----------------------|------------------------------------------------------|--------------------------------------------------------|----------------------|--------------------------------|
| SUNDAY                                                                       | MONDAY                           | TUESDAY              | WEDNESDAY                                            | THURSDAY                                               | FRIDAY               | SATURDAY                       |
|                                                                              | 1<br>Noon Day Prayer             | 2<br>Noon Day Prayer | 3<br>Noon Day Prayer                                 | Noon Day Prayer  7:00pm Book Reading & Discussion      | 5<br>Noon Day Prayer | 6                              |
| 7                                                                            | 8                                | 9                    | 10                                                   | ing & Discussion—<br>Zoom                              | 12                   | 13                             |
| 11am Livestream Communion Service & BOY SCOUT SUN- DAY SOUPER BOWL OF CARING | Noon Day Prayer                  | Noon Day Prayer      | Noon Day Prayer                                      | Noon Day Prayer 7:00pm Book Reading & Discussion— Zoom | Noon Day Prayer      | 10:00am Administration Meeting |
| 14                                                                           | 15                               | 16                   | 17                                                   | 18                                                     | 19                   | 20                             |
| 11am Livestream<br>Worship Service<br>BAPTISM OF THE<br>LORD                 | Noon Day Prayer  PRESIDENTS' DAY | Noon Day Prayer      | Noon Day Prayer 7:30 Session Meeting*  ASH WEDNESDAY | Noon Day Prayer 7:00pm Book Reading & Discussion— Zoom | Noon Day Prayer      |                                |
| 21                                                                           | 22                               | 23                   | 24                                                   | 25                                                     | 26                   | 27                             |
| First Sunday in Lent 11am Livestream Worship Service                         | Noon Day Prayer                  | Noon Day Prayer      | Noon Day Prayer                                      | Noon Day Prayer 7:00pm Book Reading & Discussion— Zoom | Noon Day Prayer      |                                |
| 28<br>11am Livestream<br>Worship Service                                     |                                  |                      | <b>February</b>                                      | y is Blac                                              | k Histor             | y Month                        |

#### NOTE:

The calendar reflects regularly occurring events and subject to change. Check with the Church Office for changes

Communion & Deacon Sunday — Ist Sunday Monthly Youth Sunday—2nd Sunday monthly Dedication Sunday—4th Sunday Monthly

Committee Meetings (unless stated otherwise):

2nd Saturday @ 10:00am: Administration Meeting

2nd Sunday following Worship: Deacons Meeting 3rd Wednesday @ 7:30pm: Session Meeting

\*This date is subject to change

#### **United Presbyterian Church**

525 East Front Street • Plainfield, NJ 07060 • 908-756-2666 • http://upcplainfield.org

| MARCH 2021                                |                                     |                 |                                                |                                                |                         |                                |  |
|-------------------------------------------|-------------------------------------|-----------------|------------------------------------------------|------------------------------------------------|-------------------------|--------------------------------|--|
| SUNDAY                                    | MONDAY                              | TUESDAY         | WEDNESDAY                                      | THURSDAY                                       | FRIDAY                  | SATURDAY                       |  |
|                                           | 1                                   | 2               | 3                                              | 4                                              | 5                       | 6                              |  |
|                                           | Noon Day Prayer                     | Noon Day Prayer | Noon Day Prayer                                | Noon Day Prayer                                | Noon Day Prayer         |                                |  |
|                                           |                                     |                 |                                                | 7:00pm Book Read-<br>ing & Discussion—<br>Zoom | WORLD DAY OF<br>PRAYTER |                                |  |
| 7                                         | 8                                   | 9               | 10                                             | 11                                             | 12                      | 13                             |  |
| 11am Livestream<br>Worship Service        | Noon Day Prayer                     | Noon Day Prayer | Noon Day Prayer                                | Noon Day Prayer                                | Noon Day Prayer         | 10:00am Administration Meeting |  |
| Communion Service                         | INTERNATIONAL<br>WOMEN'S DAY        |                 |                                                | 7:00pm Book Reading & Discussion—<br>Zoom      |                         |                                |  |
| 14                                        | 15                                  | 16              | 17                                             | 18                                             | 19                      | 20                             |  |
| 11am Livestream<br>Worship Service        | Noon Day Prayer                     | Noon Day Prayer | Noon Day Prayer                                | Noon Day Prayer                                | Noon Day Prayer         |                                |  |
| YOUTH SUNDAY DAYLIGNT SAVINGS TIME BEGINS |                                     |                 | 7:00pm Session<br>Mtg                          | 7:00pm Book Reading & Discussion—<br>Zoom      |                         |                                |  |
| 21                                        | 22                                  | 23              | 24                                             | 25                                             | 26                      | 27                             |  |
| 11am Livestream<br>Worship Service        | Noon Day Prayer                     | Noon Day Prayer | Noon Day Prayer                                | Noon Day Prayer                                | Noon Day Prayer         |                                |  |
| 28                                        | 29                                  | 30              | 31                                             |                                                |                         |                                |  |
| 11am Livestream<br>Worship Service        | Noon Day Prayer WEEK OF PRAYER ENDS | Noon Day Prayer | Noon Day Prayer<br>7:00pm Bible Study<br>—Zoom |                                                |                         |                                |  |
| PALM SUNDAY<br>HOLY WEEK BEGINS           |                                     |                 |                                                |                                                |                         |                                |  |

#### NOTE:

CALENDAR EVENTS MAY CHANGE BASED ON THE STATES POLICY ON GROUP MEETING. CHECK OUR WEBSITE FOR UPDATES.

The calendar reflects regularly occurring events and subject to change. Check with the Church Office for changes

Communion & Deacon Sunday — Ist Sunday Monthly Youth Sunday—2nd Sunday monthly Dedication Sunday—4th Sunday Monthly **Committee Meetings** (unless stated otherwise): 2nd Saturday @ 10:00am: Administration Meeting

2nd Sunday following Worship: Deacons Meeting

3rd Wednesday @ 7:30pm: Session Meeting

If you would like to be a member on any committee or help with any project, call the Church Office at 908-756-2666.

Fold here to mail



United Presbyterian Church 525 East Front Street Plainfield, NJ 07060