



Holy Prophet Elijah, by George Kordis

# The Raven's Digest - October

## Resources for the Seasons of the Church Year -

It was perhaps two years ago that we developed a website called "The Raven's Nest" that contains seasonal resources for the Orthodox Church year. We never could figure out how to share it in a useful way, so we decided to "publish" excerpts from it on a monthly basis in a digest format as well as other resources across the internet.

*& Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.*

*Philippians 4:8(KJV)*

## What's Included This Month:

\*Great Feast Days-

*(a third class feast) Protection of the Theotokos*

\*Whatever is Lovely: Orthodox Art

*St. Innocent*

\*Let Us Attend: Weekly Gospel

*Audio & printable resources for younger children & older youth*

\*Let Your Mind Dwell: Book Recommendations

*A Child's Guide to the Divine Liturgy*

\*Whatever is Worthy: A Netful of Audio/Video Resources

*Bearing the Saint*

\*Of Good Report: Lights in the Darkness - Icons & Links

*October 2nd - Ss. Cyprian & Justina*

*October 6th - St. Innocent of Alaska*

*October 26th - St. Demetrios*

## Third Class Feast:

### Protection of the Theotokos-October 1



To read about the feast:

<http://antiochian.org/node/16771>

Let Us Attend: Weekly Gospel audio & printable resources for younger & older children



<http://www.antiochian.org/christianeducation/letusattend>

## Whatever is Lovely: Orthodox Art

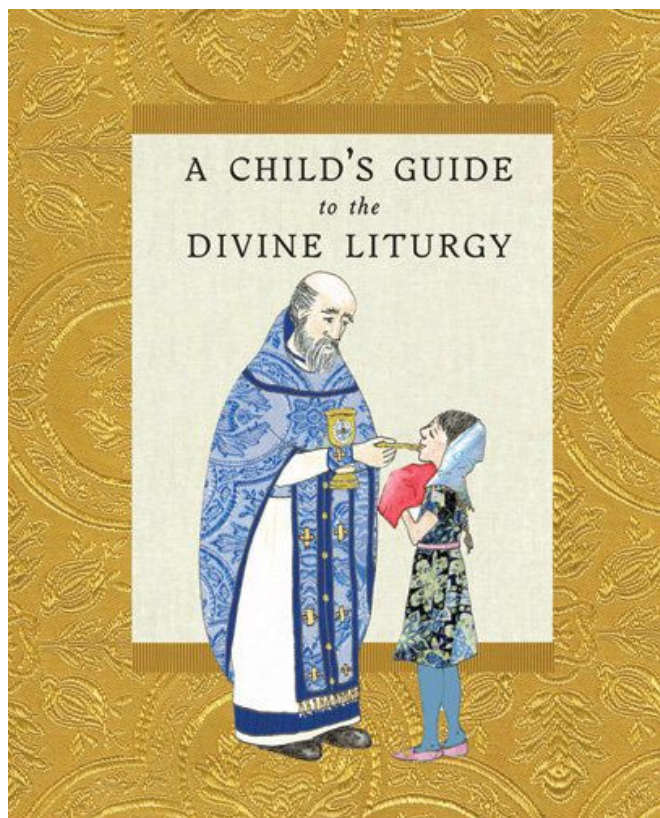


St. Innocent

## Let Your Mind Dwell: Book Recommendations-

[A Child's Guide to the Divine Liturgy](#)





*Taken from the Amazon.com website:*

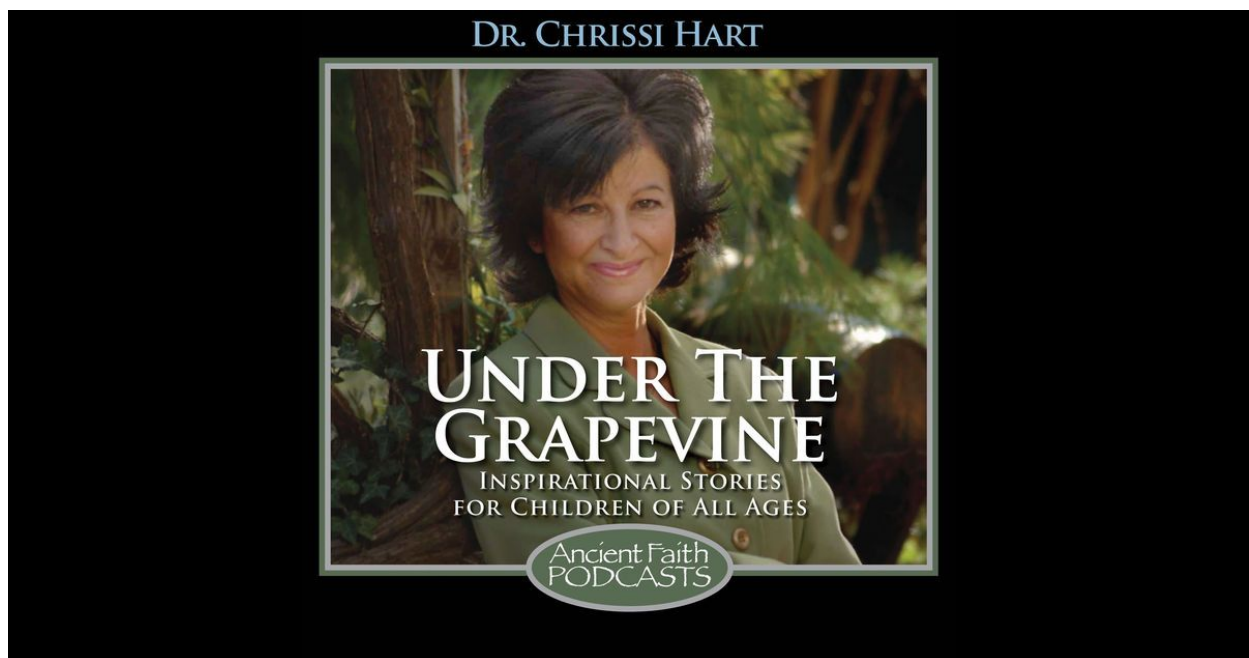
A wonderful new tool for Orthodox children! A Child's Guide to the Divine Liturgy is designed as an aid to help children negotiate their way through the Divine Liturgy and learn more about the Church and our faith. Small and easy to hold, with engaging illustrations, the guide is divided into six color-coded sections: Preparing for the Divine Liturgy The Divine Liturgy Salt and Light The 12 Feasts Words to Know Glossary This guide is written to appeal to children ages two to ten. The very young child will learn basic vocabulary and come to recognize the various milestones in the Divine Liturgy. For the older child, the guide includes several longer psalms, quotes, and prayers; the 12 feast icons and kontakia; plus an extensive glossary filled with terms and vocabulary often heard throughout the liturgical year. We wish you, and all the children of the Orthodox faith, continual growth toward Christ as we all seek to be lights to the world, and as we help each other toward the Kingdom of Heaven!

To purchase the book:

<https://www.amazon.com/Childs-Guide-Divine-Liturgy/dp/193627017X> or

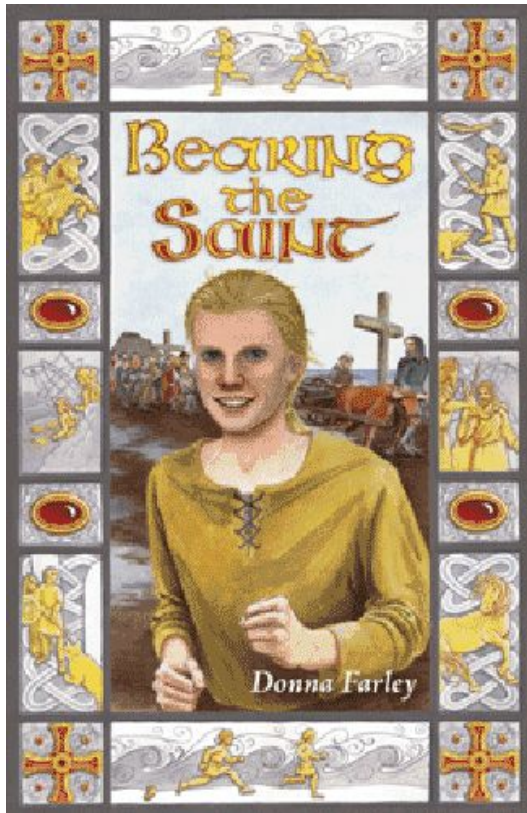
<http://store.ancientfaith.com/a-childs-guide-to-the-divine-liturgy/>

## Whatever is Worthy: Audio / Video Resources-



Under the Grapevine: -from the “Under the Grapevine” podcast. See links below to purchase this book and to listen to the audio version.

[Bearing the Saint](#) by Donna Farley



*Taken from the Amazon.com website:*

Edmund is just an ordinary fisherman's son from the island of Lindisfarne, whose one great talent and joy is running as a messenger for his bishop. But when Viking invaders threaten the holy island and its great treasure, the relics of St. Cuthbert, Edmund's life changes forever. Along with his whole village, he must accompany their beloved saint on a perilous pilgrimage that will carry him across England, through adventure, heartbreak, miraculous deliverance, and budding love, all the way to manhood. Bearing the Saint brings to life the late ninth century in Northumbria, a turbulent period of invasion and conquest that concluded with an uneasy peace between Saxon and Dane. This gripping story, infused with the holy breath of St. Cuthbert, will hold readers of all ages spellbound.

To listen to the first chapter:

[http://www.ancientfaith.com/podcasts/grapevine/bearing\\_the\\_saint\\_chapter\\_1](http://www.ancientfaith.com/podcasts/grapevine/bearing_the_saint_chapter_1)

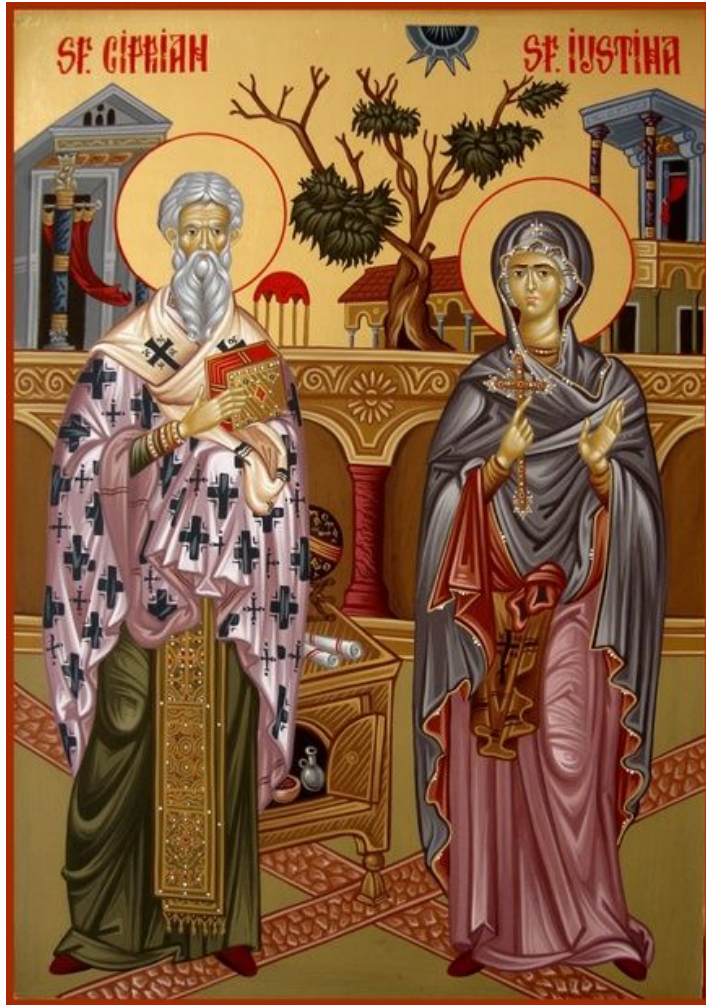
Subsequent chapters are also available on this site.

To purchase: <http://store.ancientfaith.com/bearing-the-saint/>

Of Good Report: Lights in the Darkness-

*October 2nd - Ss. Cyprian and Justina the Martyrs of Nicomedia*





To read the story:

<http://full-of-grace-and-truth.blogspot.com/2009/10/sts-cyprian-and-justina-martyrs-of.html>

Although these saints are commemorated on October 2nd, our parish typically holds a special gathering on October 31st. We sing the Akathist to St. Cyprian, then follow it with a hearty fall dinner, a treasure “pumpkin” hunt, and cupcakes to decorate.

*October 6th -St. Innocent of Alaska*





To read about this saint:

<https://oca.org/fs/st-innocent-of-alaska>

This link includes several resources

To watch:

[https://m.youtube.com/watch?v=TJf3K4\\_\\_6l8](https://m.youtube.com/watch?v=TJf3K4__6l8)

### *October 26th- St. Demetrios*



To read about this saint:

[http://stdemetrios.net/about-us/patron\\_saint](http://stdemetrios.net/about-us/patron_saint)

To listen to a story about this saint:

[http://www.ancientfaith.com/podcasts/grapevine/saint\\_deme](http://www.ancientfaith.com/podcasts/grapevine/saint_deme)

[trios1](#)

