



ROCHDALE SWIMMING CLUB NEWSLETTER

ESTABLISHED 1868
www.rochdaleswimmingclub.com

 Follow us on Facebook – Rochdale Swimming Club

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1st June 2019

COACHES REPORT

In May we had a Junior Gala against Ashton. Sophie Squirrell swam her first gala for the club while James Kerr and Daniel Godward posted county level times. James also swam a regional standard time in the 50 Free with Daniel just 0.03 seconds away and Jake 0.11 seconds away.

The following swimmers achieved badges in the last month:

50m - Ruby Hall & Emily Alden
Stage 5 - Emily Larter, Tilly McDermott, Luke Pollock, Bella Rush & Salahuddin Ibn-Quyyum

Jake Cooper raced on both Bank Holiday weekends. On the first he competed at Blackpool Rocks and won 100 Back silver. On the second, after qualifying, he raced the 50 Back at the Swim England Swim North West Summer Championships

GENERAL UPDATES

There will be no training on the following dates this month due to galas:

Tuesday 4th June
Friday 14th June
Friday 28th June

Summer closing dates

The swimming club will close for our summer break at Heywood on **Sunday 21st July** and will reopen at Rochdale on **Monday 2nd September**. Please note that the monthly payment is still due in August as the amount we charge is split over 12 months.

DATES FOR YOUR DIARY 2019

Please see overleaf for the Gala Schedule for 2019.

05/10/2019
In House Gala

07/10/2019
Club Championships (longer distance races)

16/11/2019
Presentation Disco

Club Updates

Please note the club has a Facebook page where you can get updates on activities / events taking place - details are at the top of the newsletter.

We also have an email address which is monitored periodically should you need to get in touch with us for any reason – details are at the top of the newsletter.

If you're not currently receiving this newsletter via email and would like to, please email rochdaleswimmingclub@outlook.com

CLUB OFFICIALS

President: Edith Ford

Secretary: Lisa Orange

Treasurer: Charlotte Kershaw

COMMITTEE

Karen Kerr - Samantha Holt – Mike Galloway – Stephanie Hughes – Graham Booy – Sam Chadwick – Beth Jones

Coach – Matthew Lees

2019 GALA SCHEDULE

DAY	DATE	OPPOSITION	HOME / AWAY	LOCATION	TIME	COACH DEPART TIME	TYPE OF GALA
Thurs	7 th March	Dukinfield Ramsbottom Stalybridge	Away	Denton Pool Victoria Street, Denton M34 3GU	Warm up – 19:45 Start – 20:00	18:30	Jubilee
Fri	5 th April	ORCA	Home		Warm up – 20:00 Start – 20:15		Junior League
Mon	29 th April	Saddleworth	Away	Saddleworth Leisure Centre Station Road, Uppermill OL3 6HQ	Warm up – 19:15 Start – 19:30	18:15	Junior League
Tues	7 th May	Radcliffe	Away	Castle Leisure Centre Bury BL9 0EZ	Warm up – 19:30 Start – 19:45	18:45	Intermediate
Fri	17 th May	Ashton-u-Lyne	Home		Warm up – 20:00 Start – 20:15		Junior League
Mon	20 th May	Bury & Elton Radcliffe	Away	Castle Leisure Centre Bury BL9 0EZ	Warm up – 19:30 Start – 19:45	18:45	Jubilee
Tues	4 th June	Howe Bridge Aces	Away	Howe Bridge Leisure Centre Eckersley Fold Lane Atherton M46 0QQ	Warm up – 19:45 Start – 20:00	18:30	Intermediate
Fri	14 th June	Bury & Elton	Home		Warm up – 20:00 Start – 20:15		Intermediate
Fri	28 th June	Stalybridge	Home		Warm up – 20:00 Start – 20:15		Junior League
Mon	1 st July	Chadderton Tyldesley Ashton-u-Lyne	Away	Chadderton Well-being Centre Burnley Street OL9 0JW	Warm up – 19:15 Start – 19:30	18:30	Jubilee
Fri	20 th Sept	Ramsbottom	Home		Warm up – 20:00 Start – 20:15		Intermediate
Mon	23 rd Sept	Tyldesley	Away	The Pelican Centre Castle Street, Mcr M29 8EG	Warm up – 19:45 Start – 20:00	18:30	Junior League
Fri	27 th Sept	Oldham Seals	Away	Oldham Leisure Centre Middleton Road OL9 6AF	Warm up – 19:45 Start – 20:00	19:00	Junior League
Fri	4 th Oct	Swinton	Home		Warm up – 20:00 Start – 20:15		Intermediate
Sat	5 th Oct	In House Gala	Home		Warm up – 17:30 Start – 17:45		In House
Mon	7 th Oct	Club Champs	Home		Warm up – 19:00 Start – 19:15		Club Champs
Fri	18 th Oct	TBC	Home		Warm up – 20:00 Start – 20:15		Jubilee