



Coach: John Von Klopp
Club: Academy
Role: Coach
Qualf: USSF Youth (United States)

Have A Ball (Dribbling)



Date: 15/Jan/2022

Measurement: 20 x 20

Time: N/A:N/A

Players: 12

Duration: N/A

Level: U5 - 18+

Objective: Adding pressure, adding comfort with the ball while trying any way possible to turn & get into empty spaces. All players should be most concerned with being able to see the playing area.

Description: 3 groups of soccer players. All players on two of the three teams have a ball. The game is by time. Each player on the team without a ball will try to get a ball. At the end of the time, players stop and it is noted which team has the most soccer balls. Simple rules.... If you don't have a ball, "Get One". (Change which team starts without the ball next)

Coaching Points: Look ahead of the ball. Figure out the touch on the ball. *Big space, big touch... *Small space, small touch. Can players check over their shoulder before turning? Hearing players (sometimes there are indications of pressure) Keep checking areas that are empty. Know where opponents are.

Progression: