

January 2019

	Mon 31	Tues 1	Wed 2	Thur 3	Fri 4th
Breakfast 8:00-8:45	Cinnamon Square Milk	Closed	Pancake Milk	Cereal Milk	Granola Bars Milk
Lunch 11:00-12:00	Hot Dog Bun Tator Tots Peaches	Closed ----- Happy New Year	Chicken Nuggets Sweet Potato Fries Bread Blueberries	BBQ Meat Balls Bread Au gartin Potatoes Apple Crisp	Chicken Noodle Soup Crackers Green Beans Assorted Fruit
P.M. Snack 2:45-3:30	Pretzels Milk	Closed	Iced Animal Crackers Milk	Rice Cakes Juice	Goldfish Milk
	Mon 7	Tues 8	Wed 9	Thur 10	Fri 11
Breakfast 8:00-8:45	Cereal Milk	Nutri Grain Bars Milk	Waffle Milk	Rice Cake Wow butter Milk	Pop Tarts Milk
Lunch 11:00-12:00	Chicken Broccoli Bake Roll Fruit Cocktail	Sausage Pancake Hashbrown Strawberries	Cheeseburger California Blend Pears	Tator Tot Casserole w/ hamburger Bread Green Beans Applesauce	Fish Sticks Mac & Cheese Peas Assorted Fruit
P.M. Snack 2:45-3:30	Graham Crackers Juice	Vanilla Wafers Milk	Cold Meat Crackers water	Animal Crackers Milk	Tortilla Chips/Crackers Salsa
	Mon 14	Tues 15	Wed 16	Thurs 17	Fri 18
Breakfast 8:00-8:45	Jelly Bread Milk	Cereal Milk	French Toast stick Milk	Yogurt w/ Fruit Juice	Cereal Milk
Lunch 11:00-12:00	Sausage links Roll French Fries Fruit Medley	Beef & Noodles Broccoli & Cheese Fruit & Yogurt	Chicken Patty Bun Baked Beans Apples	Tuna Noodle Casserole Green Beans Peaches	Ham Slice Biscuit Carrots Blueberries
P.M. Snack 2:45-3:30	Wheat Thins Juice	Granola Bars Milk	Cereal Mix Milk	Assorted Veggies Ranch Juice	Cheese its Milk
	Mon 21	Tues 22	Wed 23	Thurs 24	Fri 25
Breakfast 8:00-8:45	Nutra Grain Bar Milk	Bagel Milk	Cereal Milk	Biscut w/ butter Milk	Oranges milk
Lunch 11:00-12:00	Pizza Burger Bun Tator Tots Fruit -- Snow on the mountain	Fettuccine Chicken Alfredo Peas Oranges	Hot Dog Alphabet Veggie Soup Crackers Pears	Chicken Nuggets Butter Bread Corn Cherry Crisp & Fruit	Meat Balls Pasta Green Beans Applesauce
P.M. Snack 2:45-3:30	Popcorn/ puffcorn Juice	Snack Mix Milk	Cinnamon Square Milk	Muffin Milk	Cheese Slices w/ Crackers Water
	Mon 28	Tues 29	Wed 30	Thur 31	1-Feb
Breakfast 8:00-8:45	Cereal Milk	English Muffin Milk	Granola Bar Milk	Cinnamon roll Milk	Cereal Milk
Lunch 11:00-12:00	Chicken Broccoli Rice Bake Roll Oranges	Cheesy Eggs Bagels Cubed Potatoes Strawberries	Shredded Chicken Bun French Fries Peaches/ Peach Crisp	Pizza Casserole California Blend Fruited Jello	Sloppy Joes Bread Carrots Fruit cocktail w/ extra fruit
P.M. Snack 2:45-3:30	Chips/ crackers salsa Milk	Graham Crackers Milk	Yogurt with Fruit water	Goldfish Milk	Pretzels Juice

*All Juice is 100% Juice

* Snacks include 2 of the food groups

*Lunch includes at least 1 serving of each of the food groups

*Snacks are substituted if it's a choking hazard for Infant and Toddlers