

## **How did your agency celebrate National Public Health Week?**

### *Mid-Ohio Valley Health Department*

Along with the activities in each program; the Administrator at Mid-Ohio Valley Health Department, Dr. Drema Mace, challenged each staff member to make a healthy change in their life for that week.

At the end of the week write a paragraph or two about the experience of that healthy change and how it impacted them.

There will be a 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winner. The winners will get a gift certificate to their local Farmers Market. Winners are to be announced at our Regional Staff meeting.