



"Supporting local, we're all in it together"

Your Friendly Whole Foods Store

221 Locust Street • Redding CA 96001

530-244-9600

Store hours: 7 am - 9 pm every day

www.orchardnutrition.com

**Good From March 1, 2018
thru March 30, 2018.
While Supplies Last.
Limited to Stock on Hand.**



HEALTHY VALUES



Annie's Homegrown
Organic Sandwich
Cookies
Grabbits Chocolate Mint
8.06 OZ

Perfect with a glass of milk
and has a sweet minty twist.

\$3.79



Blk Beverages
Alkaline Fulvic Trace
Mineral Infused Water
16.9 FL OZ

\$1.79

BLK is a delicious beverage without any sugar, carbs
or calories.



Cafix
Instant Beverage Crystals
Caffeine Free
7 OZ

\$5.99

A natural and caffeine free coffee alternative
made without cholesterol or trans fat.



Glee Gum
Resealable Pack Of
Natural Gum
Peppermint
75 CT

\$2.79



Good Health
Olive Oil Kettle
Chips
Rosemary
5 OZ

\$1.99



Natural Sea
Chunk Light Tuna
No Salt Added
5 OZ

It is pale-pink, with flavor a bit
stronger than albacore.

\$2.99



Spring Tree
Organic Maple Syrup
Grade B
12.5 FL OZ

\$9.79



Spectrum Naturals
Organic Canola Oil
Refined
32 FL OZ

\$6.99



Suzie's
Filled Cookies
Cookie Butter
5.29 OZ

\$3.49



Perfect for dessert, quiche, pot pies.

Immaculate Baking
Pie Crust
All Natural
15 OZ

\$2.99



First all natural crescent rolls, light, flaky and delicious. Each canister bakes 8 rolls.

Immaculate Baking
Organic Rolls
Crescent
8 OZ

\$3.49



Delicious, buttery layers and make the perfect companion to any meal

Immaculate Baking
Organic Biscuits
Flaky
16 OZ

\$3.49



First all natural cinnamon rolls complete with delicious all natural vanilla icing.

Immaculate Baking
Organic Rolls
Cinnamon
17.5 OZ

\$4.49



Harmless Harvest
Organic Coconut Water
8.75 FL OZ

\$2.49

A refreshing and organic coconut water made from sustainable practices.



Harmless Harvest
Organic Coconut Water
100% Raw
16 FL OZ

\$3.99

A refreshing and organic coconut water made from sustainable practices.



Harmless Harvest
Organic Coconut
Water
32 FL OZ

\$8.49

A refreshing and organic coconut water made from sustainable practices.



Harmless Harvest
Coconut Probiotic Water
**Blueberry Acai, Mango,
Original, Strawberry.**
11 FL OZ

\$3.99



Cascadian Farm
Organic Frozen
Hash Brown
**Root Vegetable, Potato,
Spud Puppies**
12 OZ

\$2.99



Cascadian Farm
Organic Frozen Mirepoix
Diced Onions, Celery and
Carrots
10 OZ

\$2.49



Cascadian Farm
Organic Frozen Fruit
**Blueberries, Strawberries,
Blackberries, Harvest Berries,
Mango, Peaches, Raspberries.**
8 OZ

\$3.79



Cascadian Farm
Organic Frozen Potatoes
Fire Roasted Sweet
Potatoes
16 OZ

\$2.99



Amy's
Whole Meal
**Cheese, Black Bean,
Verde, Veggie Loaf LS.**
9 OZ

\$4.99



Tender chicken braised in a sweet
guajillo chile sauce, cheddar cheese,
roasted corn and an authentic tomato
salsa.

Evol Foods
Burrito
**Chicken, Bean & Rice,
Egg & Green Chile.**
6 OZ

\$2.29



Cascadian Farm
Organic Frozen Juice
Orange, Apple.
12 FL OZ

\$3.79



Cascadian Farm
Organic Frozen Vegetables
**Broccoli Florets, Mixed
Vegetables, Green Beans,
Sweet Corn.**
10 OZ

\$2.49



Seasoned and ready to sauté!

Gardein
Meat-Free Entrees
Lightly Seasoned Chick'n Scallopini, Crabless Cakes, Sweet & Sour Porkless Bites, Ultimate Beefless Ground.

10 OZ
\$4.29



Gluten free has never tasted so good.

Kinnikinnick
Gluten Free Dipped Donuts
Chocolate, Maple.

11.3 OZ
\$4.49



Michael Angelo's
Microwaveable Entrée
Lasagna With Meat Sauce, Chicken Parmesan.

10 OZ
\$4.49



Adds great flavor to top desserts, beverages and works great in recipes too!

So Delicious
Dairy Free Cocowhip!
Coconut Whipped Topping
9 OZ
\$2.99



Ginger People
Organic Juice
Ginger
5 FL OZ

\$3.49

Ginger juice is the perfect time-saving alternative to fresh or ground ginger.



Ginger People
Organic Spread
Ginger
8.5 OZ

\$2.49



Wyman's Of Maine
Frozen Fruit
Tropical Coconut Blend
3 LB

\$10.99



Woodstock
Organic Frozen Fruit
Dark Sweet Cherries
10 OZ

\$5.19

Dark sweet cherries that are organically grown are now available any time.



Ginger People
Ginger Chips
Crystallized
7 OZ

\$4.49

Spicy little chips of ginger that'll add sweet heat to your recipes.



Simple Mills
Organic Frosting
Chocolate, Vanilla.
10 OZ

\$4.49



Wholesome Sweeteners
Organic Agave
Blue
23.5 OZ

\$5.99

A mild delicious syrup that is ideal for sweetening beverages, waffles, yogurt and more.



Wholesome Sweeteners
Organic Frosting
**Chocolate, Vanilla,
Strawberry.**
12.5 OZ

\$4.49



Wholesome Sweeteners
Organic Agave
Raw Blue
11.75 OZ

\$4.49

A natural sweetener extracted from the heart of the Blue Agave plant. This sweetener has a full sweet flavor with subtle molasses tones.



Wholesome Sweeteners
Organic Sucanat
2 LB

\$5.49

Granulated cane juice. Lower sucrose level than conventional sugar. Instant solubility. Natural, rich, light molasses flavor. No additives or preservatives.



Choice Organic Teas
Organic Wellness Tea
**Easy Digest, Energy
Boost, Expecting Baby.**
16 BAG

\$3.49



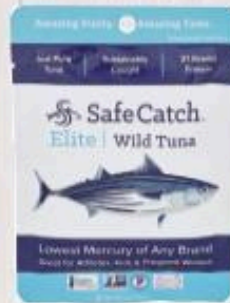
Choice Organic Teas
Organic Tea
Black, Oolong, Green.
80 BAG

\$4.49



R.W. Knudsen
Organic Juice
**Just Tart Cherry, Just Blueberry,
Just Cranberry, Just Pomegranate.**
32 FL OZ

\$6.99



Safe Catch
Elite Wild Tuna
Single Serve Pouch
3 OZ

\$2.49



Westbrae Natural
Organic Beans
**Black, Chili, Garbanzo, Lentils,
Pinto, Red, Salad.**
15 OZ

\$1.79



Seapoint Farms
Organic **Spaghetti, Fettuccine**
Edamame
7.05 OZ

\$2.99



Food Merchants
Organic Polenta
**Basil Garlic, Sun Dried
Tomato, Traditional.**
18 OZ

\$2.79



Zevia
Zero Calorie Mixer
**Ginger Beer, Dry Lemon
Lime.**
6/7.5 FL OZ

\$3.99



Modern Products
Spike Seasoning
The Original
14 OZ

\$7.99



Green Mountain Gringo
Salsa
**Hot, Medium, Mild, Roasted
Chile, Roasted Garlic.**
16 OZ

\$4.49



Boulder Canyon Natural Foods
Potato Chips
Hickory BBQ, Parmesan Garlic.
5 OZ

\$1.99



Crunchmaster
Multi-Grain Crackers
Sea Salt, White Cheddar.
Multi-Seed Crackers
Roasted Garlic, Rosemary & Olive Oil.
4.5 OZ

\$2.99



Food Should Taste Good
Tortilla Chips
Multigrain, Olive, Sweet Potato.
5.5 OZ

\$2.49



Justin's Nut Butter
Organic Mini Peanut Butter Cups
Dark Chocolate, Milk Chocolate.
4.7 OZ

\$4.99



Lundberg Family Farms
Organic Grounded Chips
White Cheddar, Cinnamon Sugar, French Onion, Pink Himalayan Salt.
5.5 OZ

\$2.79



Midel
Cookies
Ginger, Lemon Snaps.
8 OZ

\$3.49



Wholesome!
Organic Candy
Delishfish
2 OZ

\$1.49



Ocho Candy
Organic Mini Bars
Caramel, Coconut, Peppermint.
3.52 OZ

\$3.49



Eco-Dent
Gentle
Floss
Mint
100 YD

\$3.99

Made with a proven blend of 14 essential oils for effective oral care.



Fuchs
Jr Natural
Toothbrush
Medium
CT

\$2.99

Natural bristle brushes are especially useful for people who require soft-bristled brushes to avoid damaging tooth enamel or sensitive gums.



Fuchs
Record V
Toothbrush
Soft
CT

\$2.49

Specifically designed to clean between teeth better than flat bristle brushes.



Jason Natural Products
Conditioner, Shampoo.
Thin to
Thickening
8 FL OZ

\$7.99



Jason Natural Products
Conditioner, Shampoo.
Smoothing
Sea Kelp
16 FL OZ

\$6.99



Grandpa Soap
Thylox
Soap
Acne
Treatment
3.25 OZ

Softens acne blemishes, helps dissolve and remove blackheads and washes away excess oils.

\$4.99



Grandpa Soap
Wonder Pine Tar, Charcoal, Witch Hazel
Soap
3.25 OZ

\$3.49



Kiss My Face
Active Life
Deodorant
Fragrance Free, Lavender.
2.48 OZ

\$3.99



Kiss My Face
Deodorant
Liquid
Rock
Fragrance-Free, Patchouli.
3 OZ

\$3.99



Naturtint
Permanent
Hair
Color
All Colors.
5.28 FL OZ

\$11.49



Since 1982

"Supporting local, we're all in it together"

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, CURE OR TREAT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.

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