

# AFCCA Weekly Infant Menu

Name of Infant: \_\_\_\_\_ Age: \_\_\_\_\_ Months Name of Formula: \_\_\_\_\_

0-6 Months	6-12 Months	<b>Meal</b>	Mon. _____	Tue. _____	Wed. _____	Thur. _____	Fri. _____	Sat. _____	Sun. _____
		(B) Breakfast							
None	0-2 Tbs	Fruit and/or Vegetable							
None	0-4 Tbs	Meat/Protein and/or Infant Cereal							
4-6 ounces	6-8 ounces	Formula or Breastmilk							
		(A) AM Snack							
4-6 ounces	0-2 Tbs	Fruit and/or Vegetable							
None	1/2 Slice 0-2 cr 0-4 Tbs	Bread/Cracker/Ready to Eat Cereal/or Infant Cereal							
None	2-4 ounces	Formula or Breastmilk							
		(L) Lunch							
None	0-2 Tbs	Fruit and/or Vegetable							
None	0-4 Tbs	Meat/Protein and/or Infant Cereal							
4-6 ounces	6-8 ounces	Formula or Breastmilk							
		(P) PM Snack							
4-6 ounces	0-2 Tbs	Fruit and/or Vegetable							
None	1/2 Slice 0-2 cr 0-4 Tbs	Bread/Cracker/Ready to Eat Cereal/or Infant Cereal							
None	2-4 ounces	Formula or Breastmilk							
		(D) Dinner							
None	0-2 Tbs	Fruit and/or Vegetable							
None	0-4 Tbs	Meat/Protein and/or Infant Cereal							
4-6 ounces	6-8 ounces	Formula or Breastmilk							
		(E) Evening Snack							
4-6 ounces	0-2 Tbs	Fruit and/or Vegetable							
None	1/2 Slice 0-2 cr 0-4 Tbs	Bread/Cracker/Ready to Eat Cereal/or Infant Cereal							
None	2-4 ounces	Formula or Breastmilk							

I certify that this is a true and accurate record of food service to enrolled children in my family child care home

Provider Signature \_\_\_\_\_ Date \_\_\_\_\_

Reviewed By: \_\_\_\_\_