

## *Celebrating Twenty Years: Service of Remembrance*

Each year when the holiday season arrives we revel in the camaraderie, the mirth, the joy of celebrating with our families and friends. This is a good thing.

Many people, however, experience this time of year reflecting and being reminded that in our lives and throughout our lives there will be loss. It can be especially difficult around the holidays if one has experienced a family member's death within the past several months.

Because we know this to be true every December Douglas County Health Center holds a Service of Remembrance for the family members of residents who have passed away during the year.

The health center is home to nearly 254 long-term care residents and this means that throughout the year everyone at DCHC touches many lives. Families become friends, caregivers become confidants. For our foundation it is a privilege to be able to support and sponsor the Service of Remembrance that helps those families move through their grieving process. The service not only gives families a chance to acknowledge their sorrow but also gives them a reason to celebrate the loved one they knew.

We so appreciate hearing feedback such as the comments received following this year's service: I was so impressed with the beautiful memorial service today. It was very touching and heartfelt.

Kind words like these help remind our foundation that whether residents are with us for only a mere few days or for over many years all of their lives matter.

We wish you and your family the very best this holiday season!