



**PARISH OF OUR MOTHER OF PERPETUAL HELP**  
 Redemptorist Community  
 Rev Fr Joseph Stephen, C.Ss.R. (Parish Priest)  
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**ANNOUNCEMENTS:**

**PARISH PASTORAL COUNCIL MEETING**

All Parish councilors are reminded that there is a meeting on Sunday, **31 January, 2016 at 7.30 pm** in St.Mark's room. This will be our 1<sup>st</sup> meeting of the year.

**CLOSING YEAR OF CONSECRATED LIFE**

Rev.Bishop Sebastian Francis will officiate the Closing Year of Consecrated Life with a Eucharistic celebration on (date) **Tuesday, 2 February, 2016.** (time) 6.00 pm (venue) Church of Our Mother of Perpetual Help, Ipoh. After mass, all are welcome to a fellowship.  
*There will be no 6.30am Mass.*

**Blessing of Candles:-**

For the commemoration of the Feast of the Presentation of the Lord, there will be Blessing of Candles which will be used in the homes for prayers. Please bring your candles for blessing.

**ASH WEDNESDAY** (Day of Fast & Abstinence)  
**Wednesday, 10 February, 2016.**  
 (E) Mass at 6.30 am & 8 pm in church.  
 (T) Mass at 8.00 pm in the parish hall.

**CHINESE NEW YEAR SCHEDULE**

Chinese New Year Mass (1<sup>st</sup> Day) will be organized by the Chinese community and will be celebrated on **Monday, 8 February, 2016 @ 10 am** in mandarin. Mass in English will be @ 8 am on Mon. 8 & Tues. 9, January, 2016.

**APPEAL FOR MANDARIN ORANGES**

The parish is appealing to parishioners who are generous and willing to donate a box or more of the mandarin oranges for the Chinese New Year celebration. Please send in latest by Friday, 5 February, 2016.

**COLLECTION OF OLD PALM LEAVES**

You may bring your old palm leaves from last year's Palm Sunday and leave it in the box provided at the church entrance. It will be burnt and the ashes will be distributed on Ash Wednesday 10 February, 2016. Please bring in by 3 February, 2016.

**STATIONS OF THE CROSS –**

(E) Friday, 12 February, 2016 @ 7.30 pm followed by Mass.

**RITE OF PRESENTATION OF THE LORD'S PRAYER & THE NICENE CREED** (1<sup>st</sup> Sun. of Lent)

The catechumens will be celebrating "The Rite of Presentation of the Lord's Prayer & the Nicene Creed" on Saturday. 13 February, 2016 during the 7.00 pm Mass. They will be officially presented with the Nicene Creed and the Lord's Prayer.

**LETTER FROM YOUR PARISH PRIEST**

Dear Parishioners and Friends

This year the parish celebrates 150 years of the Icon of Our Mother of Perpetual Help. On this special occasion, the Nuncio Joseph Salvador Marino will be present for our Feast day mass on 18 of June, 2016. We are expecting about 3000 Pilgrims for the feast day. As always we want to share a meal with all the Pilgrims from far and near on this special day. We are hoping that Parishioners and Friends would be able to help to defray the cost of the meal which cost RM5.50 per person. I invite you dear parishioners to contribute in whatever way possible to help cover the cost. Donation in cheque can be make payable to "PARISH OF OUR MOTHER OF PERPETUAL HELP" Thank you for your continuous support in all the parish events. God bless you and may Our Mother of Perpetual Help continues to intercede your prayers.

*"Make Her Known"*

**YOUTH FORMATION**

Our 1<sup>st</sup> Youth session will be on **Sunday, 31 January, 2016** from 2.00 pm to 5.00 pm in the parish hall. About 37 Youths through their parental support have signed up for this program. *Calling all Youths who have not sign up please feel free to come.* Be part of our youth. The presenter, Mr. Alvin Fernandez from St.John's Cathedral, Kuala Lumpur and his team will lead in this session. *Youth! You are going to enjoy it.* *Block that time in your Diary, Calendar, Iphone, Tab!*

*(Parish priest)*

**MARRIAGE:** Please contact the Parish Priest at least **SIX MONTHS** in advance.

**WEDDING BANNIS:** (2<sup>nd</sup> Publication)

\* *Lourdes Gregory a/l Savarimuthu & Rangeini a/p Karana.*

**BAPTISM:** Please contact the Parish Priest at least **ONE MONTH** in advance.

**PARISH ACTIVITIES & MEETINGS:**

(January/February, 2016)

- \* 31/1/2016 - 11.30 am - RCIA (T) (Mt.Rm. & Senali Rm.)
- - No RCIA (E)
- 2.00 pm - Youth Formation (Parish Hall)
- 7.30 pm - Parish Pastoral Council (St.Mark's Rm.)
- \* 2/2/2016 - 8.15 pm - Legion of Mary (St.Matthew Rm.)
- \* 3/2/2016 - 8.00 pm - Chinese group (ven Francis Xavier Rm.)
- \* 3/2/2016 - 8.00 pm - Chinese group (ven Francis Xavier Rm.)
- \* 7/2/2016 - 11.30 am - Tamil Liturgical committee (St.Paul's Rm.)
- 11.30 am - RCIA (T) (Mt.Rm. & Senali Rm.)
- \* 11/2/2016 - 8.15 pm - Legion of Mary (St.Matthew Rm.)
- \* 12/2/2016 - 8.00 pm - RCIA (C) (Wallace Rm.)
- \* 14/2/2016 - 11.30 am - RCIA (T) (Mt.Rm. & Senali Rm.)
- 11.30 am - Tamil Apostolate (St.Paul's Rm.)
- 3.00 pm - RCIA (E) (St.Mark's Rm.)
- \* 16/2/2016 - 8.15 pm - Legion of Mary (St.Matthew Rm.)
- \* 17/2/2016 - 8.00 pm - Chinese group (ven Francis Xavier Rm.)
- \* 19/2/2016 - 8.00 pm - RCIA (C) (Wallace Rm.)
- 8.00 pm - PHDC (St.Mark's Rm.)
- \* 20/2/2016 - 10.00am - Packing of rations (Wallace hse.)
- \* 21/2/2016 - 10.00am - Distribution of rations (Wallace hse.)
- 11.30 am - RCIA (T) (Mt.Rm. & Senali Rm.)
- 2.00 pm - PHDC tuition (3<sup>rd</sup> floor)

**BIBLE REFLECTION & HOME-GATHERING:**

- \* 19/2/2016 - 8.00 pm - BEC St.Francis De Sales; Home of S.Benedict & Helen.

**COFFEE MORNINGS 2016:**

(All breakfast will go on till 11.30 a.m.)

- 31/1/2016 - BEC St.Augustine. 7/2/2016 - BEC St.Alphonso (Robin)
- 14/2/2016 - BEC St.John the Apostles (Silin)
- 21/2/2016 - Faith Educators 28/2/2016 - BEC St.Michael (Cecylee)
- 13/3/2016 - Form 1 (Sun. Sch.)

**ETERNAL HAPPINESS TO:**

- + Camilo Gomes departed on 22 January, 2016.
- + Angela Tan Ah Mooi @ Tan Yoke Hwa departed on 23 January, 2016.

**LENTE SACRIFICE** to help the poor as part of our Lenten penance and spiritual growth, we are called to share. Baskets will be placed on the side of the sanctuary throughout the season of Lent to appeal for non-perishable food like rice, sugar, cooking oil, sardines, milk power, noodles, packets of biscuits, milo,e4tc...

**33 Days TO MORNING GLORY RETREAT.....**

This Retreat (5 weeks) starting on **Thursday, 25 February, 2016** at 8.00 pm in the Parish Hall. It will conclude with the Consecration to Our Mother Mary. Those interested may register at the OMPH Parish office together with a donation of RM32/- for book materials.

**RITE OF ELECTION -**

The Rite of Election will be celebrated on 2<sup>nd</sup> Sunday of Lent on **Saturday, 20 February, 2016** @ Church of St.Anne, Bukit Mertajam with Rt. Rev. Bishop Sebastian Francis.

**LOURDES BATH**

Church of Our Lady of Lourdes, Silibin, Ipoh is organizing Lourdes bath as part of the spiritual journey which leads to the feast day.

Schedule for the bath will be:-  
Sunday, 7/2 from 11 am to 1 pm  
At other times please contact the OLOL Parish office (05 5279349)

**NOVENA PRAYERS TO ST.PEREGRINE**

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited. For enquiries, call: 019-5769166/ 012-5833904.

**CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets  
\* EVERY FRIDAY ( 6 PM TO 7 P.M.)  
\* EVERY SATURDAY AT 11.00 A.M. - 12 NOON in the Meditation room.

**OMPH CATHOLIC CHARISMATIC RENEWAL**

Come join us in our Praise and Worship every Wednesday at 8.00 pm in church.

**TAMIL MARRIAGE PREPARATION WEEKEND - 2016**

Stella Maris, Penang	Feb 26,27,28	Closing date: 1/2/2016
Domus St.Anne, Bukit Mertajam	27, 28,29 May	1/5/2016

**ENGLISH EVENING FOR THE ENGAGED 2016-**

Couples planning to get married in the year 2016, please take note of the EE Weekends which will be held in Penang Stella Maris. You are requested to register six (6) weeks before the weekend dates.

22-24 January, 2016
8-10 April, 2016
24-26 June, 2016

Please see your Parish Priest for registration.

