



CAPNOTES

A Publication of The Wisconsin Association of Licensed Practical Nurses

President's Message

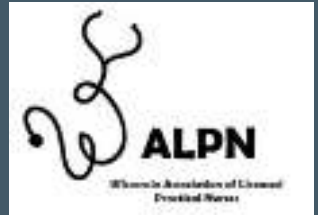
BY JOANN SHAW, WALPN PRESIDENT

The Wisconsin Association of Licensed Practical Nurses, wishes to thank everyone who attended the 70th Annual WALPN at the Wintergreen/Clarion Hotel in Wisconsin Dells. Our attendees, were enlightened by Joey Pettis RN, DON-CLTC, WCC, DWC. She educated us on the LPN scope of Practice, and Delegation. BIG take away was that no one except YOU work under your license. Also, in her presentation was Cutting Edge Updates on Pressure mapping, and Dementia Care. Next was Jill Meyer-Lippert RHD (founder of Side Effect Support). She not only brought a gift bags of oral care items for each of the attendees, she made it very easy for us to understand the importance of oral care. Our last speaker was Abby Waters COTA, LPN, CPD, CPEQ, CPDF who talked on "Who Takes Care of The Nurse"? We were given several tools to help us cope in the world we live in today. On behalf of the WALPN Board of Directors, I thank our speakers for the excellent topics, and presentations.

NALPN/WALPN received 3 donations of 1 year membership, and 1 Student Membership to NALPN/WALPN from JoAnn Shaw LPN, and Marcie Nytes LPN (current members). We welcome our 4 new members: LouAnn Kocher LPN, Michelle Klotz LPN, Kay Heus LPN, and Allison Luckow Student LPN. Congratulations on receiving this gift of membership to YOUR professional organization.

WALPN will be working on our 2023 Conference, and will have more information in the October 2022 issue of Capnotes.

Respectfully submitted,
JoAnn Shaw WALPN President
1-920-901-0988 czekala2118@gmail.com



WALPN CAPNOTES June 2022 Issue

President's Message	PAGE 01
Calendar of Events	PAGE 02
Educational Corner	PAGE 03
State News	PAGE 04
State Convention Recap	PAGE 05
Legislative Corner	PAGE 07
National News	PAGE 09

Calendar of Events

- July 15, 2022 Deadline for articles submitted for the NALPN Newsletter
“THE PULSE”, submit to kalistaconsultingllc@gmail.com
(Be sure to put “THE PULSE July 2022” in subject line)
- July 31, 2022 “THE PULSE” emailed to NALPN members ONLY
- Sept. 2022 WALPN Board of Directors in person meeting (will be Determined @ a later date)
- Oct. 15, 2022 Deadline for articles submitted for the WALPN newsletter “CAPNOTES”, submit to kalistaconsultingllc@gmail.com (Be sure to put “CAPNOTES Oct. 2022” in subject line)
- Oct. 15, 2022 Deadline to submit articles for the NALPN newsletter “THE PULSE” submit to kalistaconsultingllc@gmail.com (Be sure to put “THE PULSE” Oct. 2022)
- Oct. 16-19, 2022 NALPN Annual Conference.
“LPNs/LVNs EMPOWERED TO SUCCEED” @Hotel Effie Sandestin in Miramar, Florida. NALPN website nalpn.org to have information no later than June 30 th , 2022
- Oct. 31, 2022 “CAPNOTES:” emailed to WALPN members only
- Oct. 31, 2022 “THE PULSE” emailed to NALPN members only

WALPN Board of Directors

President: JoAnn Shaw
4510 Andrea Ct. Manitowoc, WI.
54220
920-901-0988
czekala2118@gmail.com

Vice President: Marcie Nytes
121 Pain St. APT#2 Keil, WI. 53042
920-627-5436
marciespencer@gmail.com

Secretary: Sue Gillett
2443 Hayden Ave. Altoona, WI.
54720 715-215-0910
gillettone@aol.com

Treasurer: Carolyn Kaiser
2964 35 th Ave. Elk Mound, WI
54739
715-874-5156

Director: Bonnie Schindler
508 Macomber St. Chippewa
Falls, WI. 54729
715-723-9089
gene.schindler@yahoo.com

Director: Debra Blahnik
9114 Reifs Mills Rd. Whitelaw, WI
54247
920-901-9877
dblanikLPN@outlook.com

Capnotes Educational Corner



WAUKESHA COUNTY TECHNICAL COLLEGE

Strategic Communications and Disengagement Strategies for Healthcare

DATE:

Saturday, September 17, 2022

TIME:

8:00 a.m. – 4:30 p.m.

COST:

\$33.19

(\$4.50 if over 62 years old)

Bring check or money order payable to WCTC. No credit cards or cash accepted.

LOCATION:

WCTC
800 Main Street
Pewaukee WI 53072

CONTACT:

Tom Vento
(262) 691-5075
TVento@wctc.edu

REGISTER ONLINE:

www.wctc.edu/cjtraining

Select:
Community Classes



Follow us @JusticeWCTC

Strategic Communications and Disengagement Strategies for Healthcare:

This course is designed for individuals in healthcare or who are entering the healthcare profession and involved with direct patient care. This course is broken down into two phases:

- Phase 1 – This phase will include recognizing violence in healthcare and how to use de-escalation strategies to lessen the likelihood of becoming a victim of that violence.
- Phase 2 – This phase will teach disengagement strategies from common physical attacks common to healthcare.

(Class size limited to 24, due to physical nature of this phase)

At the completion of this course participants will be able to:

- Understand the dangers in a healthcare environment.
- Recognize early warning signs a situation is escalating.
- Identify strategies to verbally de-escalate situations.
- Identify strategies to keep yourself safe when verbal de-escalation is not working.
- Demonstrate personal protection and disengagement strategies to be used when confronted with an individual who is attempting to harm you.

What to bring:

- Note taking materials
- Wear comfortable clothing
- Athletic shoes



State News

WALPN continues to give back to our communities, by collecting toiletries, or sample bottles of Shampoo, soap, toothpaste etc. June Bahr, longtime WALPN member has been gracious to collect these items at each Conference, then distributes them to Homeless Shelters, Domestic Violence shelters, and area high schools. Yes, some children going to school, are not fortunate enough to be able to shower, so the high schools put these products out for kids to use at their school.



WALPN Thanks you in advance for any contribution you can make to our collection.



WALPN Committees

- Conference/Education: **JoAnn Shaw, Marcie Nytes, Debra Blahnik, Bonnie Schindler
 - Finance/Fundraising: **Carolyn Kaiser, Karen Kofka, Rite Dietsche
 - Membership/Publicity: **Bonnie Schindler, Sue Gillette
 - Legislation/Bylaws: ** Marcie Nytes, Carolyn Kaiser, Bonnie Schindler
- ** denotes chairperson

WALPN requests that if you make a change in your address, phone number or email that you send this change of information to the NALPN office @ nalpnoffice@gmail.com. We want to be able to always send you the latest newsletters for WALPN and NALPN, and current updates.



Credit: words for Great Starts



State Convention Recap



Joey Pettis RN, DON, CLTC, WCC, DWC presenting on LPN Scope of Practice/Delegation, and Cutting edge updates on pressure mapping.



Jill Meyer-Lippert RHD (Founder of Side Effects Support) presenting on Cancer Treatment , and oral care.



Abby Waters COTA, LPN, CPD, CPEQ, CPDF presenting on Who takes care of the nurse



WALPN President JoAnn Shaw LPN



State Convention Recap

Member Highlights



Vendor Highlights: Vendors from Prevea and Herzing University





Legislative Corner

On May 11, 2022 I flew to Washington DC, our Nation's Capital to defend my profession that I am passionate about, Nursing. We are experiencing a nursing crisis in our country and nurses came from every state in the union to participate in the May 12th, 2022 National Nurses March. Blocks and blocks of nurses of every kind with signs, t-shirts, chants and one mission is hard to miss, we marched down Pennsylvania Avenue with a police escort. The march started at the White House to the Nation's Capital and then on to Audi Field. Our mission is to raise awareness, to be heard, and to educate the public. Our healthcare system which rides on the backs of nurses has delivered a brutal one, two punch; first a nation-wide nursing shortage, second a pandemic which brought many healthcare facilities to their knees. Emergency Departments, as well as other units in hospitals, clinics, long-term care facilities, and doctor's offices all over the country are understaffed and all staff is suffering burnout. Study after study confirms understaffing creates burnout and leads to mistakes and even patient death. Violence against healthcare workers is increasing. The American Nurses Association reports 1 out of every 4 nurses has been physically assaulted and 67.8% have been verbally assaulted.

As a long-term care facility nurse at different LTC facilities in Wisconsin over the past 4 ½ years, I have been hit, punched, bit, cussed out, told I was stupid and spit on (not all of these patients were altered or mentally ill). Sadly, I shrugged much of the abuse off as "part of the territory".

None of this is new, but increases are scaring new nurses out of the profession, along with unsafe patient to nurse ratios, mandatory overtime and pay freezes. New nurses leave the profession at a rate of 37% in the first two years.

The National Nurses March was a grassroots once in a lifetime experience to demonstrate safe staffing ratios for all, safe care for patients and safe work environments for all and no pay caps for nurses. There were 15 thousand nurses in attendance at the National Nurse March. Even the Secret Service reported that they were quite taken aback on the turnout for this march. I had a great time meeting other nurses from all over the country and enjoyed speaking and rallying with other nurses.

One bill, H.R. 1195 , the Workplace Violence Prevention for Health Care and Social Service Workers Act that was passed by the House of Representatives in March 2021. It sat in the Senate until May 12th, 2022 when it was finally introduced on the Senate floor. If this bill is passed in the Senate and makes its way to the President's desk to be signed into law this will be a victory for all nurses in the United States. The other bill S. 1567 Nurse Staffing Standards for Patient Safety and Quality Act of 2021 is to establish direct care nurse-to-patient ratio requirements was introduced in the Senate and has been referred to the Committee on Health, Education, Labor and Pensions. Please contact your congressmen and women to push for safer workplace standards for all nurses and patients. I myself have written

Legislative Corner Continued:

letters to my congressman regarding these bills and the effect they could have on our nursing workforce.

Please continue the effort to make nursing the great profession that I know it is.

Marcie Nytes, LPN
WALPN Vice President





National News

The NALPN Annual Conference Oct. 16 th -19 th , update. The site has been changed to do unforeseen issues at the Hotel. The Conference site has been changed to Hotel Effie Sandestin, in Miramar, Florida. If you have already registered for the Conference in South Carolina, your registration automatically changes to Miramar, Florida. If you signed up for the Legends in Concert, you will be refunded. The NALPN President Deborah Schultz will be sending an email to you informing you of the change. If you do not want to go the Florida site for the NALPN Conference, you will also be refunded. We apologies for any unconvinced this has caused, however NALPN wants you to have the best accommodations for this event. The agenda has not changed for the educational speakers. Both President Deborah Schultz, and Director Sandra Culpepper visited this Hotel Effie, and found that this is an awesome place to have our conference, and vacation.

Offices up for NALPN Board of Directors are: Vice President, Secretary, 2 Directors, and nominating Committee. If you are interested in any of these positions, please submit a nomination form found on the NALPN website, nalpn.org. If you need a copy of the NALPN Bylaws to look at the officers' duties, please email me at czekala2118@gmail.com, and I will send them to you.

Sincerely,
JoAnn Shaw NALPN Vice President
1-920-901-0988 email czekala2118@gmail.com

Please take notice of the contact information for the NALPN office:
NEW changes at the NALPN office, contact changes are:
Address: NALPN P.O. Box 1895
Manitowoc, WI. 54221
Phone: 1-920-663-8450
Email: nalpnoffice@gmail.com contact
Persons: Luke or Jenn Kalista
Website: www.nalpn.org
Facebook: The National Association of Licensed Practical Nurses, INC.

