



Facilitator Reflection Sheet before the *On the Journey Retreat*

Side 1 of 2

Thank you for accepting the grace to facilitate this retreat. Feedback is important for your continued growth and for that of WITHIN MINISTRIES, and we ask for yours. This page is for your preparation before the retreat. Side 2 is to record your feedback after. Send **along with the completed Participant Feedback Forms** to the address at the bottom of this page. Responses are confidential and used to improve content, process and themes to meet current needs.

We appreciate feedback from each team member individually. Plan a team meeting for the week following the retreat to debrief, review participant feedback, and share your completed forms with each other. It is the best way to continue your development as an individual facilitator and as a leadership team.

It is essential that you take time to reflect on your skills as a facilitator. Complete this page before or at your planning meeting. Select three areas you want to focus on, such as:

For a **beginner** it may be:

1. Create a prayerful, reflective environment inside myself and in the room.
2. Stay on the time schedule.
3. Present the material clearly.

For the person **more experienced** giving retreats it may be:

1. Focus on one aspect of the retreat (e.g. the prayer rituals, flow of content).
2. Stay on topic.
3. Create a positive theology of God's unconditional love and presence in our lives.

The three areas I want to focus on are:

1. _____
2. _____
3. _____



After the retreat, reflect on how God's grace was present in the experience of facilitating the retreat.

Please send the completed Participant Feedback Forms and both sides of this form to:

WITHIN MINISTRIES
6376 Homestead Lane South
Cottage Grove, MN 55016



Facilitator Feedback Form after the *On the Journey Retreat*

Side 2 of 2

Name _____ Date of Retreat _____

Host Community (name, city, state) _____

of Participants _____ # of Facilitators _____ # of Communities Participating _____

Home Address _____

City _____ State _____ Zip _____ Home Phone (_____) _____

Retreat: *Choice-making* *Emptying Your Cup* *Listening* *Transitions*

What was your role: Presenter Guardian Angel Prayer Leader

1. What were the high points in the retreat for you?

2. Were you able to present your part of the material clearly? Yes No

3. Were you able to create an environment of hospitality and a sacred prayer space for the retreat? Yes No

4. I wish to receive the WITHIN MINISTRIES e-newsletter Yes No Already do

E-mail Address: (if not provided above) _____

5. Did you sense that the women at this retreat were moved toward a closer relationship with God?

6. What did you learn about your ability to create a sacred space for persons to grow spiritually?

7. How could the content in the *Participant's Journal* be improved? (please be specific)

8. How could the process in the *Facilitator's Guide* be improved? (please be specific)

9. What would you do differently next time?

10. What themes are you interested in for future gatherings?