

Vomiting Cat - Home treatment of gastritis in cats

1. Rest the digestive tract
Allow no food or water until your cat has gone at least six hours without vomiting. The digestive tract needs complete rest. *If there is persistent vomiting, signs of distress or severe depression, seek IMMEDIATE veterinary attention.*
2. Offer small amounts of water
Begin with very small amounts of water at frequent intervals. Don't rush things-if there is more vomiting, you'll have to go back to stage 1. Do not be discouraged. The stomach often needs complete rest for twelve hours or more. Offer water every fifteen minutes or so, giving one teaspoonful at a time. Over a period of a few hours, gradually increase the amounts offered, until your cat's thirst is satisfied. If you wish, offer clear liquids such as low sodium chicken broth. After at least six hours, when your cat's thirst has been satisfied, you may begin giving small amounts of food.
3. Offer small amounts of food
Begin offering small amounts of bland, easy to digest food: (See bland diet for cats below).
Give about one half teaspoonful at a time every 2-4 hours. Over a period of twenty four hours, gradually increase the amounts being fed until your cat's hunger is satisfied. Do not rush things.
4. Slowly return to normal
The following day, begin mixing the bland diet 3 part and 1 part of your cat's regular food. Instead of one or two big feedings, divide the normal amount into 3 - 4 smaller feedings. Gradually increase the amount of the regular food while decreasing the bland diet over several days.
5. Medications to help control vomiting used in cats for home treatment are famotidine (Pepcid AC) the 10 mg tablets, ONLY 1/8th to 1/4th tablet 1 - 2 times daily or ranitidine (Xantac Rx) 75mg tablets 1/4th tablet administered 1 -2 x daily for 3 - 4 days
6. If vomiting returns or persists, the cat should be seen immediately to check for possible cause such as foreign body obstruction

Bland diet for vomiting cats

Mix one half cup of cooked white rice with one fourth cup of cooked chicken breast (no grease, no skin). Blenderize or mash with warm water or chicken broth to a baby food consistency. Feed 3 - 4 small meals a day. Boiled or baked potato may be substituted for the rice. Chicken baby food and rice cereal may work better for young kittens. Other diets such as Feline i/d or EN prescription diets are available from the hospital. Generally this type of diet is only used for 2-5 days. If vomiting returns when converting to your regular diet, please contact the office for appointment.