

# Spring 2016 Newsletter

### Training

We still have our available training on respite care, including different forms of respite care, how to find a respite worker using your natural supports, and questions to ask when hiring. If you are interested in learning more about these trainings, please contact us. We provide training available in English and Spanish. If you would like a topic covered or have suggestions for a training, please do not hesitate to contact the Statewide Respite Coordinator.

#### **Emergency Respite**

The Illinois Respite Coalition (IRC) still has emergency respite funding available, though it is limited. Examples of emergency situations include caregiver illness or a death in the family, etc., please visit our website for more information. If you feel you could benefit from emergency respite, please do not hesitate to reach out to apply.

#### **Abuse Prevention**

- Respite care provides temporary relief for caregivers from the ongo-
- ing responsibility of caring for an individual of any age with special
- needs who may be at risk of abuse or neglect. If you suspect a child
- is being abused or neglected, or at risk, please call the Illinois Child
- Abuse Hotline at 800-25-ABUSE (22873). If you suspect an adult is
- being abused, please call Adult Protective Services at (866) 800-1409.



## **Summer Camp Opportunities in Illinois**

Summer is almost upon us! There are several residential and day camps across Illinois for individuals with special needs, that cater to various disabilities and age groups, at different price ranges. Camp programs can foster independence and confidence in campers while providing a valuable learning experience for all involved, while providing respite to the caregiver. Here are a few programs across the state:

- 1) Camp New Hope Located: Matton, IL Contact: (217) 895-2341
- 2) Camp Little Giant Located: Makanda, IL Contact: (618) 453-1121
- 3) Camp Callahan Located: Griggsville, IL Contact: (217) 833-2377
- 4) Camp Hope Located: Lake Forest, IL Contact: (312) 401-4673
- 5) JCFS Glick Family Camp Located: Ingleside, IL Contact: (773) 463-3838
- 6) JCFS Camp Firefly Located: Wisconsin Dells Contact: (855) 275-5237

While it is impossible for us to highlight every opportunity, there are several camp and recreation programs across the state beyond these options. If you are interested but do now know where to start looking, please contact the Illinois Statewide Respite Coordinator at galvanr@maryvilleacademy.org or (630) 207-8479.

Additional Questions? Please contact Illinois Statewide Respite Coordinator, Rebecca Galvan at galvanr@maryvilleacademy.org or call at (630) 207-8479.

www.illinoisrespitecoalition.org