



# Dance for Joy

1893 East Main Street, Mohegan Lake, NY 10547

(914) 526-4486 \* Director: Roberta Humphrey \* [www.danceforjoy.net](http://www.danceforjoy.net)

2017-2018 Schedule as of 9/18/17(subject to change)

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Studio3	Studio1	Studio2	Studio3	Studio1	Studio2	Studio3	Studio1	Studio2	Studio3	Studio1	Studio2	Studio3	Studio1	Studio2
4				Beg3&4 Ballet 4:00-5:00 RLH								BippityBop1 4:15-5:00 RLH			
5	Beg1&2 Ballet 5:00-6:00 RLH	Modern Int2-4 5:00-6:00 TL		Age 10+ Ballet 5:00-6:00 RLH	Jazz Beg1-4 5:00-6:00 RD	BippityBop1 4:45-5:30 CL	BippityBop2 5:15-6:00 RLH			Beg1&2 Ballet 5:00-6:00 RLH	Jazz Int1&2 5:00-6:00 RD		Tap Age 9-12 5:00-6:00 MF		BippityBop+ 5:15-6:00 LB
6	Int2-4 MW Ballet 6:00-7:30 RLH	Modern IA/Adv 6:00-7:00 TL	Teen Ballet 6:00-7:00 LB	Int2-4 TT Ballet 6:00-7:30 RLH	Int1 Ballet 6:00-7:15 RD	CoreWork Int3-Adv 6:15-7:15 NL	Int2-4 MW Ballet 6:00-7:30 RLH	Int3/IA Contemporary 5:30-6:30 TBA		Int2-4 TT Ballet 6:00-7:30 RLH	Int1 Ballet 6:00-7:15 RD		Tap Teen 6:00-7:00 MF		Beg1-4 Ballet 6:00-7:00 LB
7					Adv2 Ballet 7:15-8:45 RD			IA/Adv Contemporary 6:30-7:30 TBA	BellyDance 9 to Adult 6:30-7:30 SB						
8	Adv 1 Ballet 7:30-9:00 RLH			Int/Adv Ballet 7:30-9:00 RLH		CoreWork Teen/Adult 7:30-8:30 NL	Adv1 Ballet 7:30-9:00 RLH	Adult Ballet 7:30-8:30 TBA		Int/Adv Ballet 7:30-9:00 RLH	Adv2 Ballet 7:15-8:45 RD				
9															

	SATURDAY		
	Studio3	Studio1	Studio2
9	Jazz-B Int3-4 9:00-10:00 RD		Mommy&Me 9:15-9:45 LB
10	Jazz-B IA 10:00-11:00 RD	Beg1&2 Ballet 9:30-10:30 TL	BippityBop1 9:45-10:30 LB
11	Jazz-B Adv 1 11:00-12:00 RD	Nutcracker Rehearsals Nov-Dec	BippityBop2 10:30-11:15 LB
12	Jazz-B Adv2 12:00-1:00 RD	11:00-6:00	Nutcracker Rehearsals Nov-Dec 11:30-6:00

### Additional Saturday Information:

**Saturday Honors:** 1:00-2:30 for Int. 2-4, IA and Adv1 students by recommendation and Company, Too members

**Company Honors Class:** 2:30-4:00 for all Company level members

**Company Rehearsals:** 4:00-6:00 from January through May

### CLASSES OFFERED:

**BippityBop (ages 3 to 6):**

Three levels of our fun and imaginative introduction to the world of dance.

**Beginning Ballet (ages 7 to 10 ):**

Classical ballet technique in a lively, esteem building syllabus

**10+ and Teen Ballet:**

Ballet for older beginners or continuing students wanting once a week class

**Int and Adv Ballet (ages 10-18):**

Ballet for intermediate and advanced dancers; includes pointe work

**Modern (ages 11-18):**

Modern techniques include Limon, Hawkins, Evans, and Graham

**Contemporary (ages12-18):**

Combination of modern, jazz and ballet

**Jazz (ages 7-18):**

Classic and Broadway jazz for beginner to advanced dancers

**CoreWork (ages 11-Adult):**

Combination of yoga and Pilates

**Adult Modern and Ballet:**

Advanced beginner through professional dancers welcome

**Tap:**

Rhythm tap

**Belly Dance:**

An energetic and fun blend of many styles. Designed for all ages.

### Teachers:

RLH-Roberta Humphrey

LB-Lindsay Bordonaro

SB-Sarah Bell

RD-Rowena DiBenedetto

DF-Deanna Ford

MF-Marcus Franklin

NL-Nancy Levin

TL-Tia Levinson

CL-Christina LoCastro