



FJELLHEIM 6 – 107
 Sons of Norway
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www.sonsofnorwaycs.com
facebook.com/sonsofnorwaycs

Aug 2018

Volume 45, # 7

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Inside this issue:

Calendar	2
Pres. Notes	3
Birthdays	4
Sunshine	4
Lodge Officers	7

MEETING TIME:

Monthly business meetings held the second Wednesday of every month (except July)

7:00 PM
 Viking Hall,
 1045 Ford Street,
 Colorado Springs, CO

SEND ARTICLES TO :

Michael Johaneson
mjohaneson@gmail.com

Deadline for the September Issue is August 20

Fjellheim Lodge Semi-Annual Walleye Dinner

**Saturday, August 18, 2018 @
4:00 pm**



It's Fish Fry time again! We will be serving wonderful walleye, baked potato, homemade cole slaw, fresh baked buns, and dessert in the comfortable surroundings of the Sons of Norway Viking Hall.

And if you can't or don't want to eat fish, there will be meatballs with all the fixin's. Either way, a good deal at \$20.00 per person, \$10.00 for those under 12. So c'mon over and feast on a Walleye Dinner with us Vikings.

For Reservations:

**Please call
 Karen
 Ravnaas at
 (719) 390-0621
 by Sunday,
 August 12th**



Lutefisk hotline: ya hey, what's the deal now?
 Sven: Ya, we ran out of lutefisk
 Lutefisk hotline: oh jeez
 Sven: oh jeez



RETWEETS 3,397
 LIKES 6,545

2018 august

søndag	mandag	tirsdag	onsdag	torsdag	fredag	lørdag
			1 9:00 am Board Meeting Viking Hall	2	3	4
5	6	7 12:30 Games and Cards Viking Hall	8 5:00 Book Club 5:30 pm FMC 6:00 pm Pot Luck Dinner Heritage Mtg Viking Hall	9	10	11
12	13	14	15	16	17	18 4:00 pm Walleye Dinner Viking Hall
19	20	21	22	23	24	25
26	27	28 6:00 pm Language Class 1 7:00 pm Language Class 2	29	30	31	



The **Father's Day picnic** was a gathering of young and old for good food and fellowship and a little rain. Thanks to Steve for making the arrangements.



President's Corner

Kerry Hefta



Did everyone have a wonderful July?	Hadde alle hatt en flott juli?
We had a very busy June with the convention and getting ready for and attending the Scandinavian Festival at Estes Park. Kathie Godsill, Gerald and Pat Rowe, Brenda Anderson and myself made our way to Rohnert Park, Ca for the District 6 convention June 10-14. We attended the various cultural events on Sunday and the formal business meeting and the opening and closing banquets. And last but not least we got the Large Lodge of the Year award!!! Remember this is award is for ALL of us! We did this as members with help from the guidance of BJ, Mike and Steve when they were at the helm. A side note: this was a Colorado sweep with Storfjell from Grand County receiving the small lodge of the year award.	Vi hadde en veldig travel juni med konvensjonen og gjør oss klar for og deltok på den skandinaviske festivalen på Estes Park. Kathie Godsill, Gerald og Pat Rowe, Brenda Anderson og meg selv gjorde veien til Rohnert Park, Ca for District 6-konvensjonen 10-14 juni. Vi deltok på de ulike kulturarrangementene på søndag og det formelle forretningsmøtet og åpnings- og avsluttende banketter. Og sist men ikke minst fikk vi den store Lodge of the Year award! Husk dette er prisen er for alle av oss! Vi gjorde dette som medlemmer med hjelp fra veiledningen fra BJ, Mike og Steve da de var ved roret. Et sidebeskrivelse: Dette var et Colorado-feie med Storfjell fra Grand County som mottok den lille hytten på året.
The Scandinavian festival was unbelievable with activity everywhere. There was a May Pole and Viking enactors and a bunad parade tons of vendors and of course LEFSE!! The weather was great Saturday, but the predicted rain came Sunday however luckily it didn't last the whole day. We managed to sell 1600 rounds of lefse and lots of water at the festival. We need to all give kudos to Mike for setting up this year's booth and training his reluctant successors for next year.	Den skandinaviske festivalen var utrolig med aktivitet overalt. Det var en May Pole og Viking enactors og en bunad parade tonn leverandører og selvfølgelig LEFSE !! Været var flott lørdag, men det predikerte regnet kom søndag, men heldigvis var det ikke hele dagen. Vi klarte å selge 1600 runder lefse og mye vann på festivalen. Vi må alle gi kudos til Mike for å sette opp årets messe og trene hans motvilige etterfølgere for neste år.
A Fjellheim member, Dana Ferguson, has been selected as a crew member of the recreated Viking ship Draken. It is sailing up and down the coast of New England this year. His story is detailed in another article in the Flammen. Think of the stories he will have!	Et Fjellheim-medlem, Dana Ferguson, er valgt som et besetningsmedlem i det gjenoppbyggede vikingskipet Draken. Det seiler opp og ned langs kysten av New England i år. Hans historie er detaljert i en annen artikkel i Flammen. Tenk på historiene han vil ha!
Now we are winding up for our busiest times of the year starting with the Fish Fry Aug 18 th and the Anniversary Dinner Sept 15 th . I will be in town for the Fish Fry but am missing the Anniversary Dinner. I have a good excuse I think. I am doing a tour in Norway arranged by the Bunad Butikken and Sue Sutherland of Norsk fabrics and crafts for 2 weeks. Let's see if I can sit still and stay focused for four straight days of sewing and embroidery included in the tour. Believe me, it's not my strong point!	Nå slår vi opp for våre travleste tider på året som starter med Fish Fry 18 august og jubileumsmiddagen 15. september. Jeg vil være i byen for Fish Fry, men mangler jubileumsmiddagen. Jeg har en god unnskyldning, tror jeg. Jeg gjør en tur i Norge arrangert av Bunad Butikken og Sue Sutherland av Norsk tekstiler og håndverk i 2 uker. La oss se om jeg kan sitte stille og være fokusert for fire rette dager med syng og brodering inkludert i turen. Tro meg, det er ikke mitt sterke punkt!
Tusen Takk for alt!	Tusen Takk for alt!

August Birthdays

Gratulerer med dagen

Philip Lynn Cable	3
Tillman C Opsal	3
Eunice C Bluhm	4
Alyssa R Smith	5
Todd Taskerud	5
Nora Durham	9
Cathrine Y Berg	10
Virginia M Johnson	16
Nancy L Chew	17
Elsie M Gonsholt	18
Everett Snead	20
B June Williams	20
Sara J Berge	21
Madison J Smith	21
Avery G Lawyer	26

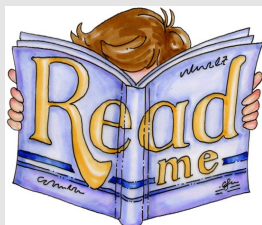


Card Social

Card Social will be Tuesday, **August 7th** with a potluck lunch at **12:30 pm** at Viking Hall followed by visiting and cards.

Viking Sisters

The next meeting of Viking Sisters will be Thursday, September 6 at 1:00 pm at Viking Hall



Book Club meets every second Wednesday of the month at **5:00 pm** at Viking Hall. Our facilitator is Dot Everett.

Rosemaling Classes at Viking Hall

All skill levels are welcome. The cost for each 4 hour session is \$20.00. Please call Cindy Bauer at 633-8260 or Bj Mapstone at 264-0955.



Norwegian Language Class

We are looking forward to next year and we have a plan. We will start the new year on Tuesday, **August 28th** with the first class starting at 6:00 pm. The second class will begin at 7:00 pm.

The first class will use the textbook *Sett i gang 1* and will be led by Cindi Keller and Jean Luce. The second class will use *Sett i gang 2* and will be led by Annastacia Hackett and Erik Tjelmeland. To join us, go to settigang.com and order the textbook for the class you wish to join.

Remember-August is Potluck Month-Dinner starts at 6:00 pm



sunshine Report - August 2018



Happy Birthday to everyone celebrating birthdays in August. Here we go again – summer is coming to a close and we begin the very busy half of our year!

I have not heard any news regarding our members, so if you of anyone who should get a card, please let me know. I will also announce it at the next meeting. Thanks!

How about a couple one-liners for a little giggle: I thought about making a fitness movie for folks my age and call it 'Pumping Rust'. The sole purpose of a child's middle name is so he can tell when he's really in trouble. And a little truism:

Today, give a stranger one of your smiles. It might be the only sunshine he sees all day.



Faternally, Karen Ravnaas – 390-0621

CELEBRATING
45
YEARS



2018 Members to receive Anniversary Certificates/Pins at Fjellheim Lodge #6-107:

5 year:

Kathie Dawn Godsil
Lena M Erickson (15 yo). Slidell, LA
Eloise S Erickson (14 yo). Slidell, LA
Caren A Alvestad

10 year:

Rodger E Erickson
Shane R Jahnke
Elsie Dorcas Kuns
Silje Ostrem. (14 yo)
Ellen Hardy. San Carlos, CA
Christopher Hardy. San Carlos, CA
Peter Osburnsen
Celeste N Osburnsen
Jedidiah Dvorak. (14 yo). Victor, CO
Elijah Dvorak (11 yo). Victor, CO
Nora Suntken (17 yo)
Claire Suntken (15 yo)
Margaret Suntken (12 yo)
Drew Wiest. (14 yo)
Matthew H Disbrow. Lakewood, CO
Avery G Lawyer (9 yo)

15 year:

Charles E Sullivan
Riley Apodaca-Eacker. (15 yo)
Lisa N Johanson
Arlene J Reid
Kolben Erdal Barney. (15 yo)
Travis Allgood. (16yo) Richardson, TX
Glenn C Enderud. Pueblo, CO
Lois M Enderud. Pueblo, CO
Kerry Ann Hefta
Adele E Steinseifer
Bjorn Gudmestad. Sedalia, CO

20 year:

Ellen Rubi May
Cleo B Allgood

25 year:

Lillian May Hermanson

30 year:

John H Peterson
Owen Bergland

35 year:

Spencer L Holland

40 year:

Vivian I Johnson
Irene T Gladem. Salina, KS

45 year:

Paul R Wiig
Grace P Johnson. Minneapolis, MN
Ingrid Grove
Emma Josephine Greek
Jack R Anderson
Vickie Lee Bross. Roswell, NM
Vivi L Bjornen. Surprise, AZ
Clairette Bakken
Everett Snead
Ruth Wiig
Duane Bakken
Marjorie Lindskog. Pueblo, CO
Inger Pappas
Cynthia A Snell. Divide, CO

50 year:

Sissel O Disbrow

Fjellheim Lodge 45th Anniversary

Saturday, September 15, 2018
Viking Hall
1045 Ford Street, Colorado Springs

Social time: 5:00 p.m. - 5:45 p.m.

Dinner, 6:00 p.m.

Program, 7:00 p.m.

The Magic of Professor Higgins
Presentation of Lodge Pins and Certificates

Appetizers

Norwegian waffles with Lingonberries
Smoked salmon with dill on wheat cracker
Cheese and grape kabob
Knackebrod with gjetost
Chocolate treat

Menu

Honey glazed spiral ham
Scalloped potatoes
Whole green beans with butter sauce
Fruit salad
Cranberries
Pickles, beets, lefse
Kranse Kake
Anniversary cake and coffee

Reservations by September 12th

Mail checks to Kathie Godsil, 719-229-9289
4415 Flat Top Place, Colorado Springs, CO 80923

Cost: Adults \$20.00. Children 12 and under: \$10.00

Bunads Are Encouraged



Subject: Draken Harald Hårfagre and Sons of Norway Member from Fjellheim Lodge Colorado Springs and Member of Fjellborg Denver- Dana Ferguson

Here is my story on being selected to be a crew member of the Draken.

When my parents passed away a few years ago, I was given the family tree my father and I started. I started looking at it. I opened accounts in many family tree websites to get more information and then combined them into one large family tree. I was able to get access to overseas records through one of the sites. That led me to getting my DNA tested again by three different sites for accuracy. I found out I am well more than a third Scandinavian and pretty much the rest North Western European. Which brought me to the Sons of Norway.

When I found my DNA was so largely Scandinavian I had to find out why. I found that my Great Grandmother was a full Dane. I traced that line back to the 1700's and it dead ends in Denmark. I found out I am more than likely at least 1/3 Dane which took me down the path of learning about the Danish and Viking Culture. About 3 years ago I stumbled across the Draken's web page <https://www.drakenhh.com/> looking for history about the culture. While looking around on the website I saw you could volunteer to be a crew member (deckhand).

I thought to myself there is no way better to get the full Viking cultural immersion than this. I am a former Force Recon Marine and I am pretty sure it couldn't be any worse than what I have already been through. So I had to try and apply. I believe this is the third year and this time I sent them my civilian resume and my military resume. Also let them know I am a member of the Sons of Norway. My family and I joined this year. My wife is more than likely 2/3s Norwegian which make our children very Scandinavian.

I had pretty much given up hope on going this year too, Until I got a email from the Draken Expedition Coordinator. When I saw it I was very skeptical, so I really gave it the once over. Then I went numb and bit of shock once it hit this was the real thing. I then proceeded to make sure they knew I was very interested in going and what were my next steps?

While I was at a Fjellborg meeting July 8th I got a Facebook phone call on my cell phone. It was midnight in Sweden but I went through the interview process and Q&A. We concluded this would be a great adventure for me. I was placed on the ships roster for the 3rd leg of the trip covering 4 ports two in Massachusetts and two in Maine. A section of sea we will be sailing may have been an area were Lief Eriksson sailed.



I don't know why they selected me but I am incredibly grateful they did. I fly out on Tuesday 17th at 6am to sign on to the Draken on Wednesday the 18th 8am. I had a little over a week to let my work know I was going on a extended vacation, get planes tickets and pack! However I don't care. This is a once in a lifetime type thing I could not pass up!

I will be on board as a crew member from July 18th - August 3rd. Ports of call are:

- Plymouth MA (July 17-20)
- Rockland ME (July 22-25)
- Portland ME (July 27-30)
- Boston MA (Aug 1-3)

One last really awesome piece of information I turn 50 on July 31 and will be at sea on the Draken!!!! Here are some sites that can be helpful to follow me/Draken .

<https://www.drakenhh.com/stopovers/>

<https://www.drakenhh.com/position/>

Facebook Page/Groups:

<https://www.facebook.com/DrakenHH/>

<https://www.facebook.com/groups/277020215675452/about/>

Dana Ferguson 719 332-4665 (Ed Note - I trimmed the original story a little for space. Takk Dana)

VIKING FAIR
10th ANNUAL
Community Cultural
Event
Bazaar and Brunch
Saturday, October 20

Arts, baked goods, books,
collectibles, crafts, fun,
handwork, lefse, music, raf-
fles, stories, unique gifts,
vendors, Vikings

Free Admission

Bazaar 9_{am}-2_{pm}
Brunch \$8, 9_{am}-12_{noon}
Viking Hall
1045 Ford St.,
Colorado Springs
80915

Information: 351-3554



Kendall Kjerstad
Financial Benefits
Counselor
605 939-1714

FJELLHEIM - 2018 OFFICERS

Board of Directors

President	Kerry Hefta	266-9429
Vice-President	Brenda D. Anderson	637-8126
Counselor	Steve Hermanson	520-0303
Secretary	Annastacia Hackett	306-8870
Treasurer/Finance	Jerry Johnson	495-0253
Membership Sec	Kathie Godsil	229-9289

Program Directors

Sunshine	Karen Ravnaas	390-0621
Foundation	Sissel Disbrow	540-2737
Cultural Skills	Björg Mapstone	440-3992
Book Club	Dot Everett	330-1206

Support Officers

Greeters	Lois Halvorson	632-6003
	Owen Bergland	576-1396
Marshall	Leonard Beasly	471-1801
Editor	Mike Johaneson	720-971-0130
Web Page & Facebook	Randy Johnson	260-7028
Musician	Sonja Gund	473-9588
Publicity	Eunice Bluhm	495-2029
Librarian	Sonja Gund	473-9588
Viking Sisters	Ginny Johnson	495-0253

Committees/Special Activities

Auditors	Dean Tollefson	473-1110
	Ole Bakken	632-3892
	Millie Sullivan	597-0381
Financial Benefits	Kendall Kjerstad	605 939-1714

Fjellheim Management Corporation (FMC)

Directors	Karen Ravnaas	390-0621
	Paul Wiig	596-6159
	Jerry Maines	282-0908
	Owen Bergland	576-1396
Trustees	Rodger Erickson	597-2196
	Jerry Johnson	495-0253
	Terry Mapstone	351-5644

Colorado Zone 8 Director

Beverly Moe 720-746-9755
bev259@comcast.net

District 6 President

Mary Beth Ingvaldstad 707-987-2404
mbingvaldst@aol.com

**ALL PHONE NUMBERS HAVE 719 PREFIX
UNLESS OTHERWISE IS NOTED**

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Mike Johaneson, Editor
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Colorado Springs, CO 80915



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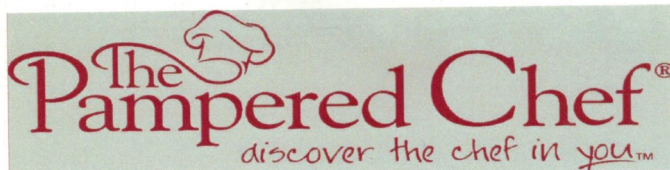


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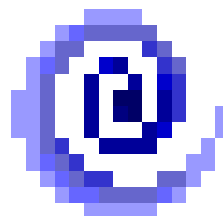
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