

VHSL REGION 3C

Harrisonburg, VA

Rockingham County Fairgrounds

Wednesday, November 6, 2019

**OFFICIAL MEET REPORT**

printed: 11/6/2019 4:48 PM

**Race #1
Girls Championship 5k****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.
1 Western Albemarle	35	1-3-4-10-17(18)(23)	1:42:17	20:28
2 Liberty Christian Aca	83	7-12-15-24-25(29)(48)	1:48:56	21:48
3 Fort Defiance	92	6-11-13-30-32(36)(39)	1:49:34	21:55
4 Fluvanna County	95	2-19-21-22-31(33)(38)	1:48:18	21:40
5 Spotswood	101	5-8-26-28-34(35)(46)	1:50:01	22:01
6 Rockbridge County	107	9-14-20-27-37(40)(45)	1:50:36	22:08
7 Heritage (Lynchburg)	186	16-41-42-43-44(47)(49)	1:58:28	23:42

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
38 Watts, Natalie	9	6	Broadway	-	22:31.9	3:05.1
39 Waller, Aili	SR	114	Rockbridge Co	27	22:36.0	3:09.2
40 Gardner, Grace	9	135	Spotswood	28	22:42.6	3:15.8
41 Soistmann, Elle	SR	87	Liberty Christia	(29)	22:48.3	3:21.5
42 Guiffre, Piper	JR	14	Charlottesville	-	22:53.2	3:26.4
43 Powell, Marissa	9	42	Fort Defiance	30	22:56.0	3:29.2
44 Hart, Kieri	SR	22	Fluvanna Count	31	22:57.8	3:31.0
45 Braun, Logan	9	38	Fort Defiance	32	22:58.0	3:31.2
46 Craig, Summer	JR	20	Fluvanna Count	(33)	22:59.2	3:32.4
47 Dabaghyan, Anna	9	133	Spotswood	34	23:06.6	3:39.8
48 Vess, McKenna	SO	179	Wilson Memori	-	23:09.6	3:42.8
49 McClure, Elizabeth	JR	137	Spotswood	(35)	23:12.5	3:45.7
50 Hughes, Athena	SO	119	Rustburg	-	23:14.4	3:47.6
51 Moffett, Sarah	JR	40	Fort Defiance	(36)	23:23.1	3:56.3
52 Hoover, Jessa	9	108	Rockbridge Co	37	23:31.0	4:04.2
53 Morris, MacKenzie	SR	25	Fluvanna Count	(38)	23:40.0	4:13.2
54 Wheeler, Dagon	SO	47	Fort Defiance	(39)	23:40.5	4:13.7
55 Baucom, Paige	JR	177	Wilson Memori	-	23:45.5	4:18.7
56 Nelson, Liesel	SR	111	Rockbridge Co	(40)	23:49.3	4:22.5
57 Patterson, Reagan	SO	60	Heritage (Lynch	41	24:02.6	4:35.8
58 Seward, Dezara	SO	61	Heritage (Lynch	42	24:02.8	4:36.0
59 Ufema, Zion	9	63	Heritage (Lynch	43	24:19.0	4:52.2
60 Venters, Ana	JR	64	Heritage (Lynch	44	24:20.4	4:53.6
61 Mastin, Elizabeth	9	109	Rockbridge Co	(45)	24:32.2	5:05.4
62 McKinney, Anna	SR	138	Spotswood	(46)	24:41.2	5:14.4
63 Helein, Georgia	SR	59	Heritage (Lynch	(47)	25:03.3	5:36.5
64 Long, Lydia	9	84	Liberty Christia	(48)	25:14.3	5:47.5
65 Garbarini, Ashley	9	67	Liberty (Bedford	-	25:15.6	5:48.8
66 Erskine, Jaeden	SO	58	Heritage (Lynch	(49)	25:39.0	6:12.2
67 Maxwell, Charlotte	9	68	Liberty (Bedford	-	26:40.8	7:14.0
68 Gallier, Brittany	9	118	Rustburg	-	27:07.7	7:40.9
69 Hughes, Christabel	9	120	Rustburg	-	27:12.4	7:45.6

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Hull, Sterling	SR	166	Western Albem	1	19:26.8	---
2 Tingley, Penelope	9	15	Charlottesville	-	19:34.4	7.6
3 Smeds, Emily	JR	27	Fluvanna Count	2	19:35.4	8.6
4 Stutzman, Jenna	SO	171	Western Albem	3	20:01.2	34.4
5 Ratcliffe, Kate	JR	169	Western Albem	4	20:02.6	35.8
6 Milby, Mary	SR	140	Spotswood	5	20:37.4	1:10.6
7 Neff, Trinity	9	41	Fort Defiance	6	20:54.1	1:27.3
8 Andrews, Heidi	JR	79	Liberty Christia	7	20:58.0	1:31.2
9 Dana, Eliza	JR	178	Wilson Memori	-	20:58.1	1:31.3
10 Rees, Emily	SR	142	Turner Ashby	-	20:58.5	1:31.7
11 Milby, Jamie	JR	139	Spotswood	8	21:03.4	1:36.6
12 McClung, Elizabeth	9	110	Rockbridge Co	9	21:03.5	1:36.7
13 Neilon, Jackie	9	168	Western Albem	10	21:03.5	1:36.7
14 Van der Pluijm, Kika	SR	16	Charlottesville	-	21:11.2	1:44.4
15 Staley, Emma	9	45	Fort Defiance	11	21:19.4	1:52.6
16 Kearney, Heidi	SR	83	Liberty Christia	12	21:24.5	1:57.7
17 Stogdale, Delaney	JR	46	Fort Defiance	13	21:25.8	1:59.0
18 Wilson, Caroline	JR	101	Monticello	-	21:30.9	2:04.1
19 Timmes, Karalyn	SR	112	Rockbridge Co	14	21:33.1	2:06.3
20 Baker, Makenna	SO	80	Liberty Christia	15	21:36.6	2:09.8
21 Shuren, Kelly	SR	100	Monticello	-	21:39.2	2:12.4
22 Steger, Grace	SR	62	Heritage (Lynch	16	21:42.4	2:15.6
23 ThomasClarke, Charlot	SR	173	Western Albem	17	21:42.5	2:15.7
24 Stone, Jordan	9	170	Western Albem	(18)	21:45.4	2:18.6
25 Lintecum, Hattie	SR	24	Fluvanna Count	19	21:47.1	2:20.3
26 Henderson, Alexis	9	99	Monticello	-	21:52.1	2:25.3
27 Timmes, Megan	9	113	Rockbridge Co	20	21:52.2	2:25.4
28 Earsing, Haleigh	JR	117	Rustburg	-	21:52.4	2:25.6
29 Beckman, Emily	JR	18	Fluvanna Count	21	21:57.7	2:30.9
30 Ryan, Mia	SO	4	Broadway	-	21:58.5	2:31.7
31 Creasy, Madeline	9	21	Fluvanna Count	22	21:59.5	2:32.7
32 Taylor, Ella	JR	172	Western Albem	(23)	22:04.4	2:37.6
33 Stevens, Mackenzie	9	153	Waynesboro	-	22:12.3	2:45.5
34 Craun, Rachel	SO	141	Turner Ashby	-	22:23.2	2:56.4
35 Tyree, Lexi	JR	88	Liberty Christia	24	22:27.9	3:01.1
36 Hesse, Taylee	SO	82	Liberty Christia	25	22:29.0	3:02.2
37 Kim, Katelyn	SO	136	Spotswood	26	22:31.0	3:04.2

VHSL REGION 3C

Harrisonburg, VA
Rockingham County Fairgrounds
Wednesday, November 6, 2019



OFFICIAL MEET REPORT
printed: 11/6/2019 4:48 PM

Race #2 Boys Championship 5k

Final Results

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.
1 Western Albemarle	15	1-2-3-4-5(6)(8)	1:21:02	16:13
2 Fort Defiance	102	9-14-22-25-32(34)(44)	1:28:05	17:37
3 Spotswood	105*	15-16-20-26-28(36)(39)	1:28:14	17:39
4 Waynesboro	105*	11-17-18-29-30(42)(47)	1:28:05	17:37
5 Liberty Christian Aca	126	19-23-24-27-33(35)(38)	1:29:52	17:59
6 Monticello	138	7-12-31-40-48(49)(52)	1:30:25	18:05
7 Charlottesville	159	13-21-37-43-45	1:32:01	18:25
8 Heritage (Lynchburg)	198	10-41-46-50-51(53)(54)	1:36:00	19:12

*Tiebreakers

Spotswood	15	16	20	26	28	36
Waynesboro	11	17	18	29	30	42

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap
1 Eliason, Jack	SR	156	Western Albem	1	15:44.8	---
2 Terrill, Stuart	SR	162	Western Albem	2	16:09.0	24.2
3 Taylor, Joseph	JR	161	Western Albem	3	16:17.6	32.8
4 Hawkes, Joe	SR	157	Western Albem	4	16:24.9	40.1
5 Bonner, Will	SR	155	Western Albem	5	16:25.3	40.5
6 Kallen, Thomas	JR	158	Western Albem	(6)	16:35.6	50.8
7 Krehmeyer, Will	SR	92	Monticello	7	16:40.2	55.4
8 Shifflett, Owen		9	160 Western Albem	(8)	16:42.9	58.1
9 Corbin, Ramsey	SO	28	Fort Defiance	9	16:44.2	59.4
10 Richards, Luke	SR	54	Heritage (Lynch	10	16:46.1	1:01.3
11 Sikora, Sam	SR	151	Waynesboro	11	16:53.0	1:08.2
12 Shumate, Rafe	SR	176	Wilson Memori	-	16:54.1	1:09.3
13 Ray, Hunter	JR	95	Monticello	12	17:00.1	1:15.3
14 McKee, Reece	JR	11	Charlottesville	13	17:02.7	1:17.9
15 Moyers, Ashton	SO	32	Fort Defiance	14	17:12.1	1:27.3
16 Sheahan, Aidan	SR	130	Spotswood	15	17:13.7	1:28.9
17 Duncan, Ethan	SR	123	Spotswood	16	17:19.8	1:35.0
18 Groves, Adam		9	147 Waynesboro	17	17:25.7	1:40.9
19 Armstrong, Taylor	SO	174	Wilson Memori	-	17:27.3	1:42.5
20 Robeck, Jacob	SR	149	Waynesboro	18	17:28.5	1:43.7
21 Bauserman, Ben	SR	70	Liberty Christia	19	17:32.3	1:47.5
22 Amberg, Jacob		9	121 Spotswood	20	17:35.9	1:51.1
23 Adams, Brannon	SO	65	Liberty (Bedford	-	17:40.6	1:55.8
24 Tennant, Edison	SO	13	Charlottesville	21	17:48.6	2:03.8
25 White, Trevor	JR	3	Broadway	-	17:50.4	2:05.6
26 Mason, Luken	JR	31	Fort Defiance	22	17:54.6	2:09.8
27 Crowder, Ooch	SR	72	Liberty Christia	23	17:57.8	2:13.0
28 Venable, Keegan		9	77 Liberty Christia	24	17:58.6	2:13.8
29 Tindall, Sam	SO	37	Fort Defiance	25	17:58.7	2:13.9
30 Peters, William	SO	128	Spotswood	26	17:59.4	2:14.6
31 Macasa, Joshua	SR	74	Liberty Christia	27	18:01.2	2:16.4

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap
32 Wawrzyniak, Josh	SR	104	Rockbridge Co	-	18:02.4	2:17.6
33 Hollar, Drew	JR	124	Spotswood	28	18:05.1	2:20.3
34 Shepherd, Jonas	JR	150	Waynesboro	29	18:05.8	2:21.0
35 Ball, Anthony		9	143 Waynesboro	30	18:11.2	2:26.4
36 Roy, Cooper	SO	96	Monticello	31	18:12.0	2:27.2
37 Shifflett, Nathan	JR	35	Fort Defiance	32	18:15.4	2:30.6
38 Holmes, Matthew	SR	175	Wilson Memori	-	18:20.2	2:35.4
39 Becker, Bryce	SR	71	Liberty Christia	33	18:21.8	2:37.0
40 Smoker, Nate		9	36 Fort Defiance	(34)	18:24.2	2:39.4
41 Phelps, Kamden	SR	75	Liberty Christia	(35)	18:25.6	2:40.8
42 Stephens, Troy	JR	17	Fluvanna Count	-	18:29.5	2:44.7
43 Sennett, Kyle	SO	8	Brookville High	-	18:29.8	2:45.0
44 Iudica, Ross		9	125 Spotswood	(36)	18:32.1	2:47.3
45 Showalter, Levi	SR	1	Broadway	-	18:38.9	2:54.1
46 Manto, Peter	SR	10	Charlottesville	37	18:40.5	2:55.7
47 Poff, Nathaniel	SR	76	Liberty Christia	(38)	18:43.2	2:58.4
48 Lam, Dylan	SO	126	Spotswood	(39)	18:44.2	2:59.4
49 Sedovy, John Ryan	SR	103	Rockbridge Co	-	18:46.2	3:01.4
50 Hunt, Chasen	SO	7	Brookville High	-	18:50.8	3:06.0
51 Avila, Vagn	SR	66	Liberty (Bedford	-	18:53.1	3:08.3
52 Vizcaino, Esteban	JR	98	Monticello	40	18:56.3	3:11.5
53 Aultice, Matt	JR	49	Heritage (Lynch	41	19:07.0	3:22.2
54 Gaona Maldonado, Tris	JR	146	Waynesboro	(42)	19:09.2	3:24.4
55 Cook, Eli	SO	9	Charlottesville	43	19:10.3	3:25.5
56 Izzillo, Ian	SO	29	Fort Defiance	(44)	19:14.9	3:30.1
57 Reyes, Sergio	SR	12	Charlottesville	45	19:18.5	3:33.7
58 Weaver, Evan	SR	2	Broadway	-	19:19.5	3:34.7
59 Green, LJ	SO	52	Heritage (Lynch	46	19:28.5	3:43.7
60 Brumfield, Nick	SR	144	Waynesboro	(47)	19:29.6	3:44.8
61 Jumper, Evan	SR	91	Monticello	48	19:36.4	3:51.6
62 Kendall, Kyle	JR	102	Rockbridge Co	-	19:40.6	3:55.8
63 Sweeney, Landon	JR	115	Rustburg	-	19:42.3	3:57.5
64 Kubasiak, Trent	JR	94	Monticello	(49)	20:01.7	4:16.9
65 Rogers, Drew		9	56 Heritage (Lynch	50	20:08.9	4:24.1
66 Marcus, Jeremy	SR	53	Heritage (Lynch	51	20:29.4	4:44.6
67 Wright, Dovonan	SO	116	Rustburg	-	21:01.5	5:16.7
68 Spaeder, Joey	SO	97	Monticello	(52)	21:09.0	5:24.2
69 Dateo, David	JR	50	Heritage (Lynch	(53)	21:46.2	6:01.4
70 Roberts, Grayson		9	55 Heritage (Lynch	(54)	22:51.9	7:07.1

VHSL REGION 3C

Harrisonburg, VA

Rockingham County Fairgrounds

Wednesday, November 6, 2019

**OFFICIAL MEET REPORT**

printed: 11/6/2019 4:48 PM

**Race #3
Girls Alternate 5k****Final Results****INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap
1 Jones, Caroline	JR	167	Western Albem	-	21:30.0	---
2 Beck, Cat	9	164	Western Albem	-	21:39.6	9.6
3 Collier, Sienna	9	165	Western Albem	-	21:51.0	21.0
4 Hart, Shea	SO	23	Fluvanna Count	-	23:50.5	2:20.5
5 Sheets, Allison	SO	44	Fort Defiance	-	23:51.5	2:21.5
6 Castro, Sara	SO	132	Spotswood	-	24:18.5	2:48.5
7 Clarke, Samantha	JR	19	Fluvanna Count	-	24:43.8	3:13.8
8 Altizer, Lindsey	SR	131	Spotswood	-	24:48.0	3:18.0
9 Flesher, Jenna	SR	39	Fort Defiance	-	24:53.9	3:23.9
10 Sites, Maggie	JR	26	Fluvanna Count	-	25:02.0	3:32.0
11 Hickman, Abigail	9	107	Rockbridge Co	-	25:06.8	3:36.8
12 Fafatas, Sophia	9	106	Rockbridge Co	-	25:45.4	4:15.4
13 Coleman, Dreamer	SR	105	Rockbridge Co	-	26:12.5	4:42.5
14 Coco, Lauren	SR	81	Liberty Christia	-	26:33.6	5:03.6
15 Falter, Lauren	JR	134	Spotswood	-	26:56.4	5:26.4

VHSL REGION 3C

Harrisonburg, VA

Rockingham County Fairgrounds

Wednesday, November 6, 2019

**OFFICIAL MEET REPORT**

printed: 11/6/2019 4:48 PM

**Race #4
Boys Alternate 5k****Final Results****INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap
1 Mayhew, Miles	SO	127	Spotswood	-	18:49.9	---
2 Church, Tyler	SR	122	Spotswood	-	18:51.9	2.0
3 Hoover, Jon	9	73	Liberty Christia	-	19:33.4	43.5
4 Powell, Weston	9	34	Fort Defiance	-	19:36.0	46.1
5 Landes, Roth	SR	30	Fort Defiance	-	20:00.6	1:10.7
6 Ruebke, Jonas	SR	129	Spotswood	-	20:06.2	1:16.3
7 Neff, Hector	SO	33	Fort Defiance	-	20:06.7	1:16.8
8 Whitcomb, Sam	SO	152	Waynesboro	-	20:08.2	1:18.3
9 Miller, Camden	JR	148	Waynesboro	-	20:25.3	1:35.4
10 Creasy, Caleb	SR	145	Waynesboro	-	20:33.1	1:43.2
11 Krouse, Jacob	SO	93	Monticello	-	22:13.2	3:23.3
12 Beers, Max	SR	90	Monticello	-	22:13.5	3:23.6
13 Thompson, Morgan	9	57	Heritage (Lynch	-	22:41.9	3:52.0
14 Elliott, Miles	SR	51	Heritage (Lynch	-	23:13.4	4:23.5
15 Aultice, Andrew	9	48	Heritage (Lynch	-	23:43.1	4:53.2