



What's Inside?

- ⚙ Hi from the Recreation Coordinator
- ⚙ Hi from the GRA Board
- ⚙ Summer Day Camp Program
- ⚙ Summer Sports Programs
- ⚙ Summer Kids at Play Program
- ⚙ Announcements
- ⚙ General Information

Goulds Rec Mission Statement

To provide affordable quality recreation services to all residents of Goulds in an attempt to enhance physical, mental, emotional and social well-being of all participants.

Summer Registration for Goulds Recreation Programs

ON-LINE REGISTRATION! The link to our registration can be found on our webpage: gouldsrecreation.com

Sports Registration: Monday, April 29th; starting at 10am

Day Camp Registration: Wednesday, May 22nd; starting at 8am

Kids at Play Registration: Thursday, May 23rd; starting at 10am

All registration must be completed on line. Registration will continue until programs are full.

If you decide to register at the Rec Centre, please understand that we will have to go into the on-line system as well. You are not guaranteed a spot by being here in person. There will be **NO** registration for any of our programs taken over the phone. **Please see Day Camp Registration Notice in the Announcement section of this brochure for further details on day camp.**

Special Event Fridays

Each Friday will be a Special Event including our day camp participants and open to other children from the community. Week 1: July 5th will be a special event at both day camps and will take place on-site. Each week thereafter will alternate between both camps. Week 2, week 4, week 6 will be a special event for children ages 6-9, week 3, week 5, week 7 will be a special event for ages 10-12. Each Friday is \$23 per child (\$21 – second child in the same family). Special Events are included in the weekly activities of day camp at no extra charge to participants registered that week. Each event will be displayed on our outdoor sign, on our Facebook page and website, where you will be able to register on-line. Participants can register the Monday, Tuesday and Wednesday of each week for that week's Special Event Friday.

However, please remember that space is limited for all our Special Events! This is a full day of activities and usually a field trip. We have early drop-off at 8am and late pick-up at 5:30pm. Participants signed up for Special Event Fridays must have plenty of snacks, drinks and a lunch to get them through the day. We do not provide heating or refrigeration of food. They also must have proper clothing/footwear and sunscreen.

hello!

Message from the Recreation Coordinator

A new summer is about to start and with a new summer comes some new changes for Goulds Rec. Since last summer we have been very busy working on ways to improve our program registration and program formats. We are excited to announce our on-line registration and that we will be having two day camps this summer – one for ages 5/6-9 and the other for ages 10-12!

We kindly ask you to be patient and understanding as this will be the first time for both changes here at the Rec Centre. We are aiming for no little hiccups along the way, however, we know we will expect to learn and improve every year!

Once again we have a lot of returning counselors this year and we will have some new faces as well! We are all excited to see you again and meet our new participants and families.

Our programs are a great way to stay active this summer! We have something to offer children/youth ages 5-16! Our main goal for this summer is to provide a safe, fun, memorable summer for all our participants! Let the fun begin!

Nicole Chafe
Recreation Coordinator

Message from Goulds Rec Board of Directors

Goulds Recreation had a very busy year getting ready for this upcoming summer. We hope that our changes to registration and to our day camp program better meet the needs of the families in our community. We would like to welcome back all our returning counselors, participants and families and welcome aboard to our new counselors, participants and families. Goulds Rec strives to provide quality programming for the residents of the Goulds and surrounding areas. We also want to encourage everyone to get active! Have a safe and fun summer!

Goulds Recreation Association
Board of Directors

Board of Directors

Chair: Michelle Downey

Vice-Chair: Dave Ryan

Treasurer: Susan Putt

Secretary: Jeannie Reddy

Community Members:

Donnie Earle

Chad Vaughan

Tina Dinn

Jacqueline Glynn

Cindy Vickers

Gina Evoy

Donna Emberley



***Please see day camp registration notice under the Announcements Page of this Brochure.**

Ages: Camp 1: 6-9 (children must be turning 6 to turning 9 in the 2019 year)

Camp 2: 10-12 (children must be turning 10 in the 2019 year to age 12)

Starting: Tuesday, July 2nd

Cost: \$115/wk (1 child);

\$105/wk (each additional child per family)

Don't Forget!

There will be no day camp on Monday, July 2nd (Canada Day Holiday) or on Regatta Day. If the Regatta is postponed, camp will continue and the holiday will be observed as the festival goes ahead. The prices of these shorter weeks are adjusted accordingly.

Just a Note

All participants in our Day Camp Programs will be exposed to physical activities, crafts, guest speakers, field trips, etc. If your child is in one of our other programs, we will try our best to get your child to that program. If a day camp participant is in 5 or more weeks of day camp and is also registered for one of our other summer programs, they will receive \$10 off of that program(s) fee.

Tentative Schedule

Wk 1: July 2-5: Let the Good Times Roll

Wk 2: July 8-12: Project FUNway

Wk 3: July 15-19: The Movies

Wk 4: July 22-26: Rain or Shine

Wk 5: July 29-August 2: Off the Grid

Wk 6: August 5-9: Aqua Adventure

Wk 7: August 12-16: Fun & Fitness

Wk 8: August 19-23: Celebrate the Good Times

Camper's Check List

- ⚙ Label all personal items
- ⚙ Always have a hat and sunscreen
- ⚙ Be dressed according to the weather each day
- ⚙ Bring running shoes

Camp Guidelines

***Child Drop-off/Pick-up:** Early drop-off is 8am. Parents are not to leave their children in the Rec Centre before 8am, even if there is a counselor present. Counselors only supervise between 8am-5:30pm. We ask that you respect our late pick-up time of 5:30pm. Please ensure that your child is picked up prior to, but absolutely no later than 5:30pm. Camp staff will only let your child leave with those who are on the list provided during registration. If someone other than those listed is to pick up your child, please let us know at sign-in or call the Rec Centre prior to pick-up.

*** Lunches/Snacks:** Campers will need to have enough lunch and snacks to get them through each day. We do not provide refrigeration or heating. Please ensure that your child has plenty to drink each day. No peanuts/nuts, kiwi or fish products are allowed to be a part of your child's snack/lunch, due to allergies.

***Special Needs/Health Concerns:** Upon registration, parents should identify any special conditions that camp counselors should be aware of. Counselors will NOT administer any medications to campers. If it needs to be taken during camp, it must be self-administered.

***Safety:** It is very important that camp participants follow the rules and regulations that are established for the day camp. If these are not followed, your child may be removed from the camp.



Additional note

Participants registered in one or more of our sports programs by June 14th will receive a t-shirt! Our aim is to have the shirts available within the first 2 weeks of the sport. The one time order will be placed the end of the day on June 14th. If your child is due to receive a t-shirt, please keep checking with the instructors of the program to see if the shirts have arrived. There will be sample sizes of the shirts at rec centre. . We cannot guarantee a sport t-shirt to those that register after June 14th.

Outdoor Basketball

Ages: 5-12 (appropriate age groupings)

Cost: \$65 (1st child)

\$60 (2nd child in same family)

Each group will have 2 sessions per week.

Each session will be 1 hour 15 minutes.

Program will take place on Tuesdays & Thursdays

Schedules will be available later in May.

Where: Outdoor basketball courts

by softball fields and skate park

Each week the basketball program will focus on certain skills and practicing previous skills learned. There will be fun games played to help build on the participants skill level. Mini basketball games will take place! Participants must wear sneakers and gym clothes, be wearing sunblock and have sunblock with them, and plenty to drink. This is a great program to maintain and build on your basketball skills throughout the summer!

Tennis

Ages: 5-12 (appropriate age groupings)

Cost: \$65 (1st child)

\$60 (2nd child in same family)

Where: Goulds Tennis Courts

by Rec Centre building

Each group will have 2 sessions per week.

Each session will be 1 hour 15 minutes.

Program will take place on Tuesdays & Thursdays

Schedules will be available later in May

Our program for ages 5-7 has special equipment that is adjustable to help participants have more control and enjoy the sport of tennis much more. Participants in our tennis program can have their own tennis racket or can use rackets provided by Goulds Rec during the session. Participants must wear sneakers and gym clothes, be wearing sunblock and have sunblock with them, and plenty to drink.

Minor Softball

Ages: 7-16 (appropriate age groups)

Cost: \$85 (1st child)

\$80 (2nd child in same family)

(this includes Softball Newfoundland Insurance)

Where: Softball Fields behind fire hall

Groupings: 8 & Under Mixed

10 & Under Mixed

12 & Under Boys

12 & Under Girls

16 & Under Boys

16 & Under Girls

Each group will have 2-3 sessions per week.

Beginners are welcome in all age groups

Schedule can be found on our Facebook page and are available at the Rec Centre. Prior to program start time, a game schedule will be emailed to all registered participants.

Schedules may change depending on number of participants registered for each group.

Each week the softball program will focus on skill development and they will play games.

Participants will need their own glove and must wear sneakers or cleats (no metal cleats) and gym clothes. Participants should be wearing sunblock and have sunblock with them and plenty to drink.

T-Ball

Ages: 5-6 (turning 5 in 2019 – turned 6 or will be turning 6 in 2019)

Cost: \$75 (1st child)

\$70 (2nd child in same family)

(this includes Softball Newfoundland Insurance)

Where: Helena Sullivan Softball Field
(behind fire hall)

Participants will have 2 sessions per week.

Schedules will be available at registration.

This program focuses on teaching participants the basic skills of softball and help participants build confidence in this sport. The participants will engage in many fun activities that will help them develop their skills. They will play some mini t-ball games. Participants will need to have their own glove (please ensure it is a t-ball glove). They must wear sneakers or cleats (no metal cleats) and gym clothes. Participants should be wearing sunblock and have sunblock with them, along with plenty to drink.

This is a wonderful introductory program into the great sport of softball!!



Participants in this program will get to play some great games, make crafts, play in the playground, use our outdoor facilities and have full use of our library for some summer reading! This program has a little bit of everything and is sure to be lots of fun for the participants!

Ages: 5-10 years (must be turning 5 in 2019 & no older than turning 10 in 2019)

Cost: \$85 (1st child);
\$80 (additional children in same family)

Where: Lions Park (behind fire station);
Goulds Library (drop off location, indoor location)

SESSION TIME SLOTS:

Group 1: Mondays 10am-12:30pm and Wednesdays 1:30pm-4pm

Group 2: Mondays 1:30pm-4pm and Wednesdays 10am-12:30pm

Participants can ONLY register for one group

**Times could change depending on the number of participants registered*

**Should Regatta Day go ahead, there will be no program on that day. If Regatta is cancelled, the program will go ahead as scheduled.*

**The program will run for 8 weeks, starting the week of July 3rd-5th and finishing the week of August 19th-23rd.*

Participants Check List

- Label all personal items
- Always have a hat and sunscreen
- Be dressed according to the weather each day, bring extra clothes
- Wear running shoes
- Have plenty to drink and snacks

Additional Note:

Participants cannot be dropped off prior to program start time and must be picked up no later than program end time. We kindly ask all families to respect our staff in regards to drop-off and pick-up times.

Announcements

Goulds Lions Summer Blast

The Goulds Lions Summer Blast will take place on Friday, August 23rd.

Registration for this event will begin on July 8th. Please remember that **SPACE IS LIMITED!** The event starts with bowling, then to one of the local swimming pools for a swim and back to the Rec Centre for hot dogs, drinks and fun times with bouncy castles! After the Blast, Goulds Rec Counselors will host a pre-teen dance on the tennis courts. For more info on this event, please call 745-7575. Anyone looking to volunteer for this event, call 745-7575 or 745-7454 and ask to speak with a Head Counselor or the Recreation Coordinator.

Softball & Soccer Coaches

Please Note:

Minor coaches looking to use the softball fields or soccer pitches **must** call the Rec Centre to book them before actual use. We need to ensure that the time you want does not overlap with other user groups.

Goulds Library/Free Internet Site

Our library/internet site will be open throughout the summer. For hours of operation, please call the Rec Centre at 745-7575, the library at 745-7454 or check our "Goulds Library" Facebook Page.

Day Camp Registration Notice

Goulds Rec strives to be as fair as possible when it comes to registering for programs. Day Camp is our most popular program. We want to ensure that every family has a fair opportunity to register for this wonderful program. We believe in the first come first serve policy and will continue to follow this format. Parents can only register their own child/children for our day camp program. A parent CANNOT register another parent's child/children for this program. Registration for Day Camp MUST be completed on-line. If you decide to come to the rec centre to register in person, please understand that Goulds Rec Staff will have to register you on-line like everyone else, with access to only 1 computer. We have no control over who gains access first to our on-line system. There will be a public meeting on May 14th at 6pm at the Rec Centre specifically for on-line day camp registration, about the changes to our day camp program and a general info session on how day camp runs. We strongly encourage anyone interested in registering their children for our day camp program to attend this meeting. Our payment policy is the same with payment for week one due upfront, all other weeks due two Mondays prior to the start of that week. If you have any further questions, please call 745-7575 or email gouldsrecreation@gmail.com or save your questions for the meeting on May 14th, the answers may help others in attendance.

GENERAL INFORMATION

Refund Policy

All refunds for Goulds Rec Programs will be subject to a \$15 administration fee. Full refunds will only be issued if Goulds Recreation cancels a program/event. Refunds will only be issued during the first two weeks of 8 and 9 week programs and during the first week of 6 week programs. In order to obtain a refund, a form must be completed at the Rec Centre main office during regular office hours. No refunds will be issued for 2 week programs or special events.

Goulds Recreation Facebook Page

In the event of inclement weather or unforeseen circumstances that may interfere with particular programs, an announcement will be made on the facebook page – Goulds Recreation Association. These announcements will be made at least a half hour prior to program start time. The facebook page will be updated daily with regards to particular camp events, sports, Kids at Play, and Special Event Fridays. Please try our facebook option first and if your questions are not answered, then call our main office at 745-7575.

Goulds Rec Rental Information

Rental of the Rec Centre is an hourly rate. For 1 hour: \$45+tax; for 2 hours: \$90+tax. Every additional hour will be a \$40/hour+tax fee. All rentals will be subject to a \$50 damage/time deposit. This will be used in the event of any damages to our facilities, equipment, as well as for any rental that goes over the time booked or if our staff have to stay longer than scheduled time to clean the facilities after the rental. All rental fees MUST be paid at least two weeks before rental date. It is mandatory that all rental fees and damage/time deposits be paid before rental date. If payments are not received within the time frame noted above, Goulds Rec has the right to cancel the booking. Bookings should be made at least one month in advance. Goulds Rec cannot guarantee availability of staff or facilities with less than a month's notice. Refunds will only be issued 2 or more weeks prior to rental date. All refunds will be subject to a \$15 administration fee. Please remember that we are a smoke-free, alcohol-free, Peanut/nut aware and scent aware facility. The rental includes the use of the gymnasium space and kitchen area. **Bookings and payments for rentals can only be made during office hours.**

Goulds Rec Office Hours

Monday-Friday 9am-5pm

Saturday and Sunday CLOSED

Hours may change slightly during our Summer season.

The Office is closed for all regular holidays!

Goulds Rec Directory

Main Office: 745-7575

gouldsrecinfo@gmail.com

Rec Coordinator: 745-7504

gouldsrecreation@gmail.com

Library/Internet Site: 745-7454

Fax #: 745-2727

Facebook Page: Goulds Recreation Association
Goulds Library

Website: www.gouldsrecreation.com