

## 2023 Long Run Results

### Your Choice Ultramarathon

Any Day 2023

Anywhere in the World

Circuit race participation will be awarded for an ultramarathon of your choice. No points awarded, but if a member were to run 6 circuit races (4 for age 14 & under) and an ultramarathon, that would fulfill the requirement for 7 races (5 for age 14 & under) to qualify for a circuit award.

Updated 11/27/2023

Name	Miles	Total Miles	Race	Finish Time	Circuit Credits
Mark Bowman	31.0	172.7	Paleozoic Spring 50K	6:29:38	15
	70.2		Badger Trail Races	18:14:00	
	40.5		Terra Pans Terathlon 8 Hour	8:00:00	
	31.0		Paleozoic Fall 50K	6:39:23	
Angela Freeman	31.0	31.0	Kettle Moraine 50K	9:04:23	8
Efrain Huerta	31.0	162.9	Frozen Gnome 50K	6:31:10	3
	31.0		Kettle Moraine 50K	6:13:13	
	100.0		Potawatomi 100 Mile	30:37:56	
	31.9		BUTTT	6:00:00	
Lily Medina	31.0	94.8	Frozen Gnome 50K	5:54:24	3
	63.8		Kettle Moraine 50K	9:04:21	
	31.0		BUTTT	12:00:00	
Diana Sorich	31.0	31.0	Des Plaines River Trail 50K	8:43:35	12
Leslie Williams	31.0	31.0	Des Plaines River Trail 50K	6:02:40	12