



Our Mishpacha

Inside This Issue

Articles

From Your Rabbi
Hazzan's Notes
Religious Connection
Cold Weather Shelter

Schedules/Times

Clergy Schedule /
Candle Lighting Times

Thank You

Donations

Events/Classes

Conversational Spanish
Chef Michael Katz
Movie Matinee
Kol Shalom
Jake Sapiro, Lecture

Celebrations

Birthdays
Anniversaries

Sisterhood

Chicken Dinner
Sisterhood Shabbat
Tu B'Shevat Seder

Book Club

Yahrzeits

Monthly Observances
Donations

Monthly Calendar

February 2017

Advertisers



A Note from the Rabbi,

Beth Shalom is a place of community, where friends share life together, especially Jewish life. As a close community, we strive to find as many moments of celebration and getting-together as possible, going beyond the prescribed holidays on the calendar. We have quite a few such moments scheduled in the coming month. I invite you to take part in all of them, and consider bringing family and friends. Food is always a wonderful way to share the joy of life with friends. At Beth Shalom, for the second year, we celebrate Jewish/Israeli food with a renowned chef - Michael Katz. We are grateful to Avi Margalith who has made this evening possible for our community as well as to Rita and Bob Rubin. Be sure to join us on Saturday Night, February 4th.

Our movie matinee for February is Denial, based on the acclaimed book "History on Trial: My Day in Court with a Holocaust Denier" by Professor Deborah E. Lipstadt. This is a new movie (November 2016) and we will engage in a discussion following the presentation. February 5th, pizza and drinks.

The weekend of February 10-11 promises to be a wonderful celebration of community, Torah and festival. We have a Friday evening planned filled with dinner, a Tu biShvat Seder and a Shabbat service celebrating our Beth Shalom Sisterhood all wrapped in the special theme of Shira-Song. Many of you have celebrated a Tu biShvat Seder with Beth Shalom, celebrating the New Year for the Trees, a wonderful event with special foods, drinks, songs and Haggadah readings. I recommend you make your reservations early and please let Ann Kanahele is you would like to have an active part in the Sisterhood service.

As you can see, we have quite a lot planned for you in February. The number one comment I hear continuously is that for a small synagogue we sure have a lot going on! And it's true! We cannot miss any opportunity to come together and share life with this wonderful group of community members.

May we be blessed with the warmth of good friends.

Your Rabbi,

Osnat



Everyone is Welcome

Beth Shalom of Whittier

Invites You to

Join us for an epic dinner by

Chef Michael Katz

We are grateful to Avi Margalith who once again brings the Chef program to

CSP and Beth Shalom.

Katz is executive chef of the Adom Group. His restaurants include Adom, Colony and Lavan in Jerusalem – acclaimed among the best in Israel.



When: Saturday, February 4, 2017 at 6:00 PM

Where: At the home of Rita and Bob Rubin
8620 Portafino Place, Whittier, CA 90603

Cost: \$40 per person

(reservations are closed for this event, watch for the next one)

562 941-8744 or bswoffice@verizon.net

Contact Rita 562 943-3335 or brubin698@earthlink.net for more information

Chef Michael Katz will be in Southern California under the auspices of the
Orange County Community Scholar Program

Space is very limited. We can only accommodate 32 , so sign up early to be sure you'll be included in this memorable evening. Your reservation will be confirmed when we receive your payment.



Hazzan's Notes

February brings our close reading of the book of Exodus into sharp focus. The struggles Moses put up with in Egypt, Pharaoh's hardened heart, the stiff-necked children of Israel, and the glory and promise of God's outstretched arm to help bring us from slavery to freedom. These all sharpen our focus as to our purpose in the community and world. We are a very important moral force that allows us to show how we can shine the light of our knowledge to move the world forward.

May we look at the weekly parshah and find new meaning in its words and deeds and allow it to move us closer to the courage of Moses and our forbearers to ever greater heights.

-- Hazzan Lance H. Tapper

BOOK CLUB NEWS

The next meeting of the Beth Shalom Book Club will be on Tuesday, February 14th at Rita's house. We will be discussing Nicole Krauss' "Great House",

"Great House" was a Finalist for the 2010 National Book Award in Fiction; Winner of the 2011 ABA Indies Choice Honor Award in Fiction; Winner of the 2011 Anisfield-Wolf Award; and shortlisted for the 2011 Orange Prize in Fiction. The Amazon introduction states --"A powerful, soaring novel about a stolen desk that contains the secrets, and becomes the obsession of, the lives it passes through."

On March 21st, we will be meeting at Michelle's to discuss Jodi Picoult's "small great things: a novel". With this book, Picoult tackles race, privilege, prejudice, justice, and compassion. And she doesn't offer easy answers.

Everyone is welcome to join our interesting and lively discussions. All perspectives are enjoyed and welcomed. Just come at 12:30 pm., bring your brown-bag lunch, and our hostess will provide drinks and dessert. **We are the entertainment.**

Call me if you have any questions.

Myra



Based on the acclaimed book - *History on Trial: My Day in Court with a Holocaust Denier*, DENIAL recounts Deborah E. Lipstadt's legal battle for historical truth against David Irving, who accused her of libel when she declared him a Holocaust denier. In the English legal system, the burden of proof is on the accused, therefore it was up to Lipstadt and her legal team to prove the essential truth that the Holocaust occurred.

With Academy Award winner Rachel Weisz and Cannes Award winner Timothy Spall.

This viewing is open to all members and non-members alike.
Pizza and soda will be served.

Donations Always Welcome!



KOSHER DETAILS



Animals. We can eat any animal that has cloven hooves and chews its cud. [Leviticus 11:3, Deuteronomy 14:6] A land mammal must have both of these qualities, or it is not kosher. As the Torah specifies, the following are not kosher: the camel, the hare, the pig, and rodents.

Fish. We can eat anything in the waters that has fins and scales. [Leviticus 11:9, Deuteronomy 14:9] Therefore, shellfish (lobsters, oysters, shrimp, clams, and crabs) are not kosher. Approved fish include tuna, carp, salmon, and herring.

Birds. Things here are a bit not clear. A Torah list of forbidden birds is specified here. [Leviticus 11:13-19, Deuteronomy 14:11-18] They are birds of prey or scavengers. Other birds, such as chickens, geese, ducks, and turkeys, are kosher. Of continual discussion is the turkey. Most of us eat turkey even though it was unknown when the Torah was given to us. This leaves a basis of doubt that has Talmudists scratching their heads.

Insects. The Torah forbids creeping things that crawl the earth, as well as flying creeping things, with four exceptions: two types of locust, beetles, crickets, and grasshoppers. [Leviticus 11:41, Deuteronomy 11:20-22, 14:19]

Kosher Slaughter

A person who butchers mammals and birds in accordance with Jewish law is called a *shochet*. He must be a pious man who knows Jewish law and how it relates to Kashrut. The method of slaughter is a quick deft stroke across the throat with a sharp blade that has no nicks or ruts. This results in a two-second death. The mammals and birds slaughtered [Deuteronomy 12:21] in accordance with Jewish law may be eaten. We may not eat animals that died of natural causes. [Deuteronomy 14:21] or those killed by other animals. An advantage of a kosher slaughter, or *shechitah*, is that it results in a rapid and complete drainage of blood. The Torah bans the consumption of blood. [Leviticus 17:10-14] The reason is that the life of the animal (the soul) is contained in its blood. This applies to birds and mammals, not to fish blood. Concisely, it is necessary to remove all blood from the flesh of kosher animals. Any remaining blood must be removed by either broiling, soaking, or salting. Most kosher butchers and all frozen food vendors do the salting and soaking for the customer. This procedure must be completed within 72 hours after slaughter, especially with liver.

Also, an egg with a blood spot may not be eaten. A custom of my mother's was to break an egg into a glass to check this. You see, if one puts a non-kosher egg into a heated pan, the pan becomes *tref* (non-kosher).

continued on page 6



continued from page 5

Fruits and Vegetables

All fruits and vegetables are kosher. The bugs and worms found in some of them are not kosher. Careful inspection is the only way to avoid consuming infected vegetables, especially leafy ones such as lettuce, broccoli, and cauliflower. These are particularly open to bugs. Above all, wash all fruits and vegetables before consuming them to avoid sickness.



Separation of Dairy and Meat

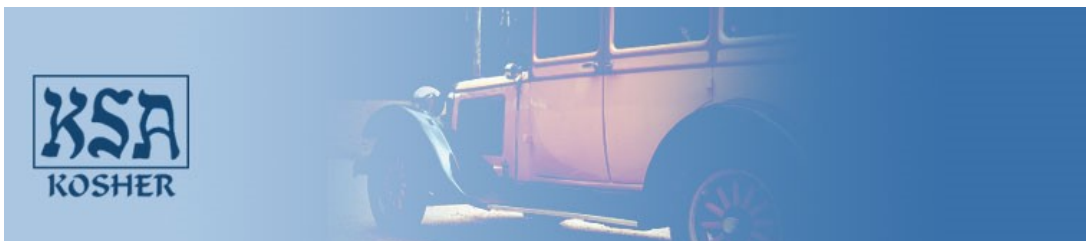
The Torah tells us not to “boil a kid in its mother’s milk.” [Exodus 23:19, 34:26, Deuteronomy 14:21] From this, our sages in both the Oral Torah and the Talmud have explained that these passages prohibit eating meat and dairy together. Poultry is considered meat and is not to be eaten with milk products. In addition, cooking meat and fish together or putting them on the same plate is unhealthy and is prohibited. We can eat fish and dairy together. From this have evolved such dishes as lox and cream cheese, herring and sour cream. It is also permitted to eat dairy and eggs together, such as a cheese omelet.

One must wait a significant time, usually three to six hours, between eating meat and then dairy. This is due to fatty meat particles clinging to the gums and mouth. From dairy to meat, it is only necessary to rinse one’s mouth and eat some bread before eating meat.

The separation includes not only food, but utensils, pans, pots, plates, and flatware with which the food is cooked. In addition, dishwashers or disposers and sponges with which they are cleaned and the towels used in drying must be separate. A kosher home or a kosher restaurant will have two sets of each of the above, one for meat and one for dairy.

More details will be presented for utensils in the next issue of *The Mishpacha*, which will be my wrap-up of the overview of Kashrut and Kosher. For an in-depth understanding of Kosher, see the rabbi and visit a kosher home and ask questions. That is how we all learn.

Sam Pearlman



Kol Shalom

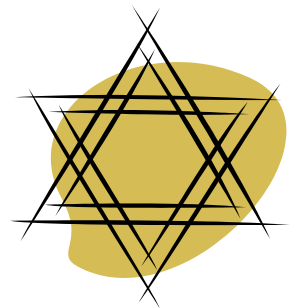
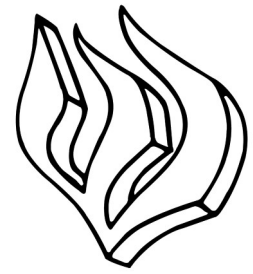
"The Voice of Beth Shalom"

Join Hazzan Lance for the *new*
Shabbat Morning Siddur on February 25, 2017

Join Hazzan Lance on February 25th for the new Shabbat Morning Siddur *Kol Shalom*, The Voice of Beth Shalom. The entire community is invited to breakfast at 9:00 am followed by the service featuring this Siddur at 9:45 am.

This service encapsulates the essence of the traditional Shabbat morning service reframed into a shorter time span with a Torah reading, discussion, and lots of participation through readings and accompanied singing that reflect both traditional and some contemporary traditional style themes.

Join us for this beautiful celebration where you will find both the comfort of tradition and learn new things about Shabbat as well.



Beth Shalom of Whittier

14564 Hawes Street

Whittier, CA 90604

Parking

14545 Mulberry Avenue

Phone: 562-941-8744



Sisterhood Shabbat and Tu B'Shevat Seder

Friday
February 10, 2017

Join us for
Holiday foods and songs

CHICKEN DINNER 6:00 P.M.

\$10 per person for dinner

DEADLINE FOR RESERVATIONS—MONDAY, February 6

We will not accept reservations or payment at the door.

We'll have a list of those who have made timely reservations.

Please call the office—562-941-8744.

**BETH SHALOM OF
WHITTIER**

**14564 Hawes Street
Whittier, CA 90604**

Parking

**14545 Mulberry Avenue
Phone: 562-941-8744**

Tu B'Shevat Seder

6:45 p.m.

Everyone welcome!

Sisterhood Shabbat Service

7:30 p.m.

Oneg following service



Beth Shalom of Whittier

Invites to you to hear

Jake Sapiro, Ph.D.

Professor, Fullerton College

presenting

The Origins of the Arab/Israeli Conflict

Zionism, Arab Nationalism and British

Colonialism—three competing movements that have led to the conflict which is still being fought today

Sunday, February 19

Brunch 10:00 A.M. Lecture 11:00 A.M.

14564 Hawes Street, Whittier, CA

Parking Access: 14545 Mulberry Drive

For further information contact the office at 562 941-8744

No charge. Donations appreciated

Cold Weather Shelter

Many thanks to the donors and cooks who made our week – December 19-26- at the Cold Weather Shelter a success. This year was much more challenging than most since we were not able to use East Whittier United Methodist Church due to some structural problems. Instead, we used Whittier Area Community Church, which unfortunately does not have a kitchen suitable for cooking for forty people, but fortunately is near my house, so we did most of the cooking in my kitchen.

The week went amazingly well in spite of this. Jo Ann Golden and Scott and Cindy Held took care of the duffle bags filled with useful items for the Christmas gifts. We prepared breakfasts of oatmeal, sausage, frittatas, pancakes, scrambled eggs, ham, chilaquiles, French toast, and bacon. Dinners included Hungarian Paprikash, "Enchiladas, Beef vegetable soup with sub sandwiches, French beef stew, Kota Kapama (Greek Chicken with tomatoes and cinnamon sticks), Italian sausage with peppers, and for Christmas – salad, Ham, Turkey, stuffing, mashed potatoes, Sweet potato souffle, green beans, cranberry sauce and rolls.

We all enjoyed the work, but the person who called it "an awesome, awesome experience" and was totally accepted by the homeless community, was Sue Rubin. The people from WACC were extraordinarily accommodating to us and our guests. All in all, it was an amazing week.



Homeless person: I'm almost 65. Do I still have to sign up for chores?

Rita: I'm 70. Do I still have to cook for you?

... He signed up to wipe the tables

2016 Cold Weather Shelter

This year the Cold Weather Shelter from December 19 to 26 was housed at the Whittier Area Community Church. It was wonderful for the guests to be in their spacious gymnasium and have showers. It was a challenge for us to prepare their meals without a suitable kitchen. Our Beth Shalom group with our many friends from the community who helped, pulled it off quite successfully cooking in the Rubins' kitchen and transporting the food to the church. Here are some pictures from the Appreciation Lunch where we congratulated ourselves.



Thank You for Your Donations

We are thankful for the support of Beth Shalom, from its members and friends

Jim Barenbaum Katherine Sapiro Neal Barenbaum

Cold Weather Shelter

Michael Melissa Eileen Wiseman

Thank You—Oneg Donations



Myra Weiss Klara Wein Susan Lieberman

- Rita Rubin



Lunch With Rabbi Osnat

On Tuesday, January 17th, we bounced from topic to topic while having lunch with Rabbi Osnat and eating cheesecake and cookies at Rita's house.

Watch for our next
Lunch with Rabbi Osnat

February Yahrzeit Observances

Beloved Departed	Observed By	Relationship
Zuckerman, Ida	Alpert-Herman, Madelon	Mother
Becker, George	Becker, Myra	Father-in-Law
Chesler, Ethel	Chesler, Joel & Diane	Mother of Joel
Aronowitz, Morris	Lieberman, Susan	Grandfather
Paul, Harry	Paul, Sidney & Sandra	Father of Sidney
Small, Abe	Rubin, Dorothy	Brother
Militeanu, Meir	Wein, Klara	Father
Groisman, Janchel	Beth Shalom of Whittier	Yahrzeit Board
Korduner, Saul	Beth Shalom of Whittier	Yahrzeit Board
Lyons, William M.	Beth Shalom of Whittier	Yahrzeit Board
Morris, Julia	Beth Shalom of Whittier	Yahrzeit Board
Ossofsky, Louis	Beth Shalom of Whittier	Yahrzeit Board
Popkin, Max	Beth Shalom of Whittier	Yahrzeit Board
Rosen, Esther	Beth Shalom of Whittier	Yahrzeit Board
Squier, Sylvia	Beth Shalom of Whittier	Yahrzeit Board
Weissman, Bernard	Beth Shalom of Whittier	Yahrzeit Board
Winter, Benjamin	Beth Shalom of Whittier	Yahrzeit Board

Yahrzeit Donations

Dearly Beloved	Observed by	Relationship
Ruth Beck	Becker, Myra	Mother
Willy Fleischmann	Brookfield, Howard	Father-in-Law
Dora Fleischmann	Brookfield, Howard	Mother-in-Law
Abraham Chesler	Chesler, Joel & Diane	Father of Joel
Ethel Chesler	Chesler, Joel & Diane	Mother of Joel
Pearl DeMase	Greenwood, Hope	Mother
Emmanuel Morzinsky	Hess, Richard & Michelle	Uncle of Michelle
Julius Schwartz	Hess, Richard & Michelle	Uncle of Michelle
Leigh Hess	Hess, Richard & Michelle	Father of Richard
Siegbert Mergruen	Mergruen, Christel & Cutler, Max	Husband
Jean Vinetsky	Norton, Arlene	Mother
Arnold Winett	Norton, Arlene	Brother
Max Blankstein	Fred Blankstein & Maxine Berkowitz	Father of Fred
Abraham Rubin	Dorothy Rubin	Husband

CELEBRATIONS

February Birthdays

Yvette Pollack	February 1
Charles Held	February 6
David E. Weiss	February 22
Dorothy Rubin	February 28

February Anniversaries

Charles & Lila Held	2/1/2017	58th Anniversary
Lynda Bruce & Anne Lesser	2/14/2017	27th Anniversary

*Beth Shalom of Whittier
wishes everyone a very Happy Birthday & Anniversary*

February Clergy Schedule / Candle Lighting Times

Date	Time	Clergy on Bima	Service	Candles
February 3	7:30 p	Hazzan Lance & Mark Peterson	Kaballat Shabbat	5:07p
February 4	9:45 a	Hazzan Lance	Torah Service	
February 10	7:30p	Rabbi Osnat & BSW Musicians	Sisterhood Shabbat	5:14p
February 11	9:45a	Rabbi Osnat	Torah Study	
February 17	7:30p	Hazzan Lance & Mark Peterson	Kaballat Shabbat	5:20p
February 18	9:45a	Hazzan Lance	Torah Service	
February 24	7:30p	Hazzan Lance & Mark Peterson	Kaballat Shabbat	5:27p
February 25	9:45a	Hazzan Lance	Siddur Kol Shalom	

Sweet Potato Soufflé

This sweet potato soufflé was very popular with the guests and the cooks at the Cold Weather Shelter. Enjoy!

Ingredients

3 lb. sweet potatoes or yams, peeled and cut in cubes

2 large eggs

3/4 c. packed brown sugar, divided

1/2 c. butter, melted and divided

1 tsp. salt

1 tsp. cinnamon

up to 1/2 c. orange juice

1 c. pecan halves

Cooking Instructions

Preheat oven to 375 degrees.

Simmer potatoes 15-20 minutes until soft. Drain.

In large bowl, beat potatoes until smooth. Beat in eggs, 1/4 cup brown sugar, 1/4 cup butter, salt, and cinnamon.

Add enough juice to make mixture moist and fluffy.

Scrape into 2-3 quart soufflé dish and smooth top.


Cover with pecan halves. Sprinkle rest of brown sugar (1/2 cup) over pecans. Drizzle with 1/4 cup butter.

Bake 25-30 minutes, until top is bubbly all over.

- Rita Rubin



February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Daily Minyan 2:30p	3 5:07p Candle lighting Kaballat Shabbat w Hazzan Lance 7:30p	4 Breakfast 9a <u>Parashat Bo</u> Torah Service w Hazzan Lance 9:45a Chef Katz Dinner 6p
5 Movie Matinee 12p <u>Denial</u> Bingo 6p	6 Daily Minyan 2:30p	7	8	9 Daily Minyan 2:30p	10 5:14p Candle lighting Sisterhood Chick- en Dinner 6p Tu b'Shevat Seder 6:45p, Sisterhood Shabbat Service w Rabbi Osnat 7:30p	11 Breakfast 9a <u>Parashat Beshat- lach Tu BiShvat</u> Torah Study w Rabbi Osnat 9:45a
12 Bingo 6p	13 Daily Minyan 2:30p	14 Happy Valentine's Day Book Club at Rita's 12:30p	15	16 Daily Minyan 2:30p Board Meeting 7p	17 5:20p Candle lighting Kaballat Shabbat w Hazzan Lance 7:30p	18 Breakfast 9a <u>Parashat Yitro</u> w Hazzan Lance 9:45a
19 Jake Sapiro Ph.D. Brunch 10a Lecture 11a Bingo 6p	20 Daily Minyan 2:30p	21	22 Sisterhood Board Meeting 1p	23 Daily Minyan 2:30p	24 5:27p Candle lighting Kaballat Shabbat w Hazzan Lance 7:30p	25 Breakfast 9a <u>Parashat Mishpa- tim</u> Kol Shalom w Hazzan Lance 9:45a
26 <u>Rosh Chodesh Adar</u> Bingo 6p	27 <u>Rosh Chodesh Adar</u> Daily Minyan 2:30p	28				

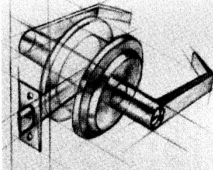
When calling one of our advertisers, please remember to identify yourself as a member of Beth Shalom. It lets them know that their money is well spent advertising with us!

COMPLETE SERVICE INC.
INTERIOR REMOVAL SPECIALISTS

David E. Weiss

LIC. # 766349
14408 E. WHITTIER BLVD. #B6
WHITTIER, CA 90605

(562) 464-9709
FAX: (562) 693-9577




Phone/(562)762-6859
Email/marksinger.locksmith@gmail.com

Mark Singer
Owner

MS Locksmith
Your Security is Our Profession

Specializing in commercial & residential
LCO#4030




Teri Medina's
Really Great Stuff
Clothing, Jewelry & Accessories
Unique one of a kind gifts
Home Decor
BRING THIS AD FOR 20% DISCOUNT
Open Tuesday thru Saturday
14402 E. Whittier Blvd., Whittier, CA 90605
562.907.9800 213.503.8362
teri@terimedinaboutique.com

OLIVE & LAWN
Established 1924
MEMORIAL PARK & MAUSOLEUM

SCOTT PEEBLER
3rd Generation

(562) 943-1718
13926 La Mirada Blvd. / La Mirada, CA 90638
www.olivelawn.com

Need a ride to shul?



*To arrange a pick up call 323-807-0842
24 hr. notice required*

Occupancy: 3 passengers

The Mishpacha is published monthly, on or before the first of the month. If you want an announcement or article to appear in the next issue, the submission deadline is **February 20th**. The Mishpacha is sent on-line to those members and friends of Beth Shalom. If you wish a printed copy mailed to you, please call the office. Printed copies are also available in the lobby of Beth Shalom. The cost is \$18 per year for non-members. The editor welcomes comments, articles, and suggestions. Email Steve at sbap27@aol.com.

Beth Shalom of Whittier

Friday Evening Services 7:30 p.m.

Saturday Morning Services 9:45 a.m.

Daily Minyan, Monday and Thursday 2:30 p.m.

The Judaica Shop

Beth Shalom Sisterhood

The Beth Shalom Gift Shop is open during office hours

10:00 a.m. to 4:00 p.m. Monday through Thursday

10:00 a.m. to 12:00 p.m. Sunday

Gifts for Every Occasion, for Family and Friends

