

class schedule


february 2019



Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29  Chinese New Year Feb. 5 ↓	30	31	1	2
3	4 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	5 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	6 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	7 6:00-9:00pm Chinese New Year Celebration Hat Restaurant Members only	8	9
10	11 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	12 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	13 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	14	15	16
17	18 Family Day No classes	19 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	20 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	21	22	23
24	25 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	26 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	27 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	28	1	2



Medicine Hat
Tai Chi
& Qi-gong Association

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太极拳

year of
earth
pig



I have great faith;
The unknown does not
frighten me;
Fate is my destiny;
I am intrepid and confident;
Assured of divine protection;
As I give what I have freely;
I need no accolades as proof;
I am one with all;
What I offer is without
prejudice;
I am pure of heart and trust
in myself;
I AM THE PIG.

class schedule



march 2019

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
24	25	26	27	28	1	2
3	4	5	6	7	8	9
	7:00-8:00pm YANG (SHORT)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
	8:00-9:00pm CHEN (SHORT)	8:00-9:00pm CHEN (SHORT)				
10	11	12	13	14	15	16
	7:00-8:00pm YANG (SHORT)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
	8:00-9:00pm CHEN (SHORT)	8:00-9:00pm CHEN (SHORT)				
17	18	19	20	21	22	23
St. Patrick's Day	7:00-8:00pm YANG (SHORT)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
	8:00-9:00pm CHEN (SHORT)	8:00-9:00pm CHEN (SHORT)				
24	25	26	27	28	29	30
	7:00-8:00pm YANG (SHORT)	7:00-8:00pm YANG (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms			
31	8:00-9:00pm CHEN (SHORT)	8:00-9:00pm CHEN (SHORT)				



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april 2019

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	 7:00pm OPEN HOUSE MH Cultural Centre <i>Everyone welcome</i>	4	 Qingming Festival	6
7	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms	11	12	13
14	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms	18	19 Good Friday	20
21 Easter Sunday	22 Easter Monday No classes	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms	25	26	27  World Tai Chi and QiGong Day
28	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	1	2	3	4



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class schedule



may 2019

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Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	2	3	4
5	6 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	8 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	9	10	11
12 Mother's Day	13 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	14 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	15 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	16	17	18
19	20 Victoria Day No classes	21 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	22 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	23	24	25
26	27 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	28 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	29 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	30	31	1



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june 2019



Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	4 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	5 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	6	7	8
9	10 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	11 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	12 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	13	14	15
16 Father's Day	17 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	18 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	19 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	20	21	22
23	24 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	25 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	26 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	27	28	29
30	1	2	3	4	5	6



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