

Rasa Yoga Calendar 2017

January 2017

12/18-1/15	India: A Journey Home	
1/7-8	Danda WIG Training	
1/14-15	Ayurveda: Holistic Living	VRI/A I
1/16	Open House	
1/21	Quarterly MIT Meeting	ALL MIT
1/28 - 2/4	9 Day Yoga Flow Workshop	

February 2017

2/4 - 3/11	Cliffs Notes to Yoga	
2/4-5	Anatomy of Yoga	VRI/AI
2/6	Open House	
2/18-19	Anatomy of Yoga (weekend 2/2)	VRI/AI
2/24-26	Healing Immersion 48 "Healing the Heart"	

March 2017

3/4	Quality Life Training 101 Workshop	
3/5	Bay Area Free Day of Yoga	
3/24-26	Healing Immersion 48 "Healing the Heart"	
3/28	Breathing, Healing and Yoga Basics & Breathing with Padma Shakti	
3/29	Awaken Your Inner Healer with Padma Shakti Please RSVP	
3/31-4/2	Asana Immersion (weekend 3 of 3)	VRI/AII

April 2017

4/5	Quality Life Training 101 Session	
4/5-5/10	Stress Management for Teens Six Week Series	
4/8	Yoga Raks: Movement Journey through the Chakras	
4/15	Healing Through Yoga & Ayurveda	A I
4/19	Awaken Your Inner Teacher with Padma Shakti Please RSVP	
4/21-23	Asana Immersion (weekend 2 of 3)	VRI/AII
4/22	Quarterly MIT Meeting	ALL MIT

4/22	Founder's Recognition Awards Ceremony 12:30 PM	
4/25	Breathing, Healing and Yoga Basics & Breathing with Padma Shakti	
4/28-30	Asana Immersion (weekend 3 of 3)	VRI/All

May 2017

5/3	Quality Life Training 101 Session	
5/12 -14	Healing Immersion "Divine Awakening"	
5/15 - 6/19	Buti Yoga 6 Week Series	
5/20 - 21	Nada Yoga & Primal Sound	A I
5/26 - 28	Invitational Leadership Retreat	

June 2017

6/7	Quality Life Training 101 Session	
6/10-11	Meditation Intensive: Dharana	VI/Al
6/21-23	A Course in Yoga with Padma Shakti	
6/22-7/10	Buti Yoga Series	
6/24-25	Ayurveda: Holistic Living	AfL/VI/Al
6/29-7/1	A Course in Yoga with Padma Shakti	

July 2017

7/5	Quality Life Training 101 Session	
7/6-8	A Course in Yoga with Padma Shakti	
7/8	MIT Quarterly Meeting	ALL MIT
7/11-13	A Course in Yoga with Padma Shakti	
7/14-23	Smarana Radha Madhav Dham, Austin TX	
7/25-27	A Course in Yoga with Padma Shakti	
7/28-8/2	Teacher Training Intensive Immersion	
7/29-30	Ayurveda: Cultivating Vitality and Wisdom	AfL/Al/VII

August 2017

8/2	Quality Life Training 101 Session	
8/4-6	A Course in Yoga with Padma Shakti	
8/10-12	A Course in Yoga with Padma Shakti	
8/16-18	A Course in Yoga with Padma Shakti	

8/22-24	A Course in Yoga with Padma Shakti	
8/25-27	Healing Immersion Perfect "Wrong" Student	
8/26	The Perfect "Wrong" Student: Surrender & Letting Go of Control	
8/29-31	A Course in Yoga with Padma Shakti	

September 2017

9/1-3	Invitational Leadership Retreat	
9/4	Bay Area Free Day of Yoga	
9/6	Being Ayurveda begins (Wednesdays @ 6 PM)	AI/AII
9/7-9	A Course in Yoga with Padma Shakti	
9/9	Cliffs Notes to Yoga Weekly Workshop Series begins	
9/9-10	Meditation Intensive: Dharana	AfL/VRI/AI
9/12	Ayurveda Tuesday with Padma Shakti	AfL
9/12-14	A Course in Yoga with Padma Shakti	
9/16	Healing Eating Disorders Through Yoga & Ayurveda	
9/18-20	A Course in Yoga with Padma Shakti	
9/23-24	Meditation Intensive: Dhyana	AfL/AI/VRII

October 2017

10/10	Ayurveda Tuesday with Padma Shakti	
10/14-15	Weekend Intensive: Yoga as Pranayama	VRI
10/14	Quarterly MIT Meeting	ALL MIT
	Founder's Recognition Awards	

November 2017

11/3-5	Healing Immersion 48 "Healing through Yoga & Ayurveda"	
11/4	Healing through Yoga & Ayurveda	AI
11/11-12	Leadership Development: Art of Inspiration	VRI
11/14	Ayurveda Tuesday with Padma Shakti	
11/20-22	Healing Immersion 48 "Grace and Gratitude"	
11/25	Mistletoe Market Festival	

December 2017

12/1-3	Invitational Leadership Retreat	
12/9-10	Leadership Development II: Yoga Sadhana	VRII
12/15-17	Healing Immersion 48 "Healing the Heart"	