



Sonny Garguilo

**Author: SONNYISMS " The Horse Lovers Guide To Common Sense!" / Horse Trainer
EQUUS Film Festival Panel**

**A Real Discussion About "Natural Horsemanship" with Sonny Garguilo The NYC Cowboy
Saturday – 12 pm**



Sonny Garguilo, author of SONNYISMS " The Horse Lovers Guide To Common Sense!"

Sonny Garguilo was born in Brooklyn, N.Y., the furthest place from a horse. At an early age he discovered a true love and respect for the horse. At the age of 31 he purchased his first horse, from there it became a passion, a lifestyle. Being influenced by some of the greatest horseman such as Ray Hunt, Bill and Tom Dorrance, John and Josh Lyons and Tommie Mack Turvey, Sonny understood that

spending time with horses, in their world would only allow him to better understand them.

Sonny Garguilo spends most of his time training horses and helping build a bridge between horse and rider. He will be the first to tell you that his greatest teacher is the horse. His ability to communicate with the horse in a gentle, non-aggressive way is what makes his training so effective and sought after.

Sonny has been a featured clinician at some of the largest known expos, such as Equine Affaire and the Maryland and Pennsylvania Horse world expos in 2014 and 2015.

He was also a chosen competitor in three Extreme Mustang Challenges, winning the trail class in 2012 and placing fourth overall in 2013.

Sonny Garguilo is the only Natural Horseman in the thirty three-year history of the prestigious Hampton Classic to be invited to do an opening day demonstration, not once but twice.

In 2016, Sonny Garguilo was invited to represent the USA in the International colt starting competition. Only three competitors from three countries given 3 hours to start a colt to ride through an obstacle course.

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