

Golden Times

January 2019
Issue I

Find the 

hidden inside this newsletter. When you find the remote call the center at 740-852-3001 by Friday, January 11th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Last month the candy cane was found on page 7.

Congratulations to Bob Hillard, the lucky winner!

The Center will be closed Monday, January 21st in observance of Martin Luther King

2019 Governing

Board Members

Donna Sheridan-President

Jerry Tompkins- Vice President

Shirley Witwer-Secretary

Eilene Duncan

Sharon Manion

Loretta Anthony

Steve Saltsman

The Center will close if the County declares a Level 2 emergency. If you are in doubt, just call the Center at 740-852-3001.

Madison County Senior Citizens Center



Happy New Year!

It is December 17, 2018, as I am writing this, another Christmas at our door, and the beginning of another year following close behind. I hope your holidays were blessed with family and friends and the true meaning of Christmas. I realize this more and more as I get older, life is indeed short and goes by very quickly, but I am always thankful for the blessing of a new day and a New Year. I believe 2019 will be another great year for the center, it is also Levy Renewal time again, I know already. Janisse is hard at work on new trips and scheduling some of your favorite trips. We always appreciate your thoughts and ideas, so please share them.

I would like to thank everyone for their patience and understanding during our shutdown. It is a big job to clean and repair things in the building, everything was moved out of the kitchen, it was scrubbed and sanitized, floor to ceiling. All of the floors were scrubbed and waxed, carpets and furniture were cleaned. The flooring in the large conference room was replaced to something easier to keep clean; the carpet was looking a little rough due to repeated spills on it over the last few years. Bad decision, not mine, putting carpet in that room, it is used for so many activities. We added hand dryers in the restrooms, more sanitary, less paper waste. It is always nice to start the New Year fresh and clean.

Several of the members took matters into their own hands during shutdown and met up for lunch and breakfast. So although the center may not be on a regular schedule during shutdown, our members still know how to have fun together. I believe there was a trip scheduled in there somewhere. The ladies still came in and played cards. Still very active.

If you would like to volunteer, we sure could use the help, give Janisse a call. Thank you for the laughter I hear every day and to everyone that helps at the center every day!

In the New Year, may your right hand always be stretched out in friendship, but never in want.

God Bless – Happy New Year!

Misty



Above: Some of our Seniors that went on the Oglebay trip. They traveled with the Delaware Source Point Senior Group. They had a great time seeing the Dickens characters in Cambridge and the life size Nutcrackers in Steubenville. They had a good time with the Delaware seniors too!



Avid Buckeye fan, Barb Andrix, wearing her Michigan Wolverine in a trap necklace. Barb has season tickets and goes to all the home games. She is an OSU grad and her father was Dean of Men at OSU, coached baseball and also officiated for the Big 10 except for OSU games.



Above: Cedarville Nursing students after their presentation on Depression and Winter Blues. They did such a good job. Their talk was well put together and had a lot of good information.



Shown above are our wonderful line dancers! You can join them on Tuesday nights, starting January 22nd, at 5:30 p.m. It is a lot of fun and good exercise too. Our instructor is Darla Bires.



Below: One of our popular day trips is touring the Wilson Football factory in Ada, Ohio. It is so interesting to see what all the workers do, a lot of it by hand! They are some very hard working people.

All the NFL footballs come from this small factory in Ada.



Above: The nurses had 2 dogs and a therapy chicken brought in to brighten everyone's day. We all loved petting the animals and asking question about them.



Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.

High Euchre Score

11-19-18 Gary Walker 76

11-26-18 Dave Peters 77

12-3-18 Bertha Hilsheimer 81

12-10-18 Bertha Hilsheimer 71

High Bridge Score

11-28-18 Jerry Cummins 5460

12-5-18 Betty Cummins 5580

12-12-18 Doug Pyles 5230



Welcome New Members!

Benny Bozeman

Dave Peters

Robert and Marion Ballard

Bob Stroup

Mike Blake



WEEKLY SCHEDULE

Monday:

8:30 a.m.-Indoor Walking/Exercise Class

9:00 a.m.- Chair Volleyball

9:30 a.m. - Crocheting, Knitting & Needle Crafts

10:30 a.m. - Sitting Exercise/ Strengthening

1:00 p.m. - Euchre

Tuesday:

9:00 a.m.- 3 p.m. Quilting Class

10 a.m.-12:00 p.m. - Bowling at Madison Lanes

1:30 p.m.- Rays of Hope for Seasons of Life Support Group

5:00 p.m. - Cards and Billiards

5:30 p.m.- Line Dancing not resuming until January 22nd

Wednesday:

8:30 a.m. Indoor Walking/Exercise Class

9:00 a.m. - Chair volleyball

10:30 a.m. -Aerobics/Strengthening Class

12:05 p.m. - Bridge

1:15 p.m.- Yoga

2:00 p.m.- Diabetes and Weight Loss Support Group

Thursday:

9:00 a.m.. - Chair volleyball

9:00 a.m.- Fun Bingo January 3rd and 17th

Friday:

8:30 a.m. Indoor Walking/Exercise Class

9:00 a.m.- Painting Class with Harry Croghan

10:00 a.m.- Chimes January 4th and 18th

1:00 p.m.- Free Movie and Popcorn at the senior center. See what is playing on page 4.

Fitness room is open Monday through Friday whenever the center is open.





UPCOMING DAY TRIPS!!



JANUARY MYSTERY LUNCH-Thursday, January 10th. Van fee is \$5. We will leave the Center at 10:30 a.m.

MARCY'S CLAYGROUND-Friday, January 25th. Let's get creative! We will leave the Center at 9:30. Fee for this trip is \$5 to ride the van. When we arrive you will purchase a piece of pottery to paint. You will pay the price of the pottery you choose plus 50% for supplies, glazing and firing. So, for example, a \$10 piece would cost you a total of \$15 plus tax. Prices range from \$3-\$50. We will leave our painted pieces there and will pick them up the following Friday. We will grab lunch afterward and try to make it back for the Friday movie at the Center. **Please sign up by January 11th** if you are interested.

VETERAN'S MEMORIAL-Thursday, January 31st. We will be in contact with those that signed up as interested. Van fee is \$5. You will pay your \$15 senior citizen entry fee at the door. Veterans receive free admission. We will leave at 9:30 a.m. Lunch will be on your own at the Spaghetti Warehouse.

FEBRUARY MYSTERY LUNCH—Thursday, February 21st. Fee for this trip is \$5. We will leave the center at 10:30 a.m.

JOSEPH & THE AMAZING TECHNICOLOR DREAMCOAT—Friday, March 22nd. LaComedia presents this fun, upbeat adaptation of the biblical story of a young man sold into slavery by his own jealous brothers. His gift of interpreting dreams catches the eye of the Egyptian pharaoh and he eventually predicts and saves his country from a terrible famine. **Fee for this trip is \$65** and includes motor coach transportation, show ticket and a great buffet lunch at the theater. Server and bus driver tips are not included. We will leave the Center at 9:30 a.m. and should arrive back in London around 4:45 p.m. **Please sign up and pay in full by Friday, February 15th.**



SNOOTY FOX UPSCALE THIFT STORES—Friday, April 12th. Ready, Set, Go!! Starting January 2nd you may call the Center to sign up for this trip (740-852-3001). Trip fee is \$25. **Please pay your fee by February 12th. Those not paid may forfeit their seat to someone on the waiting list. Please be at the Center by 8:30 a.m. as we are leaving at 8:45 a.m.**

****Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!

Day Trip Payment and Cancellation Policy

When you sign up for a trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If you have questions please contact Janisse at 740-852-3001.

Delightful Dining

Sign up early! Sometimes late reservations cannot be accommodated at the restaurants.
Ride the vans for \$5.00 per person while the seats last or you may drive and meet us there.

Monday, January 7, 2019

Cappy's Pizza

225 Lafayette Street

London, OH 43140

No Vans for this trip!
Meet at Cappy's at 5 p.m.

Monday, February 4, 2019

Eat Greek!

275 East Main Street

West Jefferson, OH 43162

**Vans leave the center at 5 p.m. and arrive at
the restaurant at 5:15. p.m.**

2019 Overnight Trip Information

Holland, Michigan and Biltmore Presentation Wednesday, January 16th at Noon



2019 Tulip Time Festival in Holland, Michigan May 7-9, 2019. This trip is 3 days and 2 nights. It includes The Tulip Time Festival, Fiddle Fire Dinner and Show, Windmill Island, DeZwann Windmill, Parade Klompen Dancing, Arts and Crafts Fair, Quilt Show, Dazzle Dinner Show. Tour Fare includes, motorcoach transportation, 2 nights lodging, 2 breakfasts and 2 dinners, all shows and admissions, tips for driver, guides and porters, tour manager. Double \$599 pp, Single \$749 pp. A deposit of \$100 per person is due to secure your reservation with the **balance due by March 1, 2019. Insurance is available and must be paid for at the time of your deposit. Insurance is \$34 per person/double and \$44 per person/single.**



Alaskan Cruise—September 9-18, 2019 Nine nights, 10 day tour & cruise. Includes a night in Seattle before the cruise and a night in Vancouver post cruise, flight from Columbus to Seattle and return from Vancouver, transfers in Seattle & Vancouver, all meals on board the Carnival Legend, cruise highlights include Tracy Arm Fjord, Skagway, Juneau, Ketchikan, choose your own excursions. Flight, air and cruise \$2745 pp double interior, \$3445 pp double balcony, \$4345 pp single balcony, \$3645 pp single interior. **Final payment due by June 1, 2019.**

Christmas at the Biltmore—December 4-7, 2019 Four days, 3 nights. Includes Biltmore House and Gardens, Biltmore Estate Winery, Blue Ridge Parkway, Candlelight Christmas Evening, Folk Art Center, Grove Arcade, National Gingerbread House Display, Biltmore Village, Asheville City Tour. Also motorcoach transportation, 3 nights lodging, 3 breakfasts, 3 dinners, all shows and admissions, baggage handling, tips for driver, guides and porters, professional tour manager, travel insurance. Double \$899 per person, Triple \$884 per person, Single \$1,099 per person. **Deposit of \$150 per person will secure your reservation with the balance due by September 15, 2019.**

Rays of Hope For Seasons of Life Support Group

The second Tuesday of January 2019 will be the start of the new year for the support group. Weather will always be a factor, and each attendee will receive a phone call from me when a cancellation is needed. You can also call the Madison County Senior Center for up to date answers about the group.

Donna Wharton Care Counseling
cell -740-490-5936
E-mail—dmwharton342@yahoo.com

Membership Dues

2019 Membership Dues should be paid by January 31st, 2019 in order to keep receiving your newsletter. Also if you are participating in activities at the Center you should be a member in good standing with dues paid.

New for 2019 is: Individual dues are \$15 and dues for married couples are \$25. You may pay either at our Center office or by mailing it in to: Madison County Senior Citizens Center, P.O. Box 389, London, OH 43140.

Cash or check only.

Friday Cinema

1 p.m.



Free Popcorn!

January 4	Overboard	Anna Faris, Eugenio Derbez	Comedy, 2018	PG-13
January 11	True Grit	John Wayne	Classic Western, 1969	
January 18	Pretty Woman	Richard Gere, Julia Roberts	Romantic Comedy, 1990	R
January 25	Chappaquiddick	Ed Helms, Jason Clarke	Drama, 2018	PG-13

Movies subject to change due to availability

Happy New Year from the Adult Day Center!

We had a great Christmas party! Lots of our family came to enjoy with us. Santa and his Elf came and brought presents and fun! Thank you to everyone that helped make all of this possible.

Day Center Staff, Beth and Jeanna



In the Kitchen with Joanna

A friend of mine used to make these for our office and they were great.

Mickie's Blackbottom Cups

Cake Batter:

- 1 ½ cups sifted flour
- 1 cups of sugar
- ¼ cup of cocoa powder
- 1/3 cup of vegetable oil
- ½ cup of water
- ½ teaspoon salt
- 1 tablespoon white vinegar



Filling:

- 1 (8oz) brick of cream cheese
- 1 egg
- 1/3 cup of sugar
- 1/8 teaspoon salt
- 6 ounces of chocolate chips



Preheat oven to 350 degrees. Spray mini muffin tin with non-stick spray.

Mix all ingredients for cake batter. Spoon evenly into muffin tin.

Mix all ingredients for filling except chocolate chips. Fold chips into filling mixture. Spoon on top of cake batter mixture. Bake for 15 minutes. Cool for 15 minutes. Turn out of muffin tin.

MADISON COUNTY AARP TAX SITE TO OPEN FEBRUARY 4, 2019



THE FREE TAX ASSISTANCE PROGRAM CO-SPONSORED BY AARP AND THE IRS WILL OPEN MONDAY, FEBRUARY 4TH IN LONDON. THE LOCATION IS THE SAME AS LAST YEAR – 271 ELM STREET (SR38) IN THE EMA (EMERGENCY MANAGEMENT AGENCY) BUILDING ACROSS THE STREET FROM ST. PATRICK SCHOOL. THE SITE WILL BE OPEN MONDAYS AND WEDNESDAYS FROM 9:00 AM TO 3:00 PM.

TAX COUNSELORS ARE AVAILABLE BY APPOINTMENT ONLY. CALL THE MADISON COUNTY SENIOR CENTER AT **(740) 852-3001** AFTER JANUARY 7TH TO SCHEDULE AN APPOINTMENT. FOR ASSISTANCE WITH TAX RELATED QUESTIONS, STOP BY THE SITE DURING HOURS OF OPERATION. MEMBERSHIP IN AARP IS **NOT** REQUIRED, AND THERE ARE NO AGE RESTRICTIONS.

PLEASE BE PROMPT FOR YOUR APPOINTMENT. PLEASE BRING THE FOLLOWING INFORMATION:

SOCIAL SECURITY CARD FOR EVERYONE LISTED ON THE RETURN

PHOTO I.D.

PROOF OF MEDICAL INSURANCE

A COPY OF YOUR 2017 TAX RETURN

INCOME STATEMENTS (SOCIAL SECURITY, W-2'S, 1099'S, ETC.)

MEDICAL EXPENSES (TOTAL BY PREMIUMS, CO-PAYS, PRESCRIPTIONS, MILEAGE, ETC.)

ITEMIZED DEDUCTIONS (REAL ESTATE TAXES, MORTGAGE INTEREST, CONTRIBUTIONS)

TO SAVE TIME PLEASE OPEN ALL ENVELOPES AND SORT PAPERS BEFORE YOUR APPOINTMENT.

MOST RETURNS (FEDERAL, STATE AND SCHOOL) WILL BE E-FILED.

B	Judy Hastings	116	Bill Link	134	Carolyn Garver	139	Deb Weisman	76
O	Karen King	139	Larry Threlkeld	122	Barb Florence	93	Jane Hackworth	74
W	Carl King	162	Paul Hackworth	149	Ann Pickens	96		
L	Barb Gordin	116	Barb Cooper	88	Ray Sheridan	163		
I	JR Venrick	156	John Conn	143	Cecil Herman	99		
N	Barb Andrix	96	Gene Noble	112	Jim Harden	127		
G	Duane Glass	182	Linda Ridolfo	161	Joe Fuchala	113		





January Birthdays



Patron	Birthday	Patron	Birthday
Lawrence, Betty	01-02	Wendel, Doralee	01-16
Conley, Patricia	01-03	Garver, Betty	01-16
Owens, Lori	01-03	Manning, Kay	01-17
McMahen, Mike	01-04	Lipps, Alice	01-18
Hutchins, Charles	01-05	Reed, Helen	01-19
Stringfellow, Norma	01-06	Savage, Trish	01-19
Sowers, Ruth	01-06	Lindsay, Shirley	01-20
Castle, Brenda	01-06	Crabtree, Shirley	01-20
Goodwin, Everett	01-07	Rose, Sally	01-21
Groves, Esther	01-08	Knisley, Bob	01-22
Young, Margaret	01-08	Newman, Millie	01-22
Richard Paysen	01-08	Penry, Robert	01-22
Herald, Linville	01-09	Lambert, Deborah	01-23
Robertson, Joyce	01-09	Sheridan, Donna	01-24
Butler, James	01-09	Boysel, Carolyn	01-25
Ross, Marcia	01-09	Spahn, Doris	01-25
Zimmerman, Diane	01-09	Rarey, Paul	01-26
Riffle, David	01-10	Kavy, Diana	01-26
Cowne, Gary	01-10	Paul, Linda	01-27
Rich, Roberta	01-10	Hunter, Gary	01-27
Reynolds, Sharon	01-10	Nisbet, Stephen	01-28
Little, Roberta	01-11	Radcliff, Bob	01-28
Smith, Golda	01-11	Schickedantz, Cheri	01-28
Gaier, Tony	01-12	Bales, Jerry	01-28
Ell, Gordon	01-12	Weisman, Deborah	01-28
Wilson, Joyce	01-12	Maharrey, David	01-29
Thornber, Sandra	01-12	Dillion, Beth	01-29
Colwell, Patricia	01-13	Slagle, Elsie	01-30
Gordin, Barbara	01-13	Cummins, Betty	01-31
Guinther, Dennis	01-14	Link, Peggy	01-31
Dillard, Paul	01-15	Rolfes, Dorothy	01-31
Harrison, Beverly	01-15	Hundley, Donna	01-31
McCafferty, Joyce	01-16		



JOKES and QUOTES!

Hospital rules state that patients checking out must have a wheelchair. One day a newly graduated nurse assistant came into the room to find an elderly man fully dressed. He was sitting on the bedside chair, with a piece of packed luggage at his side, all ready to go. When he was shown the wheelchair, he was adamant that he was fully capable of walking himself to the parking lot.

But the assistant told him rules were rules, so he relented and let her wheel him out. In the elevator, the assistant asked the elderly man if his wife was coming to meet him.

"I don't think so," he replied. "It takes her awhile to change her clothes, so she's probably still upstairs in the bathroom taking off of her hospital gown and getting dressed."

QUOTES



The reason grandparents and grandchildren get along so well is that they have a common enemy.-Sam Levenson

There's nothing like having grandchildren to restore your faith in heredity.-Doug Larson

I wish I had the energy that my grandchildren have-if only for self-defense.-Gene Perret

The simplest toy, which even the youngest child can operate, is called a grandparent.-Sam Levenson

Everyone who ever walked barefoot into his child's room late at night hates Legos.—Tony Kornheiser



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WWW.FMCPT.COM

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Madison County Senior Citizens Center

P.O. Box 389
280 West High Street
London, OH 43140
Phone: 740-852-3001
Fax: 740-852-3052

We're on the Web!

mcsenior.org or on Facebook at Madison County
Senior Citizens Center

Dated Material



January 2019

Misty Bradley, Executive Director

Ramalingam Selvarajah, M.D., Medical Director

Janisse Williams, Activity Coordinator/Marketing

Marilyn Lowery, Front Office/ Substitute Driver

Ruth Kennedy, Staff Nurse/Wellness Coordinator

Beth Dillion, Daycare Aide

Jeanna Bernard, Daycare Aide

Bonnie Radcliff, Daycare Aide/Substitute

Sandy Darlington, Daycare Aide/Substitute

Jackie Cain, Homemaker

Joanna Sadler, Chef

Steven Wehrs, Cook

Brenda Castle, Transportation Coordinator

Carolyn Wilson, Driver

Wayne Bricker, Substitute Driver

Betty Lawrence, Substitute Driver

Don Hawkins, Substitute Driver

Luther Dolby, Maintenance

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.