

Surf Life Saving Sports & Jr. Guard Training



“Empowering Athletes and Inspiring Ocean Conservation”

Kroc Center Camden Aquatic Center

Session 1:

Sundays, March 8 - 29

Open House & Demonstrations:

Saturday February 28

For Ages 13 - 18*

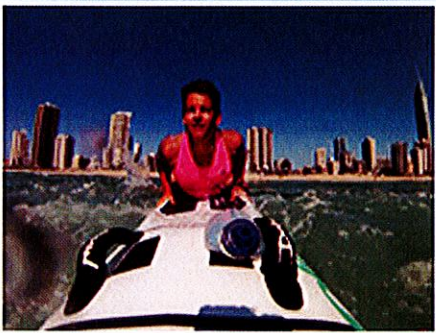
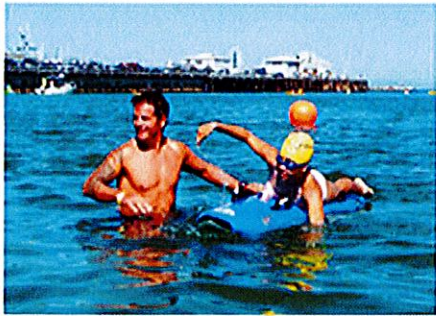
(Participants must be able to pass a basic aquatic skill and comfort test. Older participants will train to become mentors to younger swimmers)

Limited Space Available!

- Train, race and have fun learning open water swimming & paddleboarding skills
- Train to compete in surf life saving races using rescue equipment, techniques and skills of ocean lifeguard athletes
- Learn how to be safe in and around the ocean and open water
- Discover the knowledge and skill required of ocean lifeguards, marine scientists and aquatic professionals

LEAD INSTRUCTOR - BRUCKNER CHASE

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