

This Newsletter is published by:  
Morrow County Services for  
Older Citizens, Inc.  
dba *Seniors On Center*  
41 West Center Street  
Mt. Gilead, OH 43338

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# MORROW COUNTY SENIOR MOMENTS



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**MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.**

**419-946-4191 \* 419-946-1037 facsimile**

**Website: [www.SeniorsOnCenter.org](http://www.SeniorsOnCenter.org)**

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.

**March 2017  
ISSUE**





### 2017 VALENTINE DINNER DANCE



### SHOPPING TRIP

Come and join your friends here at the Senior Center for lunch on March 16th .

After lunch we will be shopping in Marion.

Please call our office to sign up.  
419-946-4191



### SCIOTO DOWNS CASINO

Mark your calendars for our first casino trip of the year! In April we will be going to Scioto Downs in Columbus on April 6th and April 20th. We will be leaving Kroger @ 9AM and returning to Mt Gilead around 4PM. Be sure to sign up. The bus fills up quickly!



## Take a ride with us!

Don't forget the transportation department is here to fill all your transportation needs from doctor appointments, coming in for lunch and activities here, to having your hair done. Call today for more information or to set up a ride.





419-946-4191

### LUNCH TIME

Why not come out Monday –Friday and have lunch with friends here at the Senior Center! We have delicious hot food daily. Please make sure and order your meal 24 hours prior to attending .



# Prize Puzzle!



A cryptogram is a short piece of encrypted text . To solve this puzzle you must replace the wrong letter with the right one. There are two hints bellow. Bring your finished puzzle with you to the senior center on March 7th to win a prize.

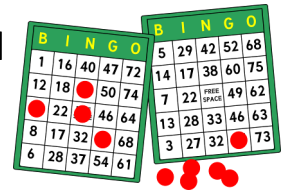
The title is: Sky King      HINTS— L=O    M=S  
YDLP LSR LY RUX VCXZD QCSX LY RUX TXMRXDO MBA VLPXM MBA BKOH!

### UPCOMING SENIOR EVENTS

- March 11th Square Dance 8-10:30
- March 16th Shopping trip to Marion
- April 8th Square Dance 8-10:30
- April 18th All County Senior Luncheon  
(Details to follow)
- April 20th Shopping trip to Marion
- May 13th Square Dance 8-10:30
- May 18th Senior Citizen Day
- May 25th Local Greenhouse/  
Bent & Dent Shopping
- June 5th Clippers Game/ Dime a Dog  
Night
- June 13th Carlisle Inn Sugarcreek play  
The Home game
- June 20th State Park Picnic

### EVENING BINGO

Be sure to come out for our evening Bingo on Wednesday evening March 1st from 4:30-6:30. A special Thank you is expressed to Save A Spon- lot for soring this months Bingo!



### Saint Patrick's Day Word Search

Find the Hidden Message!

Answer

H	K	A	P	P	Y	S	A	I	N	T	P	A	I
T	R	C	N	U	A	H	C	E	R	P	E	L	R
I	C	K	I	S	D	A	Y	G	T	F	M	A	E
O	F	I	A	R	E	V	O	L	C	E	O	O	L
S	T	N	S	G	T	O	K	H	G	I	N	W	A
T	I	A	X	U	D	A	B	J	H	N	L	T	N
Q	A	N	T	L	C	J	P	X	B	G	X	P	D
I	U	P	U	O	W	L	P	T	T	T	D	X	Y
H	R	C	F	O	P	Z	A	W	N	T	J	K	O
K	K	S	H	A	M	R	O	C	K	I	N	X	I
M	J	M	Q	Q	S	D	V	A	Y	J	A	Q	K
R	W	F	K	T	P	F	D	R	U	E	B	S	X
N	D	Z	T	J	R	L	J	K	N	E	E	R	G
U	J	B	L	O	Q	S	J	P	N	O	W	A	P

Saint Patrick  
Clover  
Ireland  
Potato  
Shamrock  
Leprechaun  
Green  
Good Luck



We all get heavier as we get older because there's a lot more information in our heads. So I'm not fat, I'm just really intelligent and my head couldn't hold any more so it started filling up the rest of me!

That's my story and I'm sticking to it!



**MONDAY NIGHT MUSIC**

**\$1 FOR MEMBERS \* \$2 NON-MEMBERS**

**Monday, March 6th**

Meal 5-6PM  
 Music by Country Travelers 6-8PM

**Monday, March 13th**

Meal 5-6PM  
 Music by Dick Starcher & Friends 6-8PM

**Monday, March 20th**

Meal 5-6 PM  
 Music—Open Mic 6-8PM

**Monday, March 27th**

Meal 5-6PM  
 Music by Country Travelers 6-8PM

**You must make reservations for the meals!**

**\*\*Band donations accepted\*\***

**BINGO**

On the first, second, and fourth Tuesday of each month we are having

Bingo from 1-3 PM

Hope you will join us!

**EUCHRE**

Join us for an enjoyable afternoon of Euchre at the Center every Wednesday and Thursday at 12 Noon. We would love to see new faces.

**Beltone at the Senior Center  
 March 21st 10am -Noon**

No appointment necessary

**Angela Schneider,  
 Hearing Care Practitioner**

**Rummage Sale**

Please remember as your doing your spring cleaning to donate your unwanted items for our

**Senior**

**Center Rummage sale**

**on May  
 4th and  
 5th!**



**MORROW CO. SENIOR CLUBS**

**Cardington Seniors**

Friday, March 24th @ 12 Noon  
 Need reservation-\$3.00 suggested donation  
 Seniors On Center  
 41 W. Center St., Mt. Gilead  
 Shirley Robinson 419-864-4077

**Chesterville Seniors**

**Tuesday March 21st @ 12:00 PM**  
 Susie Lyle 419-768-3431

**Marengo/Fulton Seniors**

March 6th @ 9:00 AM  
 Breakfast on your own  
 Farmstead restaurant  
 618 State Route 61, Marengo

Carry-In Lunch @ 12 Noon  
 American Legion Post 710  
 1549 W C.R. 26, Marengo  
 Joyce Taylor 419-253-0727

**Sparta Good Time Seniors**

Tuesday, March 21st 12:30 PM  
 Highland Pizza—your own cost  
 6530 State Route 229, Sparta  
 Dick Sears 419-768-2050

**Mt. Gilead Seniors Club**

Tuesday, March 21st 12 Noon  
 At Seniors on Center. Reservations needed. Bring dessert.  
 Marilyn Sipes 419-468-3500

**MORROW CO. SENIOR CLUBS**

**Morrow County Retired Teachers**

April 3rd @ 11:30 AM Lunch  
 provided by Trinity UMC for \$10.00  
 75 E. High St, Mt. Gilead  
 Janet Johnson 419-362-6903



Join us on Tuesday, March 14th at noon to celebrate our March birthdays!

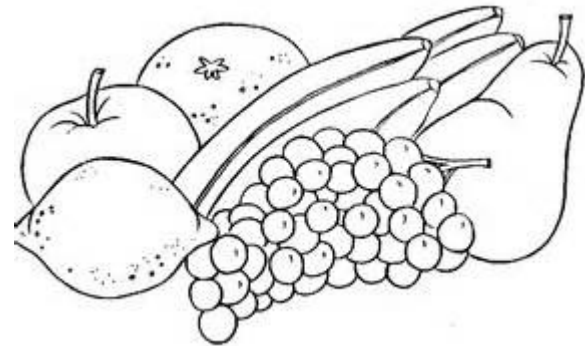
Don Barker  
 Pam Eastep  
 Maggie Clark  
 Tim Walter  
 Geri Park  
 Shirley Robinson  
 Floyd Payne  
 Lois Rinehart  
 Anna Mae Pursley  
 Mary Brandum  
 Sherman Brock  
 Larry Spaulding  
 Patricia Arrington  
 Eva Kehrer  
 Virgil Irwin  
 Rodney Sieitz

Daten Barnett  
 Sandra Carte  
 Dorene Davis  
 Virginia Thompson  
 Lindia Shearer  
 Lou Anne Fuller  
 James Osborne  
 James Stritmatter  
 Linda Hardman  
 Patty Bailey  
 Dorothey  
 Hochstetler  
 Clara Bell Scott  
 Margaret Miller  
 Fanny Arthur  
 Shirley Hoffman



## Morrow County Hospital Cafe

Breakfast will be offered at the Morrow County Hospital Café Monday—Friday from 7:30—9:00 a.m. Stop in at the Center and sign up and give a suggested donation of \$3.00 if you are 60 and over (under 60 will be a \$5.00 charge) and you will receive a meal voucher to use for breakfast. The vouchers can be used any day of the week for breakfast only and is good for 1 month from the issue date. A menu will be offered at the Hospital Café for you to use your voucher. If you would like any additional choices other than what is offered for the Voucher Breakfast there will be an additional charge that you will pay to the Hospital Café.



## GROCERIES FOR SENIORS

You are eligible for a monthly box of groceries if you:

Are age 60 or older

Live in Morrow County

Meet income guidelines

For details contact:

Morrow County Seniors on Center

Shirley Furr at 419.946.4191



Mid-Ohio Foodbank

OPERATION FEED

## AARP TAX PREP

AARP is still taking appointments to assist with your tax preparation needs. Please call to schedule your appointment today . (419) 946-4191

**IT'S TAX TIME!**

**April 15 deadline**

## Square Dance

March 11, 2017 8:00—10:30PM

Seniors on Center

Roger Cole and Hickory Run Band

\$5.00 a person at the door

Sandwiches and chips will be available.

All ages welcome.



## MEDICARE

If you have any questions about Medicare Marc Follin will be here at Seniors on Center the first Thursday of every month at 1:00 until 3:00 PM.

Marc will be here the 9th of March in-  -stead of

# MARCH 2017 ACTIVITY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 12 Noon Euchre 5—7PM Meal & Bingo	<b>2</b> 11:30-12:30 Lunch 12 Noon Euchre	<b>3</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 12:30PM Bible Study
<b>6</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 5-6PM Meal 6-8PM Music Country Travelers	<b>7</b> 9AM Roundtable 11:30-12:30 Lunch 1-3PM Bingo 3-4PM Computer Class	<b>8</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 12 Noon Euchre	<b>9</b> 11:30-12:30 Lunch 12 Noon Euchre	<b>10</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 12:30PM Bible Study
<b>13</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 5-6 PM Meal 6-8 PM Music Dick Starcher and Friends	<b>14</b> 9AM Roundtable 11:30-12:30 Lunch 1-3PM Bingo 3-4PM Computer Class	<b>15</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 12 Noon Euchre	<b>16</b> 11:30-12:30 Lunch 12 Noon Euchre Shopping trip to Marion	<b>17</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 12:30PM Bible Study
<b>20</b> 8:30-10:AM Silver Sneakers 11:30-12:30 Lunch 5-6 Meal 6-8 PM Music Open Mic	<b>21</b> 9AM Roundtable 11:30-12:30 Lunch 12 Noon Mt. Gilead Srs Dessert carry-in 12:30 Sparta Srs Lunch 3-4PM Computer Class	<b>22</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 12 Noon Euchre	<b>23</b> 11:30-12:30 Lunch 12 Noon Euchre	<b>24</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 12 Noon Cardington Srs Lunch 12:30PM Bible Study
<b>27</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 12 Noon —4PM Commodities 5-6PM Meal 6-8PM Music Country Travelers	<b>28</b> 9AM—Noon Commodities 9AM Roundtable 11:30-12:30 Lunch 1-3PM Bingo 3-4PM Computer Class	<b>29</b> 8:30-10AM Silver Sneakers 11:30-12:30 Lunch 12 Noon Euchre	<b>30</b> 11:30-12:30 Lunch 12 Noon Euchre	

# MARCH 2017 MENU

Alternative For the week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 thru 3</b> Tuna Salad Cheese cubes Grapes Pears Pineapple Juice Wheat Bun Wheat Crackers Milk	Happy St. Patrick's day 	<b>SUGGESTED \$3.00 DONATION ONE DAY ADVANCE RESERVATIONS REQUIRED Lunch is served 11:30 until 12:30</b>	<b>1</b> Roasted Turkey Mashed Potatoes Green Beans Tropical Fruit Whole Grain Roll Milk	<b>2</b> Chili Tossed Salad Cornbread Oyster Crackers Peaches Apple Juice Milk	<b>3</b> Salisbury Steak Mashed Potatoes Broccoli Grape juice Whole Grain Bread Graham Crackers Pudding Milk
<b>6 thru 10</b> Egg Salad Cottage Cheese Applesauce Fresh Fruit Grape Juice Wheat Crackers Whole Wheat Bun Milk	<b>6</b> Beef and Noodles Peas and Carrots Mixed Fruit Pineapple juice Whole Grain Bread Molk	<b>7</b> Pulled Pork Sandwich Carrot Raisin Salad Corn Orange Juice Whole Grain Crackers Jello with Fruit Milk	<b>8</b> Hamburgers Baked Beans Lettuce and Tomato Apple juice Whole grain Bun Whole grain cracker Milk	<b>9</b> Chicken Drumstick Oven Brown Potatoes Broccoli Fresh Grapes Whole Grain Bread Graham crackers Milk	<b>10</b> Spaghetti Hot Apple Slices Green Beans Cranberry Juice Bread Sticks Milk
<b>13 thru 17</b> Chicken Salad House Salad Fresh Broccoli Mandarin Oranges Whole Wheat Bread Milk	<b>13</b> Marzetti Green Beans Applesauce Cranberry Juice Bread Stick Milk	<b>14</b> Chicken Breast Mashed Potatoes Carrots Mandarin Oranges Cookies Whole Grain Bread Milk	<b>15</b> Ham Baked Potatoes Califlower Banana Graham Cracker Whole Wheat Bread Milk	<b>16</b> Salisbury Steak Mashed Potatoes Succotash Apple Juice Whole Grain Bread Graham Crackers Milk	<b>17</b> Honey Mustard Chicken Rice Beets Orange Juice Whole Grain Bread Milk
<b>21 thru 24</b> Ham Lettuce & Tomato Fresh Carrots Cranberry Juice Whole Wheat Bread Milk	<b>20</b> Stuffed peppers Mashed Potatoes Lima Beans Peaches Wheat Bread Milk	<b>21</b> Chicken Strips Tossed Salad Ranch Fries Pears Fruit Jello Whole Grain Bread Milk	<b>22</b> Meatloaf Apple juice Corn Mandarin oranges Mac and Cheese Whole Grain Bread Milk	<b>23</b> Lasagna Broccoli Banana Whole Wheat Bread Milk	<b>24</b> Chicken noodle Casserole Peas Applesauce Cranberry juice Whole Grain Bread Milk
<b>27 thru Mar. 3</b> Tuna Salad Cheese Cubes Grapes Pears Pineapple Juice Wheat Bun Wheat Crackers Milk	<b>27</b> Chili Tossed Salad Apple Juice Peaches Cornbread Oyster Crackers Milk	<b>28</b> Chicken Patty Peas & Carrots Mixed Fruit Orange Juice Graham Cracker Whole Grain Bread Milk	<b>29</b> Salisbury Steak Mashed Potatoes Broccoli Grape juice Whole Grain Bread Graham Cracker Pudding Milk	<b>30</b> Pork Chops Baked Potato Applesauce Malibu Vegetables Bread stick Milk	<b>31</b> Roasted Turkey Red Skin Potatoes Green Beans Tropical Fruit Whole Grain Roll Milk