

## 2018 Rule Comparison

### **HIGH SCHOOL RULES**

#### **Overtime:**

3 min sudden victory for varsity only

**Time:** 25 min

**Deputy** -- High School only

#### **Three second - good defense** N/A

#### **Draw**

Used to start each half and after each goal

#### **Penalty Area**

Player receiving a yellow or red card must leave the field and sit or kneel in the penalty area for 2 minutes – coach can have access.

Player's team will play short-handed below the restraining line in both its offensive and defensive ends.

#### **Goal Circle**

May follow through on a shot into the circle.

#### **Checking**

No going through the sphere

### **MIDDLE SCHOOL**

#### **Overtime:**

None

**Time:** 25 min running-last 2 min each half-stopped clock, 5 min half

**Deputy** – Not Allowed  
Major Foul

#### **Three second - good defense - YES**

1. Closely guarded/marked
2. The defense has both hands on her stick.
3. The defense is in position to legally check if checking were allowed

Umpire will give an audible and visible 3 sec. count

#### **Draw**

No draw when up by 4 or more goals. May be waived by coach of the trailing team

#### **Penalty Area**

Player receiving a yellow or red card must leave the field and sit or kneel in the penalty area for 2 minutes – coach can have access.

Player's team will play short-handed below the restraining line in both its offensive and defensive ends.

#### **Goal Circle**

May **NOT** follow through into the circle on a shot.

#### **Checking**

Modify Checking only. The entire stick must be below the shoulder and the check must be down and away

### **5/6 RULES**

#### **Overtime:**

None

**Time:** 20 min running-last 2 min each half-stopped clock, 5 min half

**Deputy** – Not Allowed  
Major Foul

#### **Three second - good defense - YES**

1. Closely guarded/marked
2. The defense has both hands on her stick.
3. The defense is in position to legally check if checking were allowed

Umpire will give an audible and visible 3 sec. count

#### **Draw**

No draw when up by 4 or more goals. May be waived by coach of the trailing team

#### **Penalty Area**

Player receiving a yellow card must leave the field and sit or kneel in the penalty area for 2 minutes – coach can have access.

A substitute **will** take her place. Team does not play down.

#### **Goal Circle**

May **NOT** follow through into the circle on a shot.

#### **Checking**

No checking

#### **Player's Stick**

Modified pocket

May be shorter than 35 1/2