

Informed Consent

Jenny Dooley M.Ed. LMHC

New Life Counseling Center LLC

3208 50th Street CT NW

Gig Harbor WA 98335

253 273-0684

Counselor Information:

I am a Washington State Licensed Mental Health Counselor (LH 60822767). I provide counseling services to individuals, couples, children and adolescents. I earned a BASW (Social Work) from the University of Washington (1985) and a M. Ed. in Counseling from the University of Puget Sound (2012). I have counseled women, children and families in cross-cultural settings for more than 30 years.

Approach to Treatment:

I take a warm, caring, non-judgmental and hope-filled approach to treatment with my clients using person-centered, emotion-focused and existential models. I am particularly sensitive to the cultural, spiritual and family backgrounds of my clients. I enjoy exploring what makes each individual, couple and family unique. I strive to provide a safe environment for my clients to explore sensitive topics, tell their story and discover their strengths as they overcome challenges and meet their goals.

I am a certified facilitator for Prepare/Enrich Pre-marriage Curriculum

I have completed levels 1 & 2 of Gottman Method Couples Therapy

Mental Health Care Records: The Health Insurance Portability and Accountability Act (HIPAA) mandates how I use and maintain your Protected Health Information (PHI.) The following sections explain the limits to confidentiality, how your clinical records are used and your rights to them.

Confidentiality:

The information shared with me will remain confidential and will not be shared with anyone without your written consent. However, there are certain limitations to confidentiality in which I am required by law to disclose without your consent or authorization. These limits include: (1) perceived risks to commit serious harm to yourself or others; (2) information indicating the abuse of children or a vulnerable adult; (3) valuable information in the event of a medical emergency; and (4) an order from a court of law to disclose information from your clinical record.

From time to time I may consult with another experienced licensed counselor regarding your case in order to provide you with the best possible services. Your name will not be used to protect your identity. If you are coming with a family member or spouse, please note that individual sessions are confidential and separate from couple or family sessions. However, for couples seeking marriage counseling, I will not keep secrets. I encourage honest and appropriate disclosure.

Health Care Records:

I keep Protected Health Information about you in the form of the intake form that you fill out during the first session and my clinical case notes. Clinical case notes include general topics discussed during our session. The treatment plan and progress towards goals are noted as well as any homework that may be assigned.

Patient Rights and Uniform Health Care Information Act:

HIPAA provides you with expanded rights with regard to your clinical records and disclosures of Protected Health Information. Washington State Law mandates that you have the right to request, amend, restrict and disclose your protected health information. These records are yours. However, they are best reviewed with me or another trained counselor. A small fee for the release and copy of your records will be charged. I can deny access to your healthcare information if I reasonably conclude that the information would be injurious to your mental health. Your records are kept secure and confidential.

Appointments and Cancellations:

Appointments can be made via phone or at the end of last session. My usual office hours are Mondays and Tuesdays from 9am-6pm. A commitment to counseling is key to reaching your goals. I will work with you to find a set day and time for your appointments. Please inform me 24 hours in advance of a cancellation. No shows will be charged at a rate of 50% at the time of the next session.

Fee Information and Payment policy:

Individual sessions:

1 hour session (50 minutes) = \$100

After hours or 90 minute session = \$125-\$150

Couples sessions:

1 hour = \$125

90 minutes = \$160

Pre-marriage Counseling: including assessment and workbook materials

4 X 90 minute sessions = \$700

6 X 60 minute sessions = \$700

Group Therapy: 90 minute session = \$50

Fees are to be paid at the time of service and can be made by cash, check, or major credit card.

Insurance: I do not take insurance at this time.

Notice to Clients:

Your signature below indicates that you have read this document, agree to its terms and consent to mental health counseling services. It also serves to acknowledge that you have been advised of your rights according to HIPAA, understand the limits to confidentiality and fees for service rendered.

Client(s) Name (Print)

Client(s) Name (Signature)

Date

Jenny Dooley M. Ed. (Signature)

Date