

WORRIED ABOUT WORRYING

Recently, I was visiting with a friend facing significantly challenging times unlike any I have faced in the past, and I shared with him my glib wisdom for not worrying, which went something like “We are limited in our ability to control the outcome of tomorrow. Worrying about situations and people we have no control over is a waste of our energy.”

“Why don’t you just pat me on the head and offer me a Coke?” he asked drily. It was apparent he felt patronized by my good news, but he made a good point about how easily I can tell someone to not worry when I have not walked in their shoes. I thought of how often I circulate well-intentioned, inspirational messages through social media with messages like “Worrying never changes the outcome,” or “No amount of worry can solve any problem.” *Just don’t worry...here, have a Coke!*

Even though I need to continually tell myself precisely these words to prevent my own worry, and even though I believe they hold true for everyone, it was unhelpful for me to tell someone facing the loss of their home (in so many words) “Don’t worry, be happy.” In the same way, it would be insensitive to tell someone unable to feed their family, “Just don’t worry! Everything works out in the end.” It would be condescending to tell someone awaiting results for a medical test, “Worry about that when the times comes.” The human experience can be filled with joy, love, and hope, but can also be messy with complex challenges, and personally working on accepting this fact helps enable me to keep the worry at bay.

Interestingly, a research study published in the December 2016 edition of *Biological Psychology* suggests some “normal” worrying can serve a useful purpose in our lives insofar as normal worry can help us to solve problems connected to daily living, to help improve our mood, and to help us avoid catastrophe. For example, “I am worried because I want my presentation to go well, so I will carefully prepare and arrive well in advance of the start time to review my material.” Being attentive to the matter and working to resolve it helps to reduce my worry.

However, the authors of the study stated worry can take on a more damaging form, presenting a serious challenge to many of us feeling excessive anxiety over what tomorrow will bring. I have mentioned in another reflection that the term “worry” is derived from the Old English “wyrgan,” meaning “to strangle.” Strangle is exactly what worry does to us if left unattended to grow out of control. Humans tend to worry when presented with uncertainty, but does this mean we have failed as Christians because we worried against Jesus’ advice? No, there are times in life when worry wins over and mires us down, and it seems the only thing to do is pray, and because a prayer petition is far better than a Coke (for most of us), here is a version of Reinhold Niebuhr’s “Serenity Prayer” you may be less familiar with:

*God, give me grace to accept with serenity
the things that cannot be changed,
Courage to change the things
which should be changed,
and the Wisdom to distinguish the one from the other.
Living one day at a time,
Enjoying one moment at a time,
Accepting hardship as a pathway to peace,
Taking, as Jesus did,
This sinful world as it is,
Not as I would have it,
Trusting that You will make all things right,
If I surrender to Your will,
So that I may be reasonably happy in this life,
And supremely happy with You forever in the next.
Amen.*



Trevor Drosbeck
Office of Youth Faith Development

Welcome to ... Queen of All Saints Parish

February 26, 2017
Eighth Sunday in Ordinary Time



Saint Augustine's
340 Dominion Street
Moncton, NB



Saint Lawrence O'Toole
2340 Route 115
Irishtown, NB



Our Lady of Mercy
11 St. Andrews Street
Pointe-du-Chêne, NB

PASTORAL MINISTRY TEAM

Priest-Moderator: Rev. Allison Carroll
Assistant Priest: Rev. Laurence Quin-Morris
frlaurence@gasmoncton.com
Liturgy: Carole Penney
Justice and Solidarity: Marilyn McCleary

REGULAR MASS SCHEDULE—HEURES DES MESSES

St. Augustine's: Friday—12:00 noon
Saturday—4:00 p.m.; Sunday 11:00 a.m.
St. Lawrence O'Toole: Sunday —9:00 a.m.; dimanche—9h00
Our Lady of Mercy: Saturday 7:00 p.m.

Parish Office: 340 Dominion Street, Moncton, NB E1C 6H8

Telephone: 857-4223 **Fax:** 857-0020

Email: parish.office@gasmoncton.com **Website:** www.gasmoncton.com

Facebook: Queen of All Saints Parish Grouping

PARISH OFFICE HOURS

Monday to Friday 9:00 a.m. to 12:00, 1:00 p.m. to 4:30 p.m.

Faith Development-Children: Eileen Caissie
eileen.caissie@gasmoncton.com

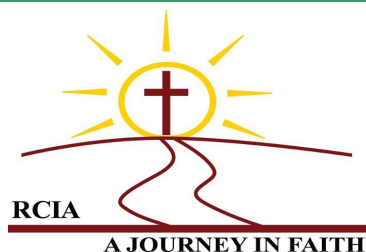
St. Lawrence O'Toole Cemetery: Linda Evans 389-9300

Ray of Hope Needy Kitchen: 857-4224
Meals served: Monday to Friday 10:30 a.m. to 12:00 noon

St. Vincent de Paul Society: 857-2088
Clothing Depot Hours: Monday, Wednesday and Friday 10:30 a.m. to 1:15 p.m.

Daily Readings

Monday	Sirach 17:24-27, 29; Mark 10:17-27
Tuesday	Sirach 35:1-12; Mar28-31
Wednesday	Ash Wednesday Joel 2:12-18; 2 Corinthians 5:20-6:2; Matthew 6:1, 16-18
Thursday	Deuteronomy 30:15-20; Luke 9:22-25
Friday	Isaiah 58:1-9; Matthew 9:14-15
Saturday	Isaiah 58:9-14; Luke 5:27-32
Sunday	First Sunday of Lent Genesis 2:7-9, 16-18, 25, 3:1-7; Romans 5:12-19; Matthew 4:1-11



This Saturday, Our Lady of Mercy Church celebrates the **RITE OF ACCEPTANCE** with **Frances Kelly**. During this ritual, Frances will publicly declare her intention to continue her journey toward full initiation in the Catholic Church, and as a parish community we offer her our support and witness. Please keep Frances, and all Catechumen, in your prayers as they continue their journey towards the Easter Sacraments of Baptism, First Communion and Confirmation.

DISMISSAL

Frances and all adults preparing to be baptized into the Catholic Church and those candidates preparing for reception into the Catholic Church will now be dismissed at the end of the Liturgy of the Word. This Dismissal continues at each liturgy until the Triduum, and at the Easter Vigil, those who are ready, will join their parish community at the Table of the Eucharist for the first time.

The Parish is not sending them out because they are somehow “unworthy” to stay for the Liturgy of the Eucharist. Though they cannot yet come to the Table of the Eucharist, Mother Church still has an obligation to feed those who have entered a relationship with her through the Rite of Acceptance.

God’s Word is their only food during this period. Instead the participants depart from the Mass with an RCIA Team Member or Catechist to discuss the Mass readings for that Sunday, and to experience more fully the impact of the Scriptures in their lives. This time is known as “Reflection on The Word.”

MASS INTENTIONS

Sat	25	4:00 p.m. 7:00 p.m.	St. A OLM	Late Doris Styles Late Ron Browne	Pam Van Egmond Wife Genevieve
Sun	26	9:00 a.m. 11:00 a.m.	St. L O'T St. A	Late Beryl McCleary Anniversary Late Terry Stack	Germaine Melanson Sylvia Mom
Tue	28	7:00 p.m.	OLM	Wendy Stack-Bujold	
Wed	01	12:00 noon 7:00 p.m.	St. L O'T St. A	Late Keith & Gail Jimmo Late Joe Arsenault	Jim & Elsie Tremblay Glenn, Patsy & Family
Fri	03	12:00 noon	St. A	Anniversary Late Kenneth Curwin	Family
Sat	04	4:00 p.m. 7:00 p.m.	St. A OLM	Late Jackie deVarenes Late Bill Gould	Friends Wife Jan
Sun	05	9:00 a.m. 11:00 a.m.	St. L O'T St. A	Late Laurie Belliveau Late Rita Bohan	Wife Emerise Melissa Semilla

OFFERINGS FOR LAST WEEK



Saint Augustine's: Envelopes: **\$3,709.00** (182 env.); Loose: **\$638.00**; Building Fund: **\$185.00** (9 env.); Ray of Hope: **\$80.00** (8 env.); New Years Offering: **\$5.00**; Candles: **\$130.00**; Pre-Authorized Payments: **\$1,052.00** (30 env.).

Saint Lawrence O'Toole: Envelopes: **\$1,050.00** (50 env.); Loose: **\$111.00**; Initial Offering: **\$5.00**; New Years Offering: **\$5.00**; Chowder Fest Fundraiser: **\$95.00**; Pre-Authorized: **\$118.00** (4 env.).

Our Lady of Mercy: Envelopes: **\$772.00** (39 env.); Loose: **\$88.20**; Candles: **\$109.35**.

Thank you for your generosity !

STEUBENVILLE ATLANTIC YOUTH CONFERENCE 2017 will be held July 7th to 9th at Dalhousie University in Halifax for *Youth ages 14 and up*. This year's theme is Elevate....Jesus said "I make all things new"; He calls us on the journey to be higher and raises us beyond things of this world. Early registration is available until the end of February—\$50.00 deposit is required. Please email Theresa in care of the parish office for information. www.steubenville.ca

DEEPEST SYMPATHY is extended to Ann and Don Beaumaster on the death of her sister **Lorinda Casey**; and to Lena and Lee Tambourri and Family on the death of her aunt **Maria Pascale**. *May they rest forever in the loving embrace of the Lord!*

With Sympathy

The First Saturday of the Month Mass will be celebrated at St. Bernard's Church March 4th at 9:30 a.m. Doors open at 8:30 a.m.; Rosary at 9:05 a.m.

40 CANS FOR LENT



St. Augustine's Knights of Columbus Council 7940 are holding a creative food drive project within the parish. Families are asked to put aside 1 item of non-perishable food per day, and on the weekend, place these items alongside the cross made of canned food located at the back of the church. The goal is to collect 2,000 to 2,500 pounds of food during Lent. The collected items will be distributed by the Ray of Home Needy Kitchen.

From the Diocesan Offices of Faith Development, Liturgy and Youth Faith Development
Ellen - 857- 9952 ellen.diocesemoncton@gmail.com; Deb - liturgymoncton@gmail.com
Trevor - 857-4879 trevord.diocese@gmail.com

Rediscovering our relationship with God and creation in light of the Pope's Encyclical, Laudato Si' and the Universe Story – Beginning March 2nd and continuing through the Thursdays during Lent, Sr. Denise Lirette, fj will guide the conversation about the call from Pope Francis to care for the earth, using the document *Laudato Si' (Praise Be to You)*. Sessions will take place at Holy Family Church Hall from 7:00-8:30 p.m. Copies of *Laudato Si'* are available from the Vision Book Store for \$10, or can be downloaded from the Vatican website at http://w2.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco_20150524_enciclica-laudato-si.html. Please contact Ellen or Trevor to register.

In order to ensure that **all** our faith communities become more familiar with the ritual prayer, **Sunday Celebration of the Word and Hours**, the English Diocesan Pastoral Council has requested that two opportunities to celebrate this official prayer of the Church be organized during the Season of Lent. **Sunday Celebration of the Word and Hours** is the **official** ritual to be used when no priest is available to preside at Sunday Mass. Members of all the English parishes (and especially liturgical ministers) are encouraged to take advantage of the opportunity to gather together to pray this liturgy. These liturgies will be celebrated on:
Monday, March 6th at 7:00 p.m. at Immaculate Heart of Mary Church and Tuesday, April 4th at 7:00 p.m. at St. Augustine's Church. Following each liturgy all those present are invited to remain to discuss and ask questions about this ritual.

AMAZING GRACE: Discovering God's Gifts in our Lives—This year's Lenten Mission takes place at Holy Family Church over three Sundays – March 12th, 19th and 26th - beginning with prayer at 6:30 p.m., and concluding with a time of fellowship.

"A Word about Grace: What the Bible tells us about God's Graciousness". March 12th Dr. Andrew Wilson and Dr. Fiona Black (Associate Professors of religious studies at Mount Allison University) will consider: What does the Bible have to say about grace? Is there a difference between the Old and New Testament understandings of grace? What are the ways that grace moves from "text" to "life"?

"God's generous gift offered again and again and again and ..." March 19th Claudette Derdaele (Director of the Adult Lay Formation Program with the diocese of Saint John) will explore: What is this gift given at moments of sacraments? How does this gift "keep on giving?" How do we "keep on receiving?"

"Set the Table, Grace is Coming!" On March 26th Craig Murphy (Regional Director of Chaplaincy, Atlantic for Bridges of Canada) will answer: Who invited Grace anyway? In the busyness of our lives, how on earth do we take the time to sit down for a meal with such a gifted guest? How does your table look, and are we open to the banquet that is set before us if we have eyes to see? Let's explore together what living a grace-filled and graceful life might be for us.

The next **THEOLOGY ON TAP** for young adults (19 to 39) will be held on Monday, March 13th at 7:00 p.m. at St. James' Gate Fox Creek. The title for this session will be *Walk a Mile in My Shoes* and will address issues of awareness and inclusivity involving disabled persons. Our guest speaker will be Karen Young, an adult educator at St. Nicholas Adult High School, part of the Ottawa Catholic School system. Please contact Trevor to register.

Visit the **VISION BOOKSTORE** in the Diocesan Centre at 45 York Street, Friday, March 3rd from 8:00 a.m. to 12:00 noon and from 1:00 p.m. to 4:00 p.m. to take advantage of a special monthly sale where most in stock books will be reduced by 10%. www.visionbookstore.ca. Visit the **Facebook Page** regularly and discover new arrivals each week!



GROUP A—level 1 to 6

<u>Sunday, March 12th</u>	Session 12
<u>Sunday, March 26th</u>	Session 13
<u>Tuesday, April 2nd</u>	Session 14

GROUP B—level 1 to 6

<u>Monday, March 13th</u>	Session 12
<u>Monday, March 27th</u>	Session 13
<u>Monday, April 3rd</u>	Session 14

GROUP C—level 4 to 6 only

<u>Tuesday, March 14th</u>	Session 12
<u>Tuesday, March 28th</u>	Session 13
<u>Tuesday, April 11th</u>	Session 14

A GATHERING FOR PARENTS AND CHILDREN PREPARING FOR FIRST EUCHARIST will be held in St. Augustine's basement this Sunday, February 26th at **6:00 p.m.**

La **SESSION DE FAMILLE** à St. Lawrence O'Toole pour les familles francophone est cédulé au sous-sol de l'église dimanche, le 26 février et 19 mars.

THE REHEARSAL FOR CHILDREN PREPARING FOR THE SACRAMENT OF FIRST RECONCILIATION will be held at St. Augustine's at 6:30 p.m. on Thursday, March 16th.

QUEEN OF ALL SAINTS PARISH

THROUGHOUT LENT

Tuesdays

1:30 p.m.—St. Augustine's: **Adoration and Rosary**

Thursdays

6:30 p.m.—St. Lawrence O'Toole: **Way of the Cross, Adoration and Prayers for Vocations**

Saturday, February 25th

1:00 p.m.—St. Augustine's Church Basement: **Confirmation Gathering**

7:00 p.m.—Our Lady of Mercy Church: **Rite of Acceptance**

Sunday, February 26th

9:30 a.m.—St. Augustine's: **Practice for Lenten Music**

10:00 a.m.—St. Lawrence O'Toole: **Catechese Familiale**

6:00 p.m.—St. Augustine's: **First Eucharist Gathering for Children and Parents**

Tuesday, February 28th

7:00 p.m.—Our Lady of Mercy: **Ash Wednesday Liturgy**

Wednesday, March 1st—Ash Wednesday

12:00 noon—St. Lawrence O'Toole: **Ash Wednesday Liturgy**

7:00 p.m.—St. Augustine's: **Ash Wednesday Liturgy**

Tuesday, March 7th

7:00 p.m.—St. Augustine's Church Basement: **St. Augustine's Catholic Women's League**

Sunday, March 12th

9:15 a.m.—St. Augustine's: **Family Session Group A**

10:00 a.m.—St. Lawrence O'Toole: **Goodie Sunday**

St. Augustine's Church is open each Tuesday from 1:30 p.m. to 3:00 p.m. for those who wish to visit. During this time, the Blessed Sacrament is exposed for adoration. At 2:00 p.m., the Rosary is prayed for vocations and for our priests. The elevator will be available each Tuesday for access to the church.



ADORATION OF THE BLESSED SACRAMENT AND PRAYERS FOR VOCATIONS is held at St. Lawrence O'Toole each Thursday from 7:00 p.m. to 8:00 p.m.

The Ray of Hope Needy Kitchen Inc. is now able to accept donations by way of e-transfers at rayofhopekitchen@gmail.com



The ladies of the **ST. AUGUSTINE'S CATHOLIC WOMEN'S LEAGUE** will hold their monthly meeting in St. Augustine's Church basement on Tuesday, March 7th at 7:00 p.m. All ladies of the parish are welcome to attend.

Immaculate Heart of Mary's Knights of Columbus will be hosting a **SHROVE TUESDAY PANCAKE SUPPER** Tuesday, February 28th from 4:30 p.m. to 6:30 p.m. at the Dan Bohan Centre. Enjoy turkey soup with crackers, pancakes, sausage and beans. There will also be tea, coffee, lemonade and delicious fruit salad. Adults \$6.00; Children 6-12 \$3.00; Under 6 - free. Family (2 adults and kids) Maximum \$20 per family.



Led by Fr. Laurence, a **PILGRIMAGE TO THE HOLY LAND** will be held February 7th to 15th, 2018. Information brochures are available at each church.

A number of people have expressed an interest in a **PILGRIMAGE TO MEDJUGORJE!**

Marian Pilgrimages have offered me the dates of October 10th to 18th, 2017. \$2,859 is an estimated cost based on 20 pilgrims travelling. This price includes:

- Return transatlantic flights from Toronto to Sarajevo via Istanbul.
- Transfers to and from Medjugorje by Coach.
- 7 nights in a Marian Pilgrimage Hotel with breakfast and dinner included. An English speaking guide and visits to all places of local interest.
- All taxes and surcharges

At this stage, I need to have some idea of those who may be interested. Please let me have your name, address and phone number.

Fr. Laurence



The **WORLD DAY OF PRAYER** is observed annually on the first Friday in March. It is an invitation for Christians to pause and pray together ecumenically. Prepared by the women of the Philippines, **World Day of Prayer**

2017 Service entitled "Am I Being Unfair To You" and is being held at St. John the Baptist Anglican Church, 28 Woolridge Street in Riverview this Friday, March 3rd at 2:00 p.m. (Snow date March 10th, 2:00 p.m.).

WELCOME TO THE HOLY SEASON OF LENT which prepares us for the church's greatest feast—the Paschal event of the Lord's death and resurrection and the triumph over sin and the works of the evil one.

PRAYER, FASTING AND WORKS OF CHARITY are traditionally the three disciplines of Lent, which Christians embrace in a more intense way. **LENTEN COIN FOLDERS** are available at St. Lawrence O'Toole and St. Augustine's.

PLEASE NOTE: Catholics who have celebrated their 14th birthday are bound to abstain from meat on Ash Wednesday and Good Friday. Catholics who have celebrated their 18th birthday, in addition to abstaining from meat, should fast, i.e., eat only one full meal on Ash Wednesday and Good Friday. Smaller quantities of food may be taken at two other meals but no food should be consumed at any other time during those two days. The obligation of fasting ceases with the celebration of one's 59th birthday.



As we enter the season of Lent, it is important to remember that the Church asks us to do several things different from the rest of the liturgical year as we celebrate this season and look forward to the joy of Easter. For example, we do not sing the Alleluia or the Gloria during Lent. As a further way of denoting this season, St. Augustine's is planning to have a **SILENT ENTRANCE PROCESSION** followed by a sung Penitential Rite, i.e. Lord have mercy. As we journey from Ash Wednesday to Easter, we prepare our hearts to celebrate the victory of the light and life of Christ over the darkness of sin and death.

WEDNESDAY, MARCH 1ST

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|------------|--------------------------|
| 9:30 a.m. | St. Bernard's |
| 12:00 noon | Holy Family |
| 12:00 noon | St. Lawrence O'Toole |
| 6:30 p.m. | Immaculate Heart of Mary |
| 7:00 p.m. | St. Augustine's |



The **Way of the Cross** will be celebrated each Friday during Lent at Holy Family Church at 7:00 p.m.

St. Bernard's will celebrate **Evening Prayer** during Lent Thursday evenings at 7:00 p.m.

The **WAY OF THE CROSS AND ADORATION** will be held at St. Lawrence O'Toole Thursday evenings at 6:30 p.m.