

# Lara Kernan

USDF Bronze Medalist



Lara Kernan is a life-long horsewoman who recently returned to the Dayton area where she grew up riding and competing. Her many accomplishments include competing at the Prix St. George Level and earning her USDF Bronze Medal. Her philosophy is that a good horsemanship and solid dressage schooling improves horses of all breeds from all disciplines. Lara has helped many riders in the local areas learn to ride and compete in dressage and over fences. Her calm, positive approach to instruction helps students build confidence along with a strong horse/rider partnership.

*"Life is a Journey...  
Enjoy the Ride"*