



2016 Dates:
Tuesday,
November 15

Tuesday,
December 13



Time: 6pm-8pm

Location: Kremer Veterinary Services
24020 W Riverwalk Court Plainfield, IL

Fur-ever In Our Hearts Pet Loss Workshop

Cost:

\$45/person
(includes 1 shadow
box activity)
\$80/2 participants
(includes 2 activities:

1 shadow box
1 memory brick)

\$10 for additional memory
brick activity

**Bring your
pets items of
remembrance
to include in your
shadowbox.**

Contact:

Your Kremer Veterinary
Clinic to register.



*"He was our 116 pound
fur baby -
our first born..."*

Pets are an important part of everyday life – they are family. When a pet dies, we experience grief. We may mourn alone, thinking that others may not understand the impact of the loss of our beloved pet. Other times, we share stories and share our grief with others.

It's important to take time to grieve. You will adjust to the changes in your life as you recognize their absence. You may miss the sound of their steps on the stairs, their greeting you when you return home, or the sound of their snore when you sleep. You may be triggered when you go to buy their favorite treats, drive past their favorite places, or see a pet that looks similar to your pet.

Kremer Veterinary Services offers a Pet Loss Workshop to help you grieve your pet. Julie Blackburn, owner of Chartreuse Center, is a Licensed Clinical Professional Counselor and Registered Art Therapist who has provided grief counseling services since 2009. She will facilitate the 2 hour workshop to create a memory piece about your pet and share stories with others that are grieving.

Pet Loss Workshop

Kremer Veterinary Services, Ltd Locations:

Animal Care Center of Plainfield
(815) 436-8387



Animal Care Center of Shorewood
(815) 744-1500

CARE Animal Emergency Services
(877)859-PETS (7387)

Downers Grove Animal Clinic
(630) 852-1855

Hinsdale Animal Hospital
(630) 323-1312

Mallard Point Veterinary Clinic
(815) 467-4855

Oswego Animal Hospital
(630) 554-7670

Chartreuse Center offers specialized counseling for infertility, loss, and grief.



Chartreuse Center
11309 Distinctive Drive
Orland Park, IL
Ph: 815-556-9471
www.ChartreuseCenter.com

Remembering Your Pet

You may be surprised with the intensity of grief you may experience after the loss of a pet. You may recognize the feelings are similar to the grief experienced after the death of a loved one. It is similar – this pet became an integral part of your family for quite some time and the little one captured your heart. It is normal to experience grief regarding this loss.

Help Children with Loss of a Pet

- Use concrete language with children to explain the loss. Avoid slang or sayings (such as the pet is asleep) that may confuse or instill fears the child.
- Have a memorial service to honor the life of the pet and encourage the children to have special roles.
- Encourage drawings of special characteristics of the pet.
- Write a letter to the pet.
- Offer to place a photo in the child's room of the special pet.
- Share memories of the pet.
- Read books that help explain the life cycle such as Lifetimes, by Bryan Mellonie; I'll Always Love You, by Hans Wilhelm; or The Invisible String, by Patrice Karst.

Remembrance Ideas for Adults

- Keep your pets belongings in a safe place. You may want to look at the items at another time.
- Have a paw print made. You may have this done at your veterinary office or you can do yourself with air-dry clay.
- Make a video montage or image slideshow about your pet's life.
- Preserve their scent by placing a favorite blanket or toy, unwashed, in a ziplock bag.
- Make a scrapbook or photo album of special events.
- Create a memory brick about your pet.
- Donate pet toys, supplies, or food to a local shelter, rescue or humane society in memory of your pet.

Call your **Chartreuse Center** location to register for the **Pet Loss Workshop**.