



Suicide Alertness for Community Members

safeTALK is a 3 1/2-hour training program that prepares helpers to identify persons with thoughts of suicide and connect them to suicide first-aid resources. Most people with thoughts of suicide, either directly or indirectly, invite help to stay safe. Alert helpers know how to identify and work with these opportunities to help protect life. Powerful videos illustrate both non-alert and alert responses. Discussion and practice stimulate learning.

Space is limited. Ages 15+. Light refreshments provided.

Two Dates

Tuesday, March 10, 2020: 9 a.m.

Thursday, March 12, 2020: 5 p.m.

Panera Bread in Waynesboro

**Pre-registration is required.*



For questions or to register:
Email name and phone number to
crystalabbegraham@gmail.com



Training, materials and refreshments offered at no cost, thanks to the generous support of the Virginia Department of Behavioral Health and Developmental Services, Mental Health America of Augusta and Valley Community Services Board.