

# September/October

...at a glance

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>12</b> Hybrid In-Person Worship 11:15 am	<b>13</b> Meditation Online 7pm	<b>14</b> Prayer Service Online 12pm Courageous Church 7pm	<b>15</b> Prayer Service Online 8:30am Zoom Office Hours 2- 4:30pm	<b>16</b> Prayer Service Online 4pm Craft/Study LSC Partners 7pm Community Dinner 6pm	<b>17</b>	<b>18</b>
<b>19</b> Hybrid In-Person Worship 11:15 am	<b>20</b> Meditation Online 7pm  <b>Election Day!</b>	<b>21</b> Prayer Service 12pm LSC Council 7pm	<b>22</b> Prayer Service Online 8:30am Minister Visiting 2-4:30 pm Faith Formation Committee 6:30pm	<b>23</b> Prayer Service Online 4pm Craft/Study	<b>24</b> Film and Faith 7pm	<b>25</b>
<b>26</b> Hybrid In-Person Worship 11:15 am  Potluck	<b>27</b> Meditation Online 7pm	<b>28</b> Prayer Service 12pm Courageous Church 7pm	<b>29</b> Prayer Service Online 8:30am Zoom Office Hours 2- 4:30pm Leadership Team 7pm	<b>30</b> <b>Office Closed for National Day of Truth and Reconcili- ation</b>	<b>1</b>	<b>2</b>
<b>3</b> Hybrid In-Person Worship 11:15 am	<b>4</b> Meditation Online 7pm	<b>5</b> Prayer Service 12pm Courageous Church 7pm	<b>6</b> Prayer Service Online 8:30am Minister Visiting 2-4:30 pm	<b>7</b> Cong. Care 10am Prayer Service Online 4pm Craft/Study	<b>8</b>	<b>9</b>

## ANNOUNCEMENTS

September 12, 2021



306-761-0556 | eastsideunited@sasktel.net  
Eastsideunited.ca | **Join us on Zoom here!**  
Like us on Facebook (Eastside United Church)  
Follow us on Twitter! @eastside\_united



**Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.**

**Minister:** Russell Mitchell-Walker

**Pianist:** Josh Hendricksen

**Tech Support:** Brayden Barrett & Barry Sudom

**Greeting:** Teresa Strachan, Anita Tessier

**COVID Protocol:** Bonny Manz, Becca Dziaduck

**Prayers of the People:** Cathie Henderson

**Congregational Care Greeter:** Delia Baidoo (Video)

**Zoom Host:** Brian Mitchell-Walker

**Facebook Live Host:** Stephannie Banks

**Sunday Scripture:** Matthew 22:1-14, Proverbs 1:20-33

**Hymns:**

Deep in our Hearts – MV#154 Vs. 1

Called by Earth and Sky – MV#135 chorus

All Are Welcome – MV#1 vs. 1, 2, 5

Sow Seeds - All God's Children Sing #54

We Are Called (Come Live in the Light) – Lutheran Worship #720

It's a Song of Praise to the Maker – MV#30 vs. 1 and chorus

Lord, Listen to your Children Praying – VU#400

Guide Me O Thou Great Jehovah – VU#651 vs. 1 and 2

Like a Rock – MV#92

Last week's attendance: **N/A**      Offering: **\$550**      Weekly budget: **\$3167**  
(not incl. PAR) August

**Office Hours and More:**

- **Russell's Hours:** Tuesday, Wednesday, Thursday, and Friday. Russell's e-mail address: [russell.eastside@gmail.com](mailto:russell.eastside@gmail.com).
- **Office Hours:** Wednesdays from 2 – 4:30 on alternating weeks.

- **In-Home Visits:** Please let us know if you would like to have an in person visit. More information is available in the bulletin.
- **Church Office Hours:** Tuesday, Wednesday, Thursdays, 9 am – 3 pm. You can reach our office by email: [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net).
- **Prayer Services:** Tuesday at noon, Wednesday at 8:15am, Thursday at 4pm.



## In-Person Worship Details

- We will be holding in-person services – you are welcome to attend if you feel comfortable doing so!
- **If you are planning to attend in-person services:**
  - We are required to wear masks and practice social distancing at the LSC.
  - We ask that adults only attend if you are fully vaccinated. We hope this will make our services more accessible to those who are ineligible to receive a vaccine (immuno-compromised, children under 12, etc.). Those who are ineligible may attend without being vaccinated.
  - Please do not attend in-person services if you are experiencing any COVID-like symptoms, or have possibly been in contact with someone who has COVID.
  - Please hum along to hymns at this time!
- If you are not yet vaccinated, we invite you to join us online via Zoom or Facebook Live.
- Please let us know if you would be able to assist as a volunteer on Sundays as we will need help with ensuring that pandemic protocols are followed.



We thank you for helping us keep our community safe as we continue to monitor the pandemic. This practice and policy is consistent with the recommendations of the Living Skies Regional Council and the United Church of

Canada, and done in a manner that is meaningful for our community and is safe for every member of our congregation. If you have questions or feedback, please let Sarah Tkachuk know.

## Eastside Announcements

**Worship will also be happening here on Zoom as an online option!** You can also call into the Zoom session on the phone with audio only by calling 1-587-328-1099 or 1-204-515-1268. If you have trouble with sound on your computer, you can also call in with these numbers while watching on zoom.

### We still need your support as our ministry continues!

We are presently behind in our revenues, both budget and with regard to expenses. Making your offering online couldn't be easier on our website! Additionally, offerings can be mailed to Eastside at:

**Eastside United Church**  
3018 Doan Drive  
Regina, SK S4V 1M1

Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door (mail is checked Tuesday, Wednesday, Thursday). You can also send e-transfers to our email: [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net).

**Thank you for your generosity!**

**Financial update for July:** If you would like to view Eastside's July financial statement, please click [here](#). Eastside has experienced shortfalls in our envelope giving this quarter. We appreciate all of those who give to Eastside and are thankful to all of our givers. As summer continues and many will be going to cabins or away for holidays, we would like to gently remind our friends that we continue to have regular expenses and appreciate your support. If you would like to sign up for regular giving through PAR, please contact Becca. We also accept e-transfer which can be sent to [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net).

**PAR and M & S Donations:** If you would like to add or increase PAR and/or M&S offerings, please contact Becca and she will help you get set up or make changes. Email [eastsideunited@sasktel.net](mailto:eastsideunited@sasktel.net) to let Becca know what changes you would like to make, and he will submit the changes for processing.


**We are continuing the A Work of Art, Culture, and Its Story during worship!** If you have a piece of work or cultural item that has a story or holds spiritual meaning for you and would like to share on Sunday during worship, please let Russell know.


**Sunday School with Eastside will be resuming in October!**

**COVID Vaccine Fact Sheet:** We are all encouraged to get vaccinated, to protect ourselves and others, and to return to a new normal. Download the fact sheet [here](#), and check out Saskatchewan's vaccination plan. Remember that once vaccinated you can still be a carrier of the virus so masks and distancing practices are recommended when out in public.

**Election Day is September 20.** Make your vote count! As people of faith it is important for us to be engaged in our community and make our voice heard. Check out the United Church [Your Vote, Our Future](#) page, on the UCC website for guidance from a faith perspective on voting and election issues.

**Eastside T-Shirts:** T-shirts can be picked up during LSC office hours. If you did not order but are interested in purchasing one, email Becca to see what colour and sizes are available. \$30/each.





**Cloth Masks:** It is a good idea to wear masks when we are out in public, especially indoors. If you would like a mask, please contact or drop into the office as we still have some in the bin.

**Committee Vacancies:** The Gratitude Team is gearing up for its fall campaign and could use two more members to ease the load. If you are grateful for being part of the Eastside community and would like to inspire gratitude in others and encourage people's generosity, we'd love to have you join us! Let Becca know if you are interested. The Worship Feedback Team is looking for a few members as well. This team evaluates services once or twice a month and meets every six weeks to discuss.



**Were you unable to attend worship in the past?** You can find a video recording of past services online. Visit our website [HERE](#) to find uploaded videos of service. They can also be found on our Facebook page.



Please share your favourite hymns with us! Let us know by filling out this Google Form [HERE](#).

**Text In Church:** If you would like to receive text notifications about special services and events at Eastside, text the word 'Loop' to 306-517-6797.




**Did you miss the announcements at last Sunday's worship service?** Printed announcements are saved on the Eastside website each week - check them out at [www.eastsideunited.ca](http://www.eastsideunited.ca) under the **What's New** heading!

**House of Dinah is still in need of a leader!** Following the passing of Linda Richards, House of Dinah is without a leader at this time. If you are able to fill

this position, please let us know! As we near a time where we will be returning to in-person worship, coordinating volunteers and ensuring tasks can be managed is important to keeping our community safe.

## Eastside Programming

**Would you like to attend our September 16 community dinner online?** Text "RSVP" to 306-517-6797 or contact our office. If you would like to be added to our volunteer roster for future in-person dinners, please let Russell know. We need kitchen help, cooks, set up and clean up. We are also looking for a volunteer cook for every other month once we are able to continue with in-person dinners.




Join us for the Courageous Church Summit Tuesdays at 7pm online on September 14, then each week from September 28.

**Sept. 14** - Diana Butler Bass, author, (Grateful, Grounded), historian  
**Sept. 28** - Rev. John Dorhauer, President United Church of Christ  
**Oct. 5** - Rev. Dr. Jacqui Lewis, minister Middle Collegiate Church, New York  
**Oct. 12** - Brian McLaren, author (We Make the Road by Walking)  
**Oct. 19** - Bishop Michael Curry (Episcopal National Bishop) & Jim Wallis (Sojourners Magazine)  
**Oct. 26** - Rev Claudio Carvalhaes, Theologian and Professor of Worship at Union Theological Seminary.

**Register by texting 'Faith' to 306-517-6797 or contact the office.**

**Meditation Schedule:** Meditation will be resuming on September 13 online. [Click here](#) to join at 7 pm on Mondays.

Craft/Study will be resuming in the fall on September 16!  
Sessions will be on Thursdays at 1:30 online.



The book for these sessions will be See No Stranger by Valarie Kaur. If you would like a book, please let Becca know.

### Reading Schedule:

**September 16 ~ Chapter 1**  
**September 23 ~ Chapter 2**  
**September 30 ~ No C/S, office closed for National Day of Truth and Reconciliation**  
**October 7 ~ Chapter 3**  
**October 14 ~ Chapter 4**  
**October 21 ~ Chapter 5**  
**November 4 ~ Chapter 6**  
**November 11 ~ Chapter 7**  
**November 18 ~ Chapter 8**  
**November 25 ~ Chapter 9 and Epilogue**

**Russell is planning to offer in-home visits this fall.** If you would like to plan a visit, please let Russell know. We would ask that those who are comfortable having in-home visits let us know whether you have been vaccinated as we are



**There will be a Film and Faith** session on September 24! Stay tuned for more information in weekly announcements.

# September Potluck

JOIN US FOR OUR FIRST POTLUCK ON SEPTEMBER 26 FOLLOWING SUNDAY SERVICE! THIS EVENT WILL BE CATERED BY MUNCH CAFE AND WILL INCLUDE SOUP AND SANDWICHES. REGISTER BY CONTACTING THE OFFICE OR BY TEXTING "POTLUCK" TO 306-517-6797.

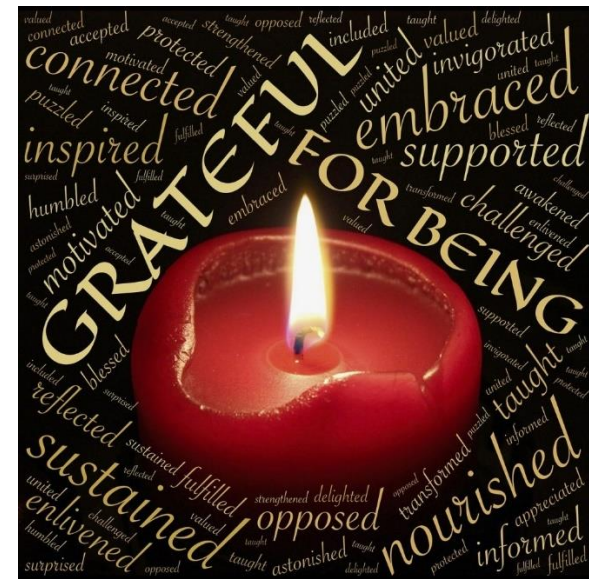
COST TBA - PLEASE LET US KNOW IF YOU NEED A VEGETARIAN OR GLUTEN FREE OPTION!

PLEASE NOTE THAT THESE PLANS ARE SUBJECT TO CHANGE AS WE CONTINUE TO MONITOR THE PANDEMIC.

A stylized illustration at the bottom of the page features a central pink cooking pot with a white lid and a handle. On either side of the pot are green, leafy herb branches, possibly thyme or rosemary, extending outwards. The entire graphic is set against a solid orange background.

FOR THE **LOVE**  
OF **CREATION**

**FOR THE LOVE OF CREATION** Faithful Climate Conversations



## Community Announcements

**Regina Native Outreach Ministry** is looking for board members. If you are interested, please email [reginanativeoutreachministry@gmail.com](mailto:reginanativeoutreachministry@gmail.com). RNOM is

also selling t-shirts! They are \$20 each (\$30 if mailed), and come in sizes S-XL. Contact Deb for more information [glammergirl@live.com](mailto:glammergirl@live.com).

### Munch has resumed Soup's On Wednesdays!

Sept. 1 - Homestyle Chicken Noodle  
Sept 8 - Tuscan Mixed Bean  
Sept 15 - Ham & Corn Chowder  
Sept 22 - Hearty Hamburger

Pick up between 4:30 and 6 pm that Wednesday. Soup is \$10 per litre. Add our "made from scratch" biscuits \$3 for 6, \$5 for 12!

Order by 5pm the preceding Monday. Call us at (306) 502-5113 or order through the website: <https://www.munchinregina.ca/order-now>

FOOD MAKING A DIFFERENCE

# Munch

CATERING

## Food For All Fall Fundraiser

Wednesday  
September 29, 2021 6:00 pm  
Cost: \$50 or 2 for \$95

Tickets:  
[bit.ly/food-for-all-munch-fundraiser](https://bit.ly/food-for-all-munch-fundraiser)



Join MUNCH and the BEARDED PRAIRIE CHEF JOSH MILLER for an evening of fun, DELICIOUS food and a LIVE VIRTUAL COOKING CLASS led by local Regina chef and Masterchef Canada Season 6 semifinalist!

This fundraiser supports Munch's unique mission in Regina to provide food services training and employment opportunities for adults with cognitive disabilities.

Each TAX-DEDUCTIBLE ticket purchased will come with a BOX OF INGREDIENTS that participants will use to cook a delicious meal in the comfort of their OWN HOMES. The evening will be led by THE ONE AND ONLY BEARDED PRAIRIE CHEF JOSH MILLER live from Munch's kitchen in Regina.

The livestream will begin at 6:00 p.m. and will run to 7:30 p.m.

Before the event, you will receive an email with a link to the livestream as well as instructions on where and when to pick up the ingredients.

Also, there will be a RAFFLE with great prizes! Make sure to buy your tickets.

We thank you for supporting Munch's mission.

Thank you to our wonderful sponsors and donors, including FARM CREDIT CANADA, EVERYDAY KITCHEN, and to our hosts at the LIVING SPIRIT CENTRE. Also, thanks to TANDEM X for providing the live-streaming and filming!



JOSH

Thank You to our major sponsors



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For more information or to register visit  
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or email  
[kidsquest@immanuelanglicanregina.ca](mailto:kidsquest@immanuelanglicanregina.ca)



## WESTMINSTER UNITED CHURCH

# RUMMAGE & BAKE SALE

Books Toys Jewelry Christmas Room  
Small Appliances Dishes Cookware

**SEPTEMBER 24 4:00PM-7:00PM**  
Sandwiches & Coffee

**SEPTEMBER 25 9:30AM-1:00PM**  
Coffee Bar

**13TH AVE & CAMERON STREET**  
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