



Team Carvalho Academy
 85-99 Hazel Street, Paterson, NJ 07503
 Phone (201) 754-4024

FREE TRIAL CLASS

Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Judo and Brazilian Jiu-Jitsu							
Kids Teens Judo	6:30 - 7:30 PM		6:30 - 7:30 PM			10:30 - 11:30 AM	
Adults Judo			7:30 - 8:45 PM		Judo Competition 7:00 - 8:00 PM		
Adults Brazilian Jiu-Jitsu	BJJ/Gi 7:30 - 9:00 PM	BJJ/No-Gi Wrestling 7:30 - 9:00 PM		Privates Only		BJJ/Gi 11:30 AM - 1:00 PM	
Adults MMA							10:30 AM - 12:00 PM

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