



Yoga Teacher Training RYT200 Program

2016 Application Form

Acceptance into our Teacher Training RYT200 Program will be based on your readiness and your commitment to fulfill the requirements of this course. Certification by Gratitude Yoga and registration with Yoga Alliance will depend on successful completion of the program and on demonstration of teaching ability.

Please fill out this form and return it with your \$250 deposit to Gratitude Yoga.

Your answers to the following questions will provide us with the necessary information to evaluate your preparedness to get the most from the RYT200 program:

Full Name:			
Address:		Age:	
City:		State/Zip:	
Phone:		Email:	
Current Occupation:			

Please describe your current yoga practice:

How long have you practiced yoga?

What style/s of yoga have you studied and for how long?

Who is your regular teacher?

How often do you study with your regular teacher?



Describe what interests you in yoga– the physical postures, breath, meditation, service, philosophy, working with special populations, therapeutic yoga, etc.?

What reading, relevant to yoga, has been important to you?

Are you currently teaching yoga or any other subject? Please explain.

Do you have experience, including teaching experience, in related disciplines?

Have you studied anatomy? If so, please explain.

List any physical limitations that affect your practice:

Why do you wish to participate in our Teacher Training program?

Is there anything else you want to share?

Refund Policy

The \$250 deposit is not refundable unless your application is denied. Only in the case of medical emergency or similar inability to continue in the program will refunds be considered after January 25, 2016. Your signature and deposit indicate that you are committed to the program and that you understand these terms.

Signed _____ Date _____