

Sweetwater Sprint Triathlon

Age Group Results

July 23, 2016

Results By Endurance Sports Management

Age Group

Female Open Winners

Overall			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	6	Tracy Longhurst	342	****	3:32.14	4:10	0:53.47	****	39:26.71	18.3	0:40.32	****	20:04.61	6:28	1:04:37.25
2	12	Jennifer Parker	351	****	3:14.01	3:43	0:36.32	****	40:39.00	17.7	0:43.29	****	23:03.75	7:26	1:08:16.37
3	18	Amanda Brinsko	311	****	3:23.84	5:55	1:03.42	****	43:23.88	16.6	0:48.11	****	23:28.27	7:34	1:12:07.52

Male Open Winners

Overall			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	1	Jim Hall	331	****	2:37.52	2:05	0:37.94	****	32:14.57	22.3	0:19.84	****	18:38.19	6:01	54:28.06
2	2	Andrew Eickholt	322	****	2:48.05	2:18	0:25.52	****	32:05.67	22.4	0:42.93	****	20:10.82	6:30	56:12.99
3	3	Robert Nytko	349	****	2:49.77	3:21	0:24.36	****	36:54.77	19.5	0:33.30	****	21:46.00	7:01	1:02:28.20

Female Masters Winners

Overall			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	31	Nancy Zirkle	374	****	3:27.69	5:29	1:31.77	****	44:44.98	16.1	1:03.26	****	29:35.73	9:33	1:20:23.43

Male Masters Winners

Overall			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	4	Lloyd Jones	337	****	2:40.47	2:37	0:19.73	****	36:52.94	19.5	0:30.39	****	23:41.03	7:38	1:04:04.56

Female 14 and Under

Overall			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total
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<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	54	Lizzie Ross	355	1	3:44.52	10:04	2:19.94	1	1:03:39.71	11.3	0:25.95	1	30:28.14	9:50	1:40:38.26

Female 15 to 19

Overall															
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	33	Alivia Nytko	348	1	3:05.85	4:20	1:33.06	1	49:11.31	14.6	0:35.45	1	26:56.45	8:41	1:21:22.12

Male 15 to 19

Overall															
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	13	Benjamin Nelson	347	2	2:39.20	3:57	1:12.41	1	42:19.30	17.0	0:23.94	2	21:58.27	7:05	1:08:33.12
2	26	Zach Ward	366	3	2:47.76	4:47	2:23.13	2	49:50.28	14.4	0:34.11	1	21:55.64	7:04	1:17:30.92

Female 20 to 24

Overall															
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	19	Abby Foster	324	2	3:36.15	4:53	0:53.43	1	41:55.71	17.2	1:01.54	1	25:59.55	8:23	1:13:26.38
2	52	Breanna King	340	3	4:17.75	9:25	2:16.42	2	57:49.58	12.5	0:42.73	2	32:58.52	10:38	1:38:05.00
3	53	Katherine Ward	365	1	2:16.61	1:35	2:22.87	3	59:15.93	12.2	1:45.02	3	34:29.44	11:07	1:40:09.87

Male 20 to 24

Overall															
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	8	Nathan Hodges	333	2	3:25.65	5:18	0:47.10	1	39:31.78	18.2	0:33.03	1	22:28.23	7:15	1:06:45.79
2	28	Carter Vestal	361	1	3:18.82	8:38	2:32.99	2	43:35.82	16.5	0:53.26	2	27:35.49	8:54	1:17:56.38

Female 25 to 29

Overall															
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	27	Carissa Chambers	376	1	3:04.62	5:49	1:22.34	1	48:53.76	14.7	0:56.17	1	23:35.59	7:36	1:17:52.48
2	47	Kasondra Butler	412	2	4:13.84	6:49	1:07.50	2	51:09.99	14.1	0:29.92	2	34:21.27	11:05	1:31:22.52

Male 25 to 29

Overall															
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	15	Kyle Schirmer	356	1	3:30.71	5:51	1:21.10	1	39:00.44	18.5	0:34.64	2	24:58.60	8:03	1:09:25.49
2	21	Christopher Hubbard	334	2	3:53.44	10:03	1:11.91	2	45:09.76	15.9	0:38.99	1	24:12.71	7:48	1:15:06.81

Female 30 to 34

Overall														
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	39	Sarah Walker	363	1	3:52.45	9:27	0:47.72	1	50:15.47	14.3	0:20.52	1	30:42.86	9:54	1:25:59.02
2	59	Angela Baldwin	382	2	6:26.37	13:19	2:30.38	2	1:11:41.09	10.0	1:53.42	2	36:04.05	11:38	1:58:35.31

Male 30 to 34

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	34	Brad Drinnen	321	2	4:20.59	9:12	3:18.60	1	48:09.40	15.0	1:21.41	1	25:32.02	8:14	1:22:42.02
2	45	Parley Baldwin	381	1	2:55.05	6:50	1:24.45	2	54:07.15	13.3	0:53.03	2	31:46.42	10:15	1:31:06.10

Female 35 to 39

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	51	Melanie Bouldin	310	2	4:58.51	11:18	1:45.56	1	53:47.59	13.4	1:33.27	1	33:53.79	10:56	1:35:58.72

Male 35 to 39

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	10	Sam Whisman	368	1	3:05.52	4:25	0:25.60	1	39:33.72	18.2	1:05.77	1	23:34.50	7:36	1:07:45.11
2	61	Wesley Foust	326	2	3:19.32	3:53	2:51.53	3	1:15:26.68	9.54	2:10.54	2	37:11.39	12:00	2:00:59.46

Female 40 to 44

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	43	Lorna Keeton	338	3	4:25.64	7:17	2:27.16	2	49:39.81	14.5	2:50.42	1	29:48.31	9:37	1:29:11.34
2	44	Michelle Resch	354	1	4:04.05	9:53	0:57.28	1	48:00.91	15.0	1:07.93	4	36:00.74	11:37	1:30:10.91
3	48	Donna Slater	357	2	4:16.74	4:55	1:13.94	4	53:03.55	13.6	0:29.41	3	32:42.63	10:33	1:31:46.27
4	50	Jeanne Williams	371	4	5:18.28	8:17	1:21.53	3	52:59.79	13.6	0:56.88	2	32:11.88	10:23	1:32:48.36

Male 40 to 44

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	23	Dustin Fleming	323	1	3:12.28	6:37	1:11.04	1	41:11.53	17.5	0:47.32	3	29:02.56	9:22	1:15:24.73
2	25	Jason McSpadden	388	2	3:13.75	6:22	0:50.76	2	44:57.43	16.0	0:45.17	1	27:41.63	8:56	1:17:28.74
3	30	Paul Walker	362	3	3:36.68	9:25	0:22.51	3	46:06.91	15.6	0:44.95	2	28:21.21	9:09	1:19:12.26

Female 45 to 49

Overall			----- Swim -----	Trans 1	----- Bike -----	Trans 2	----- Run -----	Total							
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	46	Kellie Glory	329	1	4:08.86	6:52	1:00.95	1	50:11.61	14.3	0:35.64	1	35:19.77	11:24	1:31:16.83

Male 45 to 49

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total			
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	7	David Belitz	305	3	2:48.40	2:56		0:56.94	2	38:40.47	18.6	0:43.41	1	22:03.54	7:07	1:05:12.76
2	9	David Belknap	306	2	2:47.30	2:49		0:43.83	1	36:30.29	19.7	0:42.20	4	26:07.15	8:25	1:06:50.77
3	16	Brian Baker	303	6	3:16.11	3:21		1:21.61	3	40:16.25	17.9	0:34.82	2	24:20.61	7:51	1:09:49.40
4	22	Joe Bedord	387	7	3:48.19	7:53		1:30.81	6	43:40.67	16.5	0:43.42	3	25:32.64	8:14	1:15:15.73
5	24	Ryan Hargis	332	5	2:59.76	4:49		1:37.87	4	43:22.13	16.6	0:52.80	6	27:10.87	8:46	1:16:03.43
6	29	Tim Monroe	346	8	5:00.59	11:11		2:21.28	5	43:33.32	16.5	1:53.67	5	26:08.22	8:26	1:18:57.08
7	38	Jim Ward	364	1	2:29.43	2:55		1:26.14	7	45:20.79	15.9	0:58.73	8	35:27.51	11:26	1:25:42.60
8	41	Sean White	369	4	2:54.00	2:33		1:56.68	8	52:14.81	13.8	0:33.59	7	30:26.08	9:49	1:28:05.16

Female 50 to 54

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total			
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	32	Judy Walker	386	2	4:21.68	10:13		1:00.50	1	45:36.40	15.8	0:57.96	1	29:11.43	9:25	1:21:07.97
2	36	Cheri Conley	315	3	4:39.86	11:28		1:08.87	2	45:50.76	15.7	0:31.74	2	32:49.70	10:35	1:25:00.93
3	55	Dorothy Galloway	327	1	3:48.88	5:56		2:38.98	3	55:43.39	12.9	2:02.73	3	39:04.84	12:36	1:43:18.82

Male 50 to 54

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total			
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	11	Steve Dittner	319	3	2:36.20	3:06		0:45.87	1	38:54.88	18.5	0:47.95	2	25:00.43	8:04	1:08:05.33
2	14	Thomas Marshall	344	1	2:15.13	1:39		1:14.79	2	40:15.73	17.9	1:13.11	1	24:00.56	7:45	1:08:59.32
3	20	Fred Burke	385	2	2:32.18	2:13		1:27.29	3	41:42.17	17.3	0:52.88	3	27:55.02	9:00	1:14:29.54
4	35	John Conley	316	4	3:44.97	8:11		0:22.54	4	48:02.92	15.0	0:28.14	4	30:17.59	9:46	1:22:56.16

Female 55 to 59

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total			
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	57	Sally Goade	330	1	4:16.84	9:33		2:23.01	1	56:58.10	12.6	1:35.72	1	41:28.28	13:23	1:46:41.95

Male 55 to 59

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total			
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	17	Rick Peters	352	1	2:56.27	3:54		1:02.06	1	40:52.98	17.6	1:09.32	1	24:35.32	7:56	1:10:35.95
2	40	Michael Palmer	350	3	3:48.67	7:39		1:18.55	2	46:50.01	15.4	0:37.90	4	33:59.12	10:58	1:26:34.25
3	42	James De Tar	318	4	3:59.61	7:16		2:01.14	3	49:00.79	14.7	1:43.93	2	31:41.22	10:13	1:28:26.69
4	56	Kurt Johnson	336	2	3:47.34	10:14		2:02.39	4	1:03:48.02	11.3	1:08.82	3	32:52.97	10:36	1:43:39.54

Male 60 to 64

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total			
Place	Place	Name	Bib No	Rnk	Time	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	5	Norman Cole	314	1	2:56.83	2:41		0:28.08	1	36:45.08	19.6	0:31.24	1	23:44.60	7:39	1:04:25.83

Female 65 to 69

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total				
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>			
1	62	Nancy Foust	325	1	5:59.30	9:30		3:18.21		1	1:30:13.12	7.98	0:59.46	1	50:36.70	16:19	2:31:06.79

Male 65 to 69

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total				
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>			
1	49	Bob Cutrer	317	1	4:34.57	11:41		0:37.47		1	50:06.23	14.4	1:14.95	1	36:10.21	11:40	1:32:43.43

Male 70 to 74

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total				
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>			
1	37	Andy Zirkle	373	1	4:16.44	8:05		1:56.02		1	44:04.97	16.3	2:19.53	1	32:57.37	10:38	1:25:34.33
2	60	William Kelch	339	2	5:39.17	9:38		2:14.51		2	59:33.92	12.1	1:17.99	2	49:49.89	16:04	1:58:35.48

Male 80 and Over

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total				
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>			
1	58	Paul Barrett	304	1	6:29.36	10:26		4:02.36		1	55:28.64	13.0	2:32.25	1	47:48.14	15:25	1:56:20.75

Clydesdale

Male 99 and under

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total				
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>			
1	1	Theodore Ansink	301	1	2:46.43	4:57		1:00.62		1	42:30.70	16.9	0:48.98	1	25:54.58	8:21	1:13:01.31
2	2	Mike Land	341	2	2:52.25	5:13		1:35.85		2	44:24.69	16.2	1:09.83	5	33:30.57	10:48	1:23:33.19
3	3	Don Turner	360	3	3:08.03	4:49		0:27.43		4	46:55.77	15.3	0:51.39	4	33:23.14	10:46	1:24:45.76
4	4	Steve Tompkins	358	5	4:11.04	11:19		1:42.30		3	46:46.96	15.4	1:26.76	2	30:52.58	9:57	1:24:59.64
5	5	Jeff Leyhue	380	4	3:30.37	7:20		0:56.14		5	47:39.33	15.1	1:28.17	3	32:16.51	10:25	1:25:50.52
6	6	Jim Galloway	328	6	5:09.11	12:15		2:41.82		6	1:13:18.50	9.82	1:38.59	6	47:54.51	15:27	2:10:42.53

Mixed Relay

Mixed 0-99

Overall			Swim		Trans 1		Bike		Trans 2		Run		Total				
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>			
1	1	TEAM S.I.U.B.	375	1	4:32.46	6:55		0:32.01		1	42:41.18	16.9	0:21.11	1	27:51.29	8:59	1:15:58.05

