

L.S.S.A.A. TRACK AND FIELD RESULTS

1984

TEAM CHAMPIONSHIPS

<u>SCHOOL</u>	<u>BOYS</u>	<u>GIRLS</u>	<u>TOTAL</u>
NORTHERN	367	230	597
SCITS	292	194	486
ST. PATS	276	195	471
ST. CLAIR	223	191	414
LCCVI	121	263	384
ELSS	58	123	181
NLSS	86	52	138
LCHS	0	9	9

L.S.S.A.A. TRACK AND FIELD RESULTS

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MIDGET BOYS

JAVELIN

	<i>Bob Waybrant</i>	<i>SCITS</i> ST. PAT'S		
1st	Mark Williams	ST. CLAIR	44.72	6
2nd	Dave Muxlow	ST. PATS	42.62	5
3rd	Mark Colbran	ST. PATS	40.78	4
4th	Sean Allen	NORTHERN	39.60	3
5th	Cam Elliot	NORTHERN	36.78	2
6th	Jeff Williams	ST. CLAIR	35.76	1

DISCUS

1st	Jim Stewart	NORTHERN	38.59	6
2nd	Rick Large	SCITS	36.19	5
3rd	Paul Taylor	SCITS	34.93	4
4th	Sean Allen	NORTHERN	33.01	3
5th	Mike Rombouts	NLSS	26.07	2
6th	Cam Elliot	NORTHERN	24.70	1

POLE VAULT

1st	Dave Greenfield	ST. CLAIR	2.15m	6
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TRIPLE JUMP

1st	Scott McDonald	LCCVI	11.10m	6
2nd	Ian Rand	SCITS	10.86m	5
3rd	Doug Garside	ELSS	10.57m	4
4th	Mike Lanteigne	NORTHERN	10.48m	3
5th	Dave Shepley	LCCVI	10.42m	2
6th	Eric Brown	NLSS	10.24m	1

HIGH JUMP

1st	Marty Gerrits	ST. PATS	1.70m	6
2nd	Jason Simon	ST. CLAIR	1.65m	5
3rd	Kelly Dumochel	SCITS	1.60m	4
4th	Stan Cooper	LCCVI	1.60m	3
5th	Dave Mau	ST. CLAIR	1.60m	2
6th	Mike Rombouts	NLSS	1.55m	1
6th	Dave Greenfield	ST. CLAIR	1.55m	

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MIDGET BOYS

LONG JUMP

1st	Mark Lanteigne	NORTHERN	5.35m	6
2nd	Mike Hussy	LCCVI	5.25m	5
3rd	Scott McDonald	LCCVI	5.24m	4
4th	Chris Bressette	NLSS	5.20m	3
5th	Todd Gibbons	LCCVI	5.19m	2
6th	Doug Garside	ELSS	5.16m	1

SHOTPUT

1st	Jeff Lawson	ST.PATS	13.03m	6
2nd	Shawn Greydanus	ST.CLAIR	12.56m	5
3rd	Rick Large	SCITS	12.31m	4
4th	Eric Brown	NLSS	12.31m	3
5th	Chris Schmid	ST.CLAIR	12.24m	2
6th	Tony DiFrederico	ST.PATS	11.74m	1

100m HURDLES

1st	Todd Gibbons	LCCVI	16.1m	6
2nd	Brian Dicker	ST.PATS	16.8m	5
3rd	Rob Munro	SCITS	17.9m	4
4th	Randy Howes	ST.PATS	18.2m	3
5th	David Rops	NLSS	19.7m	2

100m

1st	Kevin Fuller	ST.PATS	12.0	6
2nd	Jeff Burtch	SCITS	12.0	5
3rd	Jeff Lawson	ST.PATS	12.0	4
4th	Dave Muxlow	ST.PATS	12.1	3
5th	Dwayne Hirtle	ST.CLAIR	12.3	2
6th	Todd Gibbons	LCCVI	12.3	1

400m

1st	Scott Hyde	NORTHERN	56.1	6
2nd	Marty Gerrits	ST.PATS	56.6	5
3rd	Mike Whrzykowski	ST.PATS	58.1	4
4th	Jason Simon	ST.CLAIR	59.0	3
5th	Mark Gordon	ST.PATS	59.0	2
6th	Steve Moore	LCCVI	59.1	1

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MIDGET BOYS

800m

1st	Chris Wood	NORTHERN	2.12.9	6
2nd	Dave Sanders	ST.PATS	2.14.7	5
3rd	Ted Dupont	ST.PATS	2.14.9	4
4th	Mike Fawdry	NORTHERN	2.18.6	3
5th	Dave Joliffe	LCCVI	2.21.3	2
6th	Erin White	SCITS	2.21.9	1

200m

1st	ScottMcDonald	LCCVI	24.8	6
2nd	Kevin Fuller	ST PATS	25.3	5
3rd	Jeff Burtch	SCITS	25.6	4
4th	Darren McLeay	ST.PATS	25.7	3
5th	Scott Hyde	NORTHERN	25.7	2
6th	Dwayne Hirtle	ST.CLAIR	25.8	1

3000m

1st	Chris Wood	NORTHERN	10.04.5	6
2nd	Dave Smith	ST.PATS	10.18.9	5
3rd	Scott Stevens	ST.CLAIR	10.25.8	4
4th	Erin White	SCITS	10.31.7	3
5th	Steve Whate	ST.PATS	10.44.2	2
6th	Todd Rannie	NORTHERN	10.48.3	1

1500m

1st	Chris Wood	NORTHERN	4.37.6	6
2nd	Ted Dupont	ST.PATS	4.41.2	5
3rd	Steve Whate	ST.PATS	4.47.0	4
4th	Erin White	SCITS	4.47.2	3
5th	Dave Saunders	ST.PATS	4.47.2	2
6th	Mike Fawdry	NORTHERN	4.50.8	1

4X100

1st		ST.PATS	47.8	6
2nd		SCITS	48.8	5
3rd		LCCVI	49.3	4
4th		NORTHERN	50.3	3

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JUNIOR BOYS

JAVELIN

1st	Steve King	NORTHERN	52.88
2nd	Tim Crossland	NORTHERN	46.12
3rd	Mark Holmes	NLSS	44.96
4th	Rick Agar	ST.PATS	44.44
5th	Mike Jones	ST.CLAIR	44.38
6th	Tom Hutchison	SCITS	42.84

DISCUS

1st	John Barkauskas	NLSS	39.07
2nd	Brian Allison	NLSS	38.95
3rd	Joe Boere	NLSS	35.63
4th	Paul Kilby	NORTHERN	32.37
5th	Jim Markovich	ST.CLAIR	27.76
6th	Pete Dawson	LCCVI	25.72

POLE VAULT

1st	Brian Kerr	ELSS	2.55m
2nd	Karl Bulitka	ST.CLAIR	2.50m
3rd	Todd Mansfield	ELSS	2.50m

HIGH JUMP

1st	Steve McGregor	NORTHERN	1.85m
2nd	Mark Scott	ST.CLAIR	1.75m
3rd	Jamie Abrams	ST.CLAIR	1.75m
4th	Kevin Daniels	NORTHERN	1.65m
5th	Kevin Dumochel	SCITS	1.65m
6th	Rick McKinnon	SCITS	1.60m

SHOT PUT

1st	Pete Dawson	LCCVI	13.13m
2nd	Brian Verbeer	ST.PATS	13.09m
3rd	John Barkauskas	NLSS	12.86m
4th	Brian Chalupka	ELSS	12.33m
5th	Jamie Dubonovich	ST.PATS	12.28m
6th	Phil Poirier	NORTHERN	11.95m

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JUNIOR BOYS

LONG JUMP

1st	Bill Robb	ST.PATS	5.91m
2nd	Arnold Vanderhelm	NORTHERN	5.85m
3rd	Mark McLean	SCITS	5.66m
4th	Mark Holmes	NLSS	5.51m
5th	John Joyce	ELSS	5.51m
6th	Eric Bryce	ELSS	5.50m

TRIPLE JUMP

1st	Damian Mills	SCITS	13.35m * <i>Rec.</i>
2nd	Bill Plain	ST.CLAIR	12.06m
3rd	Bill Robb	ST.PATS	11.79m
4th	Bill Kerr	ELSS	11.69m
5th	Chad Wilcox	NLSS	11.58m
6th	Don Thomas	NLSS	11.12m

110 m HURDLES

1st	Jim Mitchell	NORTHERN	15.6
2nd	Bob McLay	NORTHERN	16.2
3rd	Andrew Marsh	LCCVI	17.0
4th	Trevor Hall	SCITS	17.1
5th	Ryan Phibbs	LCCVI	17.1

100m

1st	Greg Nemcek	ELLS	11.4
2nd	Damian Mills	SCITS	11.5
3rd	Mike LeBar	ST.PATS	11.6
4th	Gary Hay	ST.PATS	11.8
5th	Joe Kennedy	NORTHERN	12.0
6th	Randy Keating	LCCVI	12.1

400m

1st	Jim Mitchell	NORTHERN	51.7 * <i>TEO Rec.</i>
2nd	Bob McLay	NORTHERN	52.1
3rd	Arnold Vanderhelm	NORTHERN	52.5
4th	Mark Detailleur	LCCVI	52.5
5th	Craig Davies	ST.CLAIR	53.4
6th	Trevor Hall	SCITS	53.9

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JUNIOR BOYS

3000m

1st	Brian Burdett	ST.CLAIR	9.069
2nd	Pete Brooks	NORTHERN	9.228
3rd	Paul Trembley	ST.PATS	9.292
4th	Andrew Mackay	ST.CLAIR	9.341
5th	Dave Allen	NORTHERN	9.497
6th	Scott Hoox	SCITS	9.518

800m

1st	Mark Detailleur	LCCVI	2.05.5
2nd	Gary Cater	SCITS	2.07.8
3rd	Don Meace	ST.PATS	2.08.7
4th	Brian Burdett	ST.CLAIR	2.09.5
5th	Pete Brooks	NORTHERN	2.11.2
6th	Steve Smith	NLSS	2.12.3

200m

1st	Jim Mitchell	NORTHERN	23.0
2nd	Arnold Vanderhelm	NORTHERN	23.6
3rd	Damian Mills	SCITS	24.0
4th	Greg Nemcek	ELSS	24.0
5th	Mark Detailleur	LCCVI	24.3
6th	Mike Lebar	ST.PATS	24.3

1500m

1st	Brian Burdett	ST.CLAIR	4.18.0
2nd	Pete Brooks	NORTHERN	4.20.9
3rd	Paul Tremblay	ST.PATS	4.23.2
4th	Andy Mackay	ST.CLAIR	4.26.3
5th	Maurice Pilon	LCCVI	4.29.6
6th	Gary Cater	SCITS	4.30.7

4X100

1st		NORTHERN	45.4
2nd		ST. PATS	45.9
3rd		LCCVI	46.1
4th		ELSS	46.8
5th		SCITS	48.2

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SENIOR BOYS

JAVELIN

1st	Scott Holmes	SCITS	46.74
2nd	Dave Rothenbury	NORTHERN	41.88
3rd	Scott Turner	ST.CLAIR	40.22
4th	Mike Waluchow	ST.CLAIR	39.22
5th	Mark McGugan	SCITS	39.04
6th	Tim Purdy	SCITS	35.78

DISCUS

1st	Dave Rothenbury	NORTHERN	45.26
2nd	Scott Holmes	SCITS	35.18
3rd	Tim Purdy	SCITS	35.17
4th	Randy Bressette	NLSS	27.32
5th	Dave Waters	ST.CLAIR	25.59
6th	Mike Waluchow	ST.CLAIR	26.90

POLE VAULT

1st	Steve Handy	NORTHERN	3.20m
2nd	John McDougall	NORTHERN	3.20m

LONG JUMP

1st	Tony Rizakallah	SCITS	5.86m
2nd	Dave Vanderhoeven	NORTHERN	5.80m
3rd	Rod Weed	SCITS	5.71m
4th	Jim Kukura	SCITS	5.38m
5th	Steve Parker	NLSS	5.23m
6th	Brad Wilson	LCCVI	5.19m

TRIPLE JUMP

1st	Bill Brush	ELSS	12.35m
2nd	Rob Weed	SCITS	12.20m
3rd	Scott Hartley	SCITS	12.06m
4th	Steve Parker	NLSS	11.93m
5th	Jim Sim	LCCVI	11.89m
6th	Tim Allen	NORTHERN	11.72m

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SENIOR BOYS

4 x 400m (OPEN)

1st		NORTHERN	3.31.7
2nd		ST.PATS	3.33.1
3rd		SCITS	3.35.4
4th		ST.CLAIR	3.37.7
5th		LCCVI	3.39.4

2000m STEEPLE CHASE (OPEN)

1st	Rick Harris	ST.CLAIR	6.46.5
2nd	Dave Allen	NORTHERN	6.48.9
3rd	Scott Hoof	SCITS	6.57.6
4th	Tom Fisher	ST.PATS	7.01.6
5th	Brad Cloud	NLSS	7.14.0
6th	Derek Lelievre	SCITS	8.01.1

SHOT PUT

1st	Dave Rothenbury	NORTHERN	12.94m
2nd	Scott Holmes	SCITS	12.52m
3rd	Tim Purdy	SCITS	12.18m
4th	Jim Bell	SCITS	11.99m
5th	Scott Turner	ST.CLAIR	11.28m
6th	Ken Merkley	NLSS	9.48m

HIGH JUMP

1st	Jim Kukura	SCITS	1.87m
2nd	Dave Vanderhoeven	NORTHERN	1.87m
3rd	Dennis Dutra	ST.PATS	1.83m
4th	Jim Sim	LCCVI	1.73m
5th	Dave Comano	ST.PATS	1.71m

1500m

1st	Rick Harris	ST.CLAIR	4.16.0
2nd	Don Heron	ST.CLAIR	4.34.3
3rd	James Placer	LCCVI	4.35.8
4th	Brad Cloud	NLSS	4.36.0
5th	John Arcamone	ST.PATS	4.37.3
6th	Bob LaFramboise	ST.CLAIR	4.44.1

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SENIOR BOYS

3000m

1st	Bob Laframboise	ST.CLAIR	9.521
2nd	John Arcamone	ST.PATS	10.043
3rd	Brad Cloud	NLSS	10.165
4th	Doug Graham	ST.CLAIR	10.23
5th	Dan Campbell	ST.CLAIR	10.408
6th	Jamie Clarke	NORTHERN	10.165

400m (OPEN)

1st	Kyle Hall	SCITS	58.4
2nd	Bob McLay	NORTHERN	59.3
3rd	Trev Hall	SCITS	1:02.1
4th	Mark Shmidt	ST.CLAIR	1:03.9
5th	Andrew Marsh	LCCVI	1:04.3
6th	Steve Miller	LCCVI	1:06.8

200m

1st	Charles Boyles	NORTHERN	23.1
2nd	Esrone Mills	SCITS	23.1
3rd	Tim Allen	NORTHERN	23.7
4th	Phil Marsh	ST.PATS	24.4
5th	Mike Bishop	ST.CLAIR	24.5
6th	Joe Dias	ST.PATS	24.9

800m

1st	Rick Harris	ST.CLAIR	1.58.9
2nd	Don Heron	ST.CLAIR	2.06.8
3rd	Mark Shmidt	ST.CLAIR	2.07.8
4th	Kyle Hall	SCITS	2.07.8
5th	Rob Dykstra	NLSS	2.12.8
6th	James Placer	LCCVI	2.15.2

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SENIOR BOYS

110m HURDLES

1st	Kyle Hall	SCITS	16.1
2nd	Mike Bishop	ST.CLAIR	19.1

100m

1st	Esrn Mills	SCITS	11.4
2nd	John McDougall	NORTHERN	11.4
3rd	Phil Marsh	ST.PATS	11.5
4th	Tim Allen	NORTHERN	11.5
5th	Steve Handy	NORTHERN	11.7
6th	Joe Dias	ST.PATS	11.8

400m

1st	Charles Boyles	NORTHERN	50.8
2nd	Phil Marsh	ST.PATS	51.8
3rd	Esrn Mills	SCITS	52.8
4th	Rob McMillen	ST.CLAIR	54.7
5th	Dave Miller	LCCVI	54.8
6th	Mark Schmidt	ST.CLAIR	55.4

4X100

1st		NORTHERN	44.7
2nd		SCITS	45.1
3rd		ST.PATS	45.8
4th		ST. CLAIR	46.4
5th		LCCVI	46.6

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MIDGET GIRLS

800m

1st	Theresa Boyle	St. Pat's	2.26.8
2nd	Susan Burns	St. Pat's	2.30.3
3rd	Monique Haslid	SCITS	2.36.0
4th	Lynn Percival	Northern	2.41.5
5th	Janice Palmer	Northern	2.45.8
6th	Laurie Hume	ELSS	2.47.0

200m

1st	Tricia Lackie	LCCVI	27.8
2nd	Pam Fleck	Northern	29.2
3rd	Danielle Keating	LCCVI	29.6
4th	Heather Spero	St. Pat's	30.2
5th	Cheryl Caswell	Northern	30.2
6th	Sarah Robinson	SCITS	30.2

3000m

1st	Susan Burns	St. Pat's	10.54.1
2nd	Celeste Cullen	Northern	11.04.5
3rd	Cindy Drury	St. Clair	12.00.7
4th	Penny Thomson	SCITS	12.13.1
5th	Laurie Hume	ELSS	12.35.4
6th	Heidi Reichenbacher	LCCVI	12.42.8

400m

1st	Tricia Lackie	LCCVI	1.02.4
2nd	Theresa Boyle	St. Pat's	1.05.2
3rd	Maureen Spero	St. Pat's	1.06.4
4th	Linda Minielly	ELSS	1.07.2
5th	Danielle Keating	LCCVI	1.08.0
6th	Linda Korvemaker	Lamb. Chr.	1.08.8

1500m

1st	Susan Burns	St. Pat's	4.59.8
2nd	Celeste Cullen	Northern	5.03.8
3rd	Monique Haslip	SCITS	5.23.6
4th	Penny Thomson	SCITS	5.30.0
5th	Lynn Percival	Northern	5.33.6
6th	Cindy Drury	St. Clair	5.34.9

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MIDGET GIRLSDISCUS

1st	Ruth Ann. Whitely	NLSS	25.58
2nd	Kim Taylor	St. Clair	25.28
3rd	Chris Anderson	SCITS	22.23
4th	Laurie Leckie	St. Clair	21.79
5th	Marie Antoine	LCCVI	20.34
6th	Stephanie Pelleboer	Lambton Chr.	18.23

JAVELIN

1st	Lisa Leaver	SCITS	28.44*
2nd	Laurie Leckie	St. Clair	26.12
3rd	Kerri Graves	St. Clair	25.20
4th	Janet Lind	LCCVI	24.42
5th	Claudine Sandrin	St. Pat's	22.72
6th	Michelle Docette	St. Pat's	22.72

HIGH JUMP

1st	June McAlpine	ELSS	1.50
2nd	Janice Gilliland	SCITS	1.48
3rd	Christy Visser	Lamb. Chr.	1.45
4th	Janice Palmer	Northern	1.45
5th	Vicki Ford	LCCVI	1.40
6th	Lisa Davies	St. Clair	1.40

SHOT PUT

1st	Laurie Leckie	St. Clair	9.08
2nd	Ghislaine Pitman	SCITS	8.47
3rd	Lil Brooks	SCITS	8.28
4th	Chris Anderson	SCITS	7.96
5th	Marie Antoine	LCCVI	7.57
6th	Janet Lind	LCCVI	7.18

LONG JUMP

1st	June McAlpine	ELSS	4.65
2nd	Pam Fleck	Northern	4.48
3rd	Janice Palmer	Northern	4.38
4th	Linda Minielly	ELSS	4.32
5th	Nancy VanHuizen	Northern	4.31.5
6th	Mary Moffatt	ELSS	4.20

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MIDGET GIRLS

80m HURDLES

1st	Tricia Lackie	LCCVI	12.8*
2nd	Nancy VanHuizen	Northern	13.9
3rd	Sarah Robinson	SCITS	14.6
4th	Michelle Doucette	St. Pat's	14.6
5th	Jane Beattie	Northern	14.6
6th	Maureen Robertson	SCITS	14.8

100m

1st	June McAlpine	ELSS	13.3
2nd	Heather Spero	St. Pat's	13.7
3rd	Lynn Stevens	NLSS	14.0
4th	Kerry Dykes	St. Pat's	14.0
5th	Danielle Keating	LCCVI	14.0
6th	Heather Mitchell	Northern	14.1

4 X 100 RELAY

1st		LCCVI	55.0
2nd		Northern	55.9
3rd		St. Pat's	57.1
4th		SCITS	57.1
5th		NLSS	57.6
6th		St. Clair	58.9

NDR 51
LCC 40
SP 52

L.S.S.A.A. TRACK AND FIELD RESULTS

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JUNIOR GIRLS

DISCUS

1st	Vicki King	NLSS	34.70 * TIED
2nd	Tammy Illman	NLSS	25.28
3rd	Debbie Mathers	ELSS	23.56
4th	Carrie Browning	SCITS	20.63
5th	Mari-anne Crevier	SCITS	19.73
6th	Lori Speelman	LCCVI	19.24

JAVELIN

1st	Bonnie Brooks	SCITS	38.94
2nd	Jenny Hanson	ELSS	30.92
3rd	Pat Morrison	St. Pat's	25.68
4th	Michelle MacTaggart	Northern	25.00
5th	Coby Kaldeway	St. Clair	24.52
6th	Sue Harrell	St. Clair	23.62

3000m

1st	Caroline Brown	Northern	10.58.2*
2nd	Laura O'Connell	St. Pat's	12.15.4
3rd	Kathleen Robertson	SCITS	12.28.3
4th	Melodie McMillan	St. Clair	14.02.5

SHOT PUT

1st	Bonnie Brooks	SCITS	11.50*
2nd	Barb Marchuk	SCITS	9.18
3rd	Tammy Illman	NLSS	8.10
4th	Kathy Poirier	Northern	8.09
5th	Anne Pratt	LCCVI	7.88
6th	Pat Morrison	St. Pat's	7.77

HIGH JUMP

1st	Robyn Rau	St. Clair	1.56*TIED
2nd	Barb Marchuk	SCITS	1.54
3rd	Chris Levitt	LCCVI	1.40
3rd	Lynn Brand	LCCVI	1.40
5th	Colleen Gillies	ELSS	1.40
6th	Yvonne Mellema	Lamb. Chr.	1.30

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JUNIOR GIRLS

800m

1st	Caroline Brown	Northern	2.28.6
2nd	Pat Chiasera	St. Pat's	2.29.8
3rd	Lisa Hasson	LCCVI	2.35.5
4th	Colleen Ryan	St. Pat's	2.38.9
5th	Julie Robertson	St. Clair	2.41.6
6th	Helen Caetano	St. Pat's	2.43.7

200m

1st	S. McPhail	St. Clair	26.8
2nd	M. Saunders	LCCVI	27.3
3rd	C. McIntyre	LCCVI	28.1
4th	S. Patry	LCCVI	28.6
5th	M. Jackson	St. Clair	29.0
6th	S. Cameron	St. Pat's	29.3

400m

1st	Michelle Saunders	LCCVI	1.01.9
2nd	Sylvie Patry	LCCVI	1.04.4
3rd	Helen Caetano	St. Pat's	1.05.0
4th	Julie Robertson	St. Clair	1.05.9
5th	Lisa Masson	LCCVI	1.06.3
6th	Pat Chiasera	St. Pat's	1.06.6

1500m

1st	Caroline Brown	Northern	5.04.4
2nd	Colleen Ryan	St. Pat's	5.30.9
3rd	Laura O'Connell	St. Pat's	5.32.6
4th	Lisa Hasson	LCCVI	5.35.7
5th	Kathleen Robertson	SCITS	5.42.0
6th	Melodie McMillan	St. Clair	5.55.0

80m HURDLES

1st	Bonnie Brooks	SCITS	12.6
2nd	Carole McIntyre	LCCVI	12.6
3rd	Michelle Saunders	LCCVI	13.2
4th	Jenny Kerns	St. Pat's	14.0
5th	Michelle Desjarlais	St. Pat's	16.5

L.S.S.A.A. TRACK AND FIELD RESULTS

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JUNIOR GIRLS

LONG JUMP

1st	Carole McIntyre	LCCVI	4.86
2nd	Beth Fisher	ELSS	4.71.5
3rd	Sandra Tracey	St. Pat's	4.69
4th	Maureen Milner	ELSS	4.50
5th	Melissa Jackson	St. Clair	4.36
6th	Colleen Gillies	ELSS	4.33

L.S.S.A.A. TRACK AND FIELD RESULTS

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JUNIOR GIRLS

100m

1st	Sue McPhail	St. Clair	12.8
2nd	Cindy Metcalfe	NLSS	13.4
3rd	Sylvie Patry	LCCVI	13.4
4th	Stacey Cameron	St. Pat's	13.4
5th	Beth Fisher	ELSS	13.8
6th	Lynn Brand	LCCVI	13.9

4 X 100 RELAY

1st		LCCVI	52.3
2nd		St. Pat's	53.4
3rd		ELSS	53.7
4th		Northern	55.2
5th		SCITS	56.4
6th		NLSS	57.1

L.S.S.A.A. TRACK AND FIELD RESULTS

1984

SENIOR GIRLS

DISCUS

1st	Anna Gark	Northern	28.92
2nd	Meaghan Holland	Northern	27.10
3rd	Debby Grogan	Northern	23.76
4th	Tami Marchuk	SCITS	23.35
5th	Vicki Hill	ELSS	23.03
6th	Denise Janes	SCITS	20.20

JAVELIN

1st	Denise Jones	SCITS	30.86
2nd	Kelly Myers	LCCVI	30.58
3rd	Julian Sandrin	St. Pat's	28.60
4th	Lisa Boy	Northern	28.24
5th	Bonnie Hodgins	LCCVI	28.00
6th	Tami Marchuk	SCITS	26.32

HURDLES (400m)

1st	Maureen Gallivan	LCCVI	1.12.7
2nd	Melissa Colter	LCCVI	1.13.5
3rd	Heather Robinson	LCCVI	1.21.8

SHOT PUT

1st	Tami Marchuk	SCITS	8.65
2nd	Denise Jones	SCITS	8.31
3rd	Vicki Hill	ELSS	7.74
4th	Anna Gark	Northern	7.72
5th	Lisa Walker	SCITS	7.50
6th	Heather Cuthbertson	LCCVI	7.35

3000m

1st	Bonnie Campbell	St. Clair	11.58.5
2nd	Janie Fulcher	Northern	12.19.7
3rd	Anne Campbell	St. Clair	12.49.6
4th	Heather Pale	SCITS	12.55.1
5th	Trish MaKuck	St. Pat's	13.26.9
6th	Debbie Grogan	Northern	13.42.6

L.S.S.A.A. TRACK AND FIELD RESULTS

1984

SENIOR GIRLS

LONG JUMP

1st	Sherri Cameron	ELSS	4.90
2nd	Lisa Henderson	Northern	4.41
3rd	Dina Sikorski	St. Pat's	4.28
4th	Lisa Roy	Northern	4.07
5th	Heather Cathbertson	LCCVI	3.89
6th	Tammy Dinel	SCITS	3.84

HIGH JUMP

1st	Jennifer Beattie	Northern	1.63*
2nd	Lisa Henderson	Northern	1.56
3rd	Anette Pederson	St. Clair	1.56
4th	Ramona Van Deipen	ELSS	1.35

L.S.S.A.A. TRACK AND FIELD RESULTS

1984

SENIOR GIRLS

100m HURDLES

1st	Lisa Henderson	Northern	16.8*
2nd	Sue Fraser	SCITS	17.3
3rd	Heather Robinson	LCCVI	18.0
4th	Sherri Cameron	ELSS	19.1
5th	Beth Dobbin	LCCVI	19.3
6th	Teresa Leaver	SCITS	19.6

100m

1st	Kim Partridge	St. Clair	13.1
2nd	Jackie Verslype	St. Clair	13.3
3rd	Heather Boomer	Northern	13.7
4th	Tonia Smithers	St. Clair	13.7
5th	Laurie Duncan	ELSS	13.7
6th	Kelly Nurse	LCCVI	13.8

4 X 100 RELAY

1st		St. Clair	51.5*
2nd		LCCVI	54.5
3rd		ELSS	55.3
4th		Northern	55.6
5th		St. Pat's	57.0
6th		NLSS	57.3

L.S.S.A.A. TRACK AND FIELD RESULTS

1984

SENIOR GIRLS

800m

1st	Maureen Gallivan	LCCVI	2.37.5
2nd	Janice Fulcher	Northern	2.40.3
3rd	Bonnie Campbell	St. Clair	2.42.7
4th	Dina Sikorski	St. Pat's	2.48.9
5th	Melissa Colter	LCCVI	2.50.0
6th	Elaine Soulard	St. Pat's	3.01.1

200m

1st	Tonia Smithers	St. Clair	27.9
2nd	Sheri Cameron	ELSS	28.2
3rd	Kim Partridge	St. Clair	28.3
4th	Jackie Verslype	St. Clair	28.5
5th	Heather Boomer	Northern	28.6
6th	Kelly Nurse	LCCVI	29.4

400 X 4 RELAY

1st		LCCVI	4.18.6
2nd		St. Pat's	4.30.8
3rd		Northern	4.36.7
4th		SCITS	4.37.1
5th		ELSS	4.43.5
6th		St. Clair	4.46.0

400m

1st	Maureen Gallivan	LCCVI	1.02.7
2nd	Melissa Colter	LCCVI	1.07.6
3rd	Dina Sikorski	St. Pat's	1.08.9
4th	Kelly Nurse	LCCVI	1.09.0
5th	Sara Burkey	St. Pat's	1.13.1
6th	Alana Hammel	St. Pat's	1.16.8

1500m

1st	Bonnie Campbell	St. Clair	5.20.6
2nd	Janice Fulcher	Northern	5.37.9
3rd	Ann Campbell	St. Clair	5.47.3
4th	Heather Pole	SCITS	5.50.1
5th	Trish Makuch	St. Pat's	5.59.1
6th	Janet Beatty	St. Clair	6.05.2

*WRT 6
LCCVI*

L.S.S.A.A. TRACK AND FIELD RESULTS

1984

INDIVIDUAL WINNERS

GIRLS

<u>MIDGET</u>	J. McAlpine	ELSS	30pts.
	T. Lackie	LCCVI	30pts.
	S. Burns	St. Pat's	28pts.
<u>JUNIOR</u>	B. Brooks	SCITS	30pts.
	C. Brown	Northern	30pts.
	C. McIntyre	LCCVI	24pts.
	M. Saunders	LCCVI	24pts.
<u>Senior</u>	M. Gallivan	LCCVI	30pts.
	L. Henderson	Northern	26pts.
	B. Campbell	St. Clair	26pts.