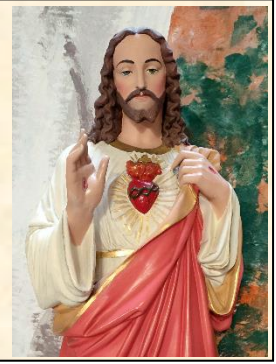




# Sacred Heart Parish Preston



322 Bell St, Preston 3072  
Phone (03) 9480 3398 or (03) 9484 2124  
Email: preston@cam.org.au  
Website: www.sacredheartpreston.com.au

## Office Hours:

Mon, Thurs & Fri: 10am -3pm

## Parish Priest

Fr Aloysius Nato, SVD

## Italian Community Chaplain:

Fr Albano Da Costa, SVD  
0478 963 248

**Parish Office:** Rachel Costa

**School Principal:** Mark Tierney

**School Phone:** 9487 1001

**Sacrament Coordinator:** TBA

## Safeguarding Committee:

**Safeguarding Officers:**

Robert Dullard

**Safeguarding Committee: Members:**

Mary Harb, Teresa Dang, Pauline O'Day

## Parish Council Members:

Gerard Grant (chairperson), Ophelia Swai,  
Anisasio (Pauline) Veamatahau, Mark  
Tierney, Ben Fortuna, Natalie Baran,  
Judeline Wadhvani and Joanne Verga

## Parish Finance Committee:

Peter Constable (Chair)

## St. Vincent de Paul Society:

Stephen Costello (President)

## Parish Mass Schedule

### Weekend Masses:

**Saturday:** 6:00pm

**Sunday:** 9:00am (*Italian*), 10:30 am, 6:00 pm

### Weekday Masses:

**Monday to Friday:** 9:10am

**Healing Mass: 1st Friday** of February,  
May, August & November at 1:30pm

**Next Healing Mass: Friday 3 May 2024**

### Devotional Practices:

#### Adoration of the Blessed Sacrament:

Every Thursday at 7:30pm for 1 hour.  
(Excluding last Thursday of the month)



**Holy Rosary:** Thursday (English) after the  
9:10am Mass

#### Reconciliation:

**Every Saturday at 5:15pm**

**Baptisms & Weddings:** By appointment only

### Breakfast with Fr Aloysius

1<sup>st</sup> Monday of the month, the next one is on  
**Monday 4 March** in the presbytery after  
9:10am Mass.

Bulletin printed: 1/3/2024

*Our Parish is committed to the safety,  
wellbeing and dignity of all children  
and vulnerable adults.*

## 3rd Sunday of Lent (Year B) Sunday 3 March 2024

### “God loved the World so much that he gave us his only Son”

Now that our Lenten journey is well under way, we move to a new phase of the season. So far, we’ve been guided by the twin stories of Jesus’ testing in the wilderness and His transfiguration in the presence of His doubting disciples at the Holy Mountain. Today’s scripture leads us to reflect upon the true nature of our relationship with God and God with us in Jesus and to take time to consider the quality and purpose of our prayer, worship and living.

The first reading from Exodus proclaiming the commandments which were an essential part of the covenant God made with His people in the desert, match the Gospel in that it calls people into an authentic and enduring relationship between a loving and liberating God with His people and they with each other. Thus, the commandments in brief statements delivered in their time of wandering in the wilderness are more than a set of do’s and don’ts that restrict. They are like the boundary lines which must be observed to enable the development of a deeper enduring faithful relationship from the heart between God and the people He has liberated for this purpose. “I am the Lord your God who brought you out of the land of Egypt, out of the house of slavery...”.

Centuries later when Jesus was asked, "Teacher, which commandment in the law is the greatest?" He replied: “What you have been taught by your elders. You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.’ This is the greatest and first commandment. And the second is like it: 'You shall love your neighbour as yourself.’

In today’s Gospel according to John we read about Jesus overturning the tables of merchants and money changers in the Temple at Jerusalem and in anger clears the precinct of merchants, sheep, doves and cattle on sale for sacrifice. At first an action seeming contradictory to the commandment to ‘love’. –or was it? The temple was Judaism’s most Holy site. It was the Sacred place of God’s presence. People came from far and wide to worship and offer sacrifice – as one community- at this Holy place. But the ritual of Sacrifice had become flawed by commercial activity - the buying and selling of objects for sacrifice which debased the spirit of union with God. In driving the dealers out of the temple, Jesus witnessed to His Father’s love, to the inner nature of divine worship and finally a radically new concept of the place where one meets God: in the person of the risen One, Jesus himself. Later in the Gospel John will have Jesus describing the presence of God as the indwelling. The house of God is the heart of the disciple. This is where God’s love is received and from where love emanates and flows out to others. During Lent as we gather in prayer as one Body in Christ may we be ever mindful that our call is to be and bring the presence of Christ into our world.



## Sacred Heart Parish Prayer

*Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.*

	<b>Saturday 6:00pm Mass Lectors(Readers)</b>	<b>Saturday 6:00pm Mass - Ministers of Communion</b>
24-Feb-24	Celia Lemos Mary Harb	Charlotte Bains
02-Mar-24	Teresa Dang Terry Murphy	Mary Harb
09-Mar-24	Marlene Vergou Mary Harb	Terry Murphy

	<b>Sunday 10:30am Mass Lectors(Readers)</b>	<b>Sunday 10:30am Mass Ministers of Communion</b>
25-Feb-24	Joanne Verga Ophelia Swai	Giovanna D' Intino
03-Mar-24	Hannah Lopez Marilene Fortuna	Tony Eley
10-Mar-24	Jessica Suppiah Albert D'Souza	Eileen Stevens

	<b>Sunday 6:00pm Mass Lectors(Readers)</b>	<b>Sunday 6:00pm Mass Ministers of Communion</b>
25-Feb-24	Tim Rankin Michelle Totawatte	Damian Casamento
03-Mar-24	Natalie Baran Michelle Totawatte	Robert Dullard
10-Mar-24	Tim Rankin Natalie Baran	Damian Casamento

### Attention Ministers of Communion and Readers

**NEW ROSTERS** and updated phone lists have been emailed. Please also check your junk mail folder if you haven't received yours in your inbox. For those who do not receive an email copy please check the Church foyer for your copy.

Thank you all for your faithful service to our Eucharistic Celebrations.



### **WE PRAY FOR:**

#### The elderly and the sick

Sandra Bishop, John Storrie, Joan Bonwick, Ampelio Cavallin  
Our Sacred Heart School student Samantha Corsi  
*Our parishioners, family members and friends*, that they may be blessed with constant care, attention and respect.

#### Those who have died recently:

John Clifton McCann (RIP 26/2. Funeral Tue 5/3 at 11am)

Mario Morlacci

#### We Commemorate:

John, Alfonso, Dino & Natalina Bernardini,  
Isa, Mario, Orfeo & Rino Bergamin,  
Teresina & Valter De Stefani,  
Carlo, Duilio, Livio, Pasqua & Beppi Trentin  
and all deceased members of the Ottaviano Bertonecello & Carlo Trentin families.

Vincenzo Capobianco and Mario Caruso Graziano

*O Lord may perpetual light shine upon them.*

*May they rest in peace. Amen.*



### **Last Week's Collection: 25.2.2024**

1st Collection for our Church: \$1,269

2nd Collection for support of clergy: \$809

Thank you for your kind generosity!



### **Baptism Congratulations**

The community of Sacred Heart Parish congratulates  
**Sofia Adlaon** for her Baptism on 2 March.



## ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands. We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



### Solemnities / Feasts / Memorials of the Week

Monday 4 March

St Casimir

Thursday 7 March

Sts Felicity & Perpetua, Martyrs

Friday 8 March

St John of God, Religious

Saturday 9 March

St Frances of Rome, Religious



### THOUGHTS FROM POPE FRANCIS



*In this time of Lent, let us strive not to put ourselves at the centre; rather, let us try to step aside to make room for others, to promote them, and to rejoice in their qualities and successes.*



### THANK YOU ! to all Liturgical Ministers

A sincere thanks to all who responded to our invitation to attend our meeting on Feb 20th on how we can contribute to developing a vibrant and welcoming community at Sacred Heart. The meeting was very successful, enabling all to share their experiences and insights.

The members discussed what they like about the roles they currently practice such as: participating in the various liturgical ministries and the privilege of helping to unify and connect everyone to God & each other which was both spiritually uplifting and encouraging towards nurturing friendly & positive relationships within the community in the future.

A great beginning!

We want to encourage even more volunteers: extraordinary ministers of the Eucharist, hospitality leaders, collectors, slide projectionists, maintainers and designers of the Church environment, musicians and more.

Refer to the below article for upcoming Liturgical Ministers meetings. Please sign up to attend, on the sheets in the foyer, just before you leave.

Our deepest gratitude to all

Jessy Thambiraj

On behalf of Fr Aloysius and the current Liturgy Committee



### LITURGICAL MINISTERS MEETINGS

Thank you to all Sacred Heart ministers, current and new. Following our successful meeting on 20 February, we are pleased to inform you that the various groups will meet as follows:

#### LECTORS (Readers):

Tuesday 5 March 7.30 – 8.30 pm in the presbytery

Interim Group Leader - Cassandra Da Costa : 0406 656 002

#### ALL OTHER LITURGICAL MINISTERS

Tuesday 12 March 7.30 to 8.30 pm in the presbytery

Facilitator: Ophelia Swai – 0431 311 976

Please note that meetings will start promptly as mentioned above so kindly arrive on time.

We look forward to robust attendance at each of these meetings.

#### MUSIC

A meeting will be organised in the week commencing Tuesday 12 March. Members of the Music Group will receive details from their Interim Group Leader – Carolina Constable – 0409 158 581 Please note that meetings will start promptly as mentioned above so kindly arrive on time.

We look forward to robust attendance at each of these meetings.



### Breakfast with Fr Aloysius

Please join Father for breakfast on,

**Monday 4 March** in the presbytery

after the 9:10am Mass.

All Welcome



## LENT AND FLOWERS

Please, NO flowers in the church during Lent.  
Flowers that are left in the church will be removed.



### Dates to Remember in Lent:

All Thursdays during Lent –

Lenten reflection and Adoration

7:30pm – in the Church

All Fridays during Lent –

Stations of the Cross – after 9:10am Mass in the Church



### Third Sunday of Lent - 2 & 3 March



Not having access to a reliable source of clean water was very difficult for Leaia and her family. But with the support of Caritas Australia, a water tank was installed at their home, improving their health and living conditions.

Please donate to Project Compassion.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow for all future generations.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion) or by calling 1800 024 413.



### NEW LIFE IN GOD'S SPIRIT

The eight-week seminar every Wednesday continues

TIME: 1:30pm – 3:00pm

St. Raphael's Catholic Church

17 Hardy St. Preston West

For More Details Contact - Marijana 0422 340 675

The Living Gospel Prayer Group

6/3 – session 4 - The gift of God's Spirit

13/3 – session 5 - Forgiveness, healing and reconciliation

20/3 – session 6 - New life in God's Spirit

27/3 - sessions 7/8 - Growth and community in the Lord



### *Wedding Congratulations*



We congratulate  
*Lauren & Paul*  
for their Wedding  
to be celebrated here at Sacred Heart Church  
on Sunday 3 March



May God grant a happy and prosperous life to you both as you embark on your journey together as husband and wife.



### Lenten Regulations

#### Ash Wednesday and Good Friday are days of Fasting and abstinence from meat.

On all other Fridays, except solemnities, the law of the common practice of penance is fulfilled by performing any one of the following:

- Prayer
- Self Denial
- Helping Others

\* Each of the faithful is obliged to receive Holy Communion at least once a year. This precept must be fulfilled between Ash Wednesday, 14 February 2024 and Trinity Sunday 26 May 2024 unless for a good reason it is fulfilled at another time during the year.

\* The wonderful gift of the Lord's merciful love is offered in a special way in the Sacrament of Reconciliation. Lent is a most appropriate time to receive this Sacrament. All faithful who have reached the age of discretion are bound faithfully to confess their grave sins at least once a year.



## Save the NEW date: 13 April 2024 at 6pm

### Dinner dance

Sacred Heart Hall

85 David Street, Preston

\$50 per person

dinner, desert and soft drinks provided

BYO Alcohol

More information to come in due course



### New Seminarians

Catholic Vocations is delighted to accept eight men to the Seminary for Melbourne this year:

Chinh Tran, Rohan Prince, Luke Kennedy,

Luke Emslie, Tung Phan, Joseph Maae,

Patrick Harris and Mathews Noble.

Please pray for them!



Laudato Si'  
Caring for our common home



St Declan's Parish, Penshurst, NSW, has prepared an "Earthcare Lenten Fast" for this Lent. They cite scripture and Pope Francis as they call us to a spirituality full of gratitude for the gifts of creation. Each week they suggest "fasts" that we might choose to undertake during Lent.

Last week the focus was on nourishment. They suggested a moment of silence before meals to truly appreciate the gift of our food. It seems a great loss that the tradition of saying Grace before meals is neglected today. Gratitude for food heightens our consciousness of this most basic human activity of nourishing ourselves. It also reminds us how privileged we are to have a secure food supply – so many in our world lack this security. You may wish to acknowledge this in Lenten donations to Project Compassion.

Other suggestions you might find a good challenge for Lent include choosing food that is farmed ethically and sustainably; aiming to buy food grown locally; eating less meat; and minimising food waste. Could you adopt at least one of these "fasts" – and in what might at first seem a form of self-denial, instead find a deeper enjoyment in the great gift of real nourishment?



### GLORY OF EUROPE PILGRIMAGE:

We invite you on a 14 day remarkable journey to explore the Glory of Europe. Immerse yourself in the rich history and profound spirituality of this journey as we embark on a tour from Lisbon to Rome. Fr Simon Grainger will be the Chaplain of the tour.

The package cost is \$5,300 AUD exclusive of Airfare.

The tour commences on 21 September 2024.

For enquiries or booking, please phone 0459 726 360 or [nativitytoursau@gmail.com](mailto:nativitytoursau@gmail.com).

See poster in church foyer for more details.

### Joke Corner

A priest requested quotes from local painters to repaint the exterior of the parish hall. All the quotes were within a few dollars of one another, with the exception of one by a parishioner who had been in business for years and had an excellent reputation in the community. His quote was about half of his competitors, so naturally the priest gave him the job.

On the day he was to begin, the painter realised that he had miscalculated badly. Not wanting to lose face and the job, he decided to thin the paint with water. That way, he decided, he would be able to complete the job for the quoted price.

A week later he received a phone call from the priest, complaining that after recent rain half the paint had washed off. Being an honourable man (most of the time) and being a good Catholic, the painter went inside the church to pray about his dilemma, knowing that his business reputation was on the line.

"What can I possibly do, Lord?" prayed the disheartened painter. In a loud voice God replied, "Repaint! Repaint and thin no more!"

## ENTRANCE ANTIPHON

My eyes are always on the Lord,  
for he rescues my feet from the snare.  
Turn to me and have mercy on me,  
for I am alone and poor.

## PENITENTIAL ACT

I confess to almighty God and to you, my  
brothers and sisters, that I have greatly  
sinned, in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,

*And, striking their breast, they say:*  
through my fault, through my fault,  
through my most grievous fault;  
therefore, I ask blessed Mary Ever-  
Virgin, all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

## FIRST READING

*Exodus 20:1-17*

God spoke all these words. He said, 'I am  
the Lord your God who brought you out of  
the land of Egypt, out of the house of  
slavery.

'You shall have no gods except me.

'You shall not make yourself a carved  
image or any likeness of anything in  
heaven or on earth beneath or in the waters  
under the earth; you shall not bow down to  
them or serve them. For I, the Lord your  
God, am a jealous God and I punish the  
father's fault in the sons, the grandsons,  
and the great-grandsons of those who hate  
me; but I show kindness to thousands of  
those who love me and keep my  
commandments.

'You shall not utter the name of the Lord  
your God to misuse it, for the Lord will not  
leave unpunished the man who utters his  
name to misuse it.

'Remember the sabbath day and keep it  
holy. For six days you shall labour and do  
all your work, but the seventh day is a  
sabbath for the Lord your God. You shall  
do no work that day, neither you nor your  
son nor your daughter nor your servants,  
men or women, nor your animals nor the  
stranger who lives with you. For in six days  
the Lord made the heavens and the earth  
and the sea and all that these hold, but on  
the seventh day he rested; that is why the  
Lord has blessed the sabbath day and made  
it sacred.

'Honour your father and your mother so  
that you may have a long life in the land  
that the Lord your God has given to you.

'You shall not kill.

'You shall not commit adultery.

'You shall not steal.

'You shall not bear false witness against  
your neighbour.

'You shall not covet your neighbour's  
house. You shall not covet your  
neighbour's wife, or his servant, man or  
woman, or his ox, or his donkey, or  
anything that is his.'

The Word of the Lord

**All: Thanks be to God.**

## RESPONSORIAL PSALM

**Psalm 18(19):8-11**

*The Response Is:*

**Lord, you have the words of everlasting life.**

The law of the Lord is perfect,  
it revives the soul.

The rule of the Lord is to be trusted,  
it gives wisdom to the simple.

**Lord, you have the words of everlasting life.**

The precepts of the Lord are right,  
they gladden the heart.

The command of the Lord is clear,  
it gives light to the eyes.

**Lord, you have the words of everlasting life.**

The fear of the Lord is holy,  
abiding for ever.

The decrees of the Lord are truth  
and all of them just.

**Lord, you have the words of everlasting life.**

They are more to be desired than gold,  
than the purest of gold  
and sweeter are they than honey,  
than honey from the comb.

**Lord, you have the words of everlasting life.**

## SECOND READING

*1 Corinthians 1:22-25*

While the Jews demand miracles and the  
Greeks look for wisdom, here are we  
preaching a crucified Christ; to the Jews an  
obstacle that they cannot get over, to the  
pagans madness, but to those who have  
been called, whether they are Jews or  
Greeks, a Christ who is the power and the  
wisdom of God. For God's foolishness is  
wiser than human wisdom, and God's  
weakness is stronger than human strength.

The Word of the Lord

**All: Thanks be to God.**

*Please stand for the Gospel*

*Acclamation.*

## GOSPEL ACCLAMATION

**Praise to you, Lord Jesus Christ, king of  
endless glory!**

God loved the world so much, he gave us  
his only Son, that all who believe in him  
might have eternal life.

**Praise to you, Lord Jesus Christ, king of  
endless glory!**

## GOSPEL

*John 2:13-25*

Just before the Jewish Passover Jesus went  
up to Jerusalem, and in the Temple he  
found people selling cattle and sheep and  
pigeons, and the money-changers sitting at  
their counters there. Making a whip out of  
some cord, he drove them all out of the  
Temple, cattle and sheep as well, scattered  
the money-changers' coins, knocked their  
tables over and said to the pigeon-sellers,  
'Take all this out of here and stop turning  
my Father's house into a market.' Then his  
disciples remembered the words of  
scripture: Zeal for your house will devour  
me. The Jews intervened and said, 'What  
sign can you show us to justify what you  
have done?' Jesus answered, 'Destroy this  
sanctuary, and in three days I will raise it  
up.' The Jews replied, 'It has taken forty-  
six years to build this sanctuary: are you

going to raise it up in three days?' But he  
was speaking of the sanctuary that was his  
body, and when Jesus rose from the dead,  
his disciples remembered that he had said  
this, and they believed the scripture and the  
words he had said.

During his stay in Jerusalem for the  
Passover many believed in his name when  
they saw the signs that he gave, but Jesus  
knew them all and did not trust himself to  
them; he never needed evidence about any  
man; he could tell what a man had in him.

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.  
THE NICENE CREED.**

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God, begotten, not  
made, consubstantial with the Father;  
through him all things were made.

For us men and for our salvation he came  
down from heaven,

*(At the words that follow, up to and  
including 'and became man', all bow.)*

and by the Holy Spirit was incarnate of the  
Virgin Mary, and became man.

For our sake he was crucified under  
Pontius Pilate, he suffered death and was  
buried, and rose again on the third day in  
accordance with the Scriptures.

He ascended into heaven and is seated at  
the right hand of the Father.

He will come again in glory to judge the  
living and the dead and his kingdom will  
have no end.

I believe in the Holy Spirit, the Lord, the  
giver of life, who proceeds from the  
Father and the Son, who with the Father  
and the Son is adored and glorified, who  
has spoken through the prophets.

I believe in one, holy, catholic and  
apostolic Church.

I confess one Baptism for the forgiveness  
of sins and I look forward to the  
resurrection of the dead and the life of the  
world to come. Amen.

## COMMUNION ANTIPHON

The sparrow finds a home,  
and the swallow a nest for her young:  
by your altars, O Lord of hosts, my King  
and my God.

Blessed are they who dwell in your house,  
for ever singing your praise.

