

January 26, 2019

Overall Finish List

10 k Run

## Female

Place	Overall	Name	Bib No	AG Place	-----Total-----		Pace
					Chip Time	Gun Time	
1		Nadine Robinson	1444	1 30-39	39:31	39:32	3:57/K
2		Julia Hlynsky	1268	2 30-39	39:50	39:52	3:59/K
3		Tricia Bachman	903	1 50-59	40:19	40:20	4:02/K
4		Danielle O'Neill	1403	3 30-39	40:39	40:42	4:04/K
5		Jeanelle Hazlett	1258	1 20-29	40:47	40:49	4:05/K
6		Claire Robinson	1443	2 20-29	41:12	41:16	4:07/K
7		Christina Crump	982	4 30-39	41:53	41:55	4:11/K
8		Catherine Maledy	1342	3 20-29	42:53	42:57	4:17/K
9		morikke espenhain	1210	1 40-49	43:03	43:07	4:18/K
10		Selin Tasdemir	1497	1 0-19	43:09	43:12	4:19/K
11		Kelsey Nilsen	1391	4 20-29	43:38	43:42	4:22/K
12		Laura Warr	2383	5 20-29	44:03	44:07	4:24/K
13		Ailene MacPherson	1336	6 20-29	44:07	44:11	4:25/K
14		Angela Enman	1209	5 30-39	45:03	45:08	4:30/K
15		Susan MacRae	1337	2 50-59	45:33	45:40	4:33/K
16		Meghan MacLeod	1335	2 40-49	45:39	45:49	4:34/K
17		Julianne Martin	1349	7 20-29	45:41	45:54	4:34/K
18		Eva Bonn	925	8 20-29	45:56	45:59	4:36/K
19		Alecia Brooks	934	6 30-39	46:34	46:39	4:39/K
20		Candice Appleby	356	7 30-39	46:51	47:30	4:41/K
21		Emily Masching	2696	8 30-39	47:25	47:38	4:45/K
22		Laura Dwan	1204	9 20-29	47:39	47:51	4:46/K
23		Emily Seto	3238	3 40-49	47:40	47:54	4:46/K
24		Siobhan Brennan	931	9 30-39	48:18	48:48	4:50/K
25		Deborah Kenneally	1292	10 20-29	48:41	48:53	4:52/K
26		Sarah Oehm	1397	11 20-29	48:48	48:56	4:53/K
27		Emily Zecchino	2515	12 20-29	48:53	49:01	4:53/K
28		Catherini Phillips	2649	10 30-39	49:03	49:30	4:54/K
29		Sandra Emry	1207	11 30-39	49:07	49:12	4:55/K
30		Meaghan Taylor	1498	12 30-39	49:39	49:42	4:58/K
31		Olga Pazukha	1414	13 30-39	49:43	50:16	4:58/K
32		Amy Hendel	1262	4 40-49	49:45	50:39	4:59/K
33		Teresa Dlugon	994	1 60-69	49:49	50:17	4:59/K
34		Sarah Beck	915	13 20-29	49:58	50:03	5:00/K
35		Lauren Ray	1434	14 20-29	49:59	50:10	5:00/K
36		Monica Millar	1366	15 20-29	50:18	50:26	5:02/K
37		margot Lively	1326	3 50-59	50:22	50:47	5:02/K
38		Rhonda Dyce	1205	5 40-49	50:22	50:48	5:02/K
39		Jillian Schwandt	1465	14 30-39	50:34	50:50	5:03/K
40		Caitlin Stewart	1487	15 30-39	50:48	51:31	5:05/K
41		Caitlin Shepard	1477	16 30-39	50:51	51:14	5:05/K
42		Kate Oja	1400	17 30-39	51:16	51:50	5:08/K
43		Serena Lodi	1327	18 30-39	51:23	51:39	5:08/K
44		Elissa Robinson	1445	16 20-29	51:25	51:55	5:09/K
45		Lavinia Kelly	2647	19 30-39	51:27	51:37	5:09/K
46		Tiffany Duzita	1203	6 40-49	51:39	52:01	5:10/K
47		Marina Khrisanova	1295	7 40-49	51:58	52:12	5:12/K
48		Katie Lienhard	1322	17 20-29	52:12	52:42	5:13/K
49		Lindsay Burke	943	8 40-49	52:15	52:41	5:14/K
50		Amanda Parkhill	1410	20 30-39	52:16	52:28	5:14/K
51		Melanie Mayede	2679	18 20-29	52:28	52:34	5:15/K
52		Rachel White	2396	19 20-29	52:29	52:44	5:15/K
53		Kattia Woloshyniuk	2501	20 20-29	52:41	52:45	5:16/K
54		Dena Nicolai	1386	21 30-39	52:42	53:03	5:16/K
55		Emily Kieran	1296	22 30-39	52:49	53:57	5:17/K
56		Janelle Yu	2511	21 20-29	52:53	52:56	5:17/K
57		Sabrina Yu	2512	22 20-29	52:54	52:56	5:17/K
58		Hope Hart	1251	23 20-29	52:56	53:11	5:18/K
59		Laura Raibeck	1426	23 30-39	53:02	53:45	5:18/K
60		Meera Jain	1280	24 30-39	53:08	53:43	5:19/K
61		Niki Chum	972	25 30-39	53:12	53:30	5:19/K
62		Janeen Beebe	916	26 30-39	53:15	53:25	5:20/K
63		Samah Phillips	1418	27 30-39	53:31	53:54	5:21/K
64		Sarah Rushton	1450	28 30-39	53:31	53:39	5:21/K
65		Kirsten Scott	1466	24 20-29	53:36	54:48	5:22/K
66		Emma Fox	1219	29 30-39	53:43	54:37	5:22/K
67		Madeline Kang	1289	25 20-29	53:43	54:05	5:22/K

January 26, 2019

Overall Finish List

10 k Run

## Female

Place		Bib No	AG Place	-----Total-----		Pace
Overall	Name			Chip Time	Gun Time	
68	Kim Sorensen	1484	9 40-49	53:48	54:36	5:23/K
69	Sydney Mcdougall	1353	26 20-29	53:59	54:27	5:24/K
70	Ann Hayes	1257	2 60-69	54:02	54:09	5:24/K
71	Camille	901	30 30-39	54:04	54:32	5:24/K
72	Christina Howard	1274	27 20-29	54:08	54:21	5:25/K
73	Imogen Hankins	3225	28 20-29	54:12	54:23	5:25/K
74	Natalija Ilic	1278	10 40-49	54:15	54:30	5:26/K
75	Sonia Bevilacqua	918	4 50-59	54:37	55:15	5:28/K
76	Olga Orth	1406	11 40-49	54:38	54:42	5:28/K
77	Charlotte Mcintyre	3222	29 20-29	54:42	54:57	5:28/K
78	Ashley Reid	1439	31 30-39	54:43	55:28	5:28/K
79	Brenda Pasichnyk	1411	12 40-49	54:48	55:40	5:29/K
80	Morgan Westcott	2388	32 30-39	54:54	55:20	5:29/K
81	meghan Trenaman	2296	30 20-29	55:05	55:40	5:31/K
82	Cassandra Basi	912	33 30-39	55:07	55:45	5:31/K
83	Jennifer Derksen	988	13 40-49	55:10	55:59	5:31/K
84	Kate Jory	2698	31 20-29	55:26	56:20	5:33/K
85	Gemma Lacey	1305	32 20-29	55:35	56:11	5:34/K
86	Vanessa Chin	2631	33 20-29	55:39	55:51	5:34/K
87	Amy Tucker	2700	34 20-29	55:42	55:55	5:34/K
88	Melisa Joyal	3251	34 30-39	55:44	55:49	5:34/K
89	Nikol Marconova	1346	35 20-29	55:47	56:39	5:35/K
90	Anice Wong	3203	35 30-39	55:54	56:47	5:35/K
91	Kendall McLaughlin	1361	36 20-29	56:01	56:13	5:36/K
92	Ashley Judd	1286	36 30-39	56:14	56:58	5:37/K
93	Kim Harvey	1253	5 50-59	56:15	57:10	5:38/K
94	Jennifer Phu	1419	14 40-49	56:16	56:59	5:38/K
95	Vanessa Louie	2627	37 20-29	56:22	57:34	5:38/K
96	Jane Halton	1246	15 40-49	56:26	56:51	5:39/K
97	Niki Frew	3277	16 40-49	56:27	56:47	5:39/K
98	Karen Lyles	1332	17 40-49	56:33	57:01	5:39/K
99	Jill Magtanong	1339	37 30-39	56:34	57:24	5:39/K
100	Kate Hogan	1271	38 30-39	56:34	57:24	5:39/K
101	Michelle Dimond	3241	39 30-39	56:37	57:26	5:40/K
102	Liz Walls	3273	40 30-39	56:39	57:26	5:40/K
103	Kelly Pollock	3243	41 30-39	56:39	57:29	5:40/K
104	Susan Schachter	1460	3 60-69	56:49	57:31	5:41/K
105	Lindsey Cowie	977	38 20-29	56:56	57:36	5:42/K
106	Marni Kanard	997	39 20-29	56:59	57:14	5:42/K
107	Lindsay Janzen	1281	40 20-29	57:02	57:22	5:42/K
108	Cianda Saville	1459	41 20-29	57:09	57:27	5:43/K
109	Morenda Baron	907	42 20-29	57:23	57:37	5:44/K
110	Carolyn Anderson	306	18 40-49	57:29	58:23	5:45/K
111	Katie Mai	1340	43 20-29	57:35	58:02	5:46/K
112	Lindsay Kirk	1301	44 20-29	57:40	57:47	5:46/K
113	Bonnie Thomas	2249	42 30-39	57:42	58:12	5:46/K
114	Sahar Zandieh	2514	45 20-29	57:42	58:12	5:46/K
115	Mary Metz	1364	46 20-29	57:44	58:56	5:46/K
116	Rebel Arrance	3234	47 20-29	57:46	58:00	5:47/K
117	Sam O'Neill	1402	43 30-39	57:46	58:43	5:47/K
118	Rocio Lopez	1328	48 20-29	57:57	58:10	5:48/K
119	Tara Morin	1371	19 40-49	58:17	59:07	5:50/K
120	Maureen McDonald	1352	6 50-59	58:33	58:41	5:51/K
121	Carolyn Summerfield	1491	20 40-49	58:35	58:56	5:52/K
122	Olivia Lo	3254	1 99-99	58:42	59:14	5:52/K
123	Richelle Seki	1473	49 20-29	58:45	59:37	5:53/K
124	Rhonda Marshall	1347	21 40-49	58:54	59:41	5:53/K
125	Sue Burkholder	945	7 50-59	58:57	59:20	5:54/K
126	Francoise Wisznia	3262	44 30-39	59:05	59:53	5:55/K
127	Jennifer Brown	936	4 60-69	59:07	59:55	5:55/K
128	Jana Morton	1373	22 40-49	59:08	59:46	5:55/K
129	Penny Page-Brittin	1408	8 50-59	59:09	59:49	5:55/K
130	Christine Stewart	1486	9 50-59	59:10	59:34	5:55/K
131	Sari Van Dan Aeker	2697	45 30-39	59:10	59:44	5:55/K
132	Deborah Gibson	1226	10 50-59	59:20	1:00:22	5:56/K
133	Kerry Thompson	2693	46 30-39	59:23	1:00:09	5:56/K
134	Karen Lui	1330	47 30-39	59:37	1:00:37	5:58/K

January 26, 2019

Overall Finish List

10 k Run

## Female

Place		Bib No	AG Place	-----Total-----		Pace
Overall	Name			Chip Time	Gun Time	
135	Natalie Twohey	2342	48 30-39	59:43	1:00:36	5:58/K
136	Jane Rea	1436	49 30-39	59:47	1:00:19	5:59/K
137	Scarlet Muerlbawer	3275	50 30-39	59:59	1:00:06	6:00/K
138	Parisa Mirmiran	1367	50 20-29	1:00:03	1:00:16	6:00/K
139	Beatriz Martin	1348	51 30-39	1:00:05	1:00:38	6:01/K
140	Sally Liang	1321	52 30-39	1:00:07	1:00:16	6:01/K
141	Celia McGrath	1355	53 30-39	1:00:11	1:00:28	6:01/K
142	Seana Buchanan	939	23 40-49	1:00:14	1:00:18	6:01/K
143	Erica Purcell	1423	51 20-29	1:00:15	1:00:53	6:02/K
144	Ada Vaccaro	2346	52 20-29	1:00:25	1:01:26	6:03/K
145	Emily Burt	2519	53 20-29	1:00:41	1:00:52	6:04/K
146	Teresa Nicolson	1388	5 60-69	1:00:46	1:01:31	6:05/K
147	Angie Ramsay	1429	24 40-49	1:00:51	1:01:35	6:05/K
148	Molly O'Ray	1405	54 20-29	1:01:07	1:01:37	6:07/K
149	Laura Zitron	2517	11 50-59	1:01:08	1:01:40	6:07/K
150	Katie Little	1324	55 20-29	1:01:13	1:01:59	6:07/K
151	Zara McGrath	1356	54 30-39	1:01:15	1:01:33	6:08/K
152	Anna Mycek	1378	55 30-39	1:01:22	1:01:41	6:08/K
153	Karen Cooke	3256	2 99-99	1:01:43	1:02:39	6:10/K
154	Kate-Lynn Genzel	1224	56 30-39	1:01:44	1:01:56	6:10/K
155	Steffi Schoeller	1462	57 30-39	1:01:44	1:02:10	6:10/K
156	Colleen Parent	1409	12 50-59	1:01:53	1:02:24	6:11/K
157	Cortnee Billon	921	58 30-39	1:02:04	1:02:52	6:12/K
158	Michelle Heerdegen	1259	56 20-29	1:02:04	1:02:29	6:12/K
159	Laura Hayes	1256	59 30-39	1:02:06	1:02:29	6:13/K
160	Emma Russell	1451	13 50-59	1:02:37	1:02:47	6:16/K
161	SeungHee Ko	1302	57 20-29	1:02:46	1:02:51	6:17/K
162	Chihiro Otsuki	1407	60 30-39	1:03:51	1:03:58	6:23/K
163	Rachel Goossen	1239	58 20-29	1:04:02	1:04:32	6:24/K
164	Rebecca Tucker	2336	59 20-29	1:04:37	1:04:58	6:28/K
165	Sandra Irmisch	2611	61 30-39	1:05:33	1:05:53	6:33/K
166	Katrin Gitschtaler	1237	62 30-39	1:05:36	1:05:55	6:34/K
167	Shelby Beaulieu	3265	60 20-29	1:05:42	1:06:31	6:34/K
168	Deborah Bates	913	14 50-59	1:05:59	1:06:15	6:36/K
169	Sharon Pauwels	1412	25 40-49	1:06:02	1:07:01	6:36/K
170	Sharan Reddy	1438	26 40-49	1:06:07	1:06:49	6:37/K
171	Michelle Huisman	1276	27 40-49	1:06:17	1:07:09	6:38/K
172	Nicole Hellyer	1260	28 40-49	1:06:17	1:07:08	6:38/K
173	Megan Mckay Hall	1359	29 40-49	1:06:42	1:07:17	6:40/K
174	Natasha Sidhu	1482	61 20-29	1:06:48	1:07:43	6:41/K
175	Araceli Cervantes	956	30 40-49	1:06:49	1:07:16	6:41/K
176	Kristin Safi	1455	63 30-39	1:06:50	1:07:11	6:41/K
177	Geni Lessani	1316	64 30-39	1:07:15	1:07:31	6:44/K
178	Kelly Donald	999	65 30-39	1:07:37	1:08:11	6:46/K
179	Eve Ojea	1401	66 30-39	1:07:38	1:08:39	6:46/K
180	Alia Kallo	1288	67 30-39	1:08:11	1:08:26	6:49/K
181	Preet Gill	1234	62 20-29	1:08:22	1:09:26	6:50/K
182	Sunita Gill	1233	68 30-39	1:08:57	1:10:04	6:54/K
183	Pamela Labrum	1304	69 30-39	1:09:07	1:09:32	6:55/K
184	Charlene Samaroo	1456	31 40-49	1:09:08	1:09:32	6:55/K
185	Jocelyn Purcell	1424	6 60-69	1:09:16	1:09:55	6:56/K
186	Marlene Dong	1000	32 40-49	1:09:23	1:10:20	6:56/K
187	Melanie Nagy	1379	33 40-49	1:09:29	1:09:48	6:57/K
188	Christine McGuire	1358	34 40-49	1:09:53	1:10:54	6:59/K
189	Emily Wills	2400	70 30-39	1:09:54	1:10:54	6:59/K
190	Michelle McGuire	1357	35 40-49	1:09:55	1:10:55	7:00/K
191	Lixing Liu	1325	15 50-59	1:10:22	1:10:44	7:02/K
192	Sophia Yurist	2513	71 30-39	1:10:25	1:11:20	7:03/K
193	Sheena Quish	1425	16 50-59	1:10:41	1:11:23	7:04/K
194	Kelly Moser	1374	36 40-49	1:11:32	1:12:02	7:09/K
195	Carly Barrett	909	72 30-39	1:14:17	1:15:14	7:26/K
196	Julia Migmar	1365	63 20-29	1:22:54	1:23:14	8:17/K
197	Kathy Green	2674	7 60-69	1:34:11	1:35:10	9:25/K
198	Corrina Hayden	1255	37 40-49	1:34:18	1:35:10	9:26/K

January 26, 2019

Overall Finish List

10 k Run

Place		Male		-----Total-----		
Overall	Name	Bib No	AG Place	Chip Time	Gun Time	Pace
1	Stephen Havas	3259	1 40-49	35:15	35:15	3:32/K
2	ANTONINO RUSSO	1452	1 30-39	35:18	35:18	3:32/K
3	Kevin Schwab	1464	1 20-29	36:07	36:07	3:37/K
4	Anthony Skuce	1483	1 50-59	37:25	37:25	3:45/K
5	Adam Woods	2505	2 20-29	37:27	37:29	3:45/K
6	James Montgomery	1369	2 30-39	37:37	37:39	3:46/K
7	Stephen Maloney	2520	3 20-29	37:46	37:48	3:47/K
8	Brennan Chan	960	4 20-29	37:54	37:55	3:47/K
9	carlos Bonilla	924	3 30-39	38:04	38:07	3:48/K
10	Trysten Scheidl	1461	1 0-19	38:08	38:09	3:49/K
11	Martin Stodola	1488	5 20-29	38:13	38:13	3:49/K
12	Graeme Rennie	1440	6 20-29	38:14	38:15	3:49/K
13	Yue-Ching Cheng	963	4 30-39	38:25	38:27	3:51/K
14	Masamichi Shibata	1480	2 50-59	38:29	38:29	3:51/K
15	Peter Mennie	1363	5 30-39	38:30	38:31	3:51/K
16	Stephen Hardy	2689	3 50-59	38:32	38:33	3:51/K
17	Graham Gibson	1227	7 20-29	38:44	38:46	3:52/K
18	Christopher Farrell	1211	6 30-39	39:13	39:16	3:55/K
19	Dale Nichols	1384	7 30-39	39:25	39:27	3:57/K
20	Jordan Back	904	8 30-39	39:26	39:33	3:57/K
21	Bijoern Borgers	3212	8 20-29	39:30	39:34	3:57/K
22	Liam Babbitt	902	9 20-29	39:31	39:32	3:57/K
23	Graziano fronteddu	1220	2 40-49	39:49	39:52	3:59/K
24	steven Carney	953	10 20-29	39:50	39:54	3:59/K
25	Nicholas Williams	3274	11 20-29	39:50	40:08	3:59/K
26	Christopher Poenaru	1420	12 20-29	39:53	39:55	3:59/K
27	Richard Brittin	932	4 50-59	39:54	39:57	3:59/K
28	Damien Waugh	2386	9 30-39	40:00	40:02	4:00/K
29	Conor Lamb	1306	10 30-39	40:02	40:17	4:00/K
30	Federico Guss	1243	13 20-29	40:05	40:13	4:01/K
31	Hauke Christiansen	971	14 20-29	40:17	40:19	4:02/K
32	Gavin Bong	923	3 40-49	40:26	40:31	4:03/K
33	Lee Hamilton	1247	5 50-59	40:33	40:34	4:03/K
34	William Harvey	3235	1 60-69	40:39	40:45	4:04/K
35	Doug Thorpe	2292	15 20-29	40:44	40:52	4:04/K
36	Robert Chai	958	16 20-29	41:02	41:52	4:06/K
37	Andrew Payne	1413	11 30-39	41:03	41:15	4:06/K
38	Eoin Conway	975	17 20-29	41:28	41:44	4:09/K
39	Paul Nolan	1392	12 30-39	42:09	42:20	4:13/K
40	Andrew Maledy	1341	18 20-29	42:15	42:21	4:14/K
41	John Gardiner	3201	19 20-29	42:20	42:41	4:14/K
42	Ed Nicolas	1387	4 40-49	42:26	43:12	4:15/K
43	Michael Harder	1250	13 30-39	42:34	42:39	4:15/K
44	Dane Low	2685	14 30-39	42:38	42:42	4:16/K
45	Stephen Melendy	1362	15 30-39	42:42	42:49	4:16/K
46	Mark Van Vliet	2348	20 20-29	42:50	43:17	4:17/K
47	Jeremy Scott	1468	21 20-29	43:05	43:13	4:19/K
48	Sebastian Rakowski	1427	22 20-29	43:07	43:18	4:19/K
49	Bryan Stolth	1490	5 40-49	43:24	43:27	4:20/K
50	Neil McEachern	1354	16 30-39	43:25	43:59	4:21/K
51	Randy Bird	922	17 30-39	43:28	43:30	4:21/K
52	Jasvir Gill	1232	18 30-39	43:28	44:39	4:21/K
53	John Morra	2680	23 20-29	43:38	44:41	4:22/K
54	Connor Attridge	505	2 0-19	43:39	43:40	4:22/K
55	Darragh Murphy	1377	24 20-29	43:39	43:49	4:22/K
56	Francisco Henao Diaz	1261	25 20-29	43:47	44:01	4:23/K
57	Iain Lowe	3253	6 50-59	43:49	43:59	4:23/K
58	Trevor Kallies	1287	19 30-39	44:02	44:27	4:24/K
59	Brian Hamilton	1248	7 50-59	44:02	44:10	4:24/K
60	Ethan Castilloux	955	26 20-29	44:04	45:07	4:24/K
61	Trevor Baker	905	20 30-39	44:24	44:48	4:26/K
62	Jason Brooks	935	8 50-59	44:26	44:31	4:27/K
63	Shayne Gregg	1240	9 50-59	44:32	44:55	4:27/K
64	Sean Corrigan	976	27 20-29	44:46	44:56	4:29/K
65	Ben Mortenson	1372	10 50-59	44:49	45:06	4:29/K
66	Elliot Billingsley	920	21 30-39	44:50	44:58	4:29/K
67	Ryan Fetterly	1214	22 30-39	44:51	44:54	4:29/K

January 26, 2019

Overall Finish List

10 k Run

Place		Male			-----Total-----		
Overall	Name	Bib No	AG Place	Chip Time	Gun Time	Pace	
68	Dave Lewis	1318	6 40-49	44:52	45:25	4:29/K	
69	Shea McKinney	1360	23 30-39	44:54	45:34	4:29/K	
70	Brian Banfill	906	11 50-59	44:57	45:10	4:30/K	
71	Riley Paterson	3206	28 20-29	45:01	46:00	4:30/K	
72	Kevin de Leon	985	24 30-39	45:02	45:17	4:30/K	
73	Adam Duarte	2675	12 50-59	45:02	45:07	4:30/K	
74	Andrei Karniaichuk	1290	25 30-39	45:12	45:35	4:31/K	
75	Andreas Geissner	1223	26 30-39	45:13	45:26	4:31/K	
76	Charlie Hunter	1277	7 40-49	45:21	45:29	4:32/K	
77	Vicking Yau	2510	27 30-39	45:22	45:26	4:32/K	
78	Peter Rahfeld	2613	28 30-39	45:23	45:38	4:32/K	
79	Mark MacRae	2683	2 60-69	45:37	45:44	4:34/K	
80	Denys Ng	1382	29 20-29	45:44	46:30	4:34/K	
81	Gregor Teggl	2221	30 20-29	45:46	46:01	4:35/K	
82	Erik Hauner	1254	31 20-29	45:46	46:05	4:35/K	
83	Adam Lee	1310	29 30-39	45:51	45:53	4:35/K	
84	Camilo Ramirez	1428	30 30-39	45:53	46:15	4:35/K	
85	Dave Farrelly	1212	31 30-39	45:54	45:58	4:35/K	
86	Ben Herrel-Woods	1264	32 20-29	45:59	46:26	4:36/K	
87	Ninderjit Dhaliwal	991	8 40-49	45:59	47:20	4:36/K	
88	Cian Hennessy	2695	33 20-29	46:01	46:18	4:36/K	
89	Christopher Grimes	1242	34 20-29	46:06	46:24	4:37/K	
90	Brian Champion	949	35 20-29	46:10	46:27	4:37/K	
91	Mike Lee	1312	9 40-49	46:16	48:14	4:38/K	
92	Brian Fogarty	3227	36 20-29	46:16	47:06	4:38/K	
93	Ethan Schrum	1463	37 20-29	46:16	46:31	4:38/K	
94	Joseph Choi	968	38 20-29	46:22	46:41	4:38/K	
95	David Bell	917	39 20-29	46:24	46:53	4:38/K	
96	Stephen Hamilton	1249	40 20-29	46:25	46:34	4:39/K	
97	Hamish Calder	947	41 20-29	46:32	46:40	4:39/K	
98	Pierre Foucart	1218	32 30-39	46:34	46:51	4:39/K	
99	Naveenraj Rathinakumar	1431	42 20-29	46:47	47:08	4:41/K	
100	Selwyn Rawstron	1433	33 30-39	46:54	46:58	4:41/K	
101	Thomas Wan	3205	34 30-39	46:55	47:42	4:42/K	
102	Rodolfo Espinosa	3233	10 40-49	46:59	47:07	4:42/K	
103	Jason Gauthier	1222	11 40-49	47:00	47:25	4:42/K	
104	Steve Tan	1494	35 30-39	47:03	47:06	4:42/K	
105	Carson Chiu	967	43 20-29	47:09	47:13	4:43/K	
106	Jordan Stebbings	1485	44 20-29	47:11	47:41	4:43/K	
107	Jiri Vinklerek	2358	45 20-29	47:12	47:48	4:43/K	
108	Michael Hainke	1245	12 40-49	47:13	47:32	4:43/K	
109	Nicolas Gamba	1221	46 20-29	47:16	47:24	4:44/K	
110	Rocky Kim	1300	47 20-29	47:17	47:20	4:44/K	
111	Peter Rea	1437	13 40-49	47:23	48:07	4:44/K	
112	Jesse Angell	2699	36 30-39	47:27	48:03	4:45/K	
113	David Appleby	311	14 40-49	47:33	48:14	4:45/K	
114	Dave Kreut	1303	15 40-49	47:38	48:12	4:46/K	
115	Bo Chew	965	13 50-59	47:39	47:51	4:46/K	
116	Peter Champion	948	14 50-59	47:40	48:19	4:46/K	
117	Alejandro Alarcon	263	48 20-29	47:41	47:52	4:46/K	
118	Boyd Thomson	2694	16 40-49	47:45	48:51	4:47/K	
119	Mark Connolly	974	49 20-29	47:51	48:11	4:47/K	
120	Dong Baik Kim	1298	17 40-49	47:59	48:12	4:48/K	
121	Scott MacDonald	1334	50 20-29	48:00	48:42	4:48/K	
122	Brian Tancredi	1495	51 20-29	48:06	48:30	4:49/K	
123	Wayne Wong	2503	15 50-59	48:06	48:26	4:49/K	
124	Michael Deane	986	52 20-29	48:25	48:44	4:51/K	
125	Neil Beattie	914	18 40-49	48:32	48:43	4:51/K	
126	Rodrigo Servin	2626	53 20-29	48:36	48:41	4:52/K	
127	Andrew Dilts	3221	1 99-99	48:38	49:20	4:52/K	
128	Sebastien Thibodeau	2232	37 30-39	48:42	48:52	4:52/K	
129	Jeff Crossley	981	16 50-59	48:44	48:54	4:52/K	
130	Patrick Dolan	998	38 30-39	48:44	49:03	4:52/K	
131	Lloyd Chow	970	19 40-49	48:49	49:20	4:53/K	
132	Dmitry Khrisanov	1294	20 40-49	49:01	49:29	4:54/K	
133	Philip Ryan	1453	39 30-39	49:02	49:12	4:54/K	
134	Greg Cheyne	966	17 50-59	49:02	49:25	4:54/K	

January 26, 2019

Overall Finish List

10 k Run

Place		Male		-----Total-----		
Overall	Name	Bib No	AG Place	Chip Time	Gun Time	Pace
135	Harjinder Dhaliwal	992	21 40-49	49:03	50:49	4:54/K
136	Tyson Rasmussen	1430	22 40-49	49:08	49:56	4:55/K
137	Darian Low	1329	40 30-39	49:12	49:34	4:55/K
138	Shane Kelly	3215	54 20-29	49:13	49:57	4:55/K
139	Pete Bremner	930	18 50-59	49:13	49:33	4:55/K
140	Michael Buckley	940	55 20-29	49:17	49:41	4:56/K
141	Chris Perkins	1417	3 60-69	49:19	49:43	4:56/K
142	Gareth Moses	1375	19 50-59	49:22	49:38	4:56/K
143	Al Hodaly	1270	23 40-49	49:25	49:32	4:57/K
144	Justin Crawford	978	41 30-39	49:26	49:57	4:57/K
145	Martin Glegg	1238	42 30-39	49:31	49:33	4:57/K
146	Lachlan Mackenzie	2629	43 30-39	49:33	50:03	4:57/K
147	Dan Brady	928	44 30-39	49:37	49:47	4:58/K
148	Tom Nightingale	3250	45 30-39	49:38	49:47	4:58/K
149	Michael Roberts	1442	46 30-39	49:39	50:28	4:58/K
150	Nicky Roberts	1441	56 20-29	49:48	49:58	4:59/K
151	Ian Giesbrecht	1228	24 40-49	50:04	50:09	5:00/K
152	Chad Findlay	1215	25 40-49	50:12	50:18	5:01/K
153	Buta Samra	3229	2 99-99	50:14	50:27	5:01/K
154	Gareth Hartlett	1252	47 30-39	50:23	51:07	5:02/K
155	Simon Hoang	1269	26 40-49	50:24	50:48	5:02/K
156	Perry Zuccolo	2518	27 40-49	50:29	50:53	5:03/K
157	Tom Sherlock	1479	4 60-69	50:30	50:51	5:03/K
158	Tony Jang	3202	20 50-59	50:42	51:03	5:04/K
159	Gianmario Mameli	1343	57 20-29	50:44	50:51	5:04/K
160	Bassim Saade	995	21 50-59	50:44	51:25	5:04/K
161	Philip Deignan	987	48 30-39	50:52	51:35	5:05/K
162	Jeremy Peralta	1415	49 30-39	50:53	51:00	5:05/K
163	Stuart Grills	1241	28 40-49	51:06	51:43	5:07/K
164	Kal Nijjar	1389	58 20-29	51:39	52:12	5:10/K
165	Phil Hachey	1244	50 30-39	51:44	52:12	5:10/K
166	Jonathan Dufresne	1202	51 30-39	51:57	52:40	5:12/K
167	Kash Chadha	957	59 20-29	51:59	52:35	5:12/K
168	Alejandro Adame Quiroga	2678	60 20-29	52:05	52:35	5:13/K
169	Julio Hernandez	1263	29 40-49	52:17	52:36	5:14/K
170	Nathan Moes	1368	52 30-39	52:25	52:59	5:15/K
171	Patrik Vojtisek	3279	61 20-29	52:32	53:24	5:15/K
172	HARBIR VIRK	2361	53 30-39	52:36	53:47	5:16/K
173	Matthias Walter	2377	30 40-49	52:39	52:55	5:16/K
174	James Li	1320	62 20-29	52:39	53:34	5:16/K
175	Chris Norris-Jones	1393	54 30-39	52:39	52:45	5:16/K
176	Neil Shepherd	1478	31 40-49	52:48	53:57	5:17/K
177	Kai Antle	307	3 0-19	52:52	52:55	5:17/K
178	Jordan Forsyth	1217	55 30-39	52:54	53:18	5:17/K
179	Ryan Oh	1399	63 20-29	52:54	53:06	5:17/K
180	Efren Barrato	908	32 40-49	52:56	52:59	5:18/K
181	Graham Magnusson	1338	33 40-49	53:03	53:13	5:18/K
182	Tilman von der Linde	2367	22 50-59	53:06	53:36	5:19/K
183	Gabriel Cheung	964	64 20-29	53:15	54:01	5:20/K
184	Ronald Yatco	2508	56 30-39	53:20	56:04	5:20/K
185	Luke Ogmundson	1398	65 20-29	53:23	53:50	5:20/K
186	matthew canavan	950	57 30-39	53:26	54:19	5:21/K
187	Max (Eunjung) Ahn	262	66 20-29	53:46	54:01	5:23/K
188	Jeffrey English	1208	67 20-29	53:49	54:20	5:23/K
189	David O'Donohue	1396	58 30-39	54:08	55:00	5:25/K
190	Bill Trenaman	2314	5 60-69	54:09	54:44	5:25/K
191	Philip Wu	2506	34 40-49	54:18	54:45	5:26/K
192	Nick Nicholson	1385	23 50-59	54:19	55:14	5:26/K
193	Luke Burkholder	944	59 30-39	54:36	55:17	5:28/K
194	Cameron Thompson	2286	35 40-49	54:38	54:45	5:28/K
195	Sarbjit Gill	1231	60 30-39	54:40	55:48	5:28/K
196	Marcus Tang	1496	61 30-39	54:44	55:18	5:28/K
197	Charlie Manson	1345	36 40-49	54:50	55:17	5:29/K
198	Marshall Derksen	990	4 0-19	54:52	55:41	5:29/K
199	Chris Manore	1344	6 60-69	54:59	55:46	5:30/K
200	Walt Nathaniel	1380	62 30-39	55:48	56:09	5:35/K
201	Leif Royle	1448	37 40-49	55:49	56:38	5:35/K

January 26, 2019

Overall Finish List

10 k Run

Place		Male			-----Total-----		
Overall	Name	Bib No	AG Place	Chip Time	Gun Time	Pace	
202	Wayne Gilmartin	1236	38 40-49	56:19	57:23	5:38/K	
203	Nikolai Nikitenko	1390	68 20-29	56:24	57:02	5:38/K	
204	Maxime Ferland	1213	69 20-29	56:24	56:57	5:38/K	
205	Mitchell Lyles	1331	70 20-29	56:34	57:01	5:39/K	
206	Rory Lambie	1308	63 30-39	56:35	57:07	5:40/K	
207	Ranjit Gill	1235	71 20-29	56:50	57:55	5:41/K	
208	Ben Dippenaar	993	64 30-39	57:01	57:17	5:42/K	
209	Ted Fadden	3210	72 20-29	57:11	58:14	5:43/K	
210	Logan Larkin	3231	65 30-39	57:37	58:34	5:46/K	
211	Ryland Mowrey	1376	73 20-29	57:37	58:09	5:46/K	
212	Thuan Do	996	39 40-49	58:13	58:49	5:49/K	
213	Daniel Rowsom	1447	66 30-39	58:30	59:01	5:51/K	
214	terry jarvis	1283	24 50-59	58:32	59:19	5:51/K	
215	Cory Seki	1474	74 20-29	58:44	59:35	5:52/K	
216	Fabio De Donno	984	25 50-59	58:47	59:15	5:53/K	
217	Matthew Holbrook	1272	40 40-49	58:51	59:25	5:53/K	
218	Arnold Manolo	3207	41 40-49	58:58	59:12	5:54/K	
219	Chris Chan	959	67 30-39	59:09	59:57	5:55/K	
220	Michael MacDonald	2676	42 40-49	59:11	59:44	5:55/K	
221	Justin Macdonald	1333	68 30-39	59:21	59:39	5:56/K	
222	Dean Gibson	1225	26 50-59	59:33	1:00:35	5:57/K	
223	Oscar Linares	1323	69 30-39	1:00:00	1:00:22	6:00/K	
224	Nicolas Tchir	1500	75 20-29	1:00:04	1:00:16	6:00/K	
225	Norman Heu	1265	43 40-49	1:00:40	1:01:17	6:04/K	
226	Paul Armstrong	504	44 40-49	1:00:44	1:01:51	6:04/K	
227	Greg Crosby	980	45 40-49	1:00:48	1:01:28	6:05/K	
228	Joshua Lewis	1317	70 30-39	1:00:56	1:01:45	6:06/K	
229	Steven Geszler	3276	46 40-49	1:01:18	1:01:52	6:08/K	
230	Greg Taylor	1499	47 40-49	1:01:43	1:02:39	6:10/K	
231	Howard Verrico	2357	27 50-59	1:01:59	1:02:43	6:12/K	
232	Les Pereira	1416	28 50-59	1:02:05	1:02:45	6:13/K	
233	Todd Gilchrist	1230	29 50-59	1:02:33	1:03:12	6:15/K	
234	Lona Cunningham	983	30 50-59	1:02:36	1:02:47	6:16/K	
235	MyungGu Shim	1481	76 20-29	1:02:46	1:02:51	6:17/K	
236	Stephen Anderson	298	71 30-39	1:03:23	1:03:39	6:20/K	
237	Brian Yates	2509	31 50-59	1:03:29	1:03:59	6:21/K	
238	David Lee	1313	77 20-29	1:03:30	1:03:57	6:21/K	
239	Masaya Yamamoto	2507	72 30-39	1:03:52	1:03:58	6:23/K	
240	Colin Scott	1467	78 20-29	1:04:15	1:05:26	6:26/K	
241	Brendan Cindric	973	48 40-49	1:05:34	1:06:10	6:33/K	
242	Mike Carew	951	32 50-59	1:05:58	1:06:24	6:36/K	
243	Kuan Foo	1216	33 50-59	1:06:00	1:06:57	6:36/K	
244	Khaleel Jessa	1284	73 30-39	1:06:47	1:07:43	6:41/K	
245	rami khatib	1293	49 40-49	1:07:40	1:08:41	6:46/K	
246	Richard Boulton	926	34 50-59	1:09:14	1:09:54	6:55/K	
247	Yong-Jae Kim	1299	50 40-49	1:11:35	1:12:03	7:10/K	
248	Enoch Weng	3278	79 20-29	1:12:21	1:12:38	7:14/K	
249	Chris Bueschkens	941	74 30-39	1:13:18	1:28:48	7:20/K	

January 26, 2019

Overall Finish List

5 k Run

## Female

Place	Overall	Name	Bib No	AG Place	-----Total-----		Pace
					Chip Time	Gun Time	
1		Sidney Swierenga	4404	1 0-19	18:09	18:11	3:38/K
2		Anna Dulko	3646	1 30-39	19:30	19:32	3:54/K
3		Elyse Adamic	702	1 20-29	19:41	19:45	3:56/K
4		Shannon Pyke	4457	2 20-29	20:32	20:36	4:06/K
5		Nanette Novak-Klotz	3770	2 0-19	20:49	20:51	4:10/K
6		Sonja Dods	3641	3 20-29	21:00	21:05	4:12/K
7		Shelly-Lynne Scott	4242	1 50-59	22:05	22:14	4:25/K
8		Nicole Gingrich	3666	4 20-29	22:14	22:19	4:27/K
9		CAITLIN ORMEROD	3775	2 30-39	23:22	23:29	4:40/K
10		Heather Short	4254	5 20-29	23:38	23:58	4:44/K
11		Vivian Brooks	788	3 30-39	23:44	23:51	4:45/K
12		Felicity Heaslip	3682	4 30-39	23:48	23:52	4:46/K
13		Kitty Yiu	4432	6 20-29	24:17	24:35	4:51/K
14		Breana Pett	4471	7 20-29	24:17	24:28	4:51/K
15		Georgina Hart	3680	8 20-29	24:37	24:46	4:55/K
16		Jody LeBlanc	3725	1 40-49	24:55	25:12	4:59/K
17		Rebecca Schaller	2692	5 30-39	25:06	25:30	5:01/K
18		Sherry Zhao	4442	6 30-39	25:07	25:30	5:01/K
19		Kim Doan	3640	7 30-39	25:16	25:20	5:03/K
20		Cathryn Chase	3610	9 20-29	25:16	25:24	5:03/K
21		Nora Pickett	4490	2 40-49	25:20	25:24	5:04/K
22		Wendy Mann	3743	2 50-59	25:58	26:05	5:12/K
23		Shannon Eeckhout	3650	3 40-49	26:01	26:07	5:12/K
24		Meaghan Frenks	3661	10 20-29	26:06	26:10	5:13/K
25		Jeanette Purvis	4476	8 30-39	26:12	26:18	5:14/K
26		Erin Litzow	3733	11 20-29	26:12	26:20	5:14/K
27		Leanne Hodaly	3687	4 40-49	26:19	27:11	5:16/K
28		Meghan Lappan	3723	12 20-29	26:29	26:33	5:18/K
29		Jenn Striemer	4402	9 30-39	26:29	26:29	5:18/K
30		Laura Anderson	709	10 30-39	26:30	26:30	5:18/K
31		Emma Kirsh	3714	13 20-29	26:47	26:51	5:21/K
32		Adrienne McKenzie	3748	14 20-29	27:02	27:19	5:24/K
33		Katie Berlinguette	754	11 30-39	27:06	27:11	5:25/K
34		Katie avila	731	15 20-29	27:10	27:22	5:26/K
35		Judy Avila	733	3 50-59	27:12	27:24	5:26/K
36		Ashely Harvey	4491	1 99-99	27:13	27:25	5:27/K
37		Jenn Di Spirito	3636	5 40-49	27:18	27:33	5:28/K
38		Sienna Zuccolo	4436	3 0-19	27:26	27:27	5:29/K
39		Bianca Baker	744	16 20-29	27:27	27:34	5:29/K
40		Melissa Phelps	3787	12 30-39	27:31	27:49	5:30/K
41		Elena Bergougrou	753	17 20-29	27:35	27:53	5:31/K
42		Kristina Gibbons	3664	6 40-49	27:38	27:48	5:32/K
43		Beatrice Palencia	3779	18 20-29	27:39	27:43	5:32/K
44		Danique Ehmann	3651	4 0-19	27:41	27:59	5:32/K
45		Eleanor Boyle	778	1 60-69	27:42	27:47	5:32/K
46		Melissa Pineau	3791	19 20-29	27:44	28:14	5:33/K
47		Laura Falsetto	3654	13 30-39	27:45	28:14	5:33/K
48		Chantal Breytenbach	785	14 30-39	27:49	27:54	5:34/K
49		Maria Vickers	4419	20 20-29	27:50	27:59	5:34/K
50		Caralyn Vossen	4421	21 20-29	28:13	28:36	5:39/K
51		Jasmine Shi	4250	22 20-29	28:22	28:40	5:40/K
52		Karbo Kam	3706	15 30-39	28:25	29:08	5:41/K
53		Emily Carlson	4485	23 20-29	28:26	28:39	5:41/K
54		Christine Dawes	4478	7 40-49	28:31	28:49	5:42/K
55		Audrey Chow	3615	5 0-19	28:33	29:14	5:43/K
56		Marcie Esau	3652	16 30-39	28:42	28:55	5:44/K
57		Joy Astudillo	716	24 20-29	28:44	28:49	5:45/K
58		Gabrielle Gschner	4446	25 20-29	29:02	29:13	5:48/K
59		Juhee Kim	3711	26 20-29	29:27	29:53	5:53/K
60		Melissa McKinney	3749	17 30-39	29:33	30:30	5:55/K
61		Denise Beaton	752	18 30-39	29:35	29:52	5:55/K
62		Deepika Shathis	4244	27 20-29	29:43	30:27	5:57/K
63		Cathy Lee	4460	19 30-39	29:56	30:33	5:59/K
64		Tammy Louis	3734	28 20-29	30:00	30:44	6:00/K
65		devray evans	3653	20 30-39	30:09	30:29	6:02/K
66		Susan Tom	4416	4 50-59	30:18	30:26	6:04/K
67		Patricia Polo	3793	21 30-39	30:23	31:00	6:05/K



January 26, 2019

Overall Finish List

5 k Run

Place		Female			-----Total-----		
Overall	Name	Bib No	AG Place	Chip Time	Gun Time	Pace	
68	Clara Penati	4473	29 20-29	30:24	30:43	6:05/K	
69	Cynthia Buckett	3601	8 40-49	30:27	31:11	6:05/K	
70	Asia Robinson	3798	30 20-29	30:28	30:40	6:06/K	
71	Nicola Pankiw	3780	9 40-49	30:45	31:11	6:09/K	
72	Laura Stepney	4401	31 20-29	30:49	31:04	6:10/K	
73	Carrie J	4441	5 50-59	30:57	31:02	6:11/K	
74	Midori Manabe	3740	6 50-59	31:03	31:44	6:13/K	
75	Shaghayesh	4486	32 20-29	31:07	31:37	6:13/K	
76	Jennifer McIntyre	3746	22 30-39	31:14	31:57	6:15/K	
77	Siobhan Whooley	3228	10 40-49	31:15	31:57	6:15/K	
78	Bronwyn Masson	4451	7 50-59	31:26	31:40	6:17/K	
79	Lisa Tam	4405	23 30-39	31:31	32:09	6:18/K	
80	Mandy Carney	3607	8 50-59	31:34	31:51	6:19/K	
81	Julie Monaghan	3758	33 20-29	31:41	32:04	6:20/K	
82	Angela Haig-Greenwood	3675	24 30-39	31:52	32:35	6:22/K	
83	Kara Wahlstrom	4423	34 20-29	31:55	32:44	6:23/K	
84	Shahin Virji	4420	9 50-59	31:59	32:24	6:24/K	
85	Jane Harrison	3679	25 30-39	32:06	32:25	6:25/K	
86	Julie Morse	3760	11 40-49	32:07	32:10	6:25/K	
87	Erin Boswell	776	26 30-39	32:13	32:53	6:27/K	
88	Naomi Krueger	3717	27 30-39	32:15	32:29	6:27/K	
89	Stephanie Wan	4424	28 30-39	32:17	32:22	6:27/K	
90	Kristiina Kolkka	3715	29 30-39	32:19	32:33	6:28/K	
91	Montana Sawyer	4456	35 20-29	32:20	32:32	6:28/K	
92	Julie Brown	792	30 30-39	32:21	32:32	6:28/K	
93	Joni Worton	4430	12 40-49	32:26	32:58	6:29/K	
94	Donna Collingridge	3619	2 60-69	32:33	33:12	6:31/K	
95	Erin Bradshaw	779	31 30-39	32:37	32:44	6:31/K	
96	Ana Galindo	3663	32 30-39	32:39	33:19	6:32/K	
97	kieren-leigh milton	3756	36 20-29	32:43	32:53	6:33/K	
98	Nina Sahota	4235	13 40-49	32:46	32:51	6:33/K	
99	Anne Ling	3731	37 20-29	33:02	33:10	6:36/K	
100	Sarah Imrie	3693	33 30-39	33:08	34:00	6:38/K	
101	Darissa Toule	4458	14 40-49	33:11	33:36	6:38/K	
102	Carrie Lin	3730	34 30-39	33:15	33:31	6:39/K	
103	Aishling Keane	3710	38 20-29	33:17	33:39	6:39/K	
104	Melissa Hall	3677	35 30-39	33:18	33:45	6:40/K	
105	Sarah Burd	3602	15 40-49	33:30	33:59	6:42/K	
106	Susan Matthews	3744	10 50-59	33:33	34:07	6:43/K	
107	Tessa Little	3732	6 0-19	33:33	34:07	6:43/K	
108	Anna Moura	3761	36 30-39	33:34	33:41	6:43/K	
109	Miriam O'Leary	4455	39 20-29	33:41	33:41	6:44/K	
110	Laura Li	4474	37 30-39	33:53	34:44	6:47/K	
111	Angele Reventar	4492	38 30-39	33:53	34:44	6:47/K	
112	Naiwa Northey	3769	40 20-29	34:00	34:11	6:48/K	
113	Marissa Nielsen	3768	41 20-29	34:01	34:11	6:48/K	
114	Meaghan Packford	3778	39 30-39	34:02	34:42	6:48/K	
115	Ana Elisa Dotto	3642	42 20-29	34:13	34:42	6:51/K	
116	Elena Do	4439	16 40-49	34:16	34:42	6:51/K	
117	Lenka Hekl	3683	2 99-99	34:20	34:26	6:52/K	
118	Erica Jamieson	3697	40 30-39	34:21	34:33	6:52/K	
119	Maggie Karpilovski	3708	41 30-39	34:25	34:46	6:53/K	
120	Nayah Mang	3742	7 0-19	34:35	34:56	6:55/K	
121	Jennifer Craig	3624	17 40-49	34:45	35:17	6:57/K	
122	Megan Wood	4463	43 20-29	34:51	35:14	6:58/K	
123	Katherine Siddle	4257	42 30-39	34:57	35:16	6:59/K	
124	Megan Teolis	4411	8 0-19	34:58	35:13	7:00/K	
125	Rachael Thiessen	4443	44 20-29	35:17	35:32	7:03/K	
126	Melissa Millman	3754	45 20-29	35:18	35:32	7:04/K	
127	Grace Thiessen	4413	11 50-59	35:23	35:37	7:05/K	
128	Joanne Smith	4268	46 20-29	35:31	35:49	7:06/K	
129	Naivy Rochabrun	3799	43 30-39	35:31	36:11	7:06/K	
130	Michele Parisien	4484	47 20-29	35:34	36:09	7:07/K	
131	Kelly-Ann Moore	3759	48 20-29	35:35	36:09	7:07/K	
132	Ayesha Hartlett	3681	44 30-39	35:40	36:20	7:08/K	
133	Megan VanVliet	4472	49 20-29	35:52	36:12	7:10/K	
134	tanya Slessor	4258	18 40-49	35:52	36:18	7:10/K	

January 26, 2019

Overall Finish List

5 k Run

Place		Female			-----Total-----		
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>	
135	Robyn Ebert	3648	45 30-39	35:53	36:18	7:11/K	
136	Karina Mejias	3750	46 30-39	36:18	37:12	7:16/K	
137	Maryna Dippenaar	3639	12 50-59	36:24	37:02	7:17/K	
138	Cherlyn Garay	4462	47 30-39	36:32	36:52	7:18/K	
139	Desiree Desmarais	3634	50 20-29	36:40	36:59	7:20/K	
140	Jacque Cumahan	4488	19 40-49	36:42	37:29	7:20/K	
141	Melanie Osmack	3776	20 40-49	36:50	37:08	7:22/K	
142	Jasmine Vet	4418	48 30-39	36:51	37:11	7:22/K	
143	Ciara Harris	3678	49 30-39	36:53	37:11	7:23/K	
144	Willow Mumford	3763	21 40-49	37:01	37:29	7:24/K	
145	Fabiana Barbosa	746	50 30-39	37:03	37:26	7:25/K	
146	Valeria Gomes Da Silva	4493	51 20-29	37:03	37:26	7:25/K	
147	Julie Dippenaar	3638	51 30-39	37:10	37:46	7:26/K	
148	Alex Horsefigen	4481	52 30-39	37:15	37:57	7:27/K	
149	Daniela Lee	3726	22 40-49	37:31	37:58	7:30/K	
150	Shyla Magbuo	3738	53 30-39	37:59	38:45	7:36/K	
151	Larissa Celiberto	3609	54 30-39	38:03	38:34	7:37/K	
152	Lacey Tiscornia	4415	55 30-39	38:44	39:02	7:45/K	
153	Adrienne Olszewski	3773	56 30-39	38:45	39:02	7:45/K	
154	Sabrina Wood	4429	57 30-39	38:48	39:36	7:46/K	
155	Michelle Lee	3727	23 40-49	38:50	39:39	7:46/K	
156	Orna Elizur	4448	13 50-59	39:06	39:52	7:49/K	
157	Rinat Sneg	4470	14 50-59	39:06	39:53	7:49/K	
158	Jennifer Raworth	3796	24 40-49	39:24	40:06	7:53/K	
159	Nicole Housley	3689	25 40-49	39:25	40:06	7:53/K	
160	Jasmine Dhaliwal	3635	52 20-29	40:46	41:08	8:09/K	
161	Tonja Teolis	4409	26 40-49	42:02	42:18	8:24/K	
162	Avery Douglas	3645	9 0-19	43:00	43:37	8:36/K	
163	Leah Douglas	3643	27 40-49	43:01	43:37	8:36/K	
164	Lisa Zuccolo	4465	28 40-49	47:33	47:53	9:31/K	
165	Anna Britton	786	29 40-49	57:16	57:51	11:27/K	

January 26, 2019

Overall Finish List

5 k Run

Place		Male		-----Total-----		
Overall	Name	Bib No	AG Place	Chip Time	Gun Time	Pace
1	Jonathan Hofer	3688	1 0-19	15:33	15:36	3:07/K
2	Nick Macdonald	4461	1 20-29	16:25	16:28	3:17/K
3	Ryan Goudron	3669	2 0-19	17:21	17:24	3:28/K
4	Cameron York	4433	2 20-29	17:30	17:32	3:30/K
5	Garth Cumming	3625	1 40-49	17:43	17:47	3:33/K
6	Henry Ruckman-Utting	4205	3 0-19	17:44	17:47	3:33/K
7	Randall Kippen	3713	1 30-39	17:45	17:48	3:33/K
8	Alistair Pattullo	4452	3 20-29	18:00	18:04	3:36/K
9	Jonathan Baker	738	2 30-39	18:05	18:08	3:37/K
10	Andrew Willis	4427	3 30-39	18:45	18:47	3:45/K
11	Chad Reid	3797	2 40-49	18:55	19:03	3:47/K
12	Graham Perkins	4487	4 30-39	19:07	19:11	3:49/K
13	Mark Francis	3658	1 50-59	19:09	19:12	3:50/K
14	Samuel Yeung	4431	4 0-19	19:11	19:20	3:50/K
15	Michal Vostrcil	4422	4 20-29	19:12	19:15	3:50/K
16	Mannfred Boehm	768	5 20-29	19:21	19:29	3:52/K
17	Quentin Beun	763	5 30-39	19:41	19:45	3:56/K
18	Raymond Cayas	3608	5 0-19	19:54	19:56	3:59/K
19	Curtis Day	3629	2 50-59	20:14	20:18	4:03/K
20	David Ferguson	3655	3 40-49	20:43	20:50	4:09/K
21	Prem Gundarah	3674	6 0-19	20:59	21:12	4:12/K
22	Daniel ascui	714	6 20-29	21:08	21:18	4:14/K
23	Rob Paul	3783	6 30-39	21:33	21:39	4:19/K
24	Troy Teolis	4410	7 0-19	21:37	21:42	4:19/K
25	Benjamin Smith	4270	8 0-19	21:42	21:47	4:20/K
26	Timofey Zluin	4445	7 20-29	21:56	22:08	4:23/K
27	Alistair Forster	3657	4 40-49	22:06	22:18	4:25/K
28	Gabriel Bauman	4466	7 30-39	22:28	22:38	4:30/K
29	Sean Owens	3777	8 30-39	22:37	22:57	4:31/K
30	Chris Newman	4469	9 30-39	22:48	22:55	4:34/K
31	Eliot Aharon	707	10 30-39	23:01	23:05	4:36/K
32	Connell Green	3673	8 20-29	23:02	23:10	4:36/K
33	David Kruzeniski	3718	11 30-39	23:06	23:40	4:37/K
34	Kevin Penny	3784	1 60-69	23:15	23:26	4:39/K
35	James Bordignon	775	12 30-39	23:23	23:35	4:41/K
36	Yevgen Kovalenko	3716	9 20-29	23:28	23:49	4:42/K
37	Tom Kallo	3705	13 30-39	23:32	23:38	4:42/K
38	Daniel Whelan	4494	10 20-29	23:48	23:56	4:46/K
39	Giuseppe Fronteddu	3662	5 40-49	23:50	23:54	4:46/K
40	Cameron McCarthy	3745	6 40-49	24:11	24:18	4:50/K
41	Ravi Maharaj	3739	14 30-39	24:11	24:20	4:50/K
42	Curtis Molitor	3757	3 50-59	24:21	24:27	4:52/K
43	Kieran Edward-Hulko	4468	9 0-19	24:22	24:25	4:52/K
44	Zee Caniago	3605	15 30-39	24:26	25:01	4:53/K
45	Brennan Obst	4475	7 40-49	24:35	25:09	4:55/K
46	Nathan Cumahan	4489	10 0-19	25:23	26:08	5:05/K
47	Jonathan jacklin	3695	16 30-39	25:48	25:59	5:10/K
48	David Hill	3684	11 20-29	25:54	26:22	5:11/K
49	Thomas Jones	3704	17 30-39	25:54	26:04	5:11/K
50	Jonathan Edwards	3649	12 20-29	26:02	26:05	5:12/K
51	Salim Salimott	4483	18 30-39	26:06	26:33	5:13/K
52	Nikolas Oliveira	3772	13 20-29	26:12	26:49	5:14/K
53	Fernando Seriosa	4454	4 50-59	26:17	26:37	5:15/K
54	Michael Bird	764	19 30-39	26:19	26:54	5:16/K
55	Reinhardt Cagara	3604	14 20-29	26:20	26:53	5:16/K
56	Jonathan Dawes-Forster	3627	11 0-19	26:25	26:42	5:17/K
57	Bryan Imrie	3692	20 30-39	26:36	27:25	5:19/K
58	Sidhant Guliani	4450	15 20-29	26:38	26:58	5:20/K
59	Webber Chen	3612	16 20-29	26:42	27:20	5:20/K
60	Woosuk Kwon	3721	17 20-29	26:56	27:32	5:23/K
61	Aaron Leonard	3729	21 30-39	27:14	27:35	5:27/K
62	Timothy Johnson	3699	22 30-39	27:14	27:36	5:27/K
63	David Little	4479	5 50-59	27:38	28:09	5:32/K
64	Alex Wong	4428	23 30-39	27:57	28:13	5:35/K
65	Gurpreet Kambo	4459	24 30-39	27:59	28:26	5:36/K
66	Fernando Goncalves	3668	25 30-39	27:59	28:06	5:36/K
67	Matheus Diniz	3637	18 20-29	28:09	28:22	5:38/K

January 26, 2019

Overall Finish List

5 k Run

Place		Male			-----Total-----		
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>	
68	Bruno Grande	3672	19 20-29	28:17	28:30	5:39/K	
69	Terence Dament	3626	8 40-49	28:39	28:57	5:44/K	
70	Ingo Jackisch	3694	2 60-69	28:42	29:01	5:44/K	
71	Chi Fang Leong	4477	20 20-29	28:45	29:18	5:45/K	
72	Mark Teolis	4412	9 40-49	28:50	29:07	5:46/K	
73	Rob Commisso	3621	6 50-59	28:55	29:02	5:47/K	
74	Curtis Dean	3631	26 30-39	28:55	29:02	5:47/K	
75	Sunhyun Park	3781	27 30-39	28:57	29:12	5:47/K	
76	Henry Tran	4417	28 30-39	29:09	29:25	5:50/K	
77	Jaladeepan Kamaraju	3707	29 30-39	29:13	29:58	5:51/K	
78	Nader Hodaly	3685	30 30-39	29:35	30:28	5:55/K	
79	Thao Do	4440	10 40-49	29:54	30:43	5:59/K	
80	Gord Kurenoff	3720	7 50-59	30:11	30:33	6:02/K	
81	David Racette	3794	21 20-29	30:39	30:48	6:08/K	
82	Adam Breadmore	781	22 20-29	30:58	31:11	6:12/K	
83	Christopher Lythgo	3736	31 30-39	31:10	31:42	6:14/K	
84	Mike DeGusseme	3632	32 30-39	31:14	31:45	6:15/K	
85	Bruce Russell	4208	3 60-69	31:27	31:39	6:17/K	
86	Alban Dayries	3630	23 20-29	31:46	32:14	6:21/K	
87	Mark Pickersgill	3790	33 30-39	32:06	32:47	6:25/K	
88	arturo munoz	3764	34 30-39	32:09	32:16	6:26/K	
89	Albert Cleto	4467	35 30-39	32:14	32:34	6:27/K	
90	Karl Anderson	4482	36 30-39	32:18	32:32	6:28/K	
91	Gurpreet Gill	3665	37 30-39	32:37	32:45	6:31/K	
92	Harold Glenn Collingridge	3620	8 50-59	33:00	33:40	6:36/K	
93	Miles Ma	3737	11 40-49	33:07	33:15	6:37/K	
94	Michael Au	725	12 40-49	33:08	33:24	6:38/K	
95	Wesley Au	723	12 0-19	33:09	33:24	6:38/K	
96	Nathan Karpilovsky	3709	24 20-29	33:14	33:38	6:39/K	
97	Dann Tan	4406	9 50-59	33:22	33:32	6:40/K	
98	Matthew Ormerod	3774	38 30-39	33:26	34:10	6:41/K	
99	Woohyung Cho	3614	25 20-29	34:13	34:41	6:51/K	
100	Milo Lee-Philp	3728	13 0-19	34:31	34:58	6:54/K	
101	Youliang Cheong	4444	39 30-39	35:22	35:34	7:04/K	
102	Shelby Thiessen	4414	10 50-59	35:25	35:39	7:05/K	
103	Carlos Galindo	4480	26 20-29	35:28	36:08	7:06/K	
104	Adam Johnston	3702	27 20-29	36:11	36:43	7:14/K	
105	Gavin Johnston	3703	28 20-29	36:13	36:45	7:15/K	
106	Mike Johnston	3701	4 60-69	36:14	36:46	7:15/K	
107	Will Patterson	3782	29 20-29	36:38	36:59	7:20/K	
108	Andy Blacker	765	13 40-49	37:17	37:57	7:27/K	
109	Horace Cheung	3613	40 30-39	37:36	38:08	7:31/K	
110	Jesse Le Couillard	3724	41 30-39	37:56	38:42	7:35/K	
111	Sami Hallschmid	4495	14 0-19	38:57	39:09	7:47/K	
112	Yuji Manabe	3741	11 50-59	42:11	42:52	8:26/K	
113	Tate Zuccolo	4435	15 0-19	47:32	47:54	9:30/K	